Profile Emika Μ Freeman First Name Middle Last Name Initial Home Address Suite or Apt CA 94589 Vallejo City State Postal Code Email Address **District Locator Tool Resident of Supervisorial District:** None Selected Center for Elders Independence, PACE **Enrollment Development** Program Representative Employer Job Title **Length of Employment** 1 Year Do you work in Contra Costa County? If Yes, in which District do you work? Unsure How long have you lived or worked in Contra Costa County? 1 Year Are you a veteran of the U.S. Armed Forces? ○ Yes ⊙ No **Board and Interest**

Submit Date: Sep 03, 2025

Which Boards would you like to apply for?

Transitional Community Advisory Board: Submitted

Seat Name African American Holistic Wellness and Resource Hub Transitional Community Advisory Body (TCAB) Have you ever attended a meeting of the advisory board for which you are applying? ○ Yes ⊙ No If Yes, how many meetings have you attended? **Education** Select the option that applies to your high school education * ☑ High School Diploma College/ University A Name of College Attended San Francisco State University **Degree Type / Course of Study / Major** BA, Psychology **Degree Awarded?** ⊙ Yes ○ No College/ University B **Name of College Attended Touro University Degree Type / Course of Study / Major** Master of Public Health **Degree Awarded?** ○ Yes ⊙ No College/ University C Name of College Attended

Emika M Freeman

Degree Type / Course of Study / Major

o Yes o No	
Other Trainings & Occupational Licenses	
Other Training A	
Certificate Awarded for Training?	
○ Yes ○ No	
Other Training B	
Certificate Awarded for Training?	
○ Yes ○ No	
Occupational Licenses Completed:	

Qualifications and Volunteer Experience

Degree Awarded?

Please explain why you would like to serve on this particular board, commitee, or commission.

I am seeking a seat on this advisory committee as an African American woman who has witnessed, both personally and professionally, the deep disenfranchisement faced by marginalized communities. Throughout my career in healthcare, and now in my work with seniors in West Contra Costa County I have seen firsthand the inequities that persist. I am especially passionate about advancing healthcare equality for Black and Brown communities, who are too often underinsured, underserved, and overlooked. Every day I see the disproportionate rates of chronic conditions in these populations, compounded by limited access to quality healthcare and nutritious foods. I believe strongly in promoting healthier lifestyles and preventive care over reliance on medication alone. As a member of this community, I want to use my experience and perspective to help amplify the voices of those who are too often unheard. Serving on this board would allow me to advocate for meaningful change and ensure that the needs of vulnerable populations are represented.

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)

Since 2008, I have had the privilege of working with a variety of nonprofit healthcare organizations. For the past year, I have been with the Center for Elders' Independence, where I provide wraparound services to some of the most frail and vulnerable seniors in the West Contra Costa community. In this role, I work closely with seniors and their families, helping them access comprehensive healthcare that addresses their full range of needs so they can continue living safely and independently within the community. Through my outreach, I frequently meet African American men and women who have been deeply impacted by systemic inequities in both our society and healthcare system. Often, I find myself connecting them with community-based organizations or advocating on their behalf to ensure their needs are met. My professional journey, combined with my personal experiences, has given me an in-depth understanding of the challenges that plague our communities and how deeply interconnected those challenges are. This perspective has shaped my commitment to equity and my drive to be part of meaningful change.

Upload a Resume

Would you like to be considered for appointment to other advisory bodies for which you may be qualified?

⊙ Yes ○ No

Do you have any obligations that might affect your attendance at scheduled meetings?

○ Yes ⊙ No

If Yes, please explain:

I am unsure of the meeting schedule, so I am not able to answer this question accurately.

Are you currently or have you ever been appointed to a Contra Costa County advisory board?

O Yes O No

If Yes, please list the Contra Costa County advisory board(s) on which you are currently serving:

N/A

If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:

N/A

List any volunteer or community experience, including any advisory boards on which you have served.

African American Alumni Association- St. Mary's High School National Association of Health Services Executives- Golden State Chapter

Conflict of Interest and Certification

Do you have a familial or financial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed under the "Important Information" section below or Resolution No. 2021/234)
○ Yes ⊙ No
If Yes, please identify the nature of the relationship:
N/A
Do you have any financial relationships with the County such as grants, contracts, or other economic relationships?
o Yes ⊙ No
If Yes, please identify the nature of the relationship:
N/A
Please Agree with the Following Statement
I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and undersand that all information in this application is publicly accessible. I understand that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

Important Information

- 1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
- 2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
- 3. Members of certain boards, commissions, and committees may be required to: (1) file a Statement of Economic Interest Form also known as a Form 700, and (2) complete the State Ethics Training Course as required by AB 1234.
- 4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
- 5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
- 6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
- 7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships:
 - (1) Mother, father, son, and daughter;
 - (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter;
 - (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
 - (4) Registered domestic partner, pursuant to California Family Code section 297;
 - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
 - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.