



AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Tuesday, August 4, 2026

10:00 AM

**500 Ellinwood Way, Pleasant Hill, CA
Corner Conference Room**

Planning Committee

<https://cccouny-us.zoom.us/j/81809281017>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. The public may attend this meeting in person at the above location.

10:00 Welcome, Announcements, Roll call – Jill Kleiner

10:02 Approval of June 2026 Minutes

Planning Committee Minutes 06-02-2026

[26-3240](#)

10:10 Updates from Area Agency on Aging- none

10:30 Presentation- Medi-Cal Changes

- Senior Health Education Specialists, Quality & Health Equity, Contra Costa Health Plan: Sofia Rosales, Miranda Pena, and Tiffany Brelland, MPH, CHES®; and Sales and Outreach Manager: Clarice Sayle

Medi-Cal Changes_August 2026 | DHCS Asset Limit Flyer (English) | General Changes for Adult Immigrants Flyer (English) | SmileCA Benefit Changes (2027) Dental Emergencies Flyer (English) | SmileCA Benefit Changes (2027) Explainer Flyer (English)

[26-3243](#)

11:00 Break

11:05 Discuss Community Based Outreach Sessions – Debbie Card

- I&A Focus Group Revisit for Danville on September 15th at 10:00 am
- County Health Plan staff, EHSD Navigators and Brian O'Tool partnership for presentations on Medi-Cal changes

11:15 Status of CBO site visits

- August 20th at 11:00- PACE/CEI
- Determine Q4 site

AAA Contracts FY 26-27

[26-3242](#)

11:30 Area Plan Update 2026/2027

- August General Meeting: ACOA progress on 2026/2027 objectives
- Update on ACOA Planning Committee support for 1.1 and 4.2

Area Plan Section 7 Draft FY 26-27

[26-3241](#)

11:50 Public Comment

Next Planning Committee Meeting:

- Tuesday, September 1, 2026, 10:00AM – 12:00PM

12:00 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3240

Agenda Date: 8/4/2026

Agenda #:

Advisory Council on Aging:

Planning Committee Meeting Minutes 06-02-2026



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Tuesday, June 2, 2026

10:00 AM

500 Ellinwood Way, Pleasant Hill, CA
Corner Conference Room

Planning Committee

<https://cccouny-us.zoom.us/j/81809281017>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

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10:00 Welcome, Announcements, Roll call – Jill Kleiner

- Call to Order: Jill Kleiner called the meeting to order at 10:01 a.m.

Present Chalo Buckman, Deborah Card, Kevin Donovan, Jill Kleiner, and Dennis Yee

Absent Cesar Court, and Richard Morisky

Non-voting Sean Barry, and Jim Donnelly

10:05 Approval of May 2026 Minutes

Motion: Card

Second: Yee

Aye: Buckman, Card, Donovan, Kleiner, and Yee

Absent: Court, and Morisky

Result: Passed

Planning Committee Meeting Minutes 05-05-26

[26-2308](#)

10:08 Committee

- Cesar appointed as a member (previously was alternate member)

10:10 Updates from Area Agency on Aging - Cristina

- IIIB, VII, and Measure X RFP- working on contracts to start on July 1st
 - Staff are working on contracts to start on July 1st
- CDA future Ready Project IFF
 - CDA Webinar
 - Delayed until next year

10:30 Presentation Update – Jill

- Tiffany Brelland, MPH, CHES®, Senior Health Education Specialist, Quality & Health Equity, Contra Costa Health Plan and staff- scheduled for August
- Questions for County Health Plan staff presenters ahead of August 4th presentation to planning committee
 - What have they done to get the word out about questions?
 - What are the questions they're receiving from the community?
 - Would they be open to a collaboration on community presentations with ACOA member, Brian O'Toole?
 - How are individuals that are uninsured being captured?
 - What is the Health Plan doing to prepare for changes?

