



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Monday, March 9, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Health and Elder Abuse Prevention Committee
<https://cccounty-us.zoom.us/j/83870526995>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 2950 Buskirk Avenue, Suite 330 Walnut Creek | 130 Linhares Lane, Alamo | 400 El Cerro Blvd., Danville | 111 Civic Drive, Hercules | 366 Caroni St., Walnut Creek

1:00 Open meeting: Dr. Mike Wener, Chairman
- Call to Order: The meeting was called to order at 1:03 pm.

Roll call (Dixie Peralta)
Adopt Today's Agenda

Present Holly Frates, Sarah Green, Thomas Lang, Sharon Maxwell, Brian O'Toole, Carol Schaefer, Susan Wright, Teresa Wright, Michael Wener, Dennis Yee, and Deborah Wiener

Excused Alan Goldhammer

Absent Nikki Lopez, and Terri Tobey

1:05 Approve February 2026 Minutes

Motion: Lang

Second: Maxwell

Aye: Frates, Green, Lang, Maxwell, O'Toole, Schaefer, Wener, Yee, and Wiener

Absent: Lopez, and Tobey

Abstain: Wright, and Wright

Result: Passed

Health Meeting Minutes 02-09-26

[26-873](#)

1:10 Member Reports:

- Nutrition- Sarah reported on Trio visit. Discussion about upcoming bills that will be on ballot. Caitlin gave an update at General meeting in February.
- Elder Wellness & Advocacy Coalition- Carol
 - 2nd W, 2:00-3:30 pm, presentation on advocacy from Debbie Toth
- Medi-Cal- Brian- Brian on updates to Medi-Cal
 - Process is ongoing, including redeterminations and the of checking assets
 - Work requirements
 - Available for a presentation

1:25 Presentation- Deborah Wiener, “The Hidden Wounds of Elder Financial Abuse”

1:55 Break

2:00 California Master Plan on Aging Goal 2: Health Reimagined Master Plan for Aging - <https://mpa.aging.ca.gov/Goals/2/>

- Cristina gave a quick review on what’s available for Goal 2 on the MPA online
- Cristina to include the link on the agenda for next meeting

2:15 Community Presentations

- Thomas developed spreadsheets to track presentations- list of who is presenting, when they’re presenting, organizations, conflicts of interest
- Will add the spreadsheets to the minutes
- Add as an agenda topic for a future meeting

2:20 Discussion

- Committee members discussed at ACOA Exec- maximum number of members was decided to be 13

2:25 Public Comment

- None

Next Health & Elder Abuse Prevention Committee Meeting:

- Wednesday, April 13, 2026 1:00pm – 2:30pm

2:30 Adjourn

- Meeting adjourn at 2:32PM

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us