



# CONTRA COSTA COUNTY

## AGENDA

### Advisory Council on Aging

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Wednesday, January 8, 2025

1:30 PM

400 Ellinwood Way, Pleasant Hill, CA  
Room 303

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#### Technology Workgroup

**Link:** | [https://cccounty-us.zoom.us/j/82493238048?](https://cccounty-us.zoom.us/j/82493238048?pwd=5moVkfudbp0aasi6Dvp1E3pvATFAYq.1)

**pwd=5moVkfudbp0aasi6Dvp1E3pvATFAYq.1 | Meeting ID: 824 9323 8048 | Password: 730824 |**

**Dial-In-Number: 214 765 0478 or 888 278 0254 | Conference code: 698779**

#### PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 1954 Pomar Way, Walnut Creek, 200 Seaview Drive, El Cerrito

1:30 Open Meeting: Steve Lipson

1:32 Roll Call:

Announcement:

**1:34** Approve December 2024 draft minutes

[25-09](#)

**Attachments:** [Tech.01.08.25DraftMinutes](#)

1:35 Tech/AI Corner: Healthleap - Midjourney Updates/Storytelling/Little Hoover Commission/AI and Alzheimer cohorts

**1:50** Review of FY 25-26 Area Plan Update

[25-16](#)

**Attachments:** [APU FY 25-26 Technology Workgroup](#)

2:15 ChatGPT for Older Adults

2:30 Break

2:40 Web Discussion - Resources for Older Adults/Frauds and Scams

- 3:00 SP4 - Brown Act Update DRC/First Amendment Coalition Outreach (FAC) Legislative proposals for 2026
- 3:25 Items for next meeting
- 3:27 Public Comment:
- 3:30 Adjourn

The Council will provide reasonable accommodations for persons with disabilities planning to attend the Council meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Council less than 96 hours prior to that meeting are available for public inspection at 400 Ellinwood Way, Pleasant Hill, attention Glenda Pacha during normal business hours. Staff reports related to items on the agenda are also accessible online at [www.contracosta.ca.gov](http://www.contracosta.ca.gov).

#### HOW TO PROVIDE PUBLIC COMMENT:

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Council that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should speak when called upon by the chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing \* 9 on their phone. All public comments will be limited to 2 minutes per speaker. For assistance with remote access contact: 925 655-0772.

Public comment may be submitted via electronic mail on agenda items at least one full workday prior to the published meeting time at email at [gpacha@ehsd.cccounty.us](mailto:gpacha@ehsd.cccounty.us) or by voice mail at 925 655-0772. Comments submitted by email or voice mail will be included in the record of the meeting but will not be read or played aloud during the meeting.

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# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 25-09

**Agenda Date:** 1/8/2025

**Agenda #:** 1:34

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# CONTRA COSTA COUNTY

## Committee Meeting Minutes - Draft

### Advisory Council on Aging

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Wednesday, December 11, 2024

1:30 PM

400 Ellinwood Way, Pleasant Hill, CA  
Room 303

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#### Technology Workgroup

**Link:** | <https://cccounty-us.zoom.us/j/82493238048?pwd=5moVkfudbp0aasi6Dvp1E3pvATFAYq.1>  
**| Meeting ID: 824 9323 8048 | Password: 730824 | Dial-In-Number: 214 765 0478 or 888 278 0254 |**  
**Conference code: 698779**

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1:30 Open meeting: Steve Lipson called the meeting to order at 1:32 pm.

1:32 Roll Call

**Present**

Cate Burkhart, Denise Kalm, Carol Kehoe, Steve Lipson, and Sharon Sakai-Miller

**Absent**

Jill Kleiner

1:33 Announcements:

Cate was not able to access the bidders conference on GoToWebinar.

**1:34** Approve October 2024 Minutes

[24-4196](#)

**Attachments:**

[Tech.10.09.24DraftMinutes](#)

**A motion was made that this item be approved as amended. The motion carried by a unanimous vote.**

**Motion:**

**Sakai-Miller**

**Second:**

**Kalm**

Location of agendas and minutes:

May 2024, agendas and minutes can be accessed through the Legistar site at <https://contracosta.legistar.com>

Prior to May 2024, older agendas and minutes can be accessed at the Agenda Center at <https://www.contracosta.ca.gov/AgendaCenter>