10:35 Discuss Community Based Outreach Sessions – Debbie Card

- Danville presentation will be on September 15th, at 10:00 am
- Presentation will be on Information and Assistance with Nhang

11:00 Break

11:10 Status of CBO site visits

- Feedback Q2 2026: MOWDR was on May 22nd at 2:00 pm
 - Well attended; missed hearing about the organizational history
- Determine Q3 2026 potential site: PACE/CEI chosen as next site for August- Kevin continues to reach out
 - Date chosen will be Thursday or Friday
 - Jill to send introductory email after Kevin waits for a reply in the next week

11:30 Area Plan Update 2026/2027

- August General Meeting: ACOA progress on 2026/2027 objectives
 - June agenda- Reviewed progress on objectives
 - Jill and Kevin to meet with Tracy to discuss how ACOA can support objective 1.1, (MPA Local Playbook), and 4.2

Area Plan Section 7 Draft FY 26-27

[26-2309](#)

11:50 Public Comment

- Debbie's band will be playing at the John Muir Center, in Concord, on Saturday, June 6th, at 1:00 pm

Next Planning Committee Meeting:

- Tuesday, August 4, 2026, 10:00AM – 12:00PM
- Please note: The Planning Committee will not meet in July

12:00 Adjourn

- Meeting adjourned at 11:35 pm

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us

DRAFT



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3243

Agenda Date: 8/4/2026

Agenda #:

Advisory Council on Aging:

- Medi-cal Changes_August 2026
- DHCS Asset Limit Flyer (English)
- General Changes for Adult Immigrants Flyer
- SmileCA Benefit Changes 2027- Dental Emergencies Flyer
- SmileCA Benefit Changes 2027- Explainer Flyer



cchealth.org

Medi-Cal Changes

**Presented by Contra
Costa Health Plan**

August 4, 2026

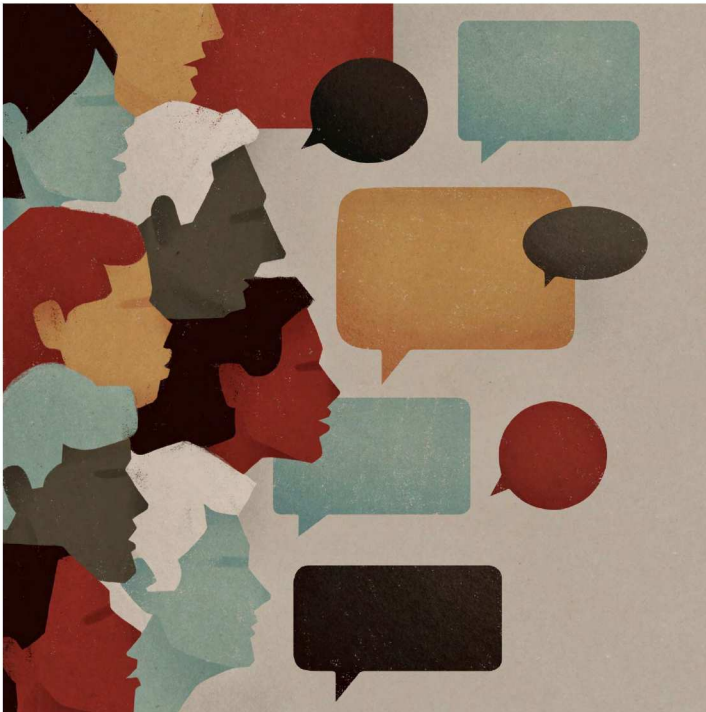
Agenda

Overview of upcoming Medi-Cal changes for **2026–2028**, including key terms and timelines.

Discussion of major policy updates such as work requirements, asset limits, coverage changes, and eligibility impacts.

Resources and support available for community members navigating Medi-Cal renewals or coverage transitions.

Disclaimer: The CCHP Health Education Staff are not Employment and Human Services Department (EHSD) eligibility workers. Please refer to EHSD offices for eligibility.



What is Medi-Cal?

Medi-Cal is a California program that pays for medical services for children and adults.

- To qualify, the enrollee must live in California and meet income and household eligibility requirements. This can vary depending on age, household size, and the type of income they receive.
- Beginning **January 1, 2026**, adults who do not have Satisfactory Immigration Status (SIS) will no longer be able to enroll in full Medi-Cal. Those who currently have coverage, can keep it if they continue to renew their benefits.

Receiving Medi-Cal also **does not** affect one's immigration status.

Key Terms and Definitions

- 1. Unsatisfactory Immigration Status (UIS):** This means a person's immigration status does not meet the rules to get full Medi-Cal benefits. They may still be able to get limited or emergency care.
- 2. Renewal:** This is when you review your Medi-Cal once a year to make sure you still qualify. You may need to update your information, like income or family size.
- 3. Copayment:** This is a small amount of money you pay when you get a health service, like seeing a doctor or getting medicine. Not everyone in Medi-Cal has to pay this.
- 4. Premium:** Monthly fee that you may have to pay.
- 5. Assets:** Things you own that have value.

