



AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Wednesday, October 15, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill, CA
Boardroom

ACOA General Meeting
<https://cccouny-us.zoom.us/j/84280794921>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 130 Linhares Lane, Alamo, CA 94507 | 2756 Lily Court, Antioch, CA 94531 | 14720 Byron Hwy #4, Byron, CA 94505 | 200 Seaview Dr., El Cerrito, CA 94530 | 116 Raven Hill Road, Orinda, CA 94563 | 28 Orinda Way, Orinda, CA 94563 | 150 S 45th St., Community Room, Richmond, CA 94804 | 2950 Buskirk Avenue, Suite 330, Walnut Creek, CA 94597 | 324 El Divisadero Avenue, Walnut Creek, CA 94598 | 445 Deborah Lane, Walnut Creek, CA 94598 | 400 El Cerro Blvd., Danville

10:00 Call to Order/Introductions: Lorna VanAckeren, ACOA President

10:01 Roll Call

10:03 Approval of September 2025 minutes

ACOA General 09-17-25 DRAFT Minutes

[25-4285](#)

Attachments: [ACOA General 09-17-25 DRAFT Minutes](#)

10:05 Area Agency on Aging Report: AAA updates: Alicia Espinoza/Tracy Murray

- West County RFP 1226 Outcomes
- Age-Friendly Campaign Update
- CWDA Budget Updates

10:30 Presentation: In-Home Supportive Services (Alice Dietrich, IHSS Division Manager)

IHSS

[25-4284](#)

Attachments: [IHSS](#)

11:05 Break

- 11:15 ACOA President's Report: Lorna VanAckeren
- SB707
 - Introducing Dr. Colfax
 - ACOA members seeking leadership role in 2026 to provide brief statement
 - 2026 ACOA General meeting speakers
 - ACOA Annual Report due 11/15/25 to AAA Division Manager, Alicia Espinoza (aespinoza@ehsd.cccounty.us)
 - City Rep Reports in December
 - December Potluck
- 11:30 Committee and Workgroup Reports: Chairs (2-3 min each)
- Membership/Nominating: Jill Kleiner/Kathryn Monroy-Dexter
 - Planning: Jill Kleiner
 - Health & Elder Abuse Prevention: Michael Wener
 - Housing: Kevin Donovan
 - Legislative: Shirley Krohn/Steve Lipson - State and Federal Legislation Tracking & Regulation Tracking | BillTrack50
 - Technology: Steve Lipson
 - Transportation: Candace Evans
- 11:50 Regional Coalition Update: Debbie Toth
- 11:55 Consent Items:
None
- 11:56 Public Comment/Announcements (2 min each)
- 11:58 New Business for next meeting:
- Wednesday, December 17th, 2025
 - Please note, the ACOA recesses in November
- 12:00 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

Alicia Espinoza at 925 655-0771 or aespinoza@ehsd.cccounty.us



CONTRA COSTA COUNTY

Staff Report

1025 ESCOBAR STREET
MARTINEZ, CA 94553

File #: 25-4285

Agenda Date: 10/15/2025

Agenda #:



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Wednesday, September 17, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill, CA
Boardroom

ACOA General Meeting

<https://cccouny-us.zoom.us/j/84280794921>

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10:00 Call to Order/Introductions: Lorna VanAckeren, ACOA President

10:01 Roll Call conducted and 28 members qualified to be counted toward a quorum. Therefore, a quorum was established.

Present

Roger Boaz, Chalo Buckman, Deborah Card, Cesar Court, Kevin Donovan, Holly Frates, Marilyn Fowler, Alan Goldhammer, Sarah Green, Michelle Hayes, Carol Kehoe, Denise Kalm, Jill Kleiner, Thomas Lang, Steve Lipson, Sharon Maxwell, Nikki Lopez, Kathryn Monroy-Dexter, Richard Morisky, Brian O'Toole, Inderpit Sekhon, Logan Robertson, Carol Schaefer, Lorna Van Ackeren, Candace Evans, Michael Wener, Dennis Yee, and Deborah Wiener

Excused

Steven Freshman, Sharon Sakai-Miller, and Terri Tobey

Absent

Cate Burkhart, Brock Dubbels, and Shirley Krohn

10:03 Approval of August 2025 minutes

- A minor correction was made to Roger Boaz' name on page 4 of the August minutes.

