



Advisory Council on Aging (ACOA)

Senior Mobility Action Council (SMAC)

Jim Donnelly

July 2026



What is the ACOA?

The Contra Costa County **Advisory Council on Aging (ACOA)** is a dedicated group of county residents committed to improving the quality of life for older adults throughout Contra Costa County.

The ACOA provides **leadership, advocacy, and a vital channel of communication on aging issues**. In partnership with the Area Agency on Aging, the Council helps coordinate countywide planning, collaboration, and resources to ensure older adults have access to the services and opportunities they need.

Our mission is to advocate for programs, legislation, and policies that support older adults, while also educating the community about the many resources offered by local non-profits and government agencies. We also serve in an advisory capacity to the Contra Costa County Board of Supervisors on issues important to our aging population.

ACOA Committees

The ACOA is **comprised of 9 distinct committees**, each dedicated to addressing key issues impacting older adults in Contra Costa County.



General



Executive



Membership



Health & Elder
Abuse Prevention



Housing



Legislative



Planning



Technology



Transportation

What is SMAC?

SMAC is the ACOA Transportation Committee

Formed in circa 2009 when several transportation advocacy groups joined together:

- ACOA Transportation Committee
- Senior Transportation Forum
- Contra Costa For Every Generation (CCEG)- Transportation Initiative Group

What is SMAC?

Our mission

To address transportation barriers and gaps in service experienced by Contra Costa older adults through education, advocacy, and the promotion of effective coordination of services and mobility management that enhances the autonomy and independence of older adults in Contra Costa County.” (adopted 2014)

SMAC Actions

Advocacy-

Taking positions in support of issues affecting senior transportation.

- Provided comments to Accessible Transportations plans
- CCTA 2020 Transportation Expenditure Plan Fact-Sheet
- Support papers for Transportation funding in Measure X
- Prepare White papers in support of Senior Mobility issues

SMAC Actions

Conferences Seminars

- 2016 Mobility Challenges Workshop
- 2017 Senior Transportation- More than Just a Ride
- 2018 Rossmoor Emergency Preparedness Seminar
- 2020 MPA Introduction to Contra Costa

SMAC Actions

Conferences Seminars

2016 Mobility Challenges Workshop- John Muir Medical Center's Auditorium

250 attended this workshop focused on the complexities of aging and driving.

- Dr. Patrick Arbore, Ed.D, Founder and Director of the Center for Elderly Suicide Prevention, Institute on Aging
- Rosemary Robles, the Ombudsman for the California Department of Motor Vehicles,
- Jim Frazier, California State Assembly Member and Chairman of the Transportation Commission.

SMAC Actions

Conferences Seminars

2017 Senior Transportation- More than Just a Ride John Muir Auditorium

200 attended this workshop focused on mobility services available in Contra Costa County

- Congressman Mark DeSaulnier
- Rod Diridon-Former executive Director Mineta Transportation Institute
- Peyer Engel- Director of Programs, Contra Costa transportation Authority
- Jim Wunderman- President & CEO Bay Area Council

SMAC Actions

Conferences Seminars

2018 Rossmoor Emergency Preparedness Seminar- Rossmoor

300+ attended this workshop focused on the emergency response and preparedness Mark DeSaulnier

- Presentations by Emergency Responders: CPH, Contra Costa Fire, Walnut Creek CERT, Office of Emergency Services Rossmoor Emergency Response team
- 250+ Fully Equipped Emergency Preparedness Kits provided to attendees.

SMAC Actions

Conferences Seminars

2020 Contra Costa Conference on Aging, Aging in Contra Costa- What's Next? *Cancelled due to Covid*

2022 Implementing the Master Plan for Aging in Contra Costa County Together- Pleasant Hill Community Center

300+ attended this workshop focused on the MPA in Contra Costa

Presentations by AAA, ACOA and MPA Consultants on making the plan real in Contra Costa

SMAC Actions

Other Activities

- SMAC Newsletter
- 2020 Transportation Infographic Mobility
- 2023 Transit Services Survey
- 2024 Post Covid Transit survey