Timeline of Changes (2026)

January 1, 2026

- **Full Scope Enrollment Freeze**
 - Some adults will no longer be able to enroll in *full-scope* Medi-Cal based on *immigration status*.
- **Asset Limits**
 - When you apply or renew your Medi-Cal, they may now look at what you own and has value (assets).

October 1, 2026

- **Immigration Status Changes**
 - The federal government will change how it classifies some immigration statuses.
 - This may affect you if you get Medi-Cal and are **a refugee or asylee, a humanitarian parolee, or a survivor of domestic violence or human trafficking.**

Source: [Medi-Cal Changes 2026-2028 \(dhcs.ca.gov\)](https://dhcs.ca.gov/medi-cal-changes-2026-2028)

Timeline of Changes (2027)

January 1, 2027

- **Work Requirement**
 - Individuals ages 19 through 64 will need to work, volunteer, or go to school to get or keep Medi-Cal.
- **Six-Month Eligibility Checks**
 - Some Medi-Cal members will have their eligibility checked **twice a year** instead of once.
- **Retroactive Medi-Cal**
 - Medi-Cal will pay for fewer months of past medical bills from before you applied.

July 1, 2027

- **Monthly Premiums**
 - Some Medi-Cal members will need to pay a small monthly fee (called a premium) to keep their full-scope Medi-Cal.
- **Dental Coverage**
 - Some Medi-Cal members will stop getting full-scope dental services as part of their Medi-Cal coverage.

October 1, 2028

- **Copayments**
 - Some adults on Medi-Cal may have to pay a small fee (called a copayment) for certain services.

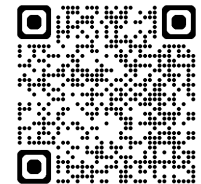
Source: [Medi-Cal Changes 2026-2028 \(dhcs.ca.gov\)](https://dhcs.ca.gov)

Full Scope Enrollment Freeze



Some immigrants who used to qualify for full-scope Medi-Cal will no longer be eligible. These changes affect undocumented adults and some immigrants with legal status.

- **If you already have Medi-Cal, you can stay covered**, regardless of your immigration status, as long as you remain eligible.
- To see who this affects visit: [Immigration Status Categories \(dhcs.ca.gov\)](https://dhcs.ca.gov/Immigration-Status-Categories) or scan the QR code.

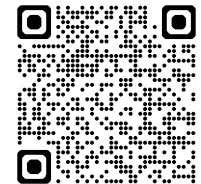


Asset Limits



This applies if you: are **65 and older**, **have a disability**, **live in a nursing home**, **are in a family that makes too much money to qualify under federal tax rules**.

- Assets can include bank accounts, cash, **second** vehicles, **second** homes, other financial resources.
- Limits are: **\$130,000 for one person and add \$65,000 for each additional family member** (up to 10 people).



Scan to learn more about assets.

Examples of assets

Not Counted (won't affect eligibility)	Counted (may affect eligibility)
Your main home (where you live)	Second homes
Your main vehicle	Second vehicles
Household items (furniture, clothes)	Cash
Retirement funds (if you're getting regular payments)	Bank accounts

Assets FAQ: [Asset Limits FAQs](#) | [Help Center](#) | [Medi-Cal \(dhcs.ca.gov\)](#)

October 1, 2026

Immigration Status Changes



The federal government will change how it classifies some immigration statuses (your legal standing in the U.S. based on how and why you came here).

Who this applies to:

You may be affected if you get Medi-Cal and are:

- A **refugee or asylee** - someone who left their home country for safety and don't yet have a Green Card.
- A **humanitarian parolee** - someone allowed into the U.S. for urgent reasons for at least one year.
- A **survivor of domestic violence or human trafficking**, and you have a pending status.

Work Requirements



Some adults will need to work or volunteer or go to school to get to keep Medi-Cal. If this applies to you, the county Medi-Cal office will send you a letter.

Who this applies to:

- Adults (age 19-64) who are eligible for Medi-Cal because of the Affordable Care Act expansions and don't meet any of the exemptions listed directly below.

