



CONTRA COSTA COUNTY

AGENDA

Advisory Council on Aging

Wednesday, February 19, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill
Boardroom

General Meeting

| **Link:** | [https://cccounty-us.zoom.us/j/89014040093?](https://cccounty-us.zoom.us/j/89014040093?pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1)

pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1 | Password: 484165 | Dial-in: 214 765 0478 or 8882780254 (US Toll Free) | Conference code: 698779 | ID:890 1404 0093 |

PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 165 Natalie Dr. Moraga; 2950 Buskirk Ave. Suite 330, Walnut Creek; 200 Sea View Drive, El Cerrito; 400 El Cerro Blvd, Danville; 1002 Golden Rain Rd., Walnut Creek; 3014 Grey Eagle Dr. Walnut Creek

10:00 Call to Order/Introductions: Jim Donnelly, ACOA President

10:01 Roll Call:

10:03 January 2025 minutes

Approve January 2025 Minutes

[25-492](#)

Attachments: [Gen.01.15.25DraftMinutes](#)

10:05 Area Agency on Aging Report:

10:20 Susan Rotchy - Independent Living Resources

ILRSCC Presentation

[25-493](#)

Attachments: [ILRSCC PowerPoint 2.19.25](#)

10:40 ACOA Member Introductions: all (1.5 minutes each)

11:05 Break

11:10 ACOA President's Report: Jim Donnelly

11:20 Committee and Worgroup Reports: Chairs (3 min each)

Membership: Julie Ortega/Logan Robertson

Planning: Jill Kleiner

Health & Elder Abuse Prevention: Terri Tobey/Michael Wener

Housing: Kevin Donovan

Legislative: shirley Krohn/Steve Lipson - CA SB239] BillTrack50

Technology: Steve Lipson

Transportation: Candace Evans

11:45 Regional Coalition Update: Debbie Toth

11:50 Consent Item: None

11:55 Public Comment/Announcements

11:57 New Business for Next Meeting: Wednesday, March 19, 2025 at 10:00 am - 12:00 noon.

12:00 Adjourn

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For additional information contact: Alicia Espinoza (925) 655-0771 or aespinoza@ehsd.cccounty.us.

HOW TO PROVIDE PUBLIC COMMENT:

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The Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency Plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the Council or its individual members do not represent the official position of the County or any of its officers.



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 25-492

Agenda Date: 2/19/2025

Agenda #:



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Wednesday, January 15, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill
Boardroom

General Meeting

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10:00 Call to Order/ Introductions: Jim Donnelly, ACOA President
Meeting was called to order at 10:07 am.

10:01 Roll Call

Present

Francisco Benavides, Roger Boaz, Cate Burkhart, Deborah Card, James Donnelly, Kevin Donovan, Marilyn Fowler, Alan Goldhammer, Michelle Hayes, Denise Kalm, Carol Kehoe, Jill Kleiner, Shirley Krohn, Thomas Lang, Steve Lipson, Nicola Lopez, Lori Magistrado, Kathryn Monroy-Dexter, Richard Morisky, Brian O'Toole, Julie Ortega, Logan Robertson, Sharon Sakai-Miller, Lorna Van Ackeren, Michael Wener, and Dennis Yee

Absent

Eric Britz, Candace Evans, and Terri Tobey

10:05 Approval of December 2024 minutes

GEN 12.18.24 Draft Minutes

[25-176](#)

Attachments:

[GEN 12.18.24 Draft Minutes](#)

Motion:

Kalm

Second:

Van Ackeren

Aye: Benavides, Boaz, Burkhart, Card, Donnelly, Donovan, Fowler, Goldhammer, Hayes, Kalm, Kehoe, Kleiner, Krohn, Lang, Lipson, Lopez, Magistrado, Monroy-Dexter, Morisky, O'Toole, Ortega, Robertson, Sakai-Miller, Van Ackeren, Wener, and Yee

Absent: Britz, Evans, and Tobey

Result: Passed

10:10 Area Agency on Aging Report: Tracy Murray, director, Aging and Adult Services
Director Murray made a presentation on the Local Master Plan for Aging.
The AAA Management Team Introduced themselves.

