



CONTRA COSTA COUNTY

AGENDA

Los Medanos Health Advisory Committee

Tuesday, July 14, 2026

5:00 PM

Los Medanos Conference Room
2311 Loveridge Rd. Pittsburg, CA 94565

ZOOM Link:

<https://us02web.zoom.us/j/82859010573>

Agenda Items: Items may be taken out of order based on the business of the day and preference of the Committee

1. Roll Call and Introductions
2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two minutes).
3. RECEIVE and APPROVE LMHAC 5.12.26 Meeting Minutes [26-2356](#)
Attachments: [LMHAC.MeetingMinutes.5.12.26](#)
4. RECEIVE Staff Report on the LMHAC Work Group Updates [26-2357](#)
5. RECEIVE Staff Report LMHA Grant and Garden Program Update [26-2358](#)
Attachments: [June LMHA Community Edition](#)
[July LMHA Community Edition](#)
6. RECEIVE LMHA Partner Presentations [26-2359](#)

The next meeting is currently scheduled for August 11, 2026 at 5PM.

Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at Los Medanos Conference Room 2311 Loveridge Rd. Pittsburg, CA 94565, during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact: Denise.Milosevich@cchealth.org



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2356

Agenda Date: 7/14/2026

Agenda #: 3.

Advisory Board: Los Medanos Health Advisory Committee

Subject: RECEIVE and APPROVE LMHAC 5.12.26 Meeting Minutes

Presenter: Denise Milosevich

Contact: Denise.Milosevich@cchealth.org

Information:

County Ordinance requires that each County body keep a record of its meetings. Though the record not need to be verbatim, it must accurately reflect the agenda and the decisions made in the meeting. Attached is the Record of Action for the Los Medanos Health Advisory Committee for May 12th, 2026.

Recommendation(s)/Next Step(s):

RECEIVE and APPROVE LMHAC 5.12.26 Meeting Minutes

CONTRA COSTA COUNTY

*1025 ESCOBAR STREET
MARTINEZ, CA 94553*



Committee Meeting Minutes - Draft

Tuesday, May 12, 2026

5:00 PM

**Los Medanos Conference Room
2311 Loveridge Rd. Pittsburg, CA 94565**

ZOOM Link: <https://us02web.zoom.us/j/82859010573>

Los Medanos Health Advisory Committee

1. Roll Call and Introductions

Present

Dionne Adams, Emily Gerber, Arlene Kobata, Lloyd Mason,
Dennisha Marsh, and Saima Shah

2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two minutes).

No public comment.

3. RECEIVE and APPROVE LMHAC 4.14.26 Meeting Minutes

[26-2079](#)

Attachments: [LMHAC.Meeting Minutes_4.14.26](#)

Minutes approved with minor edits.

The LMHAC Chair, Dennisha Marsh, requested some statements from advisory members be reflected in the minutes. To ensure accurate record-keeping, LMHAC members stated that they will notify staff when they want their individual comments or rationale explicitly noted in the official minutes for record.

This Discussion Item was approved.

Motion: Shah

Second: Mason

4. INTRODUCE: Dionne Adams, Mayor of Pittsburg

[26-2080](#)

Mayor Dionne Adams was introduced and provided an overview of her professional experience in public policy, regulatory practice, inclusion, and regional board service. Mayor Dionne expressed a strong interest in supporting the committee's work through an equity-focused perspective.

This Discussion Item was received.

5. RECEIVE LMHAC Conflict of Interest Form & Policy 2026 Information

[26-2081](#)

Attachments: [LMHAC Conflict of Interest Policy_2026](#)

Erica McWhorter, LMHAC Consultant, introduced a formal policy governing conflict of interests for all LMHAC members to review and provide a signature of understanding to keep on record. The conflict of interest form, a complement to Form 700, is an essential for defining an advisory board overseeing grants ensures impartial, ethical, and transparent decision-making to disclose financial, professional, or personal affiliations. This policy and its process mitigates risks of fraud, protects the organization's reputation, and upholds public trust, essential for compliance with legal regulations. LMHAC members agreed that transparency and clear guidance are essential.

This Discussion Item was received.