Exemptions:

- Children (0–18).
- Older adults (65 and older).
- Pregnant people, including one year postpartum, regardless of birth outcome.
- Parents with children age 0-13.
- People with disabilities.
- People with serious health or mental health conditions or substance use problems.
- People who were released from jail or prison within the last 90 days.
- People on Medicare Part A or Part B.
- American Indians or Alaska Natives.
- Former foster youth under age 26, who were in foster care on their 18th birthday.

Work Requirements

 Some adults will need to work or volunteer or go to school to get to keep Medi-Cal. If this applies to you, the county Medi-Cal office will send you a letter. **Members must do one of the following:**

- Work at a job and get paid.
 - Earn at least **\$580 a month** from working.
 - Be a seasonal worker (someone who only works during certain times of the year) and make an average of **\$580 a month** over the last six months.
- Be in a job training program (that helps you learn skills to get a job) for at least 80 hours per month.
- **Volunteer or do community service** for at least 80 hours per month. This should be organized and something you can prove you did with a letter or form.
- **Go to school at least half-time.** This usually means taking two or three classes or about six to eight credits each semester.
- **Do a mix of the things** listed above for a total of at least 80 hours per month, or at least \$580 per month.



Six-Month Eligibility Checks

Some Medi-Cal members **aged 19-64** will have their eligibility checked twice a year instead of once.

Exemptions:

These members will continue with **once-a-year renewals**:

- Members in a Medi-Cal program that is not under the Affordable Care Act new adult group.
- Pregnant or postpartum individuals.
- Alaska Native or American Indian members.
- Former foster youth under age 26, who were in foster care on their 18th birthday.



Retroactive Medi-Cal

Medi-Cal will pay for fewer months of past medical bills from before you applied for members **aged 19-64** and *do not* have children (0-18).

New Rule:

- Adults without children: Medi-Cal will only pay for **one month** of past bills.
- All others: Medi-Cal will pay for **two months** of past bills.

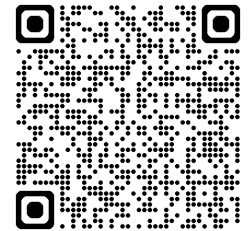
July 1, 2027

Dental Coverage



Some adults cannot get full-scope Medi-Cal coverage, including dental, vision, and other services based on their immigration status. The change applies to **adults aged 19 and older who are not pregnant or within one year postpartum** (after pregnancy).

- It will still cover emergency care, including dental emergencies and pregnancy-related services.



Dental FAQs: [Medi-Cal Dental Benefit Changes
Frequently Asked Questions \(dhcs.ca.gov\)](#)

Monthly Premiums

\$ Some Medi-Cal members will need to pay a small monthly fee (called a premium) to keep their full-scope Medi-Cal.

Who this applies to:

- Those who are not US citizens and/or do not have Satisfactory Immigration Status.
- Immigration status eligibility can be found on the DHCS website here: [Immigration Status Categories](#)

Note:

- If this change applies to you, you will need to pay a **small fee each month** to keep your full-scope Medi-Cal.
- If you don't pay, your Medi-Cal will change.
- You will only get restricted Medi-Cal, which covers:
 - Emergency care
 - Pregnancy-related care
 - Nursing home care
- You **will not have to pay a premium** if you are:
 - A former foster youth under age 26 and were in foster care on your 18th birthday, or
 - Pregnant, and for one year after your pregnancy ends.

Copayments



Some adults on Medi-Cal may have to pay a small fee (called a copayment) for certain services.

Who this applies to:

Medi-Cal members who:

- Are adults (age 19-64), and
- Are not pregnant (Pregnancy coverage lasts through your whole pregnancy and up to one year after it ends.), and
- Are not on Medicare, and
- Make more than \$15,560 a year.

Important to know:

- **You might have to pay a small fee for some health care**, like seeing a specialist doctor (like a cardiologist or dermatologist) and getting certain treatments or tests.
- **You will not pay more than 5 percent of your household income** in copayments each year.
- There will not be copays for:
 - Services at community health centers or rural health clinics.
 - Emergency care.
 - Regular checkups.
 - Prenatal care (care during pregnancy) and pediatric care (care for children).
 - Mental health and substance use disorder treatment.

How to Keep Your Medi-Cal

1

Update your information (changes in mailing address, phone number, email address or income).

