

Alcohol and Other Drug Services Justice Involved

Presented on Thursday, September 11th, 2025, to the Contra Costa
County Community Advisory Board (CAB)

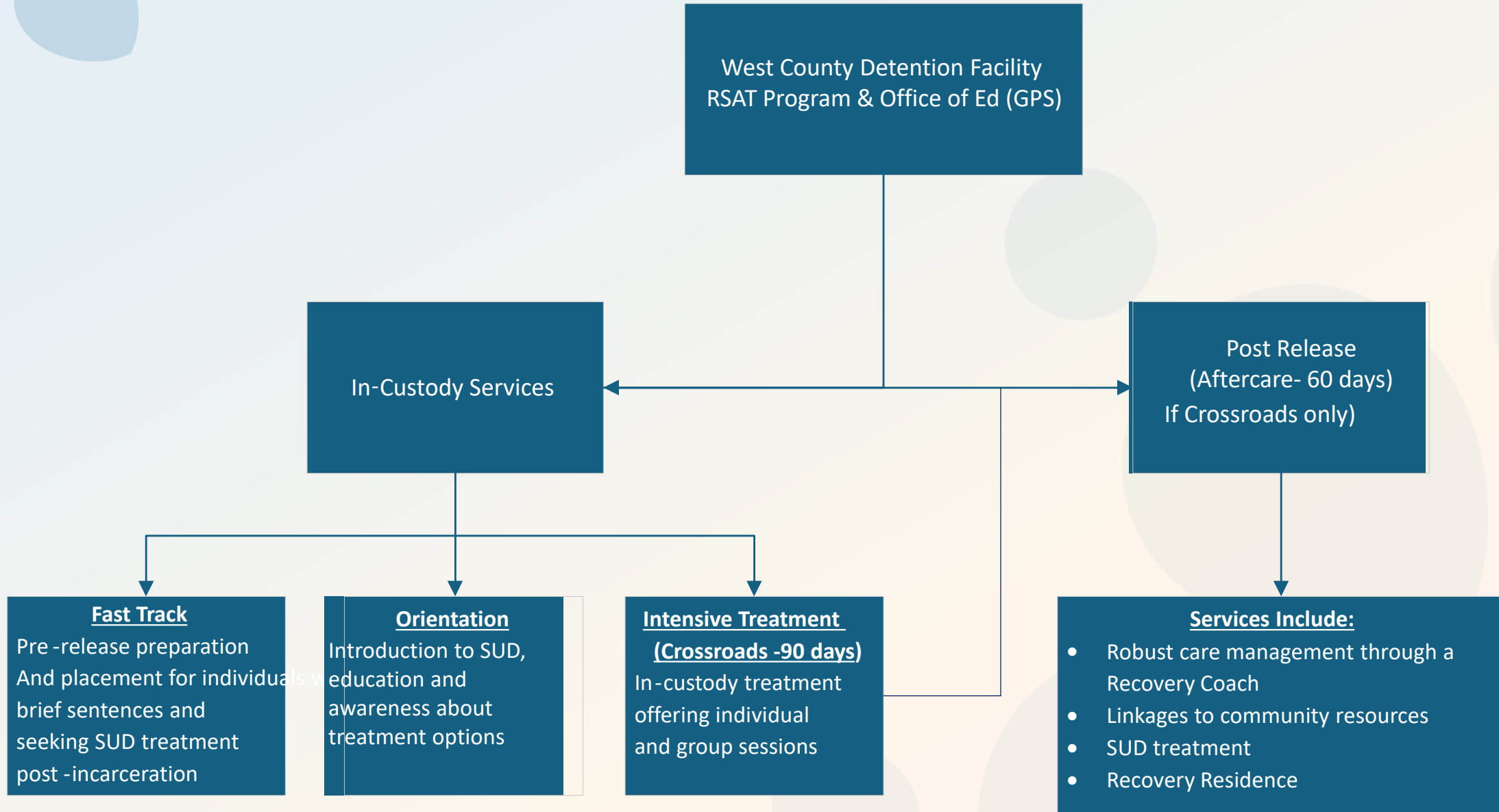


CONTRA COSTA
HEALTH

Overview

- Substance Use Disorders (SUD) Treatment West County Program Design
- Medication Assisted Treatment (MAT) & Individual Support
- West County Detention Facility (WCDF) Data Outcomes
- Martinez Detention Facility (MDF) Data Outcomes
- Juvenile Hall
- Source of Referrals
- Challenges
- Next Steps

SUD Treatment Program Design (WCDF)



Is Crossroads Right For You?

