



CONTRA COSTA COUNTY

AGENDA

Behavioral Health Board

Wednesday, July 1, 2026

4:30 PM

1025 Escobar Street, Martinez |
<https://cchealth.zoom.us/j/99553669464> |

Call in: +1 646 518 9805

Meeting ID: 995 5366 9464

The public may attend this meeting in person at either above location. The public may also attend this meeting remotely via Zoom or call-in.

Agenda Items: Items may be taken out of order based on the business of the day and preference of the Committee

1. Roll Call and Introductions
2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two minutes).
3. RECEIVE Report from the Director of Behavioral Health Services (Suzanne Tavano, PhD)
4. RECEIVE and APPROVE the Meeting Minutes from the June 3, 2026 Behavioral Health Board meeting, with any necessary corrections [26-2862](#)
Attachments: [BHB Meeting Minutes 6.3.26 DRAFT](#)
5. DISCUSS and ASSIGN Membership on the Programs and Services Committee and the Community Awareness Committee [26-2863](#)
Attachments: [BHB Example Subcommittee Descriptions 7.1.26](#)
6. REVIEW Goals and Objectives from the Mental Health Commission and the Alcohol and Other Drugs Advisory Board [26-2864](#)
Attachments: [AODAB 2023 Goals and Objectives - Updated 12.04.2023](#)
[CC Mental Health Commission Responsibilities](#)
7. DISCUSS Future Date of the Behavioral Health Board Retreat

Adjourn

The next meeting is currently scheduled for August 5, 2026.

General Information

The Behavioral Health Board will provide reasonable accommodations for persons with disabilities planning to attend the Board meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Board less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Suite 200, Martinez, CA 94553, during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact: Daniel Colin (Daniel.Colin@cchealth.org)



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2862

Agenda Date: 7/1/2026

Agenda #: 4.



Meeting Minutes - Draft

CONTRA COSTA COUNTY Behavioral Health Board

Wednesday, June 3, 2026

4:30 PM

1025 Escobar Street, Martinez |

<https://cchealth.zoom.us/j/99553669464> | Call

in: +1 646 518 9805

Meeting ID: 995 5366 9464

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1. Roll Call and Introductions

Chair Campbell called the meeting to order at 4:30 p.m.

Present

Anthony Arias, Logan Campbell, Ken Carlson, Roland Fernandez, Anya Gupta, Avery Gould, Dhoryan Rizo, Lacharonda Taylor, and Jenelle Towle

Absent

Candace Andersen, Y'Anad Burrell, Laura Griffin, Rebecca Harper, Alexander Quintero, and Max Sala

2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two minutes).

There were three public comments obtained on this item.

3. RECEIVE Presentation on Children and Youth Behavioral Health Initiative Update: Phases, Progress, and Next Steps

Speaker: Patty O'Malley, Principal and Student Services Coordinator, Martinez Unified School District

Principal O'Malley outlined the district's progress implementing the Children and Youth Behavioral Health Initiative (CYBHI), explaining how the initiative expanded access to school-based mental-health services and enabled schools to bill insurers for a broader range of supports, including counseling, assessments, and classroom-based wellness activities. She reviewed the multi-phase implementation process, challenges related to consent and insurance information, and ongoing staff training efforts. The district reported early billing successes and anticipated increased reimbursement as systems continued to improve. Discussion covered parent-notification practices, future partnerships to offer family therapy, sustainability concerns amid budget cuts, and efforts to reduce stigma around mental-health care. Board members and the public asked clarifying questions about service access, referral pathways, consent for youth over age 12, and coordination with County Behavioral Health.

Two public comments were received on this item.

4. RECEIVE and APPROVE the Meeting Minutes from the May 6, 2026 Behavioral Health Board meeting, with any necessary corrections

There were no requests for public comment on this item.

5. RECEIVE Election Ballot and APPOINT Chairperson of the Programs and Services Subcommittee for a Term Beginning June 3, 2026, and Ending December 31, 2026.

After vote tallying, Gupta was appointed Chair of the Programs and Services Committee.

There were no requests for public comment on this item.

6. RECEIVE Election Ballot and APPOINT Chairperson of the Community Awareness Subcommittee for a Term Beginning June 3, 2026, and Ending December 31, 2026.

