



AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Monday, April 6, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Senior Mobility Action Council (SMAC) Transportation Committee
<https://cccouny-us.zoom.us/j/81323443518>

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 500 Saint Mary's Road, Lafayette | 28 Orinda Way, Orinda | 1280 Civic Drive, Suite 206 | 1280 Civic Drive, Suite 206 Walnut Creek

1:00 Welcome – Bryan Harris & Jim Donnelly, Interim Co-Chairs, SMAC

Self-Introductions – All Attendees

Roll Call – Bryan Harris

1:05 Approval of March 2026 Meeting Minutes

SMAC Transportation Committee Meeting Minutes 03.02.26

[26-1363](#)

1:10 SMAC History Reviewed – Jim Donnelly

SMAC History Reviewed

[26-1365](#)

1:35 SMAC Reset: A review of where we are, who we are, where we want to go and how we plan to get there – Jim Donnelly

SMAC Reset:

[26-1364](#)

Break

2:10 Program Updates

2:25 Public Comment

Next Transportation – Senior Mobility Action Council Committee Meeting:

- Monday, May 4, 2026 1:00pm – 2:30pm

2:30 Adjournment

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

Thomas Weisbrich at 925 655-0776 or tweisbrich@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-1363

Agenda Date: 4/6/2026

Agenda #:

Advisory Council on Aging:

Senior Mobility Action Council (SMAC) Committee Meeting Minutes 03-02-2026



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Monday, March 2, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Senior Mobility Action Council (SMAC) Transportation Committee
<https://cccounty-us.zoom.us/j/81323443518>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 500 Saint Mary's Road, Lafayette | 28 Orinda Way, Orinda

1:00 Call to Order – Candace Evans, Chair, SMAC Workgroup

Introductions - All Attendees

Roll Call

- Elaine Welch attended virtually but did not meet the Brown Act requirements to qualify for remote attendance.

Present Jim Donnelly, Kevin Donovan, Candace Evans, Riki Juster, and Bryan Harris

Absent Deanna Perry

Non-voting Chalo Buckman, and Elaine Welch

1:05 Approval of February 2026 Meeting Minutes

Motion: Harris

Second: Donovan

Aye: Donovan, Evans, Juster, and Harris

Absent: Perry

Abstain: Donnelly

Result: Passed

SMAC Transportation Meeting Minutes 02.02.26.pdf

[26-719](#)

1:10 Discussion To Improve Attendance With Transportation County Providers

- The committee discussed the decline in attendance and participation from county transportation at SMAC, and the need to re-engage organizations such as County Connection, TriDelta, WestCAT, BART, AC Transit, CCTA, Orinda Seniors Around Town, and Alameda Transit.
- Elaine noted that SMAC used to be very well attended, COVID had an impact, and attendance has since recovered to pre-COVID levels.
- Beyond COVID, attendance may have been affected by a shift in subject matter over the years, including fewer workshops, legislation updates, outreach efforts, and public speakers.
- Discussed outreach strategies, such as a “What is SMAC” flyer. This flyer can be made in collaboration with EHSD’s Marketing Team.
- Jennifer Cannon offered to help re-engage participants through the Transportation Working Group of OES, and SMAC may guest speak at the group’s next meeting, April 23rd at 10am.
- The group will create a list of all committees, task forces, and workgroups involved in transportation to identify duplicative efforts, complementary activities, and areas that require coordination.
- Members are asked to come to the next meeting with a variety of ideas to discuss and improve outreach and engagement.

1:35 SMAC Transportation Workshop Discussion

- No progress was made this month on the SMAC Workshop checklist.
- Concern was raised about being able to plan and execute the event by the proposed July date. No new date was confirmed by the committee and the event remains indefinitely postponed.
- Candace and Bryan discussed providing a complete plan and checklist, including delegation of tasks.

2:00 Break (1:55 -2:00pm)

2:10 Program Updates:

LaMorinda Spirit Van (Riki Juster):

- Two new vehicles were awarded through the 5310 Department of Transportation Grant Program. They are expected to arrive in one to two years.

Richmond ParaTransit (Bryan Harris):

- The City of Richmond will host its 3rd Annual Senior Transportation Workshop on April 30th from 1:30 PM to 3:30 PM. The keynote speaker will be Mobility Matters, followed by a Q&A on transportation with Debbie Toth and Bryan.
- City Managers have transferred the responsibility of transportation services from the Community Services Department to Public Works. New emergency evacuation policies are currently being developed.

Mobility Matters (Elaine Welch):

- Awarded two highly competitive grants that will be used to fund a transportation and referral health line, the publication of a booklet, and a volunteer drive program.
- Although matching funds are typically required, this year the grants do not require a match and will be reimbursed at 100%.

Conservation and Development (Samantha Harris):

- No update.

2:25 Public Comment

- The Contra Costa Transportation Authority (CCTA) event held in February was discussed, and the SMAC committee described it as powerful and well-organized, with engaging breakout sessions, strong community building, and excellent speakers across both days.

Next Transportation – Senior Mobility Action Council Committee Meeting:

- Monday, April 6, 2026, 1:00pm – 2:30pm

2:30 Adjournment

The meeting was adjourned at 2:18pm.

For Additional Information Contact:

Thomas Weisbrich at 925 655-0776 or tweisbrich@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-1365

Agenda Date: 4/6/2026

Agenda #:

Advisory Council on Aging:

- Why I Volunteer
- SMAC Minutes for July 2019
- ACOA 2020 Event Draft Budget
- Mobility Matter Volunteering
- TEP Fact Sheet
- Proposed Draft Program
- Event Planning Meeting
- Mobility Matters & COVID
- Presenter Invitation Model
- SMAC Transportation Infographic

Why I Volunteer?

When I was asked to write an article about why I volunteered to serve on the Transportation Committee of the Advisory Council on Aging (ACOA), also known as the Senior Mobility Action Coalition (SMAC), my immediate answer was that it's scheduled meeting times fit with my schedule. As a volunteer on the ACOA, we are requested to actively serve on at least one committee, and SMAC best worked with my schedule.