2

Renew your Medi-Cal. Look out for a **yellow envelope** and complete it right away. Know your renewal date. You can also renew over the **phone** at **(866) 663-3225** or **online** at [BenefitsCal.com](https://www.benefitscal.com).

3

Keep going to your doctor and health appointments.

What to do if you lose Your Medi-Cal

If you lose coverage, but are still eligible for Medi-Cal:

- Contact the **Employment and Human Services Department** at **866-663-3225**.
- You have 90 days from when you lose coverage to reinstate your Medi-Cal.
- They may be waiting on documents from you.

If you are no longer eligible:

- You may apply for Basic Health Care, a health program for low-income, uninsured people who live in Contra Costa County regardless of their documentation status. Call **800-771-4270**.

Resources and Support



- Contact the **Employment and Human Services Department (EHSD)** website at **ehsd.org** or call **866-663-3225**.
 - Visit a local Medi-Cal office listed on ehsd.org/apply-for-services/#district-office.
- For information about health coverage programs, **call Patient Financial Counseling toll-free at 1-800-771-4270** in Contra Costa County.
- Concord Library: EHSD Our Families Navigators, Every Monday from 10:00 am - 4:00 pm
ccclib.bibliocommons.com



cchealth.org

**Thank
You!**

Asset rules are changing on January 1, 2026



Medi-Cal will consider assets (what you own) when deciding if you qualify starting January 1, 2026.

Who does this apply to?

Medi-Cal members and applicants who:

- » are age 65+ or older, or
- » have a disability (physical, mental, or developmental), or
- » live in a nursing home, or
- » are in a family that makes too much money to qualify under federal income rules.

How much can I own and still get Medi-Cal?

- » \$130,000 limit for 1 person.
- » +\$65,000 for each additional household member (10 people maximum).

What paperwork will I need?

You may be asked to send proof of the assets you must report, like statements for your bank accounts, car loan, or mortgage.

Medi-Cal members:

You do not need to do anything unless you get a renewal form or request for information from Medi-Cal. Turn in your information by the due date so you don't lose your Medi-Cal.

Examples of items you must report:

- » Bank accounts.
- » Cash.
- » Certain savings.
- » Primary home.
- » Additional properties, such as rental homes.
- » Motor vehicles.
- » Life insurance policies.
- » Digital wallets, like Apple Pay and Venmo.
- » Retirement accounts.
- » Other personal and household items, like a wedding ring or musical instrument.

Contact your county Medi-Cal office with questions.

For more information, scan the QR code or visit <https://www.dhcs.ca.gov/asset>



Important Medi-Cal Changes For Some Adult Immigrants



Changes to Medi-Cal coverage are coming for many adult immigrants (age 19 and older).

Changes are coming to...



Enrollment

Starting January 1, 2026, undocumented adults will no longer be able to apply for full-scope Medi-Cal. Members already enrolled in full-scope Medi-Cal can keep their coverage as long as they renew. Children (under 19) and pregnant individuals who are undocumented will still have access to full-scope Medi-Cal.



Dental benefits

Starting July 1, 2026, Medi-Cal will stop covering non-emergency dental care for some adult members who are not U.S. citizens or Green Card holders.



Monthly premiums

Starting July 2027, some adults may need to pay a monthly fee for Medi-Cal.



Need help?

Talk to your local county office, clinic, or health plan for more information or call Medi-Cal at (800) 541-5555.

For full details and updates scan the QR code or visit the "What Members Need to Know" webpage <https://www.dhcs.ca.gov/Medi-Cal/Pages/changes.aspx>.





Medi-Cal Dental Changes for Adults

Emergency Dental Care Is Still Covered

Starting **July 1, 2027**, some Medi-Cal members age 19 and older may no longer have coverage for regular dental services due to changes related to immigration status. **However, emergency dental care will still be covered by Medi-Cal Dental.**



What Is a Dental Emergency?

A dental emergency is a serious dental problem that needs care right away.

Examples of dental emergencies may include:

- Bleeding in the mouth that does not stop
- Painful swelling in or around the mouth
- Severe toothache or jaw pain
- Injuries to the face or jaw
- Infection in the gums or teeth with pain or swelling
- A broken or knocked-out tooth
- After-surgery care (such as bandage changes or stitch removal)
- Braces wires that are cutting or hurting your mouth

If you have a dental emergency, contact a Medi-Cal dental provider as soon as possible to get care.

