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The Board of Supervisors of Contra Costa County, California

In the matter of: Proclaiming November 2023 as
“National Family Caregivers Month.”

Resolution No. 2023/617

WHEREAS, National Family Caregivers Month honors all who provide invaluable care, both informally and professionally, to those we cherish the most in our families and communities; and

WHEREAS, we recognize caregivers for their dedication and resilience as they care for young children, aging parents, disabled veterans, and others who need support and medical assistance, some with critical needs and under demanding circumstances; and

WHEREAS, family caregiving can be a privilege and a rewarding opportunity, yet a tough job that is sometimes daunting and costly, with responsibilities that often leave caregivers overlooking their own health and wellbeing; and

WHEREAS, Contra Costa County’s caregiving community brings awareness about caregiving issues, educates our residents, and explores options for increased support for all caregivers; and

WHEREAS, in the United States, more than 53 million family caregivers provide unpaid care as of 2020, an increase over the previous five years, at an economic value totaling more than \$470 billion (*Source: National Alliance for Caregiving and AARP*); and

WHEREAS, the County’s Area Agency on Aging (AAA) Family Caregiver Support Program and valuable community-based agencies, including Alzheimer’s Disease and Related Disorders Association, Choice in Aging, Family Caregiver Alliance, Jewish Family & Community Services, Meals on Wheels Diablo Region, and Pacific Clinics, partner with Contra Costa County Employment and Human Services Department to help support unpaid informal and family caregivers in our County.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Contra Costa County does hereby proclaim November 2023 as “Family Caregivers Month,” in Contra Costa County, and encourages all residents to honor family caregivers who work tirelessly to meet the needs of their loved ones.

PASSED by a unanimous vote of the Board of Supervisors members present this 28th day of November 2023.



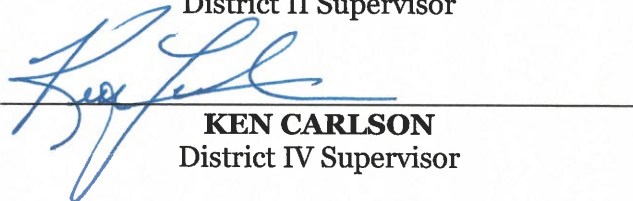
JOHN GIOIA
Chair,
District I Supervisor



CANDACE ANDERSEN
District II Supervisor



DIANE BURGIS
District III Supervisor



KEN CARLSON
District IV Supervisor



FEDERAL D. GLOVER
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: November 28, 2023

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By  Deputy