



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Wednesday, October 15, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill, CA
Boardroom

ACOA General Meeting

<https://cccouny-us.zoom.us/j/84280794921>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 130 Linhares Lane, Alamo, CA 94507 | 2756 Lily Court, Antioch, CA 94531 | 14720 Byron Hwy #4, Byron, CA 94505 | 200 Seaview Dr., El Cerrito, CA 94530 | 116 Raven Hill Road, Orinda, CA 94563 | 28 Orinda Way, Orinda, CA 94563 | 150 S 45th St., Community Room, Richmond, CA 94804 | 2950 Buskirk Avenue, Suite 330, Walnut Creek, CA 94597 | 324 El Divisadero Avenue, Walnut Creek, CA 94598 | 445 Deborah Lane, Walnut Creek, CA 94598 | 400 El Cerro Blvd., Danville

10:00 Call to Order/Introductions: Lorna VanAckeren, ACOA President at 10:02am

Vice President Mike Wener led the group in the Pledge of Allegiance

10:01 • Roll call conducted and 27 members qualified to be counted toward a quorum

Present

Roger Boaz, Chalo Buckman, Deborah Card, Cesar Court, Brock Dubbels, Kevin Donovan, Steven Freshman, Holly Frates, Marilyn Fowler, Alan Goldhammer, Michelle Hayes, Carol Kehoe, Denise Kalm, Jill Kleiner, Shirley Krohn, Thomas Lang, Steve Lipson, Sharon Maxwell, Nikki Lopez, Kathryn Monroy-Dexter, Brian O'Toole, Inderpit Sekhon, Logan Robertson, Carol Schaefer, Lorna Van Ackeren, Michael Wener, and Deborah Wiener

Excused

Candace Evans, Sarah Green, Sharon Sakai-Miller, and Terri Tobey

Absent

Cate Burkhart, Richard Morisky, and Dennis Yee

Non-voting

Bryan Harris, and Gerry LaLonde-Berg

Guests:

Theresa Anderson, Assemblymember Grayson's Office | Sean Barry, prospective ACOA member | Alice Dietrich, IHSS Division Manager | Sue Druner, West County resident | Dara Dunn, Choice in Aging | Bryan Harris, Richmond Commission on Aging | Gerry La Londe-Berg, prospective ACOA member | David Linnell, Meals on Wheels Diablo Region | Lindsey Loving, Meals on Wheels Contra Costa | Susannah Meyer, Empowered Aging | Jennifer Quallick, Office of Supervisor Anderson | Debbie Toth, Choice in Aging

Area Agency on Aging Staff:

Tracy Murray, Director of Aging and Adult Services | Alicia Espinoza, Program Manager, Area Agency on Aging | Susan Jamerson, Health Insurance Counseling & Advocacy Program (HICAP) | Jenny Lam, Area Agency on Aging | Cristina Ugaitafa, Area Agency on Aging | Jenn Gomes-Figueira, Area Agency on Aging | Jeanne Polk, Area Agency on Aging | Glenda Pacha, Area Agency on Aging | Thomas Weisbrich, Area Agency on Aging | Dexter Peralta, Area Agency on Aging

10:03 Approval of September 2025 minutes

Motion: Wener

Second: Fowler

Aye: Boaz, Buckman, Card, Court, Dubbels, Donovan, Freshman, Frates, Fowler, Goldhammer, Hayes, Kehoe, Kalm, Kleiner, Krohn, Lang, Lipson, Maxwell, Lopez, Monroy-Dexter, O'Toole, Sekhon, Robertson, Schaefer, Van Ackeren, Wener, and Wiener

Absent: Burkhart, Morisky, and Yee

Result: Passed

ACOA General 09-17-25 DRAFT Minutes

[25-4285](#)

10:05 Area Agency on Aging (AAA) Report - Alicia Espinoza, Division Manager, Area Agency on Aging & Tracy Murray, Director of Aging and Adult Services

- Division Manager Alicia Espinoza updated the ACOA on the Age-Friendly Campaign.
- She also reported that, through RFP 1226 for West County Senior Nutrition, the contract for West County Home Delivered Meals was awarded to Meals on Wheels Diablo Region.
- Director Tracy Murray provided an update on funding for Aging and Adult Services programs. AAA has a budget of \$11.9 million and reporting system is complex. Funding from Older Americans Act (OAA), Modernizing the Older Californians Act (MOCA), Measure X, and Meals on Wheels Contra Costa. The bad news: funding for CalFresh Healthy Living ended Oct 1, 2025. After a small amount next year, funding will end. We did receive \$350,000 to purchase food. We should hear about One Time Only funding (OTO) in November.
- The Director provided a summary of state and federal changes and will include a handout for the next meeting.