- 1:35 Tech/AI Corner: Suno 4; Notebook IM; Midjourney Updates; Mind Maps; Runway-Gen3  
Steve discussed recent changes and controversies to AI programs listed above.
- 2:10 Leg. Report SP-4 Brown Act Revisited/First Amendment Coalition Outreach (CAC)  
Steve talked to First Amendment Coalition and communicated with Eric Harris, Disability Rights California. Steve is working with lobbying groups to rally with and work with them.
- 2:30 BREAK
- 2:40 Web Discussion - Resources for Older Adults in CCC/URL/Voting Info  
Denise reported on her experience as an Election Monitor. She talked about ballot signature validation ("curing" of ballots). She suggested that there be a way to notify the public that if their signatures are not legible, the County will follow-up by phone call to verify the legitimacy of a person's ballot.
- Sam will add a note to the advocacy about "curing".
- Discussion of outreach for unaffiliated website.
- 3:05 Info Sheet for 2025/Current County Technology Info Sheets  
Discussion about whether there is desire/need for a sheet about technology resources for seniors.
- 3:20 Speakers for 2025  
Notify Steve if you have any ideas for speakers. Current ideas:
- Contra Costa Health
  - Office of Emergency Services
  - Older Adult Technology Services (OATS)
  - Senior Planet (tech classes for seniors)
  - California Alliance for Retired Americans (CARA)
  - Association of Mature American Citizens.org (AMAC)
- 3:22 Public Comment: None.
- 3:25 Items for next meeting
- Next meeting is scheduled for January 8, 2025.
- 3:30 Adjourn meeting at 3:33 pm.

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# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 25-16

**Agenda Date:** 1/8/2025

**Agenda #:** 1:50

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## SECTION 7. AREA PLAN NARRATIVE GOALS & OBJECTIVES

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### Goal # 1

#### Goal:

The AAA will support the implementation of the Master Plan for Aging for Contra Costa County by advocating for the availability of resources necessary to successfully and effectively execute the goals, priorities, and strategies established in the Local Playbook.

#### Rationale:

The AAA has been designated to coordinate the implementation of Contra Costa's Master Plan for Aging Local Playbook. This requires the AAA to partner with the Advisory Council on Aging, the aging and disabilities provider network, and other community stakeholders to successfully and meaningfully implement the Local Playbook's strategies, initiatives, and activities.

List Objective Number(s) _____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source <sup>6</sup>	Update Status <sup>7</sup>
1.1 The AAA and ACOA will support the MPA Local Playbook strategy of addressing social isolation and connection by identifying funding source(s) to implement this priority.	7/1/2024-6/30/2025	IIIB Coordination	New
1.2 The ACOA Housing Workgroup will support the MPA Local Playbook strategy of promoting awareness of issues facing affordable housing by developing and updating, at least annually, the infographic "No Place to Call Home," which highlights the county's senior housing issues.	7/1/2024-6/30/2025	Admin	New



1.3 The ACOA Health Workgroup will support the implementation of the MPA Local Playbook to educate seniors about healthcare resources available in the community through distribution of collateral materials.	7/1/2024-6/30/2025	Admin	New
1.4 The ACOA Transportation Workgroup will support the implementation of the MPA Local Playbook strategy for establishing a county wide approach to accessible transportation.	7/1/2024-6/30/2025	Admin	New

**Goal # 2**

**Goal:**

The AAA will promote the development of age- and disability-friendly communities by advocating for an infrastructure that fully and meaningfully prioritizes the needs of older and disabled adults and those who care for them.

**Rationale:**

The continued growth of the older adult population, especially with the oldest of the baby boomers reaching advanced age of 85 years starting in 2031, calls attention to the need to prioritize and promote age- and disability-friendly Contra Costa communities. A strong infrastructure that includes diverse and reliable funding sources for programs and services and the inclusion and prioritization of older adults, persons with disabilities, and family caregivers in planning, building, and delivering services promote the development of age- and disability-friendly communities. Promoting neighborhood safety, improving the walkability of streets, protecting seniors from falling victims to scams and crime, and keeping essential services, such as housing, transportation, food, medical/dental care, etc., were among the needs mentioned by focus group participants to make communities age- and disability-friendly.

List Objective Number(s) _____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source <sup>6</sup>	Update Status <sup>7</sup>
1.1 The ACOA will establish a Senior Nutrition Program taskforce to develop strategies to address the nutritional health of older adults and persons with	7/1/2024-6/30/2025	IIIB Program Development	New

disabilities in Contra Costa County.			
1.2 The ACOA Transportation Workgroup will advocate for older and disabled adults' transportation infrastructure needs by providing at least four informational presentations a year to the community and service providers.	7/1/2024-6/30/2025	Admin	New
1.3 The ACOA Health Workgroup will work with the AAA to produce and distribute a resource brochure for "Aging in Place" to be distributed to senior populations prioritized in the Older Americans Act.	7/1/2024-6/30/2025	IIIB Program Development	New

**Goal # 3**

**Goal:**

The AAA will improve access to information, assistance, and resources to promote equity and visibility of services among older adults, persons with disabilities, and family caregivers.