Do You:
 Think it's time to change your addictive thinking and behavior?
 Have a minimum of 90 days remaining of incarceration?
 Want to receive substance abuse treatment while in custody?
 Need a recovery coach to assist you on your journey?
 If you answered yes, we can help!

What are the benefits?

In Custody (3 months)

- Individualized substance use counseling and assessment
- Cognitive behavioral therapy groups
- Help identifying triggers that cause drug use and criminal behavior
- Develop relapse prevention and life coping skills
- Pre-release planning and preparation – including Medi-Cal enrollment
- Transportation upon release to outpatient program

Post Jail Release (6 months)

- Subsidized recovery housing
- Continued substance use treatment
- Recovery and reentry coaching
- Develop life skills
- Social activities and events
- Resources for mental health, medication assisted treatment, job readiness classes, medical care, and more
- Referrals to self-help and recovery support services

How to Apply

To enroll in Crossroads, you just need a referral from any of the following:

- In-custody substance abuse counselor
- Medical Assistance Treatment (MAT)
- DEUCE
- GPS
- Mental Health Clinician
- Public Defender's Office
- District Attorney
- You can self-refer

Requirements

Crossroads is a nine-month program for men.

- 3 months while in custody
- 6 months outpatient substance use treatment post-release

You must also:

- Comply with program rules and guidelines
- Attend all medical, mental health, legal and vocational appointments as scheduled
- Fulfill in-custodial or community work

If you are not eligible for the Crossroads Program or prefer a shorter commitment, please call the Behavioral Health ACCESS Line at (888) 678-7277 or join one of our recovery groups in the Richmond Jail.

Self-Help Support Resources

LifeRing Secular Recovery
lifering.org

Refuge Recovery
refugerecovery.org

SMART Recovery
smartrecovery.org

Narcotics Anonymous
contracostana.org

Alcoholics Anonymous
contracostaaa.org

In partnership with:

Contra Costa County Office of the Sheriff

Detention Health

District Attorney's Office

Office of Education

Probation Department's Office of Reentry & Justice

Public Defender's Office

West County Reentry Center

Crossroads Substance Use Treatment Program West County Detention

Funded by the Bureau of Justice Assistance Residential Substance Abuse Treatment Grant

West County Detention Facility Summary

Data from July 2024- June 2025

In Custody Services

- 28 Crossroads Clients
- 404 Fast Track Clients
- 21 Classroom Outreach Orientations Conducted in conjunction with Teachers and DEUCE program

Aftercare Services

- 48 Post Release Aftercare Clients
 - 5 Crossroads clients

WCDF Referrals for Clients Served at WCDF

2024

2025

2024 Referrals	Medical Team	Mental Health	GPS Team	School Team	Self Referral	Public Defender	Other	Total Referrals
JAN	7	3			11	5		26
FEB	4	1		1	3	9		18
MAR	9	1		2	6	5		23
APR	10	3	1		7	6		27
MAY	14	2	1	1	9	2		29
JUN	11	1		2	4	1		19
JUL	14	3	1		7	2		27
AUG	8	1	1	3	14	6		33
SEP	14	1		1	6	7		29
OCT	13	3	1		7	5		29
NOV	15	2	2	3	7	5		34
DEC	11	5			8	7		31
2024	MD Total	MH Total	GPS Total	School	Self Referral	PD	Other	All Total
	130	26	7	13	89	60	0	325