To learn more and see if this change affects you, visit SmileCalifornia.org/BenefitChanges or call **1-800-322-6384**.



**Medi-Cal
Dental**



Important Changes to Medi-Cal Dental Coverage for Some Adult Members

Starting **July 1, 2027**, some Medi-Cal dental benefits will change for certain adult members **based on immigration status**. However, emergency dental services will still be covered by Medi-Cal.

What's Changing and When

Beginning **July 1, 2027**, regular dental services may no longer be covered for some adults age 19 and older who are not pregnant or within one year after pregnancy. Emergency dental services will still be covered by Medi-Cal if treatment is needed right away to stop severe pain or treat serious dental problems.

Examples of dental emergencies may include:

- Severe tooth or jaw pain
- Swelling in your mouth or face
- A broken or knocked-out tooth
- Bleeding that won't stop
- Or a painful infection

What Remains the Same

Many Medi-Cal members will keep full dental benefits, including:

- Members who qualify for federal full-scope Medi-Cal
- Children under age 19
- People who are pregnant and for one year after pregnancy
- Foster youth under age 26 who were in foster care on their 18th birthday

These members will continue to receive full dental benefits.



To learn more and see if this change affects you, visit SmileCalifornia.org/BenefitChanges or call **1-800-322-6384**.



**Medi-Cal
Dental**



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3242

Agenda Date: 8/4/2026

Agenda #:

Advisory Council on Aging:

AAA Contracts FY 2026-27

Funding Stream	Contractor	Subject
MX	Meals on Wheels Diablo Region	MX Telephone
MX	Western Contra Costa Transit Authority	Transportation to C1 Site
HICAP	Legal Assistance for Seniors, Inc.	HICAP Legal Representation
OAA	Contra Costa Senior Legal Services	OAA Title IIIB Legal Services
OAA	Mobility Matters	OAA IIIB Assisted Transportation
MX	Trio Community Meals	MX & MOWCC Pledge C2
OAA	Choice In Aging	OAA IIIB Adult Day Care
OAA	Meals on Wheels Diablo Region	OAA IIIB Telephone
OAA	Meals on Wheels Diablo Region	OAA IIIB Visiting
OAA	Meals on Wheels Diablo Region	OAA C1 & C2 Meals
OAA	Meals on Wheels Diablo Region	OAA C1 & C2 Meals
OAA	Community Housing Development Corporation of North Richmond	OAA Title III C-1 Congregate Meals
OAA	Community Housing Development Corporation of North Richmond	OAA Title III C-1 Congregate Meals
OAA	J-Sei	OAA IIIC2 Home Delivered Meals
OAA	Meals on Wheels Diablo Region	OAA IIID Health Services
OAA	Trio Community Meals	OAA C1 and C2
OAA	Alzheimer's Disease and Related Disorders Association	OAA IIIE Family Caregiver Support Program
OAA	Pacific Clinics	OAA IIIE Family Caregiver Support Program
OAA	Choice in Aging	OAA IIIE Family Caregiver Support Program
OAA	Meals on Wheels Diablo Region	OAA IIIE Family Caregiver Support Program
OAA	Meals on Wheels Diablo Region	OAA IIID Health Services
MX	Meals on Wheels Diablo Region	MX Visiting
MX	Empowered Aging	Ombudsman
MX	Choice in Aging	MX Adult Day Care
MX	Meals on Wheels Diablo Region	MX Fall Prevention
MX	Meals on Wheels Diablo Region	MX Fall Prevention
OAA	Family Caregiver Alliance	OAA IIIE Family Caregiver Support Program
MX	Choice in Aging	MX Family Caregiver Support Program
MX	Alzheimer's Disease and Related Disorders Association	MX Family Caregiver Support Program
MX	Family Caregiver Alliance	MX Family Caregiver Support Program
MX	Meals on Wheels Diablo Region	MX IIIC1 & 2
OAA	Empowered Aging	Ombudsman
MX	West Contra Costa Unified School District	MX Community Education
MX	City of San Pablo	Transportation to C1 Site
OAA	Family Caregiver Alliance	OAA IIIE Family Caregiver Support Program
MX	Empowered Aging	Ombudsman
MX	Eastern Contra Costa Transit Authority DBA TriDelta Transit	Transportation to C1 Site
OAA	Contra Costa Senior Legal Services	OAA Title IIIB Legal Services
OAA	Meals on Wheels Diablo Region	OAA IIIB Telephone
OAA	Meals on Wheels Diablo Region	OAA IIIB Visiting
MX	City of Richmond	Transportation to C1 Site
MX	City of Lafayette	Transportation to C1 Site
OAA	Choice In Aging	OAA IIIB Adult Day Care
OAA	Choice in Aging	OAA IIIB Assisted Transportation
MX	City of El Cerrito	Transportation to C1 Site
MX	Choice in Aging	MX Community Education
MX	Choice In Aging	MX Outreach
MX	Choice in Aging	MX Case Management
MX	Choice in Aging	MX APS Case Management
MX	Choice In Aging	MX Adult Day