08.20.25 Draft Minutes

[25-3879](#)

Attachments:

[08.20.25 Draft Minutes](#)

Motion:

Kalm

Second:

Kehoe

Aye: Boaz, Buckman, Card, Court, Donovan, Frates, Fowler, Goldhammer, Green, Hayes, Kehoe, Kalm, Kleiner, Lang, Lipson, Maxwell, Lopez, Monroy-Dexter, Morisky, O'Toole, Sekhon, Robertson, Schaefer, Van Ackeren, Evans, Wener, Yee, and Wiener

Absent: Burkhardt, Dubbels, and Krohn

Result: Passed

10:05 Area Agency on Aging (AAA) Report - Alicia Espinoza, Division Manager, Area Agency on Aging

- The Division Manager gave an update on the status of the Title III C Senior Nutrition West County RFP 1226. Award notification to go out approximately September 26. See attachment for full schedule.

- Area Agency on Aging Acronyms list provided to the ACOA members in the agenda packet.

Title IIIC Senior Nutrition Program West County - RFP 1226 [25-3780](#)

Attachments: [Title IIIC Senior Nutrition Program West County - RFP 1226](#)

Area Agency on Aging Acronyms [25-3900](#)

Attachments: [Area Agency on Aging Acronyms](#)

10:30 Presentation -- Family Justice Center, Nick Weber, Navigator
See slides in agenda packet.

FJC PP-East Purposes [25-3901](#)

Attachments: [FJC PP-East Purposes](#)

11:05 Break

11:15 ACOA President's Report: Lorna VanAckeren

- The President encouraged ACOA members' participation in Town Halls and surveys related to the Community Impact Fund
- ACOA Roster – If you do not want your personal information (cell phone, email, address) shared with ACOA members, please sign the form that is being passed around the room.
- Please sign up to bring something for the December 17th Holiday Potluck (directly after the ACOA meeting).
- At the October meeting, the Nominating Committee will present names of candidates for President, Vice President, and Secretary/Treasurer.
- Jim Donnelly is nominated as ACOA Member Emeritus. It is on the consent calendar today.
- Leave of Absence Form requirement – when requesting a Leave of Absence, please complete the form attached to the agenda packet and submit to Jenny Lam.

ACOA LOA Request Form 2025

[25-3880](#)

Attachments:

[ACOA LOA Request Form 2025](#)

11:30 Committee and Workgroup Reports: Chairs

Membership -- Jill Kleiner

- Orientation for new members held on Sept 9.
- Seven vacant City seats with five pending approvals:
 - > City of Pittsburg
 - > City of Clayton
 - > City of Antioch
 - > City of Pinole
 - > City of Moraga
 - > City of San Pablo and City of San Ramon seats are still vacant
- All Member at Large and Alternate seats are full

Nominating -- Kathryn Monroy-Dexter

- All three positions have candidates, but outreach is ongoing

Planning -- Jill Kleiner

- The Committee reviewed the draft of annual report.
- The Committee is organizing a series of site visits to community agencies. Signup sheet available for visit to Choice in Aging on Oct 22 or Oct 30.

Health & Elder Abuse Prevention -- Michael Wener

- Denise Kalm presented at the last meeting regarding Assisted Suicide.
- "We have good topics".

Housing -- Kevin Donovan

- Alex Wurth, Bay Area Housing Finance Authority, presented re tenant/evictions issues.
- At the October meeting the speakers will be from HOPE Solutions re: affordable housing and Congressman DeSaulnier's office re: federal financing picture

Legislative -- Steve Lipson

- SB 707 – Brown Act revisions – passed both houses of the legis. It is on 10/12 deadline for Gov signature.

