



AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Wednesday, August 19, 2026

10:00 AM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Membership/Nominating Committee
<https://cccouny-us.zoom.us/j/89149743965>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. The public may attend this meeting in person at the above location.

12:15 Welcome – Kathryn Monroy Dexter, Membership Chair

12:18 Approval of June 2026 Minutes

Membership Committee Meeting Minutes 06-17-26

[26-3522](#)

12:20 Advisory Council on Aging (ACOA) Quorum /Attendance of ACOA Meetings, Committees & Workgroups

- ACOA Quorum
- Attendance Tracker
- Resignations
- Leave of Absence (LOA) Requests
- Membership Requirements Update (Brown Act, Ethics Training, and new Implicit Bias)
- Orientation Update/Tracker
- Filling Vacant Seats

12:30 Welcome Nominating Committee Members and New Membership Committee Members

12:35 Instruction on Nomination Process for Council Officers

1:00 New Member Orientation Debrief

1:15 Buddy Program updates review

ACOA Buddy Program

[26-3524](#)

1:25 ACOA Brochure

ACOA Brochure

[26-3523](#)

1:50 Consent Items

1:55 Executive Committee Action Items

1:57 Public Comment

Next Membership Committee Meeting:

- Wednesday, September 16, 2026 12:15pm – 2:00pm

2:00 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting

For Additional Information Contact:

Jenny Lam at 925 655-0773 or jlam@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3522

Agenda Date: 8/19/2026

Agenda #:

Advisory Council on Aging:

Membership Committee Meeting Minutes 06-17-26



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Wednesday, June 17, 2026

12:15 PM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Membership/Nominating Committee
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12:15 Welcome – Kathryn Monroy Dexter, Membership Chair

- Call to Order: Kathryn Monroy Dexter called the meeting to order at 12:18 pm p.m.

Present Jill Kleiner, Thomas Lang, Kathryn Monroy-Dexter, and Lorna Van Ackeren

Absent Deborah Wiener

12:17 Approval of May 2026 Minutes

This was approved.

Motion: Lang

Second: Van Ackeren

Aye: Kleiner, Lang, Monroy-Dexter, and Van Ackeren

Absent: Wiener

Result: Passed

Membership Committee Meeting Minutes 05-20-26

[26-2586](#)

12:20 Advisory Council on Aging (ACOA) Quorum /Attendance of ACOA Meetings, Committees & Workgroups

- ACOA Quorum:
 - 27 ACOA members were present, and quorum was established
- Attendance Tracker
 - Members with two or more absences discussed
 - Nikki Lopez currently has two absences
- Resignations
 - None at this time.
- Leave of Absence (LOA) Requests
 - Gerry La Londe Berg: 6/17/2026
- Membership Requirements Update (Brown Act, Ethics Training, and new Implicit Bias)
 - Roger Boaz: Brown Act, Ethics Training, and new Implicit Bias overdue
- Buddy Program Updates
 - Sean Barry: Kathryn to check in with Sean
 - Faith Gaither Davis: Indy Sekhon
- Orientation Update/Tracker
 - Orientation will be scheduled for 7/24 at 1:00 pm at 500 Ellinwood Way Boardroom A/B
 - Send “Save the Date” email to members need to attend orientation
 - Update Power Point and add ACOA slide
- Filling Vacant Seats
 - Pending Approval:
 - City of Clayton: Anita Stranik submitted to Family Human Services (FHS) Committee for approval. Will be forwarded to the Board of Supervisors for approval thereafter.
 - City of Richmond: Bryan Harris, approved by the FHS Committee on 6/8/2026. Application will be forwarded to the BOS for approval.
 - Vacant City Seats
 - City of San Pablo
 - City of San Ramon
 - City of Pinole
 - City of Walnut Creek
 - City of Orinda
 - Vacant Member at Large Seat
 - MAL #2 - Shirley Krohn
 - Submitted resignation packet to the Contracts Unit for processing will require BOS approval to vacate seat.

- Membership Committee to determine who to promote to Alternate Member to MAL seat.
- Membership Committee to determine which waitlisted individual to appoint as Alternate Member

- Schedule ACOA presentation at Pinole Senior Center in hopes of recruiting a City of Pinole representative.

12:30 ACOA Candidate Interview: Fernando Hernani

- ACOA Candidate interviewed.