6. CONSIDER LMHAC Budget Policy: Strategic Stewardship Options**[26-2082](#)****Attachments:** [LMHAC Budget Policy Options](#)

Erica McWhorter presented a LMHAC Budget Policy, including strategic stewardship options. As mentioned in its consideration, the purpose of the LMHAC budget policy is to establish a guide and a structure for the LMHA grants administration as part of the improvement and formalization processes for strengthening fiscal stewardship that facilitates transparency and feasibility of tracking LMHA grant funds. Chair Dennisha Marsh, recommended the LMHAC establish a regular financial report to offer LMHAC members opportunities for offering strategic fiscal informed decision making, when necessary. LMHAC member, Mayor Dionne Adams recommended the Red, Amber, Green (RAG) visual management tool to show the health of budget at a glance. RAG functions like a traffic light to indicate whether financial performance is on track (Green), at risk (Amber), or in need of immediate intervention (Red). While there are revenue and fund management options to consider, the LMHAC Budget Policy will provide opportunities to explore other areas such as spend-down mandate and reserve cap strategies, allocation and award limits, and an annual review process to ensure transparency with annual budget alignment and reporting. More discussion of this policy will be addressed in the LMHA Grant Administrative Workshop meetings.

This Discussion Item was received.

7. RECEIVE Staff Report on the 2026-27 grant cycle

[26-2083](#)**Attachments:**[Los Medanos Quarterly Newsletter](#)
[LMHA. Report Template Fillable](#)

LMHA staff, Denise Milosevich, LMHA Program Manager, and Diana Aleman, LMHA Program Coordinator, provided an update on the 2026-27 LMHA grant status sharing that the 30 contracts have been fully executed. Staff continue to provide email reminders and one-on-one technical support to all contractors to aid in their timely invoice submissions for reimbursement retroactive to January 1, 2026. In addition, all contractors have been emailed the reporting requirements, due dates, and the reporting template for the 2026-27 LMHA grant cycle.

To further strengthen communication and partnership with LMHA contractors, LMHA staff have created a quarterly newsletter for them to learn more about program activities, resources, and upcoming reminders and community events. Minor corrections were made to the newsletter, as recommended by the LMHAC, and the revised version will be resent. Recommendations made by Chair Dennisha Marsh was to limit the newsletter to 2-pages.

LMHA staff are working to update the LMHA webpage on the Contra Costa Health website to improve transparency and engagement by adding information about the 26-27 grant awardees, outline of the LMHA community health priorities, the LMHA advisory and operational roles, and the programs resources to the community. Furthermore, to support and highlight community impact, all contractors have been invited to present their program updates, success, and challenges directly to the LMHAC at a regular scheduled meeting. Presentations will be limited to one to two per month to help staff manage meeting time and agenda capacity.

This Discussion Item was received.

Adjourn

The meeting adjourned at 6:01 P.M.

The next meeting is currently scheduled for June 9, 2026 at 5 PM.

This was approved.



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2357

Agenda Date: 7/14/2026

Agenda #: 4.

Advisory Board: Los Medanos Health Advisory Committee

Subject: RECEIVE Staff Report on the LMHAC Work Group Updates

Presenter: Erica McWhorter

Contact: Denise.Milosevich@cchealth.org

Information:

I. LMHAC Workgroup Updates

a. Grants Administration Workgroup: The goal of this workgroup is to support with planning, implementation, and evaluation of the LMHAC's annual grant competition, ensuring all grant administration aligns with the body's adopted Grant Plan priorities. (*Lloyd Mason, Dennisha Marsh, Arlene Kobata*)

- I. CCH staff and Erica McWhorter met with this group workgroup on April 21st and May 19th, 2026, to facilitate a framework discussion for a revised grant administration. The work group's efforts to improve its efficiency for its grant review process have included discussions on proposed revisions to the grant scoring process to enhance transparency, consistency, and alignment with LMHA health priorities. The workgroups most recent meeting on June 11th continued great discussion and revisions of the LMHA grant program framework, with the core principle of its purpose as a public reinvestment initiative. More explorations are being discussed into implementing a variety of robust funding opportunities that support the evolving needs of the community and address the 5 Health Priorities within the LMHA boundaries. The next meeting for the workgroup is scheduled for July 9th.
- II. CCH staff and Erica McWhorter continue to research recommendations and updates to LMHA RFP process, including the application questions, scoring, and eligibility requirements. To further improve the current RFP process, a review of prior grant applications is currently being conducted to inform future funding and scoring decisions. It is expected that the RFP's budgetary template will be explored to include all funding sources, including requested grant funds and any other secured or pending funding. In addition, CCH staff aims to continue meeting with the Department of Conservation and Development (DCD) to explore alignment between LMHA's work and the Keller Canyon Mitigation Fund, as well as potential future training collaboration opportunities.