Members took a roll-call vote to elect Fernandez as Chair of the Community Awareness Committee.

There were no requests for public comment on this item.

Aye:	Arias, Campbell, Carlson, Fernandez, Gupta, Gould, Rizo, Taylor, and Towle
Absent:	Andersen, Burrell, Griffin, Harper, Quintero, and Sala
Result:	Passed

7. DISCUSS Scheduling of Future Board and Subcommittee Meetings

The Board discussed options for future meeting schedules, noting the need to avoid quorum issues and ensure compliance with the Brown Act. Members considered meeting frequency (monthly vs. every other month), preferred locations, and next steps for forming each subcommittee. The Board agreed that the newly appointed subcommittee chairs would coordinate with staff to propose meeting schedules, identify membership interest, and return with recommendations at the next leadership or full Board meeting.

There were no requests for public comment on this item.

Adjourn

Meeting was adjourned at 6:00 p.m.

The next meeting is currently scheduled for July 1, 2026.

General Information

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For Additional Information Contact: Daniel Colin (Daniel.Colin@cchealth.org)

DRAFT



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2863

Agenda Date: 7/1/2026

Agenda #: 5.

Contra Costa Behavioral Health Board Example Subcommittee Descriptions

Programs and Services Committee Description

The Programs and Services Committee reviews, evaluates, and advises on behavioral health programs to ensure they meet community needs and align with strategic priorities. It provides guidance, identifies service gaps, and supports continuous improvement across the behavioral health system.

Community Awareness Committee Description

The Community Awareness Committee focuses on increasing public understanding of behavioral health needs, services, and resources within the county. It leads outreach efforts, promotes education, and strengthens connections between the Behavioral Health Board and the broader community.



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2864

Agenda Date: 7/1/2026

Agenda #: 6.

**CONTRA COSTA COUNTY ALCOHOL AND OTHER DRUGS ADVISORY BOARD
ACTION PLAN**

2023

GOALS

1. Support the reduction of substance use and increase in access to information and treatment
2. Promote and support more interaction between the Board and its constituents to better identify and address needs and opportunities.

Goal 1.

Support the reduction of Substance Use and Access.

Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> ● Conduct outreach into the community to inform and raise awareness about AOD treatment and prevention services. ● Increase cultural competency and outreach in 2023. 	Community Awareness Committee	<p>Created calendar to track events/outreach opportunities for committee/board members</p> <p>Dr. Shires attended community event in Danville: 'Fentanyl is in our community'</p> <p>Need a standard for cultural competency.</p> <p>Dr. Shires is a member of the Social Emotional Well-Being Steering Committee for SRVUSD.</p> <p>Dr. Shires is a member of the Steering Committee for Equity, Diversity and Inclusion for SRVUSD.</p>	Ongoing
<ul style="list-style-type: none"> ● Support two (2) education events, through tabling, that focus on the general 	Community Awareness Committee	Cynthia attended the 3 rd Annual Restoring Hope & Community Resource	December 2023

<p>population which includes: youth, adults, and seniors.</p>		<p>Fair & Free Services event on 2/23/23 in Pittsburg, CA supporting AODS table.</p> <p>Cynthia and Dr. Moore attended the West County Clean Slate Event on 4/28/23 in Richmond, CA supporting AODS table.</p> <p>Do a job fair again at DVC for Addiction Studies Students.</p> <p>Need to create materials for this (and other) events (e.g. pamphlet/flyer) about AODAB</p> <p>AODAB Brochure – update</p> <p>Need to identify available education events</p>	
<ul style="list-style-type: none"> Attend 3 out of 9 monthly Prevention Services Meetings at AOD. (4th Thursday of month) 	<p>Community Awareness Committee</p>	<p>Dr. Shires plans to attend the November 2023 all staff Prevention Providers System of Care meeting.</p>	<p>December 2023</p>
<ul style="list-style-type: none"> Engage youth development coalitions and recruit youth leaders to spearhead Alcohol Awareness Month Proclamation 	<p>Community Awareness Committee</p>	<p>Dr. Shires will follow up with relevant coalitions + youth leaders</p> <p>Presentation by Dr. Moore at the Board of Supervisors meeting on April 18, 2023.</p>	<p>April 2023</p>

