Application Form

Profile				
Diana		LaCharm		
Bianca First Name	Middle	LaChaux Last Name		
	Initial			
Home Address			Suite or Apt	
Hercules			CA	94547
City			State	Postal Code
Primary Phone				
rimary ritorie				
Email Address				
District Locator Tool				
Resident of Supervisorial	District:			
District 5				
Inspiring Communities Employer	Director Job Title	, Community Health		
Length of Employment	•			
8 years				
Do you work in Contra Co	sta Coun	ty?		
⊙ Yes ○ No				
If Yes, in which District d	o you woı	rk?		
district 1				
How long have you lived	or worked	d in Contra Costa (County?	
26 years				
Are you a veteran of the	U.S. Arme	ed Forces?		
○ Yes ⊙ No				
Board and Interest				
Which Boards would you	like to ap	ply for?		

African American Holistic Wellness and Resource Hub Transitional Community Advisory

Submit Date: Sep 12, 2025

Bianca LaChaux

Board: Submitted

Seat Name
Member
Have you ever attended a meeting of the advisory board for which you are applying?
○ Yes ⊙ No
If Yes, how many meetings have you attended?
Education
Select the option that applies to your high school education *
College/ University A
Name of College Attended
University California, Berkeley
Degree Type / Course of Study / Major
BA, Social Welfare
Degree Awarded?
⊙ Yes ⊙ No
College/ University B
Name of College Attended
Touro University International
Degree Type / Course of Study / Major
MS, Health Education,
Degree Awarded?
⊙ Yes ⊙ No
College/ University C
Name of College Attended
Degree Type / Course of Study / Major

Degree Awarded?
○ Yes ○ No
Other Trainings & Occupational Licenses
Other Training A
Master Certified Health Education Specialist
Certificate Awarded for Training?
⊙ Yes ◌ No
Other Training B
Certificate Awarded for Training?
○ Yes ○ No
Occupational Licenses Completed:
Qualifications and Volunteer Experience
Please explain why you would like to serve on this particular board, commitee, or commission.
To become an integral part of a team focused on reducing health disparities and increase access to health care through a cultural lens, based on data that reflects and supports the intrinsic needs African Americans in Contra Costa County.
Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)
resume attached
Upload a Resume
Would you like to be considered for appointment to other advisory bodies for which you may be qualified?
⊙ Yes ♂ No
Do you have any obligations that might affect your attendance at scheduled meetings?
○ Yes ⓒ No
If Yes, please explain:

Are you currently or have you ever been appointed to a Contra Costa County advisory board?
⊙ Yes ⊙ No
If Yes, please list the Contra Costa County advisory board(s) on which you are currently serving:
If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:
workforce development board
List any volunteer or community experience, including any advisory boards on which you have served.
Conflict of Interest and Certification
Do you have a familial or financial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed under the "Important Information" section below or Resolution No. 2021/234)
○ Yes ⊙ No
If Yes, please identify the nature of the relationship:
Do you have any financial relationships with the County such as grants, contracts, or other economic relationships?
⊙ Yes ○ No
If Yes, please identify the nature of the relationship:
Inspiring Communities (employer) is contracted community provider for Diabetes Education services and Community Health Worker
Please Agree with the Following Statement
I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and undersand that all information in this application is publicly accessible. I understand that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.
☑ I Agree

Important Information

- 1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
- 2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
- 3. Members of certain boards, commissions, and committees may be required to: (1) file a Statement of Economic Interest Form also known as a Form 700, and (2) complete the State Ethics Training Course as required by AB 1234.
- 4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
- 5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
- 6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
- 7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships:
 - (1) Mother, father, son, and daughter;
 - (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter;
 - (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
 - (4) Registered domestic partner, pursuant to California Family Code section 297;
 - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
 - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

Bianca I. La Chaux, M.S.,

ercules, CA 94547 •

- Strengths include:
- Problem Solving and Consensus Building
- Strategic Leadership
- Collaboration Internal/ External
- Use of Data to inform practice
- Program Development and Implementation * Professional and Volunteer Relationships
 - * Interpersonal Communications
 - * Fiscal Management and Sustainability
 - * Results Driven

PROFESSIONAL EXPERIENCE

Director, Community Health,/Lifestyle Coach Inspiring Communities, March 2009-current

- Program director is responsible for the Community Health Worker, and Diabetes program, meeting regulatory requirements. Director is responsible for developing and implementing the continuous quality improvement process, and contract compliance with Health Agencies.
- Master Certified Health Educator, lead/trained all evidence-based health programs including, asthma education, diabetes education, tobacco cessation and other chronic disease programs.
- Design, develop implement and evaluate health education programs
- Provide Case Management, assist with initial Social Determinants of Health assessments for participants of Diabetes Programs.
- Assist participants with treatment plans and follow up to ensure action plans are monitored
- Maintains program personnel files and ensure that program staff meet their annual training requirements
- Program Coordinator maintains the program staff job descriptions and ensure that any staff member participating in DSMT meets the qualifications of their respective position, as defined by their specific job description

YMCA of the East Bay

Executive Director - West Contra Costa YMCA Community Schools Director

May 2018- Feb 2019 April 2007- May 2018

- Responsible for leading the coordination, development and implementation of School-Based programs include health services and extended learning programs- 2008-2018
- Instrumental in supporting the Community Schools efforts for West Contra Costa Unified School District as member of the strategic team beginning in 2008
- Developed and sustained positive relationships with stakeholders
- Facilitated planning sessions among diverse senior management teams to achieve goals and selected strategies
- Work with school district Administration and staff to build a coherent system of health services provision district-wide
- Developed systems to ensure seamless integration of services
- Serve as liaison among internal and external clients, school/district staff and community
- Conduct weekly, monthly and quarterly meetings with community members and School-Based providers
- Provided support to Parent and Student Advisory groups
- Supervision of Multi-Disciplinary team including, mental health staff, health educators (clinical and non-clinical), case managers, after school program staff, parent and student liaison.
- Single point of contact for partner MOU and provider contracts.
- Develop instruments to monitor/evaluate program outcomes,
- Conducting needs assessments, and tools for program evaluation

- Design and install consumer based data centers and software programs
- Support 15 area sales engineers with implementation and design
- Contract preparation (MOU's), and site surveys
- Serve as point of escalation for complaint resolution with C level clients
- Preparing a variety of materials including letters, memoranda, confidential reports, spreadsheets and other types of correspondence and reports.
- Developing and presenting business needs analysis findings to client companies.
- Evaluating and identifying the root cause of diverse groups of problems and providing corrective action recommendations.
- Providing operations analysis and diagnostics, resource alignment, execution of defined strategies and actions to ensure desired results are achieved.
- Directing project management coordination for the implementation of technical and non-technical projects and programs.

PROFESSIONAL AFFILIATIONS & CERTIFICATIONS

Certification – National Commission for Health Education (MCHES)

Member APHA American Public Health Association

Member- Bay Area Nutrition and Physical Activity Collaborative

Board Member Contra Costa County Workforce Investment Board 2004-2008

County Youth Council Member Contra Costa County Workforce Investment Board 2004-2008

Member- California After School Network, Physical Activity and Nutrition Committee

EDUCATION

Touro University

Master of Science Degree • Health Education

University of California, Berkeley

Bachelor of Arts Degree • Social Welfare