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3241

Agenda Date: 8/4/2026

Agenda #:

Advisory Council on Aging:

Area Plan Section 7 Draft FY 2026-27

SECTION 7. AREA PLAN NARRATIVE GOALS & OBJECTIVES

Goal # 1

Goal:

The AAA will support the implementation of the Master Plan for Aging for Contra Costa County by advocating for the availability of resources necessary to successfully and effectively execute the goals, priorities, and strategies established in the Local Playbook.

Rationale:

The AAA has been designated to coordinate the implementation of Contra Costa's Master Plan for Aging Local Playbook. This requires the AAA to partner with the Advisory Council on Aging, the aging and disabilities provider network, and other community stakeholders to successfully and meaningfully implement the Local Playbook's strategies, initiatives, and activities.

List Objective Number(s) <u>and</u> Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source⁶	Update Status⁷
1.1 The AAA and ACOA will support the MPA Local Playbook strategy of addressing social isolation and connection by identifying funding source(s) to implement this priority.	7/1/2024-6/30/2028	Admin	Continued
1.2 The ACOA Housing Workgroup will work collaboratively with AAA staff and the Master Plan of Aging (MPA) Local Playbook committee to support the Housing for All Ages & Stages goal, aiming to plan at least one joint meeting each year with the housing champions identified in the MPA.	7/1/2026-6/30/2027	Admin	Revised

1.3 The ACOA Health Workgroup will support the implementation of the MPA Local Playbook to educate seniors about healthcare resources available in the community through distribution of collateral materials.	7/1/2024-6/30/2027	Admin	Continued
1.4 The ACOA Transportation Workgroup will support the implementation of the MPA Local Playbook strategy for establishing a county wide approach to accessible transportation.	7/1/2024-6/30/2027	Admin	Continued

Goal # 2

Goal:

The AAA will promote the development of age- and disability-friendly communities by advocating for an infrastructure that fully and meaningfully prioritizes the needs of older and disabled adults and those who care for them.

Rationale:

The continued growth of the older adult population, especially with the oldest of the baby boomers reaching an advanced age of 85 years starting in 2031, calls attention to the need to prioritize and promote age- and disability-friendly Contra Costa communities. A strong infrastructure that includes diverse and reliable funding sources for programs and services and the inclusion and prioritization of older adults, persons with disabilities, and family caregivers in planning, building, and delivering services promote the development of age- and disability-friendly communities. Promoting neighborhood safety, improving the walkability of streets, protecting seniors from falling victims to scams and crime, and keeping essential services, such as housing, transportation, food, medical/dental care, etc., were among the needs mentioned by focus group participants to make communities age- and disability-friendly. Furthermore, making communities as age and disability - friendly as possible while simultaneously leveraging the needs and accessibility of caregiver respite services speaks to servicing the needs at both ends of the spectrum; those of care receivers as they navigate communities that are adapted and those of caregivers as they seek respite.

List Objective Number(s) <u>and</u> Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding	Update Status ⁷
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		Source⁶	
1.1 The ACOA will participate in the Food Security Collaborative to develop strategies to address the nutritional health of older adults and persons with disabilities in Contra Costa County.	7/1/2024-6/30/2028	Admin	Revised
1.2 The ACOA Transportation Workgroup will advocate for older and disabled adults' transportation infrastructure needs by providing at least four informational presentations a year to the community and service providers.	7/1/2024-6/30/2027	Admin	Continued
1.3 The ACOA Health Workgroup will work with the AAA to produce and distribute a resource brochure for "Aging in Place" to be distributed to senior populations prioritized in the Older Americans Act.	7/1/2024-6/30/2027	Admin	Continued

Goal # 3

Goal:

The AAA will improve access to information, assistance, and resources to promote equity and visibility of services among older adults, persons with disabilities, and family caregivers.