A better question is "Why do I Volunteer?" The answer to this question is more about me and my belief that we are all better off if we all give back to our communities and try to help those in need. I was brought up to believe that society functions better when we work together for the common good. As I am now semi-retired I find I have more time to devote to civic activities and I am enjoying it tremendously. My volunteer activities currently include; Contra Costa Advisory Committee on Integrated Pest Management and its Decision Making Sub Committee, the ACOA and SMAC, Teaching Qi Gong, Cane Self-defense at the Danville Senior Center and Cooking for the Danville Senior Center as well as collecting donations and serving at Christmas of Everyone. In addition I have just been selected by Danville to serve as their representative on the Advisory Committee for the County Connection.

Volunteering hasn't just been something to do after retirement. During college I volunteered as a tutor to other students and participated in organizing and conducting the first Earth day Celebration at Cal State Long Beach. During my working career I volunteered and held leadership roles in the Air & Waste Management Association and the Institute for Professional Environmental Practice. This was my way for giving back to my profession and to meeting so many engaged professionals. These roles required a lot of effort but also gave back a feeling of accomplishment in doing work to further my profession.

I have met so many great volunteers who leave me in awe at how much they are giving back and I find my uplifted just working with them. A few years ago I listened to a lecture by the Dali Llama where he espoused the idea that: "If you want to be happy, help someone". He is right, I do feel happy when I am helping others

SMAC Meeting Minutes for June 24, 2019

In Attendance: Rashida Kamara; David Pitman; Jim Donnelly; Elaine Welch; Anthony Macias (AAA staff); Mike Awadalla; Mary Bruns; Peter Engel, CCTA

Members Not Attending: Pete Randazzo, Shirley Krohn, Lorna Van Ackeren, Lisa Hammon, Ken Grey, Ralph Dennis, Rosemary Robles, John Cunningham

Others Attending: Linsey Willis (CCTA)

Call to Order: The meeting was called to order by Mary Bruns at ? am.

Introductions: Introductions were made by all attendees.

Agenda and Minutes: Today's agenda was approved. The minutes were approved by consensus.

Speakers were: CCTA Director of Programs: Peter Engel and CCTA Director of External Affairs Linsey Willis: Linsey can be contacted at lwillis@ccta.net or 925-256-4728.

The background of the current TEP was discussed, beginning with Measure C which mostly went to Transit Operators. The passing of the ADA in 1991 shifted the paradigm some. Measure J was passed in 1984 and was a continuation of Measure C although Nonprofits were also able to be funded through Measure J which sunsets in 2034. Contra Costa has spent most of the capital expenditures, and many projects have been accomplished or are well underway.

The draft of the Transportation Expenditure Plan for the proposed March 2020 sales tax measure was released last week. It will be discussed at the CCTA Board Meeting on August 7, August 14, and August 21. Suggested changes have to be submitted by the August 21 Board Meeting. Now is the time to attend these meetings to advocate for increased funding for accessible transportation for older adults and people with disabilities. There is a pot of money within the TEP that will fund part of the Accessible Transportation Strategic Plan (which has just started) if the Measure passes in March, 2020. By 2030, it is anticipated that 1/3 of the Contra Costa Population will be over age 65.

As individuals, members of SMAC can write letters and show up at these three meetings to advocate for the Transportation Expenditure Plan and the proposed sales tax measure. The TEP contains \$154 million for Accessible Transportation for Older Adults and People with Disabilities, the same amount that was allocated in Measure X.

The Vision Zero Policy's goals are traffic calming to achieve zero fatalities.

Telephone Town Halls are being held to discuss the TEP and sales tax measure.

Agency Updates:

Dave Pitman – The Monument Impact oversight meeting was held to keep the Monument shuttle funded as funding expires in July 2020. A goal is for the bus to stop at the senior center.

Rashida Kamara: The County Connection LINK program is in the early stages of data collection. They are looking into a regional one seat transportation program with Tri Delta, County Connection, and possibly WestCat. They are looking at MOUs and MOOs with their contractors. They are operating a pilot program for Choice in Aging. They are working with TransDev.

There was no Public comment.

Event planning discussion for the ACOA 2020 symposium:

Attendees: Jim Donnelly, Mary Bruns, Anthony Macias, Mike Awadalla, Dave Pitman
Venue, sponsors, and budget were discussed.

Content below carried over from the June meeting.

Venue approx. size 220; Venue cost \$1100 – 1200 rental fee for 8 hours

- Possible locations Shadelands or PH Community Center
- Cost for food, printing, advertising, CCTV
- AAA may have community funds to cover above, EXCEPT for food cost

Proposed dates; Friday, Sept 4; Monday, Sept 7; Friday, Sept 11 or 18

Audience targeted would be the newly retired and caregivers.

Currently, the *proposed* agenda for the event: (also carried over from the June minutes)

- Topic 1 Realities of Retirement;
 - Panel Discussion; 20-minute talk / 20-minute questions.
 - Possible panel contributors AARP, SCAN, CA Master Plan on Aging, someone to speak about employment for people 65+, wealth management
- Topic 2 Reinvent yourself;
 - Motivational – possible speaker could be Dan Ashley
- Lunch Video “Need to Get Moving”
- Topic 3 How to talk to your Parents / How to care for your Parents
 - Rosemary Robles to talk about “taking the car keys away”
 - Jill Henderson to talk about Elder Abuse

- Lorna Van Ackeren to talk about caregiver issues and resources
- Practice Role Play with Improv

Topic 4 Health and Aging

- Medication Interactions and Over the Counter Drugs
- Dealing with physical and emotional limitations and health issues

Next SMAC meeting is August 26. Jim Donnelly will bring coffee. The speaker is Lisa Hammon from Choice in Aging.

Meeting was adjourned at 11:10?

**ACOA 2020 Event
Preliminary Budget**

Venue Rental (including Audio Visual)	1,200
Lunches (285 @ \$15)	\$4,275
Breakfast (285 @ \$7)	1,995
Printing	
Flyers (1,000 @ \$0.12)	120
Programs (10 pages x 285 @ \$0.04)	114
Slides (4 pages/speaker X 12 Speakers x 285 @ \$0.04)	547
Folders (285 @ \$0.50)	142
Total	\$8,393

For 250 attendees cost would be approximately \$7,500

Mobility Matters Volunteering

People often ask why I volunteer to drive for Mobility Matters or as often ask: “What is Mobility Matters”? Mobility Matters is often a last hope for seniors who no longer drive. Mobility Matters operates throughout Contra Costa County offering two programs. The larger one is to provide one ride a week to seniors to the doctors or to go shopping. The other program offers rides to disabled veterans, no matter their age.