- b. Governance & Membership Workgroup:** The goal of this workgroup is to ensure that LMHAC's governing procedures are relevant, effective, and followed, and supports the full body's lifecycle of membership. (*Emily Gerber, Saima Shah, Dennisha Marsh*)
- I. On May 12, 2026, CCH staff member and Erica McWhorter introduced the LMHA Conflict of Interest Policy and Forms, which are expected to be integrated into the annual and new-member orientation processes. Concurrently, CCH staff members and Erica McWhorter are developing all (7) Advisory Member descriptions to clarify member roles, responsibilities, expectations, and advisory engagement. This will be integrated into the annual and new member orientation processes.
 - II. A meeting for this workgroup has not been scheduled at this time. However, CCH staff and Erica McWhorter are developing LMHAC's bylaws and its orientation handbook policies to be implemented and presented to the LMHAC for review. It is expected that this workgroup will begin to meet in July 2026.
- c. Planning Workgroup:** The goal of this workgroup is to provide focused planning, oversight, and recommendations to the full LMHAC regarding the body's operational improvements and strategic transition. (*Arlene Kobata, Open Seat- Dionne Adams(?)*).
- I. A meeting for this workgroup has not been scheduled at this time. It is expected that in the late summer of 2026, CCH Data and Evaluation will provide health data to support and integrate recommendations for health priorities for 2026-2028.
 - II. This workgroup will be responsible for tracking and support troubleshooting of transition and operational improvements of all LMHAC updates and make recommendations to full LMHAC on necessary updates, compliance, issue resolution, and next steps.

Recommendation(s)/Next Step(s):

RECEIVE Staff Report on the LMHAC Work Group Updates



CONTRA COSTA COUNTY

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Staff Report

File #: 26-2358

Agenda Date: 7/14/2026

Agenda #: 5.

Advisory Board: Los Medanos Health Advisory Committee
Subject: RECEIVE Staff Report LMHA Grant and Garden Program Update
Presenter: Denise Milosevich and Diana Aleman
Contact: Denise.Milosevich@cchealth.org

Information:

LMHA staff, Denise Milosevich Program Manager, and Diana Aleman, LMHA Program Coordinator have implemented a NEW monthly *LMHA Connection: Community Edition* newsletter to serve as a platform for all LMHA funded contractors to share resources, events, job announcements, and opportunities for engagement.

In addition to the LMHA quarterly and monthly newsletters, LMHA staff have invited all funded LMHA contractors to present to the LMHAC to provide updates on their programs, share accomplishments, and discuss the impact of their funded activities with the LMHA community. Below is the current pending list of upcoming presenters (please note this schedule may change):

Agency / Organization	Date
Meeting Cancelled	Tuesday, June 9
Loaves and Fishes	Tuesday, July 14
NAMI Contra Costa	Tuesday, July 14
St. Vincent de Paul - RotaCare	Tuesday, August 11
St. Vincent de Paul - Food Pantry	Tuesday, August 11
Hijas del Campo	Tuesday, September 8
People Who Care	Tuesday, September 8
Opportunity Junction	Tuesday, October 13
Cypress Resilience	Tuesday, October 13
The Bay Compassion	Tuesday, November 10
Family Justice Center	Tuesday, November 10
Mt. Diablo Unified School District	Tuesday, December 8
Full Circle of Choices	Tuesday, December 8

LMHA staff has updated the LMHA webpage on the Contra Costa Health website to improve transparency and engagement by adding information about the 26-27 contract awardees, outline of the LMHA community health priorities, the LMHA advisory and operational roles, and the program resources to the greater community.

The LMHA Community Garden has been progressing smoothly this quarter, with continued interest and a

waitlist for new gardeners. A garden workday has been organized where participants work together to maintain, improve, and cultivate the LMHA garden. Its purpose has shown that it extends beyond gardening but it also promotes community engagement, education, and wellness.

In addition, LMHA staff continue to host educational workshops with the University of California (UC) Master Gardeners every fourth Saturday of the month, which we have now opened to the public. These workshops have offered valuable learning opportunities and strengthened community engagement, with the UC Master Gardeners leading hands-on garden educational workshops, while CalFresh Healthy Living, UCCE Contra Costa County provide evidence-based nutrition education that focuses on healthy eating and gardening.

The next LMHA garden educational workshop is scheduled for July 25 at 10:00 a.m. Lastly, the garden deck was removed in June, due to safety concerns, and LMHA staff are exploring replacement options that will enhance safety, functionality, and good use of the space.

