



Contra Costa County

[Print Form](#)

Please return completed applications to:
Clerk of the Board of Supervisors
1025 Escobar Street, 1st Floor
Martinez, CA 94553
or email to: ClerkofTheBoard@cob.cccounty.us

BOARDS, COMMITTEES, AND COMMISSIONS APPLICATION

First Name	Middle Initial	Last Name	
Sonja	N/A	Shephard	
Home Address - Street	City	State	Postal Code
	Pittsburg	CA.	
Primary Phone (best number to reach you)	Email Address		
Resident of Supervisorial District (if out of County, please enter N/A): 5 District Locator Tool			
Do you work in Contra Costa County? ☐ Yes ☒ No If Yes, in which District do you work?			
Current Employer	Job Title	Length of Employment	
Retired			
How long have you lived or worked in Contra Costa County? 30			

Board, Committee, or Commission	Seat Name
Council on Aging	
Have you ever attended a meeting of the advisory board for which you are applying?	
Please check one: ☐ Yes ☒ No If Yes, how many?	

EDUCATION

Check appropriate box if you possess one of the following:

☒ High School Diploma ☐ CA High School Proficiency Certificate ☐ G.E.D. Certificate

Colleges or Universities Attended	Degree Type/ Course of Study/Major	Degree Awarded	
Laney College	AA Liberal Arts	☒ Yes	☐ No
		☐ Yes	☐ No
		☐ Yes	☐ No

Occupational Licenses Completed:	
Other Trainings Completed:	San Francisco State Paralegal Program Sam Brown Private Investigator School
Certificate Awarded for Training?	
☒ Yes ☐ No	
☒ Yes ☐ No	

Do you have any obligations that might affect your attendance at scheduled meetings? ☐ Yes ☒ No

If Yes, please explain: I do not have any meetings on Wednesday morning.

Would you like to be considered for appointment to other advisory bodies for which you may be qualified? ☒ Yes ☐ No

Are you a veteran of the U.S. Armed Forces? ☒ Yes ☐ No

Please explain why you would like to serve on this particular board, committee, or commission.

I enjoy working with Seniors and believe that Seniors have special needs that often get ignored and I want to make sure that their needs for affordable housing and ways to keep active mentally and physically are made a priority.

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume).

I served on the Stoneman Village HUD Housing Board nine years, serving as Vice President and then as President during that time. I currently serve as the Vice President of the Pittsburg Fifty Plus Club.

The Fifty Plus Club provides senior citizens with programs and activities that promote positive social interactions, mental health wellness and physical endurance.

Stoneman Village's mission is to provide safe and affordable housing for low income seniors and disabled citizens. They also have an on-site dining hall and activities for seniors.

I am including my resume with this application:

Please check one: ☒ Yes ☐ No

Are you currently or have you ever been appointed to a Contra Costa County advisory board?

Please check one: ☒ Yes ☐ No

If Yes, please list the Contra Costa County advisory board(s) on which you are **currently** serving:

Alternate for Racial Justice Oversight Board

If Yes, please also list the Contra Costa County advisory board(s) on which you have **previously** served:

Not Applicable

List any volunteer and community experience, including any boards on which you have served.

Stoneman Village Board, Pittsburg Fifty Plus Club, East Contra Costa NAACP, BART Police Civillian Review Board, Pittsburg Unified School District-Student Attendance Review Board, 350 Contra Costa Action, Pittsburg Youth Advisory Commission (Adult Mentor), Pittsburg Community Advisory Commission and Alternate on County Racial Justice Oversight Board.

Do you have a familial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed under the "Important Information" section on page 3 of this application or Resolution No. 2021/234).

Please check one: ☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

Do you have any financial relationships with the county, such as grants, contracts, or other economic relationships?

Please check one: ☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publicly accessible. I understand and agree that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

Signed: Sonja Shephard

Date: 6/23/2025

Submit this application to: ClerkofTheBoard@cob.cccounty.us **OR** Clerk of the Board
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Martinez, CA 94553

*Questions about this application? Contact the Clerk of the Board at (925) 655-2000 or by email at
ClerkofTheBoard@cob.cccounty.us*

Important Information

1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
3. Members of certain boards, commissions, and committees may be required to: 1) file a Statement of Economic Interest Form also known as a Form 700, and 2) complete the State Ethics Training Course as required by AB 1234.
4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships: (1) Mother, father, son, and daughter; (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter; (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter; (4) Registered domestic partner, pursuant to California Family Code section 297; (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner; (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.