Mobility Matters is funded largely by grants and is dependent on a large cadre of volunteer drivers to accomplish its mission. Currently Mobility Matters provides well over 200 rides per week with the list of people needing rides forever growing. Any senior who no longer drives can apply for assistance from Mobility Matters. Each client is interviewed and assessed as to whether the program fits their needs. We can assist people with walkers and canes but cannot assist with wheel chair bound seniors. We offer door thru door service. That means (unlike, para transit, Uber, etc.) I can enter my client’s house to help them get things together to go and when we arrive at the doctor’s office I go in with them and wait until they are ready to go home. If I take a client shopping I go with them into the store and help with their shopping. When I take them home I help take the groceries inside.

So why do I volunteer? Because I am able to, I can afford the time and vehicle costs and, most importantly, because I enjoy it. The people I have driven are each unique, each one has something to share that often provides me with another view of life. I enjoy hearing about their different experiences and backgrounds. Can you imagine what an alert 94 or 95 year old can tell you about the past?

For an example, one of my clients, a second generation Japanese-American were talking about taking trips and I said I wanted to take an Amtrak sleeper car up the coast to Seattle. He then told me that he had been on a train once, to go from San Francisco to an internment camp during World War II. Wow, what different perceptions of trains. From there our conversations have explored our so very different backgrounds and perceptions about life. One thing that ties us together is our love of living in the Bay area. Another client talked about how between she and her husband, they had a total of 8 holes-in-one in golf, and then proudly told me her husband only had one of them.

Being able to help these seniors and getting to interact with them brings me joy with each trip. I am paying it forward as I know transportation for non-driving seniors is totally and completely inadequate in Contra Costa County. I don’t expect that it will be any better when I have to give up my keys.

As the Dali Llama once said: “If you want to be happy, help someone.” I do and I am.



CCTA 2020 Transportation Expenditure Plan Fact-Sheet

The Contra Costa Transportation Authority (CCTA) has developed a 35-year Transportation Expenditure Plan (TEP) specifically designed to maintain and support our infrastructure in a way that is smart and sustainable, and to accommodate the diverse and growing needs of our county.

Without new investments in transportation, Contra Costa will face a future with distressed and outdated infrastructure, increased traffic on already-congested roadways, and a decrease in critical transportation services to those with the greatest need.

The TEP has been reviewed and approved by the 20 cities in the county as well as by the Board of Supervisors and will appear as a ballot measure for the March 2020 Primary Election. This plan outlines a vision for improving the way we move through Contra Costa County.

The county is unable to fund any new major projects to address pressing mobility needs without a new plan. The 2020 TEP is designed to pick up where Contra Costa County's previous voter-passed funding measures have left off. The plan ensures that Contra Costa County will continue to receive new and much-needed transportation improvements in every region of the county.

This plan outlines projects that will achieve a broad range of goals:

- **Relieve Traffic Congestion** on Highways and Interchanges. CCTA's goal is to smooth traffic flow and reduce congestion for people and goods through major corridors, to make commutes smoother and more predictable.
- **Make Bus, Ferry, Passenger Train, and BART Rides Safer, Cleaner, and More Reliable.** CCTA's goal is to support transit operators in providing more frequent and reliable transit services and to plan and build the infrastructure that improves connectivity countywide.
- **Provide Accessible and Safe Transportation for Children, Seniors, Veterans, and People with Disabilities.** CCTA will prioritize social equity and provide better mobility options for all, especially for those with the greatest transportation barriers such as youth, seniors, people of lower incomes, and people with disabilities.
- **Improve Transportation in Our Communities.** CCTA supports livable communities by providing local cities and towns with funding to fix and modernize local streets, offer safer places to walk and cycle, and improve air quality. The CCTA is committed to funding infrastructure that provides access to affordable housing and jobs.

This TEP includes transportation-related projects and programs to be planned, designed, funded, constructed, and/or delivered in Contra Costa County over the next 35 years. This plan anticipates an investment of approximately **\$3.6 billion of revenue** generated from the half-cent transportation sales tax.

This local sales tax revenue will help the CCTA attract additional local, regional, state, and federal funding to augment the sales tax revenue.

Prior Transportation Measures

Contra Costa County voters passed Measure C in 1988, sending a clear message that recognized the immense need to improve the way people travel around Contra Costa County. Voters authorized a 20-year (1989-2009) half-cent transportation sales tax to finance improvements to the county's overburdened transportation infrastructure.

In 2004, Contra Costa County voters approved Measure J. The measure provided for the continuation of the county's half-cent transportation sales tax for twenty-five more years (2009-2034) beyond the Measure C expiration date.

Without Measures C and J funding, CCTA would not have qualified to receive additional federal, state, or regional funds.

With a total of \$1.4 billion in Measure C and J project funds, a total of more than \$5.5 billion is being invested in vital transportation projects in Contra Costa County through 2034, leveraging Measure C and J funding at about a three-to-one ratio.

CCTA has delivered most of the major infrastructure improvement projects in Measure J

- Fourth bore of the Caldecott Tunnels
- Highway 4 East widening
- eBART extension from the Pittsburg/Bay Point BART station to Antioch,
- I-680 and I-80 corridor improvements—on an accelerated timeline to deliver its promises to voters.

As of 2018, about 80 percent of the Measure J project funds have been expended. Remaining revenues are now going toward repayment of bonds, fixing local streets, continuing programs, and supporting public transportation.

Without a new TEP, the CCTA will be unable to fund any new major projects to address pressing mobility needs.

The information presented herein was taken from the Contra Costa Transportation Authority's Draft Transportation Expenditure Plan. For further information go to: <https://ccta.net/theplan/>

Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency Plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the council or its individual members do not represent the official position of the County or any of its officers.

2020 Event- Proposed Draft Program

Key Milestones

- **Determine Audience**
- **Establish Preliminary Program**
- **Contact Speakers**
- **Confirm Speakers**
- **Send out save the date Postcards & emails**
- **Finalize Program**
- **Identify Co-Sponsors**
- **Confirm Co-Sponsors**
- **Identify Food Providers**
- **Identify Printing Providers**
- **Flyers completed an distributed**

Random Thoughts

Flash drives in lieu of printed material

Save the Date Postcards

Flyers

Event Sponsors

ACOA 2020 Event Committee

Planned Audience: Seniors, Service Providers, Policy Makers, Advocates

Event working title: **Contra Costa Conference on Aging**

Aging in Contra Costa- What's Next?