<ul style="list-style-type: none"> Attend 3 of the monthly community environmental prevention coalition meetings (Richmond, Concord, Danville) 	Community Awareness Committee	Will add to Community Awareness calendar	December 2023
<ul style="list-style-type: none"> Collaborate with AODS sub-contracted Prevention Providers to declare a proclamation for Red Ribbon Week by the Board of Supervisors. 	Community Awareness Committee	<p>Committee will be involved in proclamation + public comment</p> <p>Community Awareness Committee made a video for Red Ribbon Week at the end of September 2023.</p> <p>Make Red Ribbon Week Proclamation to BOS – Goal date: October 24, 2023</p>	October 2023
Collaborate with MEDS Coalition to Declare Proclamation of Prescription Drug Abuse Awareness Month by the Board of Supervisors	Community Awareness Committee	<p>Community awareness committee member to attend.</p> <p>CCC MEDS Coalition presented proclamation of Prescription Drug Abuse Awareness Month on March 7, 2023, at Board of Supervisors Meeting.</p>	March 2023
<ul style="list-style-type: none"> Spearhead efforts for “People Who Make a Difference Award” 	Community Awareness Committee	<p>Sent letter to community partners seeking nominations 3/30</p> <p>Community Awareness selected & AODAB made recommendations to BOS for 2022 PWMAD 5/17 & 5/24</p> <p>Cynthia presented PWMAD Recipients at BOS Meeting (6/27/2023)</p>	June 2023
<ul style="list-style-type: none"> Advocate for an increase in school-based prevention through the Office of Education. 	Community Awareness Committee	<p>Cynthia contacted Superintendent of Education for Contra Costa County.</p> <p>Meeting was held via Zoom on September 6, 2023, at 2 PM.</p>	Ongoing

		Follow up meeting with CCCOE mid-year 2024 (February 2024).	
<ul style="list-style-type: none"> Address, assess and educate around root causes of AOD use and abuse. Collect community input and communicate with AOD/Supervisors (what specifically?) 	Community Awareness Committee	<p>Dr. Shires gave a presentation on Teen Fentanyl Prevention February 2023.</p> <p>Dr. Shires is attending the Suicide Youth Prevention Coalition meetings.</p> <p>Target an event at each district throughout the year. Thoughts: Thought exchange, survey, input from community.</p>	Ongoing
<ul style="list-style-type: none"> Reduce stigma related to AOD and MH issues – with community as well as funders & decision-makers. 	Community Awareness Committee	<p>Need to identify methods for reduction of stigma.</p> <p>Dr. Shires and Shelley attend Equity, Diversity, and Inclusion Steering Committee for SRVUSD.</p>	Ongoing
<ul style="list-style-type: none"> Awareness/Celebration of pioneering AOD services (e.g., Choosing Change) 	Community Awareness Committee	Invite service providers to collaborate with Community Awareness.	Ongoing/December 2023
<ul style="list-style-type: none"> Create & maintain calendar of events & advocacy opportunities for board 	Community Awareness Committee	<p>Calendar created and will be updated monthly.</p> <p>AODS Staff to initiate calendar of events.</p>	Ongoing
<ul style="list-style-type: none"> Track legislation and request letters of support or opposition as appropriate. Participate in Measure x proposal and review process. Support the Youth Measure X discussions in East & Central County. (Invite a speaker) 	Full Board	<p>Provide a support letter to BHCIP</p> <p>Community Awareness committee members will either attend one of the Measure X community session discussions and/or complete survey.</p>	Completed

Goal 2.			
Promote and Support more interaction between the Board and its Constituents to better identify and address needs and opportunities.			
Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> Request monthly report from staff demonstrating updates in the following areas: youth services, treatment in jails, women's services, behavioral health integration and County Prevention Services. 	Executive Committee		Monthly
<ul style="list-style-type: none"> Hold One Meeting in the Community 	Executive Committee	<ul style="list-style-type: none"> Diablo Valley College in Pleasant Hill or other location. 	
<ul style="list-style-type: none"> Participate in the AODS/Program-Provider forums and/or Bi-monthly SOC meetings to gather and report information on issues or opportunities to address and build relationships with AODS staff and the Provider community. 	Programs and Services Committee	<ul style="list-style-type: none"> Logan has participated in SOC meeting. 	Bi-Monthly