Hernani, Fernando (ACOA) 04-20-26

[26-2588](#)

12:50 Discuss ACOA Candidate

- ACOA Candidate discussed

1:20 New Member Buddy Program Document

- New Member Buddy Program document reviewed and revisions suggested Committee.

ACOA New Member Buddy Program Revised 09.01.2025

[26-2587](#)

1:30 Membership Committee Goals

- Membership Committee goals discussed.

PSA 7 APU Goals and Objectives

[26-2589](#)

1:50 Consent Items

- Gerry La Londe Berg LOA Request: 6/17/2026

1:55 Executive Committee Action Items

- Gerry La Londe Berg LOA Request: 6/17/2026

1:57 Public Comment

- None

Next Membership Committee Meeting:

- Wednesday, August 19, 2026 12:15pm – 2:00pm
- Please note: The Membership Committee will not meet in July

2:00 Adjourn - The meeting was adjourned at 1:52 p.m.

For Additional Information Contact:

Jenny Lam at 925 655-0773 or jlam@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3524

Agenda Date: 8/19/2026

Agenda #:

Advisory Council on Aging:

ACOA Buddy Program

ACOA Buddy Program

Purpose

Support new ACOA members during their first 4–6 months by providing a welcoming, knowledgeable point person.

Buddy Appointment

- Buddies are appointed by the President or Membership Committee Chair.
- Newer members generally do not serve as Buddies during their first year.
- All ACOA members are expected to serve as a Buddy at some point during their tenure.

Buddy Responsibilities

Initial Connection

- The Membership Committee Chair typically introduces the Buddy and new member by email.
- After the introduction, the Buddy reaches out proactively to welcome the new member.
- Exchange contact information and identify preferred communication methods (text, email, phone, Zoom).

First Conversation (Within One Month)

- Schedule a first conversation by phone, Zoom, or in person.
- Learn about the new member's interests and answer questions about the ACOA.

Ongoing Support

- Encourage exploration of ACOA committees.
- Remind the new member that they are expected to join at least one committee within six months.
- Help connect them with members who share similar interests.

Meeting Check-Ins

- Check in with your Buddy at meetings (in person or Zoom) to ensure they feel supported.
- Offer post-meeting check-ins and determine how often they prefer these.

Getting Help

- If you don't know an answer, contact:
 - Jenny Lam at (925) 655-0773 or jlam@ehsd.ccounty.us or the Membership Committee Chair



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3523

Agenda Date: 8/19/2026

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Advisory Council on Aging:

ACOA Brochure

Background

The Contra Costa County Advisory Council on Aging (ACOA) facilitates countywide planning, cooperation and coordination for individuals and groups interested in improving and developing services and opportunities for older residents. The ACOA provides leadership and advocacy on behalf of older persons and serves as a channel of communication and information on aging issues. The ACOA, whose members are appointed by the Board of Supervisors, is advisory to the Board and to the Area Agency on Aging.

The ACOA is one facet of the Area Agency on Aging (AAA) or Planning Services Area 7 (PSA 7) in California. There are 33 PSAs in the state. The California Department on Aging in Sacramento administers the Older Americans Act (OAA) throughout the state through the PSAs. Area Agencies on Aging are mandated by the OAA.

Roles of the ACOA are:

- 1. *Planning and Evaluation*
- 2. *Communication, Education and Information*
- 3. *Initiate, Monitor and Support Legislation Affecting the Aging Population*
- 4. *Advisory to the Area Agency on Aging*

1 in 5 residents of Contra Costa County are aged 60 and over

The ACOA meets ten times/year on the third Wednesday of the month from 9:30 a.m. until 11:30 a.m. at 500 Ellinwood Way, Board Rooms A&B, in Pleasant Hill. The Council recesses in either July or August and in November each year.

The ACOA complies with the Brown Act (open meeting law) and/or County of Contra Costa regulations applicable to advisory boards. The ACOA welcomes guests to attend any ACOA, committee or work group meetings. A three-minute public comment allocation is set aside at each ACOA meeting.