Preliminary Draft Program

Time	Subject	Potential Speakers	Status
9:30	Registration		
10:00	Opening Remarks	Lorna Van Ackeren- moderator	Confirmed
10:10	Welcome	Tracy Murray/ Susan Frederick	(JRD)
10:20	Caregiver's Perspective	Fiona Ma, State Treasurer	Confirmed
10:40	Elderhood, Redefining Aging	Dr. Aronson, UCSF	Confirmed
11:25	Health & Housing Landscape for Aging in Contra Costa County	Anna Roth, CCHS Lavonna Martin, H3	(DT)
12:15	Lunch, Video, Need to get Moving		
1:00	Realities of Retirement, Financial	Dr. Nari Rhee, UC	Confirmed
1:45	Realities of Retirement, Panel 4 speakers, 5 min each & Questions	Nicole Howell- Moderator	
	Care Giving	Lorna Van Ackeren	Confirmed
	Nutrition	Caitlin Sly, MOWDR	(JRD)
	Socialization	Discovery Center?	(JRD)
	Transportation Q& A	Elaine Welsh	(JRD)
2:20	Navigating the System	Nhang Luong	(AM)
2:25	7 th Inning Stretch	Teri Tobin	Confirmed
2:30	California Master Plan for Aging	Kim McCoy Wade, CDA	Confirmed
3:00	County/State Master Plan Implementation Panel	Moderator??	
	Board of Supervisors	Candace Andersen	(JRD)
	Choice in Aging/Stakeholder Advisory Committee member to Master Plan for Aging	Debbie Toth	Confirmed
	Area Agency on Aging	Laura Cepoi	Confirmed
	California Department on Aging	Kim McCoy Wade	Confirmed
3:40	The Way Forward & Evaluations	Nicole Howell ,Ombudsman	Confirmed
4:00	End		

Potential Co-sponsors: Scan Foundation, Mobility Matters, CoCo Ombudsman, AAA, CDA, MOW, Hillendale Home Services

Milestones

Confirm Main Speakers	March 1
Save the date, postcards/emails (Draft for Review April 13)	April 17
Confirm Balance of Speakers	May 1
Set up tracking for registration	mid-May
Send out Flyers	Early June
Follow up email/postcards	Early June
Presenter's bios due	June 1
Presentations, electronic	ASAP, No later than Aug 7

Conference Handouts

Bags (Provided by AAA) 400

Folders (400)

Program

Presenter Bios.

ACOA Flyer

ACOA Infographics

3 sheets paper for notes

Flash Drives (Provided by the SCAN Foundation)

Presentations

Links to CA Master Plan for Aging

AAA & ACOA Website links

Sponsors links

Other ??

Meals- Lorna

350 box lunches (Provided by other sponsors)

700 small bottles of water (is this enough?) or Pitchers on each table & Glasses??

Breakfast (Fruit, Juice, Bagels, Yogurt, Butter, Cream Cheese, Cups, Saucers, Knives, Forks, Spoons, Napkins) Provided by Hillendale Home Services

Coffee, Hot Water & Tea (Provided by Diablo Valley Foundation for the Aging)

Misc. Items

Stipend for Louise Aronson (provided by SCAN Foundation)

3X5 Cards & pens (20 cards, 4 pens per table) = 800 cards, 150 pens (Check with Glenda re. leftovers from SMAC event)

Publicity by AAA Media representative

CCTV- Check with Gerald

Volunteers

Mobility Matters and COVID-19

I have been an older volunteer driver for Mobility Matters since early 2019, who typically provided 1-2 rides per week before the COVID-19 pandemic. As with many other volunteers, in addition to my age, I have other co-morbidities to the virus and was fully supportive of Mobility Matters decision to suspend services when we were first told to shelter in place. For me it meant more time to fill with other activities. However, losing our services had a much greater impact for many of those who depended on a Mobility Matters' ride a week to the doctor or to go shopping. It was a hard decision to make, but the correct and necessary one. Immediately after the suspension staff began working diligently to find a way to continue to help those who depended on us.

Within a matter of weeks the folks at Mobility Matters were pursuing a way for our volunteers to do grocery shopping for our clients. This shopping is done during senior hours twice a week with groceries delivered to our clients door step. Mobility Matters made arrangements with various Safeway Markets to work with our volunteers on this program to arrange a uniform method for paying for groceries and getting reimbursements to Mobility Matters. This program has been operating for a couple of months and has served clients throughout Contra Costa. This has allowed volunteers, such as myself, to safely provide needed assistance to our clients.

More recently Mobility Matters has expanded the program to provide rides to necessary medical appointments. Protocols are in place to reduce risks as much as practical. All volunteers and riders must wear masks. Vehicle surfaces that our riders may come in contact with are sanitized before and after each ride. Our drivers and riders each use hand sanitizer before each entry into the vehicle. Taking these precautions has allowed drivers, like myself, to feel they are reducing transmission risks to a low level while being able to provide a much needed service to our riders. I know from personal experience that our riders greatly appreciate that we are making these efforts for them.

I get a feeling of accomplishment and enjoyment each time I complete a ride or a shopping trip knowing I am helping others. Mobility Matters is such a worthwhile program for which I am proud to be a member. The one thing that prevents us from serving more of our seniors and disabled veterans is a lack of volunteer drivers. If you are interested in helping others by shopping for them and/or taking them to necessary medical appointments please contact Mobility Matters at the number below.

I encourage all to volunteer. As the Dalai Lama once said: "If you want to be happy, help someone."

Mobility Matters

To Volunteer Call: (925) 284-2215

Subject: Contra Costa Conference on Aging- Presenter Request

Dear Dr. Rhee,

Last November I was fortunate to hear your presentation at the Elder Economic Summit and impressed with the information you provided. I am reaching out to you to invite you present a paper, on the financial realities of aging in the bay area, at our upcoming Contra Costa Conference on Aging at the Pleasant Hill Community Center, on Thursday, August 27, 2020.

This conference is being presented by the Contra Costa Area Agency on Aging, the Advisory Council on Aging, the SCAN Foundation and other groups active with senior issues in Contra Costa. The conference will present the realities of Aging in Contra Costa County and tie it in with the California Master Plan for Aging.