Contra Costa County Older Adults and TRANSPORTATION

Transportation throughout Contra Costa County

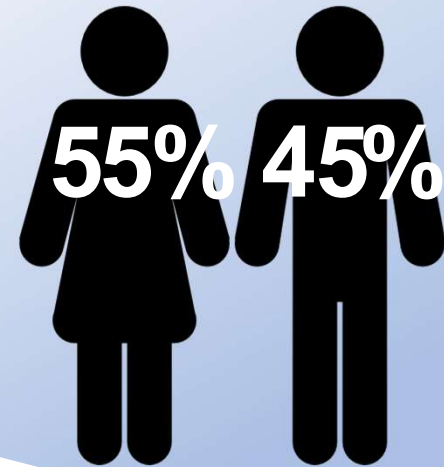
- Prepared by Senior Mobility Action Council, a Work Group of the Advisory Council on Aging

Who are our older adults?

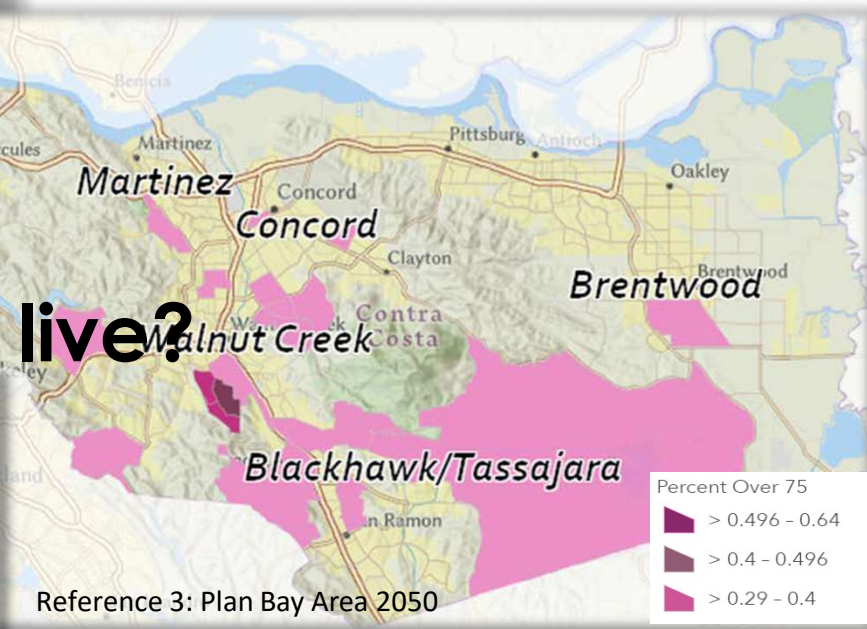
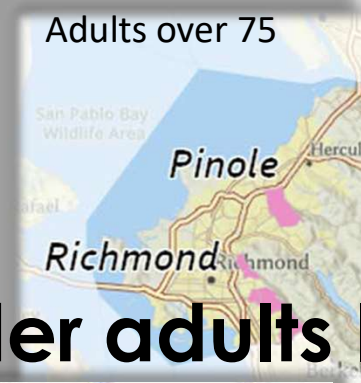
170,000 Contra Costa County residents 65+

15%

- 37% live alone
- 25% have a disability
- 14% speak English “less than very well”
- 69% White, 16.4% Asian, 11.7% Hispanic, 7.7% Black
- 0.7% have no telephone service
- 6.5% live in poverty
- 4.5% receive CalFresh benefits



households without a vehicle



Where do our older adults live?



Where are transit routes?

Reference 1: ABAG & MTC

Reference 3: Plan Bay Area 2050

Moving Forward

- **Planning Regional Virtual Transportation Workshops**
- **Monthly presentations from transportation providers and interested parties.**
- **Participate in accessible transportation committees, forums, etc.**
- **Advocate for additional funds to promote, improve, and expand accessible transportation services for older adults and adults with disabilities**
- **Strengthen SMAC by recruiting diverse participants, additional transit providers and interested citizens.**

Interested in Getting Involved?

- Attend an upcoming **SMAC Meeting**

1st Monday 1:00-2:30

<https://contra-costa.legistar.com/Calendar.aspx>

- For further information **Contact;**

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Thank you

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