Technology -- Steve Lipson

- Working on California Senior Legislature proposal for Older Adult Education provided through Public Health.

Transportation -- Bryan Harris for Candace Evans

- SB 63 \$6 million in funding for transportation is on the Governor's Desk for signature
- On Monday, Nov 17, SMAC will present a senior transportation mobility workshop at the Lafayette Library. Volunteers needed. Reach out to Candace, Bryan, and Thomas if you are available.

11:50 Regional Coalition Update: Debbie Toth

Regional Coalitions are funded by the Scan Foundation and support the California Coalition of Long-Term Services and Supports. They are in partnership to advocate, train, and outreach re: issues of long-term care.

11:55 Consent Items:

Approval

Michael Wener: Vice President 2025 (remainder of the calendar year)

Teresa Wright: Alternate #4

Holly Frates: Member at Large #9 (promoting from Alternate #3)

Gerry La-Londe Berg: Alternate #3

Jim Donnelly: Emeritus member

Motion: Fowler

Second: Robertson

Aye: Boaz, Buckman, Card, Court, Donovan, Frates, Fowler, Goldhammer, Green, Hayes, Kehoe, Kalm, Kleiner, Lang, Lipson, Maxwell, Lopez, Monroy-Dexter, Morisky, O'Toole, Sekhon, Robertson, Schaefer, Van Ackeren, Wener, and Yee

Absent: Burkhart, Dubbels, and Krohn

Abstain: Evans, and Wiener

Result: Passed

11:56 Public Comment

- Saturday, Oct 11 - Disaster Festival in Crockett and Port Costa
- Per FEMA, Contra Costa is in the 99.5 percentile in risk of disaster.
- Thursday, October 9 - Concord Senior Center Fair
- Sunday, Sept 21 - El Sobrante Stroll. Tom Lang is one of the organizers
- Thursday, Sept 25 - Richmond Safety Summit

11:58 New Business for next meeting:

- Wednesday, October 15, 2025. In-Home Supportive Services presentation
- No meeting in November.

12:00 Adjourn:

The meeting was adjourned at 12:00 p.m.

For Additional Information Contact:

Alicia Espinoza at 925 655-0771 or aespinoza@ehsd.cccounty.us



CONTRA COSTA COUNTY

Staff Report

1025 ESCOBAR STREET
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Agenda Date: 10/15/2025

Agenda #:



IN-HOME SUPPORTIVE SERVICES (IHSS)

Presentation for ACOA General Meeting

Alice Dietrich
IHSS Division Manager

adietrich@ehsd.cccounty.us | (925) 655-1212

October 15, 2025

Agenda



Canva

- What is IHSS?
- Eligibility Criteria
- What Services are Available?
- How to Apply?
- Contra Costa IHSS Data
- Recent Program Updates
- Resources

What is IHSS?

- Helps aged, blind and long-term disabled people live in their homes with dignity rather than relying on institutions
- Recipients of IHSS can hire a provider of their choice to help them with personal care services
- IHSS can also provide wages to a provider for protective supervision



IHSS Eligibility Criteria



- 65 or older, blind or long-term disability
- Physically reside in the United States and be a California Resident
- Be approved for Medi-Cal services
- Live in their own home or other dwelling in which they choose to reside
 - acute care hospitals, skilled nursing facilities, and intermediate care facilities are not eligible
- Health Certification form completed by health care provider

What Does IHSS Cover?

Most activities of daily living, such as:

- Cooking
- Grocery Shopping
- Meal Prep and Clean Up
- Medical Appointment Accompaniment
- Spoon Feeding
- Help With Breathing Equipment
- Toileting or incontinence related needs
- Bathing and hygiene
- Dressing
- Medication Management
- Tooth, Nail and Hair care
- In some circumstances, protective supervision, one-time heavy cleaning or one-time yard hazard abatement



What does IHSS Not Cover?