We believe will have a great program developing and currently we have commitments to participate from:

Fiona Ma- California State Treasurer

Kim McCoy Wade- Director, California Department on Aging

Dr. Aronson, UCSF, author "Elderhood"

We are planning a number of standalone presentations as well as two panel sessions, one dealing with aspects of aging and one dealing with implementing the Master Plan for Aging at the local level.

We are inviting you to present a standalone paper as well as participating in the panel session on the realities of aging.

We appreciate your consideration of this request and look forward to a positive response.

Regards,

Laura Cepoi



Contra Costa County Older Adults and TRANSPORTATION

Transportation throughout Contra Costa County

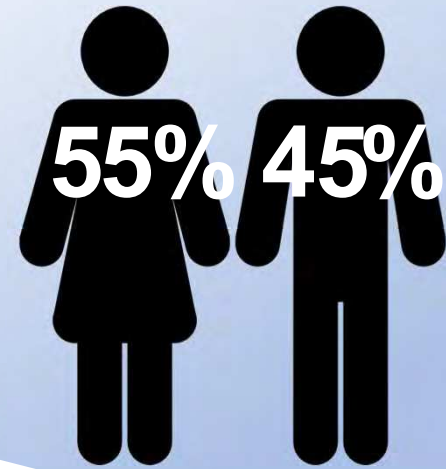
- Prepared by Senior Mobility Action Council, a Work Group of the Advisory Council on Aging

Who are our older adults?

170,000 Contra Costa County residents 65+

15%

- 37% live alone
- 25% have a disability
- 14% speak English “less than very well”
- 69% White, 16.4% Asian, 11.7% Hispanic, 7.7% Black
- 0.7% have no telephone service
- 6.5% live in poverty
- 4.5% receive CalFresh benefits



households without a vehicle

How do our older adults get around?

Community-based and non-profit organizations

- Mobility Matters
- Seniors Around Town
- Choice in Aging

Private cars or personal vehicles
Rideshare/Taxi

ADA Public Transit

- County Connection LINK
- East Bay Paratransit
- Rossmoor Paratransit
- Tri Delta Paratransit
- WestCAT Paratransit

Public Transit

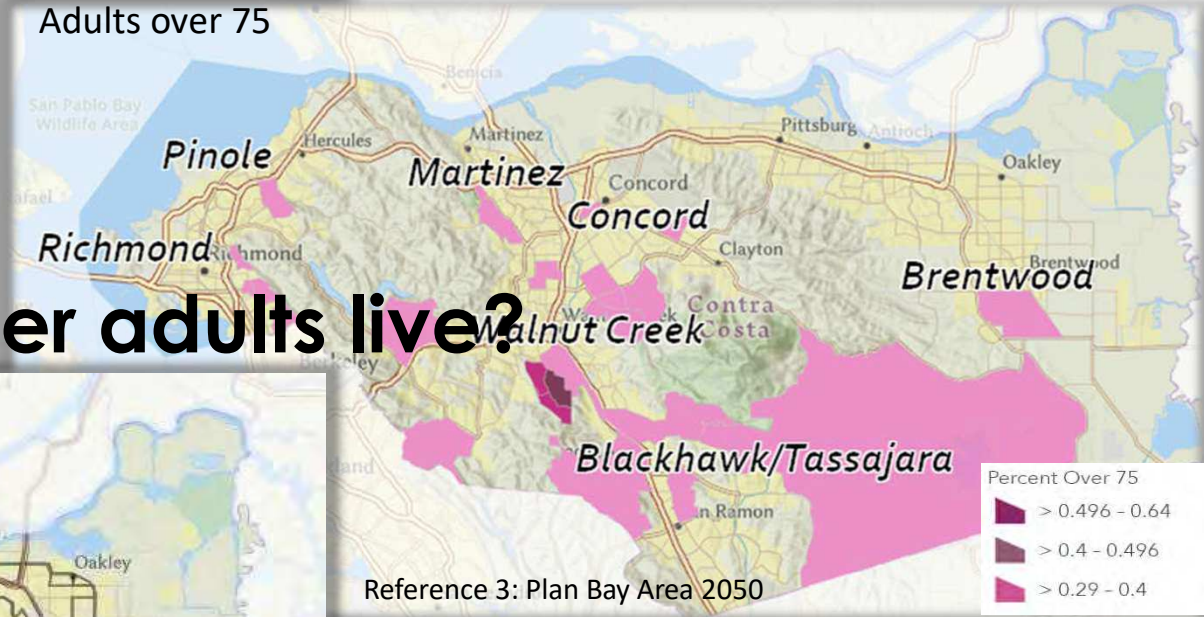
- Amtrak
- BART
- County Connection
- Tri Delta
- WestCAT
- AC Transit

City-based options

- R-transit (Richmond, Kensington, El Sobrante)
- Get-Around Taxi (Concord)
- Lamorinda Spirit (Lafayette, Moraga, Orinda)
- Pleasant Hill Senior Van Service (Pleasant Hill)
- San Pablo Senior Transportation (San Pablo)
- El Cerrito Easy Ride
- Senior Express Van (San Ramon)
- Walnut Creek Senior's Club Mini-Bus (WalnutCreek)
- Rossmoor Bus