10:30 Presentation – In-Home Supportive Services (IHSS) – Alice Dietrich, IHSS Division Manager

- See slides in agenda packet.

IHSS

[25-4284](#)

11:05 Break

11:15 ACOA President's Report: Lorna VanAckeren

- SB 707 – signed by the Governor. Steve will provide more information in his Legislative report.
- Dr. Grant Colfax, CEO, Contra Costa Health will be our guest at the December meeting.
- Candidates for ACOA leadership positions will make a statement prior to the vote at the December meeting.
- 2026 ACOA General meeting speakers –
 - January - Mobility Matters.
 - Let the Executive Committee know if you have suggestions for other speakers.
- Shirley Krohn – retiring from the California Senior Legislature.
- Caring Haven offering dementia respite in 4 areas of the county.
- Reminder - Committee reports for the ACOA Annual Report are due to Alicia by 11/15/2025.
- At the December meeting, City Reps will report.
- December Potluck – sign up today.
- Today at 4 pm, a meeting (on zoom) will be held to talk about advocacy for ARPA funds to be awarded by the Board of Supervisors.

11:30 Committee and Workgroup Reports: Chairs (2-3 min each)

- Membership: Jill Kleiner
 - Only San Ramon & San Pablo need representatives. All Member-at-Large seats are full.
 - Continuing to interview applicants and will create a wait list.
- Nominating: Kathryn Monroy-Dexter
 - The current nominees are:
 - President: Kevin Donovan
 - Vice President: Mike Wener and Candace Evans
 - Secretary/Treasurer: Michelle Hayes
 - Before voting occurs, candidates will be asked to speak for up to 2 minutes about why they want to be an officer and what they plan to do in that position.
- Planning: Jill Kleiner
 - Continuing to make community presentations of resources. Oakley presentation is being planned.
 - Launching site visits to providers. 10/22 and 10/30 to Choice in Aging.
 - Beginning work on Area Plan Update – committees to provide updates by Dec
- Health & Elder Abuse Prevention: Michael Wener
 - Next speaker: ACOA member Deborah Wiener about Trauma from Elder Abuse.
 - Medicare open enrollment starts today.
 - Social Security will no longer issue paper checks.
- Housing: Kevin Donovan
 - Alex Werth from Bay Area Housing Finance Authority (BAHFA) reported on eviction rates of the nine Bay Area counties.
 - Next meeting: Janessa Oriol, Office of Congressman DeSaulnier and Kayla Digorio, Hope Solutions
- Legislative: Steve Lipson
 - SB 707 signed by the Governor on 10/3/2025. This law makes it easier for ACOA quorum to be met. Steve acknowledged that this would not have happened without the knowledge and experience of Shirley Krohn.
- Technology: Steve Lipson
 - Working on a proposal to allow educational opportunities offered by Public Health for seniors.
- Transportation: Bryan Harris for Candace Evans
 - Postponing SMAC workshop to April 2026.

11:50 Regional Coalition Update: Debbie Toth

- The Regional Coalition advocates for seniors on a statewide basis. Resources for the community to use are forthcoming.

11:55 Consent Items:

None

11:56 Public Comment/Announcements (2 min each)

- Susan Jamerson, HICAP Program Manager, announced Medicare open enrollment starts today. The HICAP website (cchicap.org) contains information and resources for the public. Contra Costa Health Plan is starting Dual-Eligible Special Needs Plan (DSNP) for Contra Costa residents.
- Indy talked about the Disaster Festival. He emphasized the importance of local assets for local communities.
- Bryan announced the Senior Wellness Clinic and Nutrition Workshop on Oct 29 at Richmond Auditorium.

11:58 New Business for next meeting:

- Wednesday, December 17th, 2025
- Please note, the ACOA recesses in November

12:00 Adjourn

- The meeting was adjourned at 12:09 p.m.

For Additional Information Contact:

Alicia Espinoza at 925 655-0771 or aespinoza@ehsd.cccounty.us