Recommendation(s)/Next Step(s):

RECEIVE Staff Report LMHA Grant and Garden Program Update

LOS MEDANOS HEALTH AREA CONNECTION

COMMUNITY EDITION

JUNE 2026

UPCOMING COMMUNITY EVENTS



Event: Founders Dinner – Bridge Builder University

Date: June 20, 2026, 6PM – 9PM

Event Information: Silent auction, live music, dinner, and inspirational speakers supporting student scholarships. [Info Flyer Here](#)

LOCAL RESOURCES

Organization: St. Vincent de Paul Emergency Food Pantries

Location: 2210 Gladstone Dr, Pittsburg

When: Monday - Friday 9AM - 4PM (Check flyer for additional Locations)

More information: [Info flyer here](#)

Organization: RotaCare Pittsburg Free Medical Clinic at St. Vincent de Paul

Location: 2210 Gladstone Dr, Pittsburg

When: Wednesdays 4PM - 8PM (Appointment Required)

More information: [Info flyer here](#)

Organization: Cypress Resilience Project: Workshops & Training Opportunities

Location: Check flyer for additional details

Promo Code: LMHA

More information: [Workshop flyer here](#) - [Training flyer here](#)



JOB OPPORTUNITIES



Specialty Health Ambassador (SHA) Program – Now Hiring

Paid part-time (approx. 20 hrs./week), 1–2 year program.

Application Period: May–June 19, 2026; Program begins July 2026.

Seeking community members with lived experience to support individuals and families with IDD.

To apply, email your resume to SHA@fullcircleofchoices.org.

YOUR INPUT MATTERS: TAKE OUR COMMUNITY HEALTH SURVEY

What matters most to you about health in Contra Costa?

Your voice can help shape future public health programs and services.

Please click on this survey (contracostatogether.org) and share with your staff, clients, partners, and community networks. It's available in 16 languages.

SCAN ME



LOS MEDANOS HEALTH AREA CONNECTION

COMMUNITY EDITION

JULY 2026

SUMMER HAS ARRIVED

As we welcome the sunny days of July, we're excited for a season filled with new opportunities to gather, connect, and continue our shared progress. This month also brings the 250th anniversary of Independence Day—a meaningful moment of reflection for communities across the nation. Wishing everyone a healthy and vibrant start to the summer season!

ACKNOWLEDGEMENTS



As we move into July, we'd like to reflect and honor two important June celebrations: **Pride Month** and **Juneteenth**. Each serves as a powerful reminder of the continued work toward equality, inclusion, and collective progress.



UPCOMING COMMUNITY EVENT

Supervisor Shanelle Scales-Preston Presents:

Bay Point Community Resource Fair

Location: Ambrose Community Center, 3105 Willow Pass Rd, Bay Point

When: Saturday, July 25 | 10 AM - 2 PM

Tabling & Volunteer Opportunities are Available

For more information: [Info flyer here](#)

SHAPE FUTURE TRANSPORTATION IN CONTRA COSTA!

The Contra Costa Transportation Authority (CCTA) delivers countywide transportation improvements, including smarter roads, street repairs, bike and pedestrian overcrossings, and safer routes to school. This summer, CCTA is partnering with **Full Circle of Choices** to hear from people who live, work, study, and travel in the county.



Take the CCTA Summer Listening Survey
for a chance to win one of five
\$100 Visa gift cards.



REMINDER: MID-YEAR PROGRESS REPORT DUE

A reminder that the LMHA **Mid-Year Report is due on July 15**. This report helps us capture progress, highlight accomplishments, and identify any support you may need for the remainder of the year. Please be sure to use the [template provided](#) when completing your submission.



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2359

Agenda Date: 7/14/2026

Agenda #: 6.

Advisory Board: Los Medanos Health Advisory Committee

Subject: RECEIVE LMHA Partner Presentation(s)

Presenter: Gigi Crowder, NAMI and Nick Wilson, Loaves and Fishes

Contact: Denise.Milosevich@cchealth.org

Information:

LMHA funded partners are invited to share with the LMHAC their programs, accomplishments, and impact of their work within the LMHA community. These presentations provide an opportunity to learn about innovative initiatives, celebrate successes, and gain insight into how collaborative partnerships are addressing community needs and advancing the LMHA's health priorities.

Presenters:

NAMI Contra Costa will present an overview of their "Building Mental Health Friendly Faith Communities" funded project.

The presentation is presented by Gigi Crowder and will highlight NAMI Contra Costa's project and activities that aim to build community and promote mental health awareness leading to creating safe culturally responsive spaces for individuals seeking non-clinical support. NAMI's approach is designed to reduce stigma and equip participants with the tools needed to better navigate the behavioral system.

Loaves and Fishes will present an overview of their "Nourishing Lives Program" funded project.

The presentation is presented by Nick Wilson and will highlight Loaves and Fishes' project activities that aim to reduce food insecurity and improve nutritional health for low-income residents in the Los Medanos Health Area by providing free daily hot meals, fresh groceries, mobile meal outreach, and coordinated nutrition support.

Recommendation(s)/Next Step(s):

RECEIVE LMHA Partner Presentation(s)