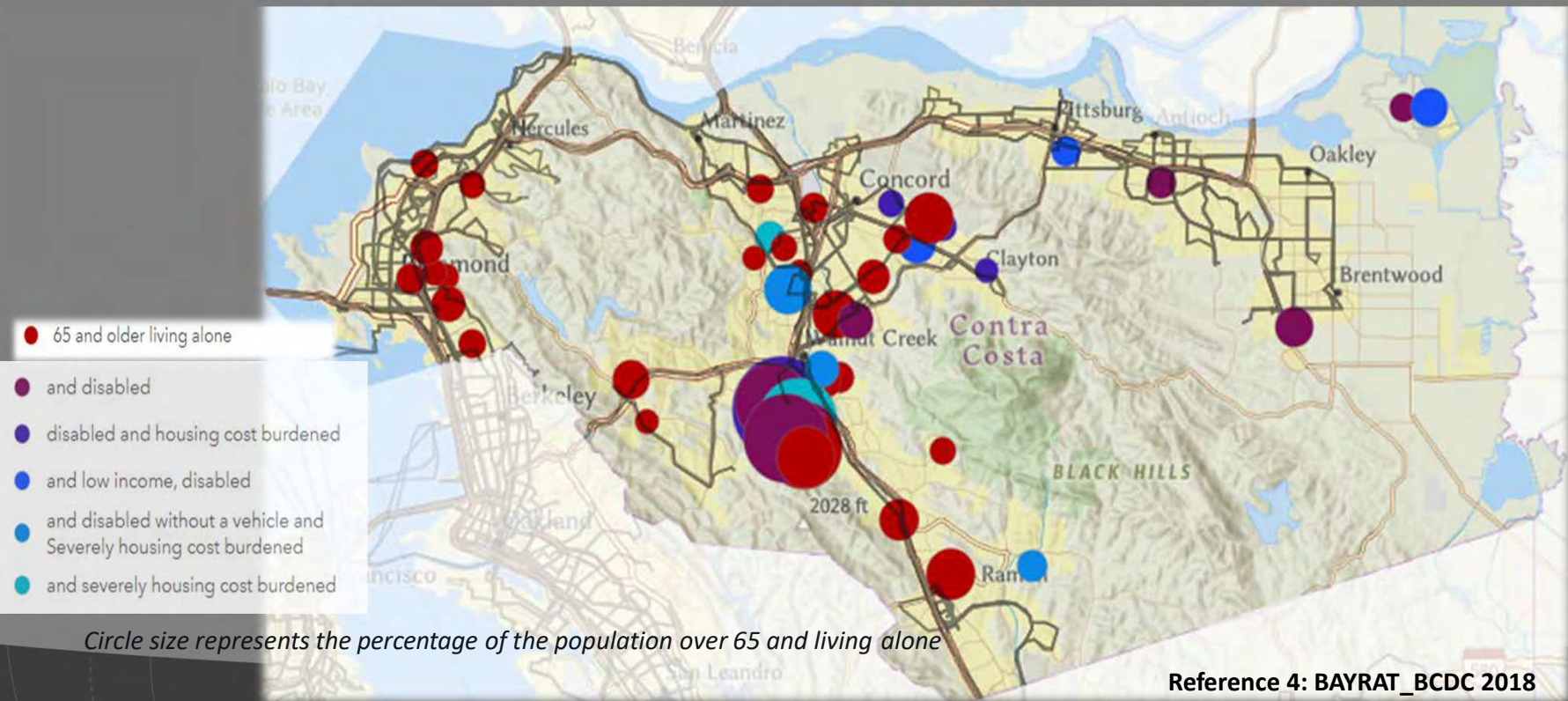
Adults over 75



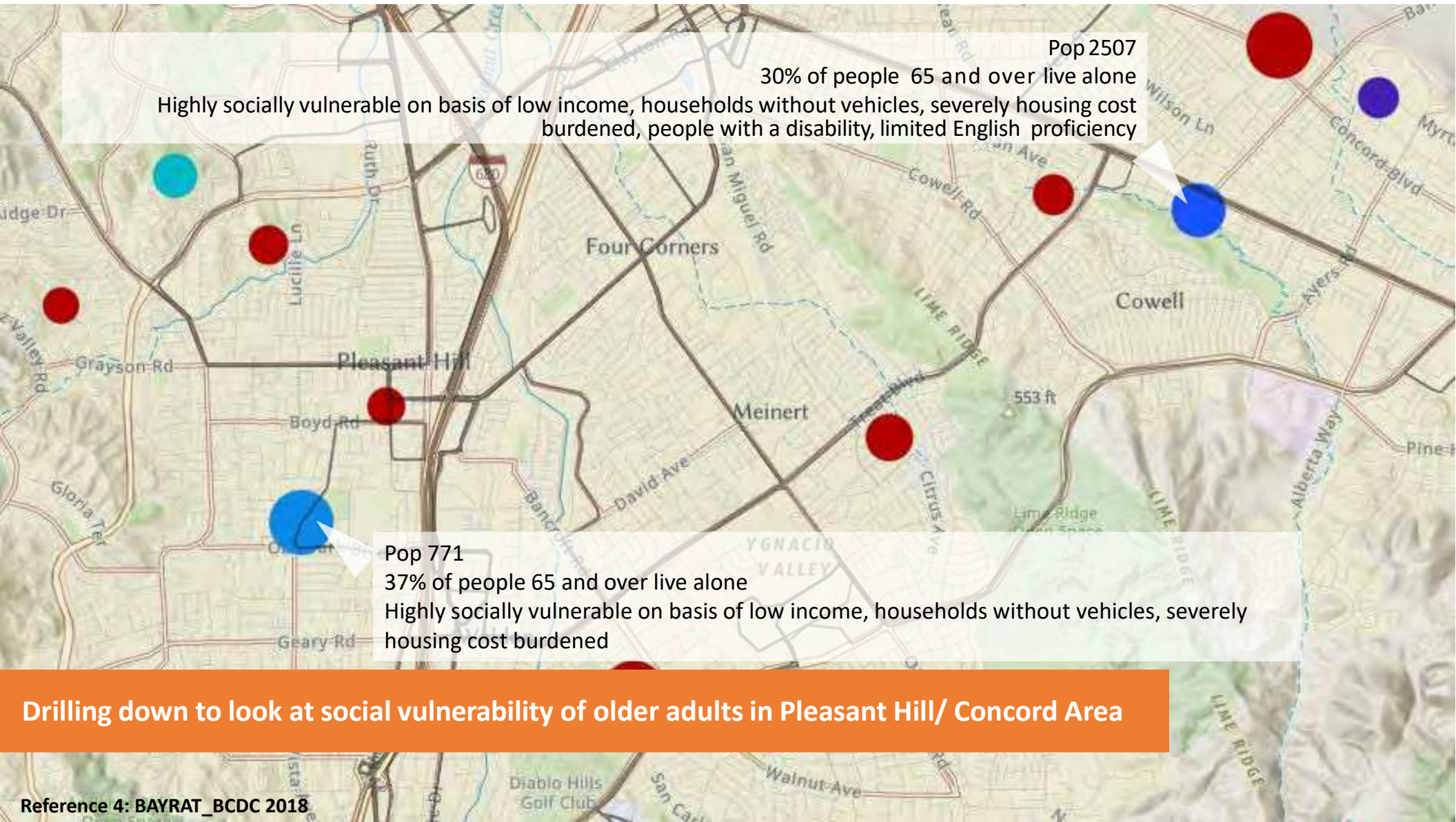
Where do our older adults live?



