



## AGENDA

### CONTRA COSTA COUNTY Advisory Council on Aging

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Monday, April 13, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.  
Corner Conference Room

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**Health and Elder Abuse Prevention Committee**  
<https://cccouny-us.zoom.us/j/83870526995>

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 2950 Buskirk Avenue, Suite 330 Walnut Creek | 400 El Cerro Blvd., Danville | 111 Civic Drive, Hercules | 366 Caroni St., Walnut Creek | 130 Linhares Lane, Alamo

1:00 Open meeting: Dr. Mike Wener, Chairman

Roll call (Dixie Peralta)  
Adopt Today's Agenda

1:05 Approve March 2026 Minutes

Health Committee Meeting Minutes 03.09.26

[26-1427](#)

1:10 Member Reports:

- Nutrition
- Elder Wellness & Advocacy Coalition- Carol
- Medi-Cal- Brian

1:25 Presentation- Mary Blumberg, Deputy District Attorney, Elder Abuse Unit Supervisor

1:55 Break

2:00 California Master Plan on Aging Goal 2: Health Reimagined Master Plan for Aging  
<https://mpa.aging.ca.gov/Goals/2/>

2:15 Community Presentations

- Invited Speaker
- Senior Center List

Invited Speaker (tracking) | Senior Center List

[26-1428](#)

2:20 Discussion: Open

2:25 Public Comment

Next Health &amp; Elder Abuse Prevention Committee Meeting:

- Wednesday, May 11, 2026 1:00pm – 2:30pm

2:30 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at [www.contracosta.ca.gov](http://www.contracosta.ca.gov). If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or [cugaitafa@ehsd.cccounty.us](mailto:cugaitafa@ehsd.cccounty.us)



# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 26-1427

**Agenda Date:** 4/13/2026

**Agenda #:**

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**Advisory Council on Aging:**

Health and Elder Abuse Prevention Committee Meeting Minutes 03-09-2026



# CONTRA COSTA COUNTY

## Committee Meeting Minutes - Draft

### Advisory Council on Aging

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Monday, March 9, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.  
Corner Conference Room

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Health and Elder Abuse Prevention Committee  
<https://cccounty-us.zoom.us/j/83870526995>

#### PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 2950 Buskirk Avenue, Suite 330 Walnut Creek | 130 Linhares Lane, Alamo | 400 El Cerro Blvd., Danville | 111 Civic Drive, Hercules | 366 Caroni St., Walnut Creek

1:00 Open meeting: Dr. Mike Wener, Chairman  
- Call to Order: The meeting was called to order at 1:03 pm.

Roll call (Dixie Peralta)  
Adopt Today's Agenda

**Present** Holly Frates, Sarah Green, Thomas Lang, Sharon Maxwell, Brian O'Toole, Carol Schaefer, Susan Wright, Teresa Wright, Michael Wener, Dennis Yee, and Deborah Wiener

**Excused** Alan Goldhammer

**Absent** Nikki Lopez, and Terri Tobey

1:05 Approve February 2026 Minutes

**Motion:** Lang

**Second:** Maxwell

**Aye:** Frates, Green, Lang, Maxwell, O'Toole, Schaefer, Wener, Yee, and Wiener

**Absent:** Lopez, and Tobey

**Abstain:** Wright, and Wright

**Result:** Passed

Health Meeting Minutes 02-09-26

[26-873](#)

## 1:10 Member Reports:

- Nutrition- Sarah reported on Trio visit. Discussion about upcoming bills that will be on ballot. Caitlin gave an update at General meeting in February.
- Elder Wellness & Advocacy Coalition- Carol
  - 2nd W, 2:00-3:30 pm, presentation on advocacy from Debbie Toth
- Medi-Cal- Brian- Brian on updates to Medi-Cal
  - Process is ongoing, including redeterminations and the of checking assets
  - Work requirements
  - Available for a presentation

1:25 Presentation- Deborah Wiener, “The Hidden Wounds of Elder Financial Abuse”

1:55 Break

2:00 California Master Plan on Aging Goal 2: Health Reimagined Master Plan for Aging - <https://mpa.aging.ca.gov/Goals/2/>

- Cristina gave a quick review on what’s available for Goal 2 on the MPA online
- Cristina to include the link on the agenda for next meeting

2:15 Community Presentations

- Thomas developed spreadsheets to track presentations- list of who is presenting, when they’re presenting, organizations, conflicts of interest
- Will add the spreadsheets to the minutes
- Add as an agenda topic for a future meeting

2:20 Discussion

- Committee members discussed at ACOA Exec- maximum number of members was decided to be 13

2:25 Public Comment

- None

Next Health & Elder Abuse Prevention Committee Meeting:

- Wednesday, April 13, 2026 1:00pm – 2:30pm

2:30 Adjourn

- Meeting adjourn at 2:32PM

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or [cugaitafa@ehsd.cccounty.us](mailto:cugaitafa@ehsd.cccounty.us)



# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 26-1428

**Agenda Date:** 4/13/2026

**Agenda #:**

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### Advisory Council on Aging:

- Invited Speaker
- Senior Center List



CENTER	CONTACT	EMAIL
El Cerrito Senior Center	Carol Kehoe	<a href="mailto:CarolKehoe@yahoo.com">CarolKehoe@yahoo.com</a>
Alcosta Senior & Community Center/San Ramon	Suzy Chow	schow@sanramon.ca.gov
Concord Senior Center	Habad Ahmad	habad.ahmad@cityofconcord.org
The Good Table/El Sobrante CA	Rev Melinda Mclain	melinda@the-good-table.org
Sakura Kai (Japanese-American Senior Org)	Joyce Kawahata	joycka@yahoo.com
Lafayette Senior Services	Molly Cohen	MCohen@ci.lafayette.ca.us