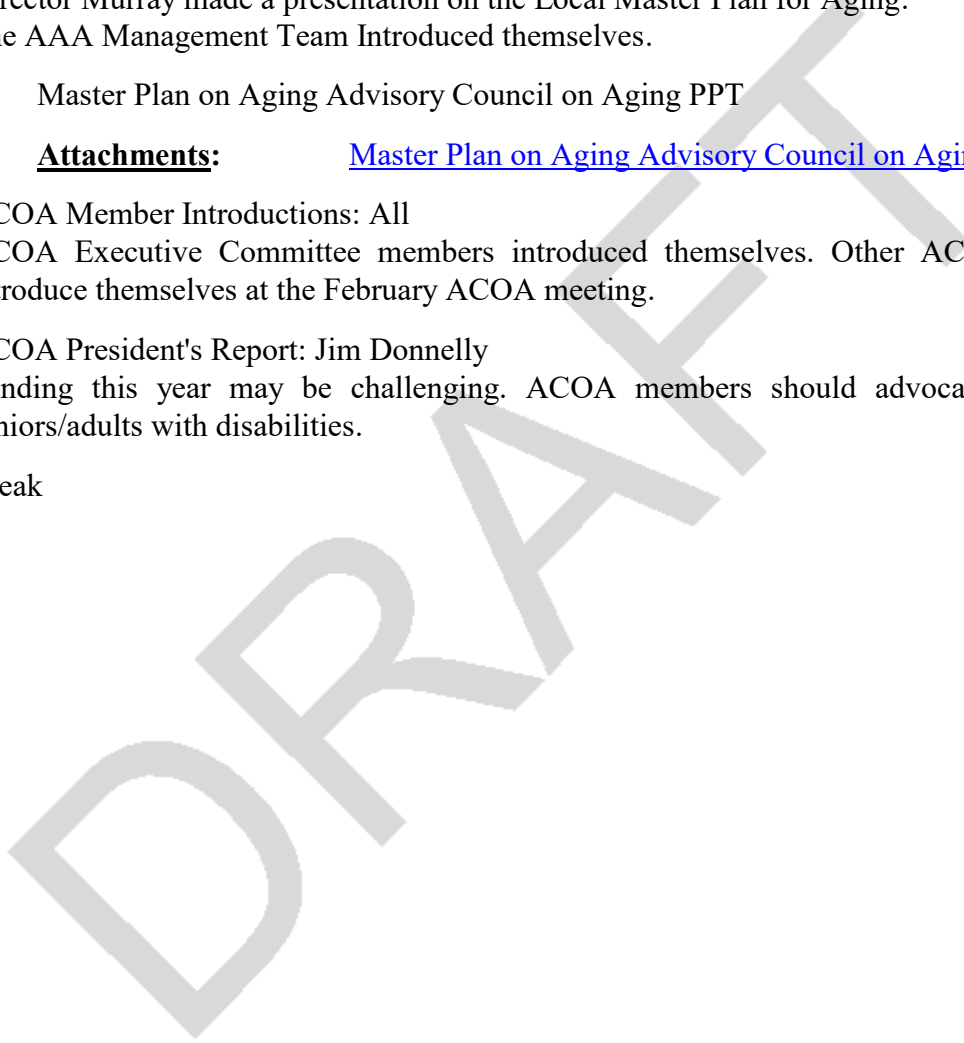
Master Plan on Aging Advisory Council on Aging PPT [25-177](#)

Attachments: [Master Plan on Aging Advisory Council on Aging PPT](#)

10:35 ACOA Member Introductions: All
ACOA Executive Committee members introduced themselves. Other ACOA members will introduce themselves at the February ACOA meeting.

10:50 ACOA President's Report: Jim Donnelly
Funding this year may be challenging. ACOA members should advocate/educate for our seniors/adults with disabilities.

11:00 Break



11:10 Committee and Workgroup Reports: Chairs

Membership: Julie Ortega/Logan Robertson
12 vacant seats and several applicants in the pipeline.

Planning: Jill Kleiner
Thank you to Committee members who assisted with RFP Review Panels.

Health & Elder Abuse Prevention: Terri Tobey/Michael Wener
Tom Lang presented on osteoporosis and osteopenia.

Housing: Kevin Donovan
At the January meeting, Joseph Villarreal, Executive Director, Contra Costa Housing Authority provided a presentation covering a number of affordable housing types the Housing Authority is involved with and the need for additional funding to address the housing shortage.

No Place to Call Home has been presented to 9 groups. The Committee's goal is to present this presentation throughout the County.

Our February meeting will be held on Monday, February 24, 2025 from 10 am to noon. The focus of this meeting will be to discuss 2025 areas of interest relative to both discussion topics and potential presenters.

Legislative: Shirley Krohn
California Senior Legislature is working on senior issues.

Technology: Steve Lipson
The Committee discussed AI software.

Transportation: Jim for Candace Evans
Seamless Bay Area, who advocate for Bay Area wide transportation system, will make a presentation at the next meeting.

11:25 City Report Brentwood: Eric Britz
Eric Britz was absent.

City Report Martinez: Kathryn Monroy-Dexter
Martinez Senior Center offers fitness, creative arts, senior nutrition, events, community partnership.

Health Equity Summit Update: Lorna Van Ackeren
Lorna attended the Scan Foundation Health Equity in September.

11:30 Regional Coalition Update: Debbie Toth

The Regional Coalitions are focused on implementing Master Plan for Aging and incorporating the voice of lived experience.

They are also working to design a program for new legislative staff on Aging and Disability issues.