2025 Referrals	Medical Team	Mental Health	GPS Team	School Team	Self Referral	Public Defender	Other	Total Referrals
JAN	14	1	1	1	7	6	0	30
FEB	3	3	1	0	6	12	1	26
MAR	8	1	1	6	10	13	3	42
APR	14	5	2	1	7	16	0	45
MAY	18	1	1	1	5	11	0	37
JUN	9	1	0	2	0	5	0	17
JUL								0
AUG								0
SEP								0
OCT								0
NOV								0
DEC								0
2025	MD Total	MH Total	GPS Total	School	Self Referral	PD	Other	All Total
	66	12	6	11	35	63	4	197

Services for Spanish Speakers at WCDF

July 2024- June 2025

- To address the gap in services for monolingual Spanish speaking individuals
- 90 Clients Screened from July 2024 - June 2025
 - 17 clients were placed in treatment upon release
- Spanish treatment group offered once per week
- Bi-weekly outreach conducted in modules 5 and 7
- Starting in Quarter 5 (July-August) there will be a Spanish MAT Group offered

Referrals for Clients Served 2025

2025 Referrals	Medical Team	Mental Health	GPS Team	School Team	Self Referral	Public Defender	Other	Total Referrals
JAN	4					1		5
FEB					1	1		2
MAR					5	2		7
APR	1							1
MAY	3	1			4	2		10
JUN	4				3	2		9
JUL								0
AUG								0
SEP								0
OCT								0
NOV								0
DEC								0
2025	MD Total	MH Total	GPS Total	School	Self Referral	PD	Other	All Total
	12	1	0	0	13	8	0	34

Crossroads Program (WCDF)



Eligibility

- Male clients who have 12 weeks remaining on their in-custody sentence
- Individuals with Substance Use Disorder



3 Months of In-Custody Services

- Group and individual treatment sessions
- Linkage to aftercare services
- CB-SA curriculum



6 Months of Post Release Services

- Outpatient substance use treatment
- Robust care management through Recovery Coach
- Placement and transportation from detention facility to an Oxford House for up to 6 months of subsidized housing

9 Month Program

All individuals must abide to program rules. If individuals abide and complete program requirements, they may be eligible for an in-custody sentence reduction.

Martinez Detention Facility (MDF)

MAT Focused Groups

- MAT Educational Groups
- 10 Participants each in 2 separate groups, that take place Friday evenings
- Meeting clients where they are – Harm Reduction
- MAT Education Curriculum is intended to educate
- Post-release planning and transition by Antonia Fernandez
- Coordination with Reentry Success Program and Alpha Program via AB109 Counselor (0.40FT) and services onsite
- Screenings of clients referred by the medical team and placements in treatment in real time upon release, including medications and Medi-Cal

MDF Clients Petition

①

DEAR, CONTRA COSTA HEALTH FOR ALCOHOL & OTHER DRUG SERVICES
FIRST OFF, WE AS M.D.F INMATES HOPE THIS REACHES YOU IN GOOD HEALTH AND SPIRITS. AS WELL AS YOUR SATISFACTION. THE FOLLOWING WILL CONSIST OF A MULTI-LEVELLED PROPOSAL WHICH INCLUDE SUGGESTIONS REGARDING THE M.A.T/A.O.D TREATMENT PROGRAM. THUS, REQUESTING THAT THIS BENEFICIAL BASED PROGRAM ENDOVES INTO AN INCENTIVIZED CURRICULUM, THAT ISSUES CERTIFICATES UPON COMPLETION OF A CERTAIN AMOUNT OF HOURS, COURSES, PAMPHLETS, OR A COMBINATION OF THE AFFOREMENTIONED.

1. HOW COULD C.C.H.A.O.D.S TURN THIS INTO A PROGRAM, SO INMATES HOUSED IN M.D.F OR ANY FACILITY FOR THAT MATTER RECEIVE A CERTIFICATE UPON COMPLETION?