- Moving Furniture
- Paying Bills
- Reading mail to you
- Caring for Pets
(including service animals)
- Gardening
- Repair Services
- Social Outings
- Sitting to visit or watch TV

How to Apply?

Contact
1-800- 510-2020

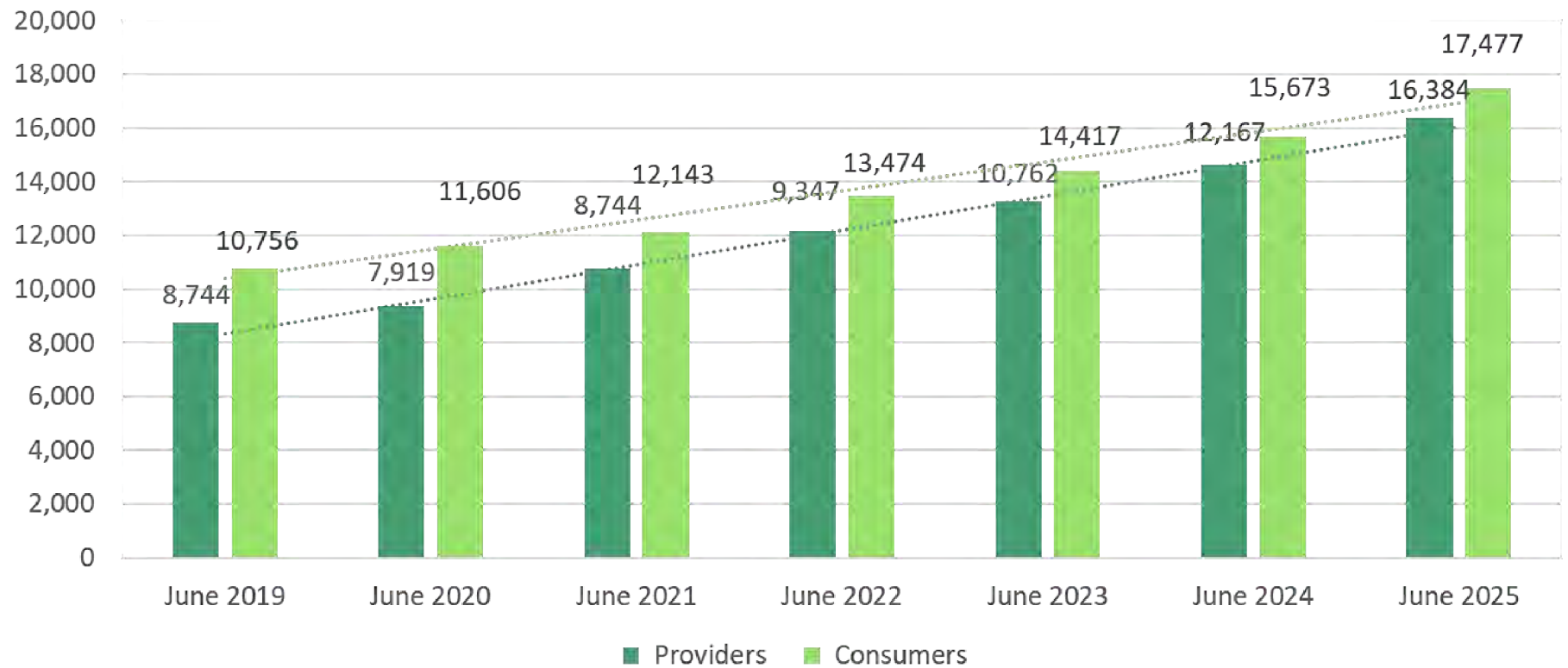
This number is staffed during business hours (Monday-Friday) and messages can be left after 5 p.m. or on weekends

Anyone can make a referral. All contacts are referrals until the county has contacted the individual or their AR to determine whether the individual is interested in applying.