11:45 Consent Item: None**11:46 Public Comment/Announcements:**

Marilyn: Concord Senior Center Sock Hop scholarship Fundraiser - Sat, March 15, 2025 from 4pm - 7 pm.

May 6, 2025 - virtual Senior Rally Day.

May 2, 2025 - Pleasant Hill Senior Center - Live Laugh Learn Love.

Proactive Planning for Aging in Pleasant Hill, Thurs, February 20, 2025 from 1:30pm -3pm.

Richmond Commission on Aging developing a transportation workshop (details to come)

Mobility Matters - fundraiser on Feb 1, 2025, Campbell Theater in Martinez.

Jim's goals for the ACOA over the next couple of years:

Educational Workshops for the public.

Website updated to include info about work of the committees.

All ACOA seats filled.

ACOA proud of what we accomplished.

Debbie C.: more of us involved on front lines in community

New Business for next meeting: Wednesday, February 19, 2025

12:00 Adjourn: Jim adjourned the meeting at 11:50 am.

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DRAFT



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1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 25-493

Agenda Date: 2/19/2025

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ILRSCC

Independent Living Resources of Solano & Contra Costa Counties (ILRSCC) is a non-profit organization dedicated to helping people with any type of disability live normal, independent lives.

Through education empowerment and advocacy, ILRSCC strives to fully incorporate those with disabilities into the community and eliminate institutional, social and attitudinal barriers that hinder progress.



Core Services

- Information & Referral
- Advocacy
- IL Skills Training
- Peer Support
- Housing Referrals
- Assistive Technology
- Personal Assistance Services
- Institutional Transition & Diversion
- Transition of Youth
- Travel Training Solano County
- Disability Disaster Access & Resources
- Voice Options
- Community Education
- Benefits Counseling
- Aging Disability Resource Connection
- Veteran's Directed Care



Information & Referral

ILRSCC maintains an extensive reference library that offers information about services, products, and community resources of interest. On-site ILRSCC staff offer consultations to clients and their families to match them with appropriate resources in the community.



All of our services are provided free of charge for persons with disabilities and seniors, their families, and the agencies that serve them.



Systems Advocacy & Individual Advocacy

ILRSCC's staff actively advocates to continually improve the lives of those with disabilities. ILRSCC's goal is to eliminate physical and mental barriers as well as end discriminatory practices within the institution and the community at large. ILRSCC often addresses issues of civil rights, public transportation, fair housing and policy change.



All of our services are provided free of charge for persons with disabilities and seniors, their families, and the agencies that serve them.



Independent Living Skills



ILRSCC provides education and training to develop practical life skills that are imperative to independent living. Instruction is provided on an individualized basis and can include:

- Money Management and Paying Bills
- Using public transportation
- Grocery Shopping
- Housing Agreements and Responsibilities
- Social Skills

All of our services are provided free of charge for persons with disabilities and seniors, their families, and the agencies that serve them.



Assistive Technology

Assistive Technology is any object, device, or tool that allows one to live independently. ILRSCC helps people acquire the necessary assistive device for their needs and teaches consumers how to properly use them.



All of our services are provided free of charge for persons with disabilities and seniors, their families, and the agencies that serve them.



Institutional Transition & Diversion



Transition can mean helping a person to move from a nursing home to a place to live independently in their community. It can also mean helping a young person to move to their next steps after high school. Diversion includes services that help people with what they need to live independently in their own home so they do not have to live in a nursing home.

All of our services are provided free of charge for persons with disabilities and seniors, their families, and the agencies that serve them.

Supporting the Disabled Community of Solano & Contra Costa Counties



Voice Options

ILRSCC through a partnership with the California Public Utilities Commission's (CPUC) [Deaf and Disabled Telecommunications Program \(DDTP\)](#), the California Department of Rehabilitation's (DOR) Voice Options program provides eligible Californians who are unable to speak, or who have difficulty speaking, with a free speech-generating device. The goal of this program is to ensure full and equal telephone communications access for all Californians with disabilities.



All of our services are provided free of charge for persons with disabilities and seniors, their families, and the agencies that serve them.



Community Education

ILRSCC conducts educational events and activities for the community on issues that affect the Disability Community and provides special topic speakers, sensitivity training, accessibility surveys, and consultations regarding compliance with relevant state & federal regulations.



All of our services are provided free of charge for persons with disabilities and seniors, their families, and the agencies that serve them.



Introduction

- 2003 – No Wrong Door federal
- 2017 -- Aging and Disability Resource Connection Program state law
- 2023 -- Master Plan for Aging Initiative 71



Connect people with all the services they need in order to remain healthy and independent

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Supporting the Disabled Community of Solano & Contra Costa Counties

ADRC Model and Core Services



Person Centered, Person Directed

Enhanced Information and Referral Services

Transition Services

Options Counseling

Short-Term Service Coordination



Contact Us

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