THE REASON BEING IS THIS. WE AS INMATES THAT SIGN UP FOR CERTIFICATE BASED PROGRAMS SHOW THROUGH OUR OWN ACTIONS THAT WE ARE TAKING STRIDES IN THE RIGHT DIRECTION TO REHABILITATE OURSELVES. THE MORE CERTIFICATES OF REHABILITATION THAT WE OBTAIN, SHOWS A WILLINGNESS TO LEARN, ADAPT, AND OVERCOME OUR SHORT COMINGS. WHICH WILL GIVE US THE BEST POSSIBILITIES AVAILABLE TO RETURN TO SOCIETY AS UPSTANDING CITIZENS. FURTHERMORE, OUR LAWYERS COULD UTILIZE THESE CERTIFICATES AS PROOF OF POSITIVE REHABILITATIVE PROGRAMING WHILE HOUSED IN M.D.F. WHICH COULD POTENTIALLY LEAD TO MENTAL HEALTH/DRUG DIVERSION OR A LIGHTER SENTENCE THROUGH A PLEA BARGAIN.

2. ONCE CERTIFICATES BECOME ACCESSIBLE HOW COULD WE BREAK M.A.T/A.O.D DOWN INTO LESSONS? SO, WE COULD RECEIVE A DIFFERENT CERTIFICATE UPON COMPLETION OF A SET AMOUNT OF LESSONS?

②

EACH WEEK AND LEARN A NUMBER OF IMPERATIVE PACKETS. FOUR (4) WEEKS COULD BE ONE (1) CERTIFICATE SINCE WE'RE LEARNING UPWARDS OF TEN (10) PACKETS IN THAT TIME PERIOD.

THAT WILL GIVE US FOUR (4) CERTIFICATES IN THE SIXTEEN (16) WEEK TIME FRAME THAT COMPLETES THE ORIGINAL PACKETS.

3. ONCE THOSE WHO COMPLETE THE ENTIRE PROGRAM COULD WE ASSEMBLE AN ADVANCED VERSION OF M.A.T/A.O.D?

4. HOW COULD WE GET MORE THAN NINE (9) INMATES IN GROUP PER WEEK?

5. COULD WE START THIS PROGRAM ON A MODULE TO PROVE THAT IT WILL BE A SUCCESS?

THE REASON WE ASK IS THIS. WE'RE ATTEMPTING TO START A PROGRAM LIKE THIS FOR WE DONT HAVE ACCESS TO THE DENICE PROGRAM LIKE OTHER FACILITIES IN THIS COUNTY.

6. DO YOU HAVE THE AUTHORITY TO APPROVE OTHER PROGRAMS LIKE THE FOLLOWING?

G.O.B.I., C.B.T, A.P.C., MUSTLE 2.0 ETC.

EACH AND EVERYONE OF US WOULD LIKE TO THANK YOU FOR YOUR CONTINUED SUPPORT IN THE ON-GOING EFFORT TO REDUCE ADDICTION AND RECIDIVISM IN OUR COMMUNITIES BY APPROVING PROGRAMS TO AID THOSE IN NEED. IT TAKES A COLLECTIVE EFFORT TO ACHIEVE THESE GOALS AND WE ARE ALL HERE TO UPHOLD OUR END. THANK YOU AND GOD BLESS.

MDF Clients' Petition

August 8th, 2025, a petition was submitted/signed by 11 clients in custody who are advocating on their own for more robust SUD services in custody:

- Increase the capacity for the MAT groups
- Request for certificates of completion
- Break the MAT curriculum into more lessons, providing certificates at different intervals.
- Advanced track of MAT Education and support



AOD applauds clients advocating for their treatment rights in detention, as a major demonstration of empowerment. Health Care is a right and not a privilege, there should be parity between SUD and other health care services and equal access to SUD treatment for those most impacted by the way on drugs

Juvenile Hall

- Funded by Probation
- Services started in May of 2023
 - 1 Substance Abuse Counselor (in-custody)
 - 1 Substance Abuse Counselor (post-release)
- In-Custody treatment services include:
 - SUD screening
 - Individual treatment sessions provided to youth in Juvenile Hall
 - Care management and linkage to aftercare services
- Aftercare services
 - Care management
 - Post release treatment
 - Linkages to community resources

