



CONTRA COSTA COUNTY

AGENDA - PUBLISHED

Advisory Council on Aging

Monday, December 9, 2024

1:00 PM

400 Ellinwood, Pleasant Hill, CA
Room 303

Health Workgroup

Link: [https://cccounty-us.zoom.us/j/82800955881?
pwd=1bbbru9aoJBhJWlqXUtwTXXopvRV652.1](https://cccounty-us.zoom.us/j/82800955881?pwd=1bbbru9aoJBhJWlqXUtwTXXopvRV652.1)

Password: 798983 | Dial-In-Number: (214) 765-0478 | Meeting ID: 828 0095 5881 | Conference code: 698779|

PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 2950 Buskirk Avenue, Suite 330 Walnut Creek; 1001 Golden Rain Rd., Walnut Creek; 165 Natalie Dr., Moraga; 373 Century Circle, Danville

1:00 Open meeting: Mike Wener

1:02 Roll Call

1:05 Approve October 2024 minutes

[24-4212](#)

Attachments: [HL.10.14.24DraftMinutes](#)

1:10 Member Reports:
Nutrition - MOWDR
County Wellness Update-Francisco
Medi-Cal - Brian

1:30 Presentation: Dr. David Padgett - Psychiatry and related topics

2:00 BREAK

2:05 Discussion: Open

2:10 Area Plan Update: Review of Health Workgroup objectives - Teri

2:20 Public Comment

2:30 Adjourn - Next proposed meeting is January 13, 2025, 1:00-2:30 PM

The Council will provide reasonable accommodations for persons with disabilities planning to attend the Council meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Council less than 96 hours prior to that meeting are available for public inspection at 400 Ellinwood Way, Pleasant Hill attention Cristina Ugaitafa during normal business hours. For Additional Information contact Cristina Ugaitafa at cugaitafa@ehsd.cccounty.us or (925) 655-0775. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov.

HOW TO PROVIDE PUBLIC COMMENT:

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Council that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should speak when called upon by the chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing * 9 on their phone. All public comments will be limited to 2 minutes per speaker. For assistance with remote access contact: 925 655-0775.

Public comment may be submitted via electronic mail on agenda items at least one full workday prior to the published meeting time at email at cugaitafa@ehsd.cccounty.us or by voice mail at 925 655-0775. Comments submitted by email or voice mail will be included in the record of the meeting but will not be read or played aloud during the meeting.

For Additional Information Contact: cugaitafa@ehsd.cccounty.us or by voice mail at 925 655-0775.



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 24-4212

Agenda Date: 12/9/2024

Agenda #: 1:05



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Monday, October 14, 2024

1:00 AM

400 Ellinwood, Pleasant Hill, CA
Room 303

Health Workgroup

Link: | <https://cccounty-us.zoom.us/j/83391942285?pwd=kC9yfbmoaeDfOeyxbXUrIbXoO7gQL.1>
| **Password:** 983269 | **Dial-In-Number:** (214) 765-0478 | **Code:** 445291 |

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1:00 Call to order by Michael Wener at 1:00 pm.

Roll Call

Present Alan Goldhammer, Brian O'Toole, Terri Tobey, and Michael Wener

Absent Francisco Benavides

1:05 Approve September 2024 Minutes

[24-3241](#)

Attachments: [HL9.9.24Draft Minutes](#)

**A motion was made by Goldhammer, seconded by Tobey, that this item be approved.
The motion carried by a unanimous vote.**

Motion: Goldhammer

Second: Tobey

1:10 Member Reports:

Nutrition - MOWDR - No report

County Wellness Update - No report

Medi-Cal - Brian O'Toole - Lot of misinformation/concern about the government having personal contact information.

1:30 Presentation: Kelly Miller - and Constance Cheong - Social Health and Resources Exchange (SHARE)

2:00 BREAK

2:05 Discussion: Open

2:10 Proposed workgroup name change: Removed from agenda.

2:20 Public Comment: None

2:30 Next Proposed Meeting is December 9, 2024, 1:00-2:30 PM with presentation on pain management.

Adjourn meeting at 2:30pm.

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For Additional Information Contact: jlam@ehsd.cccounty.us or by voice mail at 925 655-0773.