KEY PRIORITY AREAS

Key Priority 1.			
Increase Board member capacity to address substance use issues in the community.			
Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> Provide a minimum of four (4) trainings/educational presentations throughout the year inviting providers and different subject matter experts to present to the Full Board. 	Executive Committee	<ul style="list-style-type: none"> COVID 19 Related updates-Impact on the Community. Homeless advocacy and addiction- Provide Measure X updates. EHR Updates (Streamline) 	Quarterly

		<ul style="list-style-type: none"> • Updates for Youth Treatment-funding • Support the Youth Measure X discussions in East & Central County. (Invite a speaker) • Prevention - Updates 	
<ul style="list-style-type: none"> • Invite providers to attend a minimum of two (2) full Board meetings throughout the year in which they may bring clients. 	Executive Committee		Semi-Annually
<ul style="list-style-type: none"> • Develop and try some new methods of increasing awareness of client as well as program perspectives. Surveys, individual conversations, and visits by clients are among options. • Addresses causes of relapse. • Get regular updates on housing grants and SLE status issues. 	Programs and Services Committee	Need to ascertain what data is available on housing grants and SLE performance.	Ongoing
<ul style="list-style-type: none"> • With AODS staff, gather statistical information on services, utilization, success, needs. Establish a mechanism to get reports from the staff and organizations doing assessment and quality improvement. (Include law enforcement data sources) • Track and support recommendations from programs 	Programs and Services Committee	<p>Have maintained and updated the issues list and need to do better job of keeping current.</p> <p>Treatment effectiveness data (recidivism, incomplete Tx, etc.) needs to be identified, if available. Check for trends</p> <p>P&S Needs to specify with Mark what data is essential and useful to report to AODS 9/28 vo See above notes on Mark M data reports under review.</p>	

<ul style="list-style-type: none"> Track, support, and advocate for further development of women’s and adolescent services, LGBTQ+ services, and other underserved populations, Latino/a/x, etc. 	<p>Programs and Services Committee</p>	<p>Has been topic of monthly reports, no specific action taken by P&S – Need to add multi-county coalition support to our action list.</p> <p>Presentation by AOD Perinatal Staff at April 2023 P&S Committee meeting.</p> <p>Presentation by Support4Recovery Hispanic Outreach at May 2023 P&S Committee meeting.</p>	
<ul style="list-style-type: none"> Support Transition Team development and success – get ongoing information on progress, assure resources and recognition 	<p>Programs and Services Committee</p>	<p>Has been topic of various discussions, Logan is sitting in on coordination meetings. Transition people are currently filling staffing gaps – needs support.</p> <p>Updates on Transition Team at April 2023 P&S Committee meeting.</p>	
<ul style="list-style-type: none"> Track, support and advocate for further development of treatment services for incarcerated people including updating and improving. Includes services to Youth. Advocate for cultural competency and holistic (e.g. MH issues) treatment skill development – support CalAim and other HS initiatives. Measure X included. 	<p>Programs and Services Committee</p>	<p>Has been topic of monthly reports, no specific action taken by P&S</p> <p>Adolescent services will have design task force for Juvenile services – we need to support. Make sure resources available. Need to track CalAim and other initiatives.</p>	

		Crossroads Treatment in Jails Program presented at P&S Committee Meeting (5/25/2022)	
<ul style="list-style-type: none"> Address stigma issues throughout the process. 	<p>Programs and Services Committee</p> <p>Community Awareness, Program personnel?</p>		Ongoing
<ul style="list-style-type: none"> Transportation services for outside appointments, job search etc. Family reunification services, etc. 	Programs and Services Committee	Need to assess status of services in these two issue areas and define problems	
<ul style="list-style-type: none"> Organization Development for AODS 	Full Board/Exec	Need to plan for staff and process development and for successions for Fatima and AODS Leadership.	Ongoing (Check with Fatima)
Key Priority 2.			
Prepare recommendations for the Board of Supervisor's Legislative Actions			
Activities	Responsible Committee	Status	Timeline
Key Priority 3.			
Increase awareness about Cannabis trends in County.			
Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> Assess results from environmental scans of prospective Cannabis retailer and/or cultivator locations. 	Full Board	<p>Ongoing as applications are submitted. An environmental scan was completed at two locations in El Sobrante in February and March 2023. An environmental scan was completed for an alcohol license located in Bay Point in June 2023.</p> <p>Total of environmental scans in 2023: Three (3).</p>	