Work Groups

(Open membership)

- *Elder Abuse Prevention*
- *Health*
- *Housing*
- *Legislative*
- *Transportation*

Committees

(membership restricted to ACOA members)

- *Executive*
- *Planning*
- *Membership/Nominating*

ACOA Achievements Highlights

Senior Transportation Forum

Elder Abuse Prevention Presentations

Stroke Prevention Awareness

STEMI Heart Protocol

‘Nosy Neighbor’ Campaign

Healthy Nutrition

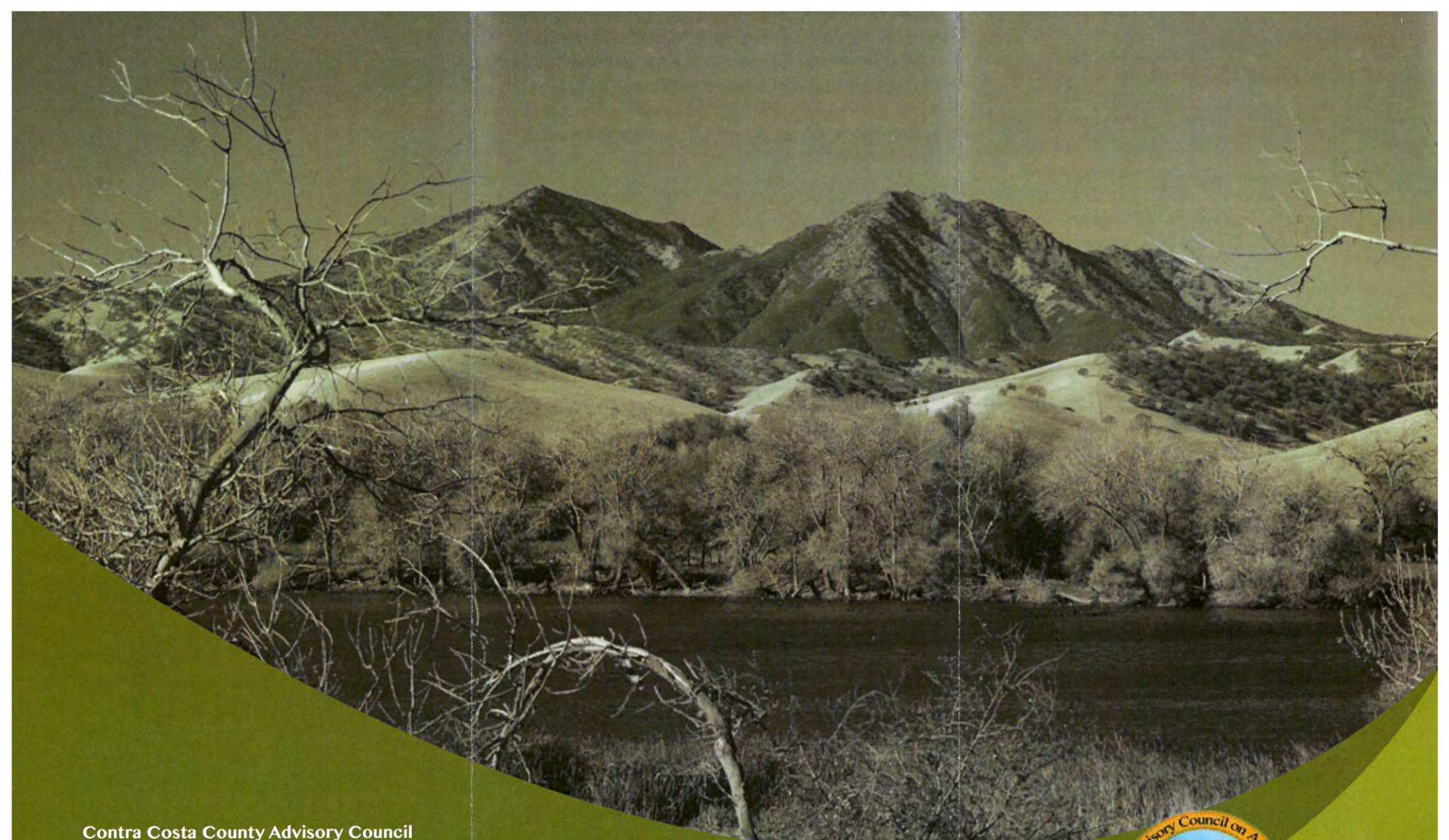
Shared Housing Program

Older Adult / Disabled Adult Legislative Advocacy

Annual Senior Programs Reviews

Older Driver Safety Clinics

Disaster Preparedness Presentations



Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency Plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the council or its individual members do not represent the official position of the County or any of its officers.

Photo: East Face of Mt. Diablo
looking across Marsh Creek Reservoir

ADVISORY COUNCIL ON AGING
Area Agency on Aging
300 Ellinwood Way
Pleasant Hill, California 94523
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**Contra Costa County
Advisory Council on Aging**