Application will be sent to a Social Worker who will schedule a home visit.



In-Home Supportive Services Providers & Caseload Trends



Source: CMIPS and Care Tracker

CONTRA COSTA COUNTY
EMPLOYMENT & HUMAN SERVICES

IHSS Recipients by Age Group

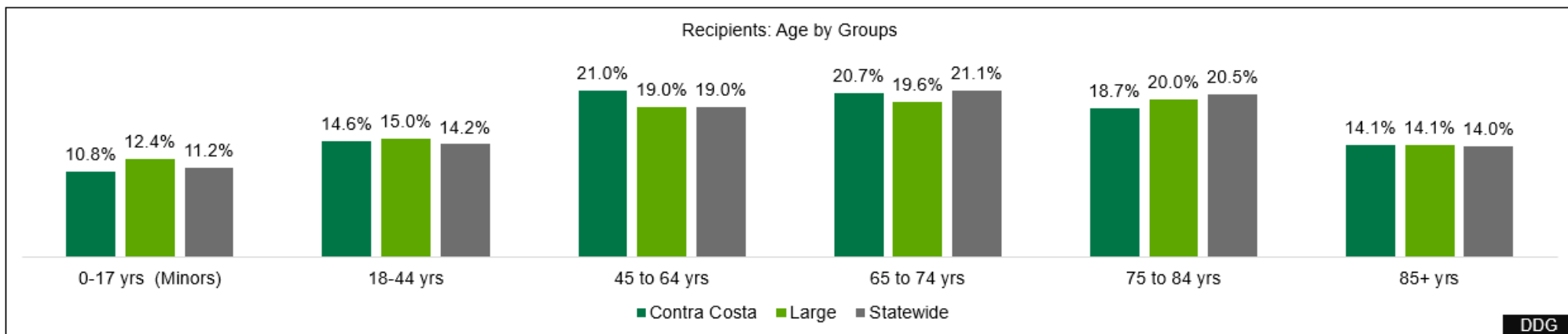


Table 1: Recipients: Age by Groups												
Recipients & Percentage (%) of Total Recipients												
	0-17 yrs (Minors)		18-44 yrs		45 to 64 yrs		65 to 74 yrs		75 to 84 yrs		85+ yrs	
Contra Costa	1,902	10.8%	2,583	14.6%	3,714	21.0%	3,655	20.7%	3,306	18.7%	2,485	14.1%
Large	4,210	12.4%	5,095	15.0%	6,469	19.0%	6,674	19.6%	6,799	20.0%	4,815	14.1%
Statewide	97,918	11.2%	123,877	14.2%	165,354	19.0%	183,698	21.1%	178,843	20.5%	121,636	14.0%