		Total of cannabis scans: Zero (0).	
<ul style="list-style-type: none"> Develop calendar for regular calendar events. 	Full Board		
<ul style="list-style-type: none"> Assess countywide billboard ordinances and explore opportunities to modify them to address cannabis advertising. 	Full Board	At this time there is no plan.	
<ul style="list-style-type: none"> Assess existing cannabis prevention advertising and make recommendations for adoption. 	Full Board	<p>Explore the funding and commitments that are on their application. Are they keeping their word?</p> <p>AODS staff shared partnership with The Social Changery – Cannabis Decoded.</p>	

Alcohol and Other Drugs Annual Campaigns			
Activities	Responsible Committee	Status	Timeline
<ul style="list-style-type: none"> Alcohol Awareness Month* 	Community Awareness Committee	Completed in April 2023 at BOS by Dr. Moore.	
<ul style="list-style-type: none"> People Who Make a Difference Awards** 	Full Board	<ul style="list-style-type: none"> PWMAD nominees were selected by Community Awareness committee members at a special committee meeting on May 24, 2023. Community Awareness Chair announced recipients of PWMAD 2023 to the full Board at the May 24, 2023, meeting. 	Completed in June 2023

		<ul style="list-style-type: none"> PWMAD nominees received their awards at the Board of Supervisors meeting on June 27, 2023, followed by a brief reception. 	
<ul style="list-style-type: none"> Recovery Champion Awards*** 	Full Board	<p>Recovery Champion Awards released on August 15, 2023.</p> <p>Complete in September 2023.</p> <p>Recipients received proclamations at the AODAB October 25, 2023, meeting.</p>	Completed in September 2023 and October 2023.
<ul style="list-style-type: none"> Red Ribbon Week * 	Community Awareness Committee	<p>Community Awareness committee discussed on 8/14/2023 meeting.</p> <p>Community Awareness Committee members recorded a video on September 28, 2023.</p> <p>Red Ribbon Week Presentation scheduled for October 24, 2023, at BOS. Shelley Clark attended BOS on behalf of AODAB with prevention youth-led programs.</p>	Completed in October 2023.

*These events are celebrated through accepting a proclamation at the Board of Supervisors. A minimum of one (1) Board member will be in attendance.

**The People Who Make a Difference Awards is an opportunity to recognize community members, volunteers, youth, and/or agencies who have made a difference in their community around substance use. Recipients of the award are celebrated at one (1) Board of Supervisors Meeting.

***The Recovery Champion Award is an opportunity for Board members to nominate someone who is making a difference in the recovery community. The person is acknowledged during the Board meeting in September in recognition of National Recovery Month.

Contra Costa County Mental Health Commission Mandated Responsibilities

Pursuant to Welfare and Institutions Code Section 5604.2 (a) and (b), as it may be amended from time to time, the Commission shall do all of the following:

- 1) Review and evaluate the County's mental health needs, services, facilities, and special problems.
- 2) Review any County agreements entered into pursuant to Section 5650 of the Welfare & Institutions Code.
- 3) Advise the Board of Supervisors and the Mental Health Director as to any aspect of the County's mental health program.
- 4) Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
- 5) Submit an annual report to the Board of Supervisors on the needs and performance of the county's mental health system.
- 6) Review and make recommendations on applicants for the appointment of a Mental Health Director. The Commission shall be included in the selection process prior to the vote of the Board of Supervisors.
- 7) Review and comment on the County's performance outcome data and communicate its findings to the California Mental Health Planning Council.
- 8) Assess the impact of the realignment of services from the state to the county, on services delivered to clients in this County.
- 9) Perform those additional duties as may be directed by the Board of Supervisors.

Pursuant to Section 5848 (b) and (c) of the Welfare and Institutions Code:

- 1) The Commission shall conduct a public hearing on the draft three-year program and expenditure plan, and annual updates at the close of the required 30-day comment period and review the adopted plan or update and make recommendations to the County Mental Health Director for revisions.