Where are transit routes?



Size of the circle indicates percentage of population living alone over 65 years old, and color indicates how socially vulnerable they are based on things like income, housing costs, disabilities, owning a vehicle, speaking English. So, big circles that are purple and green are communities with socially vulnerable older adults.



Notes

- A map is, by definition, an abstraction of reality. Infographics are wonderful for summarizing and generalizing data, but we need to be careful about the conclusions we draw from them:

There is no single way to represent County older adults and what types of access they have to transportation because there is so much variability geographically in the older adult population. Some are distant from transit options, seniors in Diablo or Blackhawk for example, but not as socially vulnerable as older adults who may live alone, are below the poverty line, have an additional physical disability or don't speak English. The map showing where older adults are located is a bit misleading, for this reason.

- Not all forms of transit are equally accessible:

Mass transit layer does not include special trips, which are more likely to be paratransit. Regularly scheduled service may not be accessible for most of our seniors, so proximity to a bus-line does not necessarily mean people have access.

- In conclusion, we have some data showing widely available transit, but it almost certainly conceals pockets of older adults and individuals who cannot access transportation.

This type of infographic is useful for broad explanations, not for strategic planning to actually identify and reach stranded individuals.

References

- Public Regularly Scheduled Mass Transit Blue Ribbon Transit Recovery Task Force, ABAG and MTC 2020
- Source: U.S. Census Bureau, 2019 American Community Survey 1-Year Estimates
(https://data.census.gov/cedsci/map?tid=ACSDP1Y2019.DP02&vintage=2019&layer=VT_2019_050_00_PY_D1&cid=DP02_0009E&mode=customize)
- Population over 75 by census tract: Communities of Concern layer, 2020, Communities of Concern for Plan Bay Area 2050, developed from American Community Survey 2014-18
- Social vulnerability index from SF Bay Conservation and Development Commission's Adapting to Rising Tides BAYRAT_BCDC 2018

Explanation of index: *Certain socioeconomic characteristics may reduce ability to prepare for, respond to, or recover from a hazard event. Census block groups with high concentrations (relative to the 9 county Bay Area) of these characteristics are flagged as socially vulnerable, with each block group assigned a rank of highest, high, moderate, and low. Data is from American Community Survey 2016 5-year estimates.*



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-1364

Agenda Date: 4/6/2026

Agenda #:

Advisory Council on Aging:

- Senior Mobility Action Council (SMAC) Section of 2025 ACOA Annual Report
- APU Goals & Objectives

TRANSPORTATION COMMITTEE REPORT January – December 2025

(SMAC – Senior Mobility Action Council)

Transportation Workgroup Roster

- Candace Evans (Chair)
- Kevin Donovan
- Denise Kalm
- Jim Donnelly
- Bryan Harris
- Riki Juster
- Rosa Noya
- Deanna Perry
- Debbie Toth
- Elaine Welch

EHSD staff member Alicia Espinoza, Thomas Weisbrich, and Jennifer Gomes-Figueiroa strongly supported the Workgroup in 2025. SMAC went through Committee Structural Changes of times where we meet every first Monday of each Month from 1:00pm - 2:30pm

Workgroup's Role

To address transportation barriers and gaps in service experienced by Contra Costa older adults through education, advocacy and the promotion of effective coordination of services and mobility management that enhances the autonomy and independence of older adults in Contra Costa County.

Accomplishments

2025 Presentations from:

- Seamless Bay Area - Adina Levin
- People Centered Mobility - Tim Haile (CCTA)
- Next Generation Fare Gate Press Conference & Ribbon Cutting - Candace & Bryan
- GLYDWAYS "Transit should be for everyone" - Mariah Ray SVP, Head of Government Affairs
- Bay Area Rapid Transit (BART) "Role in the Region" - Robert Franklin
- Provided advocacy for Mobility Management in Contra Costa City-based transportation programs.
- Reviewed and Reported survey data and report on COVID 19 Impacts on Accessible Transportation Services.
- Attended community meetings and training that provided information on the CCTA and Regional Transportation Organizations.
- Organized & Orchestrated SMAC Informational Workshop
- Provided updates of services for older adults in need of transportation services.

2026 Work Plan

- Continue to Schedule and Organize 3 SMAC Informational workshops
- Schedule five presentations in 2026 from transportation service providers and educators in Contra Costa County.

- Participate in the Paratransit Coordinating Council, DACLAC, Accessible Transportation Task Force, and Regional Transportation Organization meetings.
- Participate in Master Plan for Aging local implementation, ensuring senior transportation and people with disabilities' issues are addressed.
- Participate in CCC's Accessible Transportation Strategic Plan implementation.

Candace Evans

Transportation Workgroup Chair

SECTION 7. AREA PLAN NARRATIVE GOALS & OBJECTIVES

Goal # 1

Goal:

The AAA will support the implementation of the Master Plan for Aging for Contra Costa County by advocating for the availability of resources necessary to successfully and effectively execute the goals, priorities, and strategies established in the Local Playbook.

Rationale:

The AAA has been designated to coordinate the implementation of Contra Costa’s Master Plan for Aging Local Playbook. This requires the AAA to partner with the Advisory Council on Aging, the aging and disabilities provider network, and other community stakeholders to successfully and meaningfully implement the Local Playbook’s strategies, initiatives, and activities.

List Objective Number(s) and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source⁶	Update Status⁷
1.1 The AAA and ACOA will support the MPA Local Playbook strategy of addressing social isolation and connection by identifying funding source(s) to implement this priority.	7/1/2024-6/30/2028	Admin	Continued
1.2 The ACOA Housing Workgroup will work collaboratively with AAA staff and the Master Plan of Aging (MPA) Local Playbook committee to support the Housing for All Ages & Stages goal, aiming to plan at least one joint meeting each year with the housing champions identified in the MPA.	7/1/2026-6/30/2027	Admin	Revised

1.3 The ACOA Health Workgroup will support the implementation of the MPA Local Playbook to educate seniors about healthcare resources available in the community through distribution of collateral materials.	7/1/2024-6/30/2027	Admin	Continued
1.4 The ACOA Transportation Workgroup will support the implementation of the MPA Local Playbook strategy for establishing a county wide approach to accessible transportation.	7/1/2024-6/30/2027	Admin	Continued

Goal # 2

Goal:

The AAA will promote the development of age- and disability-friendly communities by advocating for an infrastructure that fully and meaningfully prioritizes the needs of older and disabled adults and those who care for them.