Rationale:

Knowledge, awareness, and ability to obtain the services and resources one needs are critical to supporting residents' ability to safely age in place and thrive in Contra Costa. Focus group participants established that for services to be accessible and effective, they must be affordable, available, coordinated, equitable, reliable, seamless, and visible. Furthermore, elevating the visibility of Caregiver Respite services is specifically crucial as caregivers are often dependent on this resource as a sole source for relief from caregiving. Hands-on support is also needed to navigate the service system and enroll in programs.

List Objective Number(s) _____and Objective(s) [Refer to CCR Article 3, Section 7300 (c)]	Projected Start and End Dates	Type of Activity and	Update Status⁷
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(Priority Service if applicable)		Funding Source⁶	
2.1 The ACOA and Planning Committee will assist the AAA's Information & Assistance Program in sponsoring and coordinating at least four events to reach populations prioritized in the Older Americans Act to inform older and disabled individuals and caregivers of available programs and services.	7/1/2024-6/30/2026	Admin	Completed
2.2 The ACOA Planning Committee will work with the AAA's Information and Assistance Program in translating the County Senior Resource Directory into Simplified Chinese and helping in its distribution in the community.	7/1/2024-6/30/2025	Admin	Completed
2.3 The AAA and ACOA Planning Committee will increase access to information about services by creating QR codes for the Senior Resource Directory and the County Guides to expand promotion and reach of these resources in the community.	7/1/2024-6/30/2025	Admin	Completed
2.4 The ACOA Health Workgroup will schedule a minimum of four presentations at monthly meetings delivered by subject matter experts/professionals on topics specific to the MPA's "Health Reimagined" goal to increase awareness about community resources and supports for older adults.	7/1/2024-6/30/2027	Admin	Continued
2.5 The ACOA Housing Workgroup will schedule a minimum of eight presentations by non-profit, government, and private organizations to foster partnerships and learn about	7/1/2024-6/30/2027	Admin	Continued

housing related programs and policies.			
2.6 The ACOA Housing Workgroup will work with the AAA staff to develop and update outreach materials to help the Contra Costa County community better understand the housing challenges faced by older adults. These materials will be presented to government commissions, city councils, local service groups, and community organizations throughout the county, with the goal of at least six presentations being conducted annually.	7/1/2024-6/30/2027	Admin	Revised
2.7 The ACOA Technology Workgroup will schedule a minimum of four presentations at monthly meetings on topics specific to technology in order to increase awareness of community resources.	7/1/2024-6/30/2028	Admin	Continued
2.8 The ACOA Technology Workgroup will produce at least two collateral documents describing important technology subjects including “Protecting Against Online Scams” and “Artificial Intelligence and Older Adults” and will leverage scheduled AAA outreach events to distribute the information.	7/1/2024-6/30/2027	Admin	Revised
2.9 The ACOA Legislative Workgroup will track and report at least twice annually to the ACOA and advocate on relevant legislative proposals as they pertain to older adults.	7/1/2024-6/30/2028	Admin	Continued

2.10 The AAA and ACOA Health Workgroup will facilitate at least four health related informational presentations including mental health at Contra Costa Senior/Community Centers.	7/1/2024-6/30/2028	Admin	Continued
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Goal # 4

Goal:

The AAA will review and update Programs and regulatory requirements to align with the changes in the Older Californians Act and the reauthorized Older Americans Act.

Rationale:

The AAA must prepare for and respond to changes resulting from the reauthorization of the Older Americans Act (OAA) and the modernization of the Older Californians Act (OCA). Program goals, objectives, and operational activities shall align and comply with the resultant changes in legislation and policy guidelines from the California Department of Aging.

List Objective Number(s) _____and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source ⁶	Update Status ⁷
4.1 The ACOA and the Planning Committee will assist the AAA, as requested, in their monitoring process of service providers.	7/1/2024-6/30/2026	Admin	Completed
4.2 The ACOA Planning Committee will assist the AAA in reviewing amendments to the OAA, OCA, and other state requirements and support the AAA in ensuring that program policies and procedures are reflective of the changes and implemented by contractors.	7/1/2024-6/30/2028	Admin	Continued