

Community Services Bureau presents:

Make Parenting A Pleasure

Parenting Now!



A Group-Based Positive Parenting Education

**For Parents With Children
0 to 6 Years old**

**Training Sessions will take place between
October 8, 2024 and January 14, 2025**

Join us from 9:30 to 11:00am via Zoom

Meeting ID: 850 9176 7512

Passcode: 918617

Presentations will be in English only

Please see other side for training details

Scan this QR code with your phone's camera: the link to join on zoom will appear!



Training Calendar		
Sessions are from 9:30 to 11:00 AM as scheduled		
Sessions	Dates	Training Topics
1	10/8/2024	Our Values and Goals
2	10/15/2024	Caring for Ourselves
3	10/22/2024	Special Time
4	10/29/2024	Understanding Stress
5	11/5/2024	Stress Busters
6	11/12/2024	Who is My Child?
7	11/19/2024	Family Helpers
8	12/3/2024	Communication
9	12/10/2024	My Child's Emotions
10	12/17/2024	Discipline is Teaching
11	1/7/2025	Strategies for Effective Discipline
12	1/14/2025	Reflection and Celebration