Rationale:

The continued growth of the older adult population, especially with the oldest of the baby boomers reaching an advanced age of 85 years starting in 2031, calls attention to the need to prioritize and promote age- and disability-friendly Contra Costa communities. A strong infrastructure that includes diverse and reliable funding sources for programs and services and the inclusion and prioritization of older adults, persons with disabilities, and family caregivers in planning, building, and delivering services promote the development of age- and disability-friendly communities. Promoting neighborhood safety, improving the walkability of streets, protecting seniors from falling victims to scams and crime, and keeping essential services, such as housing, transportation, food, medical/dental care, etc., were among the needs mentioned by focus group participants to make communities age- and disability-friendly. Furthermore, making communities as age and disability - friendly as possible while simultaneously leveraging the needs and accessibility of caregiver respite services speaks to servicing the needs at both ends of the spectrum; those of care receivers as they navigate communities that are adapted and those of caregivers as they seek respite.

List Objective Number(s) <u>and</u> Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding	Update Status ⁷
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		Source⁶	
1.1 The ACOA will participate in the Food Security Collaborative to develop strategies to address the nutritional health of older adults and persons with disabilities in Contra Costa County.	7/1/2024-6/30/2028	Admin	Revised
1.2 The ACOA Transportation Workgroup will advocate for older and disabled adults' transportation infrastructure needs by providing at least four informational presentations a year to the community and service providers.	7/1/2024-6/30/2027	Admin	Continued
1.3 The ACOA Health Workgroup will work with the AAA to produce and distribute a resource brochure for "Aging in Place" to be distributed to senior populations prioritized in the Older Americans Act.	7/1/2024-6/30/2027	Admin	Continued

Goal # 3

Goal:

The AAA will improve access to information, assistance, and resources to promote equity and visibility of services among older adults, persons with disabilities, and family caregivers.

Rationale:

Knowledge, awareness, and ability to obtain the services and resources one needs are critical to supporting residents' ability to safely age in place and thrive in Contra Costa. Focus group participants established that for services to be accessible and effective, they must be affordable, available, coordinated, equitable, reliable, seamless, and visible. Furthermore, elevating the visibility of Caregiver Respite services is specifically crucial as caregivers are often dependent on this resource as a sole source for relief from caregiving. Hands-on support is also needed to navigate the service system and enroll in programs.

List Objective Number(s) _____and Objective(s) [Refer to CCR Article 3, Section 7300 (c)]	Projected Start and End Dates	Type of Activity and	Update Status⁷
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(Priority Service if applicable)		Funding Source⁶	
2.1 The ACOA and Planning Committee will assist the AAA's Information & Assistance Program in sponsoring and coordinating at least four events to reach populations prioritized in the Older Americans Act to inform older and disabled individuals and caregivers of available programs and services.	7/1/2024-6/30/2026	Admin	Completed
2.2 The ACOA Planning Committee will work with the AAA's Information and Assistance Program in translating the County Senior Resource Directory into Simplified Chinese and helping in its distribution in the community.	7/1/2024-6/30/2025	Admin	Completed
2.3 The AAA and ACOA Planning Committee will increase access to information about services by creating QR codes for the Senior Resource Directory and the County Guides to expand promotion and reach of these resources in the community.	7/1/2024-6/30/2025	Admin	Completed
2.4 The ACOA Health Workgroup will schedule a minimum of four presentations at monthly meetings delivered by subject matter experts/professionals on topics specific to the MPA's "Health Reimagined" goal to increase awareness about community resources and supports for older adults.	7/1/2024-6/30/2027	Admin	Continued
2.5 The ACOA Housing Workgroup will schedule a minimum of eight presentations by non-profit, government, and private organizations to foster partnerships and learn about	7/1/2024-6/30/2027	Admin	Continued

housing related programs and policies.			
2.6 The ACOA Housing Workgroup will work with the AAA staff to develop and update outreach materials to help the Contra Costa County community better understand the housing challenges faced by older adults. These materials will be presented to government commissions, city councils, local service groups, and community organizations throughout the county, with the goal of at least six presentations being conducted annually.	7/1/2024-6/30/2027	Admin	Revised
2.7 The ACOA Technology Workgroup will schedule a minimum of four presentations at monthly meetings on topics specific to technology in order to increase awareness of community resources.	7/1/2024-6/30/2028	Admin	Continued
2.8 The ACOA Technology Workgroup will produce at least two collateral documents describing important technology subjects including “Protecting Against Online Scams” and “Artificial Intelligence and Older Adults” and will leverage scheduled AAA outreach events to distribute the information.	7/1/2024-6/30/2027	Admin	Revised
2.9 The ACOA Legislative Workgroup will track and report at least twice annually to the ACOA and advocate on relevant legislative proposals as they pertain to older adults.	7/1/2024-6/30/2028	Admin	Continued

2.10 The AAA and ACOA Health Workgroup will facilitate at least four health related informational presentations including mental health at Contra Costa Senior/Community Centers.	7/1/2024-6/30/2028	Admin	Continued
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Goal # 4

Goal:

The AAA will review and update Programs and regulatory requirements to align with the changes in the Older Californians Act and the reauthorized Older Americans Act.

Rationale:

The AAA must prepare for and respond to changes resulting from the reauthorization of the Older Americans Act (OAA) and the modernization of the Older Californians Act (OCA). Program goals, objectives, and operational activities shall align and comply with the resultant changes in legislation and policy guidelines from the California Department of Aging.

List Objective Number(s) _____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source⁶	Update Status⁷
4.1 The ACOA and the Planning Committee will assist the AAA, as requested, in their monitoring process of service providers.	7/1/2024-6/30/2026	Admin	Completed
4.2 The ACOA Planning Committee will assist the AAA in reviewing amendments to the OAA, OCA, and other state requirements and support the AAA in ensuring that program policies and procedures are reflective of the changes and implemented by contractors.	7/1/2024-6/30/2028	Admin	Continued

⁶ Indicate if the objective is Administration (Admin,) Program Development (PD) or Coordination (C). If a PD objective is not completed in the timeline required and is continuing in the following year, provide an update with additional tasks. For program specific goals and objectives please identify service category where applicable.

⁷ Use for the Area Plan Updates to indicate if the objective is New, Continued, Revised, Completed, or Delete