Source of Referrals For Juvenile Hall

2023

2024

2025 Preliminary Data

2023 Referrals	Medical Team	Mental Health	Probation Team	Total Referrals
JAN				
FEB				
MAR				
APR				
MAY	5	10	0	15
JUN	6	7	0	13
JULY	5	2	0	7
AUG	10	5	0	15
SEP	6	5	1	12
OCT	6	5	0	11
NOV	6	2	1	9
DEC	3	0	0	3
2023	Medical Team 47	MH Total 36	Prob. Total 2	All Total 85

2024 Referrals	Medical Team	Mental Health	Probation Team	Total Referrals
JAN	5	3	0	8
FEB	4	3	1	8
MAR	2	4	2	8
APR	3	1	1	5
MAY	8	2	0	10
JUN	8	3	4	15
JUL	6	3	3	12
AUG	6	6	1	13
SEP	2	0	1	3
OCT	5	2	1	8
NOV	5	0	0	5
DEC	11	2	2	15
2024	Medical Total 65	MH Total 29	Prob Total 16	All Total 110

2025 Referrals	Medical Team	Mental Health	Probation Team	Self Referral	Total Referrals
JAN	15	1	1	0	17
FEB	11	1	3	0	15
MAR	7	0	0	0	7
APR	15	0	1	1	17
MAY	6	0	2	0	8
JUN	7	0	1	0	8
JUL	8	1	3	3	15
AUG					0
SEP					0
OCT					0
NOV					0
DEC					0
2025	MD Total 69	MH Total 3	Prob Total 11	Self Referral 4	All Total 87

Referrals	Total Number of Referrals
Medical Team	47
Mental Health	36
Probation Officer	2
Grand Total	85

Referrals	Total Number of Referrals
Medical Team	65
Mental Health	29
Probation Officer	16
Grand Total	110

Referrals	Total Number of Referrals
Medical Team	69
Mental Health	3
Probation Officer	11
Self	4
Grand Total	87

Challenges

- The number of individuals in custody at MDF seeking to join MAT groups exceeds the current group capacity.
- There is insufficient space to conduct SUD group sessions.
- In light of unscheduled releases, coordinating a planned transition upon release from custody remains a persistent problem, including transportation
- Currently, no substance use disorder (SUD) treatment is available for women in custody due to space

Opportunities

- Increase the number of substance use counselors to improve service delivery in custody.
- Broaden the range of SUD services available for women.
- Work with custody staff to identify more space to support group activities. Revisit both the number of weekly group sessions and the number of participants who can attend those sessions.
- Strongly consider the option of providing credits to individuals who participate in SUD treatment while in custody.
- Naloxone to reverse Opioid Overdoses should be available upon release from jail, the data shows the steady number of clients on MAT. Other jails in the Bay Area have placed Naloxone vending machines or Stand Boxes in the jail lobbies. Both clients and families can benefit from ease of access to Naloxone

NALOXONE DISPENSING AT MARIN COUNTY JAIL



Public Health Harm Reduction Vending Machines



Host Site Name	Supplies	Notes
Brookside Shelter	Naloxone (Narcan) Kit Hygiene Kit Menstrual hygiene kit Safer sex kit (condom and lubricant) Fentanyl test strips Wound care kit	Brookside Clients Only
Contra Costa Regional Medical Center	Naloxone (Narcan) Kit Hygiene Kit Menstrual hygiene kit Safer sex kit (condom and lubricant) Fentanyl test strips Wound care kit	Open to Community
Delta Landing	Naloxone (Narcan) Kit Hygiene Kit Menstrual hygiene kit Safer sex kit (condom and lubricant) Fentanyl test strips Wound care kit Safer injection kit Safer smoking kit Small sharps disposal container	Delta Landing Clients Only
Oakley Community Center	Naloxone (Narcan) Kit Hygiene Kit Menstrual hygiene kit Safer sex kit (condom and lubricant) Fentanyl test strips Wound care kit	Open to Community
[Pending] Safe Organized Spaces (SOS) Richmond		
[Pending] Mental Health Connections - Antioch		Open to Community

Naloxone Stand Boxes (Harm Reduction)



Thank you!



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