<11 indicates a value of 10 or less within the county

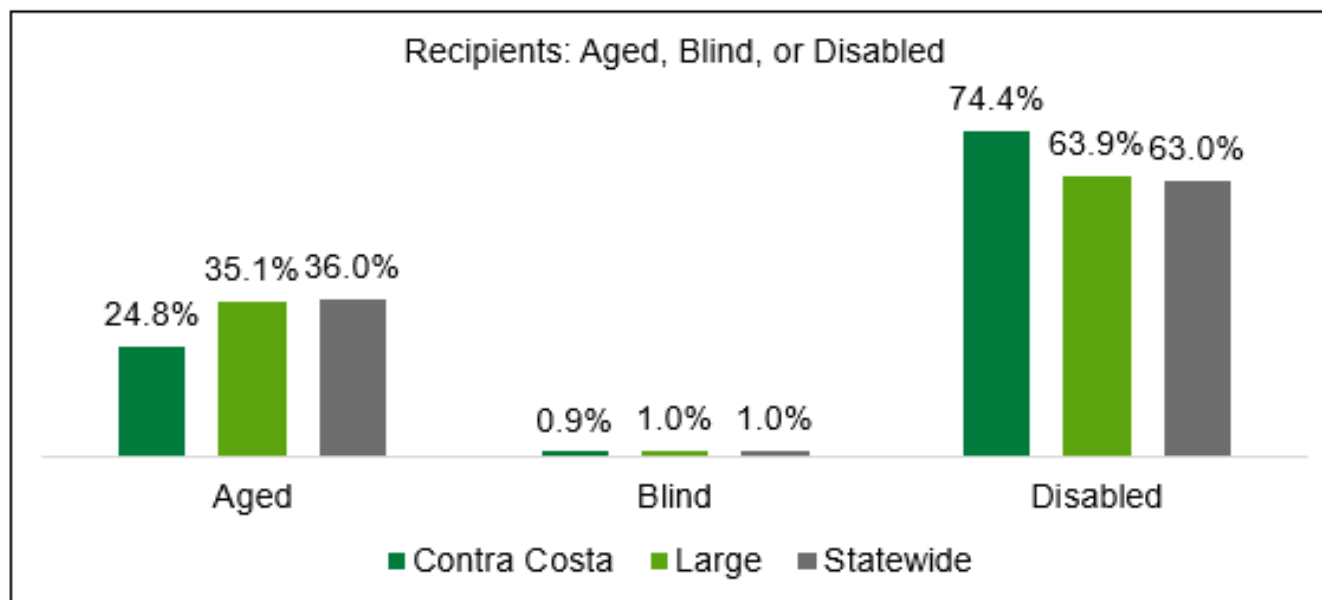


Table 1: Aged, Blind, or Disabled Recipients & Percent (%) of Total Recipient			
	Contra Costa	Large	Statewide
Aged Recipients	4,372	11,942	313,396
% of Total Recipients	24.8%	35.1%	36.0%
Blind Recipients	152	347	8,716
% of Total Recipients	0.9%	1.0%	1.0%
Disabled Recipients	13,121	21,774	549,214
% of Total Recipients	74.4%	63.9%	63.0%

State Changes that Impact IHSS



California FY25/26 Budget

- Signed by Governor Newsom on June 27, 2025
- Effective 7/1/25 - Overdue CFCO Reassessment Penalties passed to Counties
- Effective 1/1/26 - Re-instates asset limits of \$130,000 for an individual and \$65,000 for each additional individual for certain Medi-Cal enrollees. As Medi-Cal is a pre-requisite for IHSS, this could also impact IHSS recipients.

Federal Changes that Impact IHSS

House Resolution 1 (H.R. 1)

- Signed by President Trump of July 4, 2025
- Changes to Medi-Cal
 - Effective 1/1/27- Reinvestigation every 6 months, instead of 12 months
 - Effective 1/1/27- Work Requirements
 - Effective 1/1/27- Limits Retroactive coverage to 1 month for expansion enrollees and 2 months for other enrollees (instead of 90 days)
 - 10/1/26- Removes eligibility for 5 legal immigrant categories



Case Processing Timelines



Canva

The goal is for all Intakes and Reassessments to be processed timely.

- Intakes are considered timely if processed within 90 days of application
- Reassessments take place once a year.
- 80% timeliness for Overall Reassessments is required for State Compliance.
- 100% timeliness for CFCO Reassessments is required for Federal compliance to not receive fiscal penalty

Resources



- California Department of Social Services:
IHSS Introduction and Services Video
https://www.youtube.com/watch?v=YrlZbvg_nZE
- EHSD.ORG
- CDSS.ca.gov/in-home-supportive-services
- Public Authority- 1-800-333-1081
- Aged & Disabled Helpline - Information & Assistance-
1-800- 510-2020



Thank You!

Alice Dietrich
IHSS Division Manager

adietrich@ehsd.cccounty.us | (925) 655-1212

October 15, 2025