**Rationale:**

Knowledge, awareness, and ability to obtain the services and resources one needs are critical to supporting residents' ability to safely age in place and thrive in Contra Costa. Focus group participants established that for services to be accessible and effective, they must be affordable, available, coordinated, equitable, reliable, seamless, and visible. Hands-on support is also needed to navigate the service system and enroll in programs.

List Objective Number(s) _____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source <sup>6</sup>	Update Status <sup>7</sup>
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<p>2.1 The ACOA and Planning Committee will assist the AAA's Information &amp; Assistance Program in sponsoring and coordinating at least four events to reach populations prioritized in the Older Americans Act to inform older and disabled individuals and caregivers of available programs and services.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>
<p>2.2 The ACOA Planning Committee will work with the AAA's Information and Assistance Program in translating the County Senior Resource Directory into Simplified Chinese and helping in its distribution in the community.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>
<p>2.3 The AAA and ACOA Planning Committee will increase access to information about services by creating QR codes for the Senior Resource Directory and the County Guides to expand promotion and reach of these resources in the community.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>
<p>2.4 The ACOA Health Workgroup will schedule a minimum of four presentations at monthly meetings delivered by subject matter experts/professionals on topics specific to the MPA's "Health Reimagined" goal to increase awareness about community resources and supports for older adults.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>
<p>2.5 The ACOA Housing Workgroup will schedule a minimum of eight presentations by non-profit, government, and private organizations to foster partnerships and learn about housing related programs and policies.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>

<p>2.6 The ACOA Housing Workgroup will develop outreach materials, including a Power Point presentation, to inform the community about current housing challenges older adults face in Contra Costa County and resources available to help address their needs. The workgroup will conduct at least two educational presentations a year to seniors, service providers, and/or policy makers.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>
<p>2.7 The ACOA Technology Workgroup will schedule a minimum of four presentations at monthly meetings from County programs, including Public Health, Emergency Services, and Information &amp; Assistance on topics specific to technology in order to increase awareness of community resources.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>
<p>2.8 The ACOA Technology Workgroup will produce at least two infographic documents describing important technology subjects including “Protecting Against Online Scams” and “Artificial Intelligence and Older Adults” and will leverage scheduled AAA outreach events to distribute the information.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>
<p>2.9 The ACOA Legislative Workgroup will track and report at least twice annually to the ACOA and advocate on relevant legislative proposals as they pertain to older adults.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>
<p>2.10 The AAA and ACOA Health Workgroup will facilitate at least four health related informational presentations including mental health at Contra Costa Senior/Community Centers.</p>	<p>7/1/2024-6/30/2025</p>	<p>Admin</p>	<p>New</p>

**Goal # 4**

**Goal:**

The AAA will review and update Programs and regulatory requirements to align with the changes in the Older Californians Act and the reauthorized Older Americans Act.

**Rationale:**

The AAA must prepare for and respond to changes resulting from the reauthorization of the Older Americans Act (OAA) and the modernization of the Older Californians Act (OCA). Program goals, objectives, and operational activities shall align and comply with the resultant changes in legislation and policy guidelines from the California Department of Aging.

<b>List Objective Number(s) _____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)</b>	<b>Projected Start and End Dates</b>	<b>Type of Activity and Funding Source<sup>6</sup></b>	<b>Update Status<sup>7</sup></b>
4.1 The ACOA and the Planning Committee will assist the AAA, as requested, in their monitoring process of service providers.	7/1/2024-6/30/2025	Admin	New
4.2 The ACOA Planning Committee will assist the AAA in reviewing amendments to the OAA, OCA, and other state requirements and support the AAA in ensuring that program policies and procedures are reflective of the changes and implemented by contractors.	7/1/2024-6/30/2025	Admin	New

<sup>6</sup> Indicate if the objective is Administration (Admin,) Program Development (PD) or Coordination (C). If a PD objective is not completed in the timeline required and is continuing in the following year, provide an update with additional tasks. For program specific goals and objectives please identify service category where applicable.

<sup>7</sup> Use for the Area Plan Updates to indicate if the objective is New, Continued, Revised, Completed, or Delete