

CONTRA COSTA COUNTY

AGENDA - PUBLISHED

Advisory Council on Aging

Wednesday, January 15, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill Boardroom

General Meeting

| Link: | https://cccounty-us.zoom.us/j/89014040093?

pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1 |Password: 484165 | Dial-in: 214 765 0478 or 8882780254 (US Toll Free) | Conference code: 698779 | ID:890 1404 0093 |

PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 165 Natalie Dr. Moraga; 2339 Magnolia Bridge Dr. San Ramon; 2950 Buskirk Ave. Suite 330 Walnut Creek; 200 Sea View Drive, El Cerrito

10:00 Call to Order/ Introductions: Jim Donnelly, ACOA President

10:01 Roll Call

10:05 Approval of December 2024 minutes

GEN 12.18.24 Draft Minutes

Attachments: GEN 12.18.24 Draft Minutes

25-176

10:10 Area Agency on Aging Report:

Local Master Plan for Aging

AAA Management Team Introductions

Master Plan on Aging Advisory Council on Aging PPT

25-177

Attachments: Master Plan on Aging Advisory Council on Aging PPT

10:35 ACOA Member Introductions: All

10:50 ACOA President's Report: Jim Donnelly

11:00 Break

11:10 Committee and Workgroup Reports: Chairs

Membership: Julie Ortega/Logan Robertson

Planning: Jill Kleiner

Health & Elder Abuse Prevention: Terri Tobey/Michael Wener

Housing: Kevin Donovan

Legislative: Shirley Krohn

Technology: Steve Lipson

Transportation: Candace Evans

11:25 City Report Brentwood: Eric Britz

City Report Martinez: Kathryn Monroy-Dexter Health Equity Summit Update: Lorna Van Ackeren

11:30 Regional Coalition Update: Debbie Toth

11:45 Consent Item:

11:46 Public Comment/Announcments

New Business for next meeting: Wednesday, February 19, 2025

12:00 Adjourn

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For additional information contact: Alicia Espinoza (925) 655-0771 or aespinoza@ehsd.cccounty.us

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The Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency Plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the Council or its individual members do not represent the official position of the County or any of its officers.



CONTRA COSTA COUNTY

1025 ESCOBAR STREET MARTINEZ, CA 94553

Staff Report

File #: 25-176 **Agenda Date:** 1/16/2025 **Agenda #:**

CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Wednesday, December 18, 2024

10:00 AM

500 Ellinwood Way, Pleasant Hill **Board Room**

General Meeting

| Link: | https://cccounty-us.zoom.us/j/89014040093? pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1| Password: 484165 | Dial-in: 214 765 0478 or 888 278 0254 code: 698779 | ID: 890 1404 0093

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10:00 Call to order and Introductions

10:01 Roll Call

Present Francisco Benavides, Roger Boaz, Cate Burkhart, Deborah Card,

> James Donnelly, Kevin Donovan, Candace Evans, Marilyn Fowler, Alan Goldhammer, Michelle Hayes, Denise Kalm, Carol Kehoe, Jill Kleiner, Shirley Krohn, Thomas Lang, Steve Lipson, Nicola Lopez, Lori Magistrado, Kathryn Monroy-Dexter, Richard Morisky, Brian O'Toole, Julie Ortega, Deanna Perry, Sharon Sakai-Miller, Victoria Snyder, Terri Tobey, Uche Uwahemu, Lorna

Van Ackeren, Michael Wener, Dennis Yee, and Riki Juster

Absent Eric Britz, and Logan Robertson

10:05 Approval of September Minutes

This was approved.

Motion: Donnelly Second: Wener

Aye: Benavides, Boaz, Burkhart, Card, Donnelly, Donovan, Evans,

Goldhammer, Hayes, Kalm, Kehoe, Kleiner, Krohn, Lang, Lipson, Lopez, Magistrado, Morisky, O'Toole, Ortega, Perry, Snyder, Tobey, Uwahemu, Van Ackeren, Wener, Yee, and

Juster

Absent: Britz, and Robertson

Abstain: Fowler, Monroy-Dexter, and Sakai-Miller

Result: Passed

GEN9.18.24DraftMinutes

Attachments: GEN9.18.24DraftMinutes

10:10 Area Agency on Aging Report- Alicia Espinoza, AAA Program Manager

Tracy Murray, Director, Aging and Adult Services

On behalf of the AAA staff and the ACOA, Tracy thanked Jill Kleiner for her phenomenal job as President of the ACOA.

One Time Only (OTO) funding was just announced. The total amount available for distribution is approximately \$600,000. The AAA will finalize allocations in the next week and notify providers to amend contracts.

Tracy reported that Meals on Wheels of Contra Costa (MOWCC), a nonprofit organization that raises funds for home delivered meals programs, made the decision in October 2024 to vacate the AAA seat on their Board of Directors. At the same meeting they discussed updating their bylaws so that the AAA would no longer be listed as a community partner. These actions will have an impact on the number of meals that the AAA can provide, and a reduced meal count will be noted on the Area Plan that the Advisory Council will consider in March of 2025.

Tracy introduced Alicia Espinoza, Program Manager of the AAA who reviewed RFP 1212 Measure X Organizational Capacity Building timeline.

RFP 1212 Organizational Capacity

Attachments: RFP1212-Organizational-Capacity-Final

https://ehsd.org/overview/contracting-opportunities/

10:35 City Reports (2 minutes each)

Antioch-Vacant

Brentwood- Eric Britz

Clayton- Vacant

Concord- Marylyn Fowler

Danville / Alamo- James Donnelly

El Cerrito- Carol Kehoe

Hercules- Vacant

Lafayette- Richard Morisky

Martinez- Kathryn Monroy-Dexter

Moraga- Francisco Benavides

Oakley- Vacant

Orinda- Candace Evans

Pinole- Lori Magistrado

Pittsburg- Vacant

Pleasant Hill- Lorna Van Ackeren

Richmond- Cate Burkhart

San Pablo- Vacant

San Ramon- Vacant

Walnut Creek- Denise Kalm

City Representatives gave updates on senior focused issues in their cities.

10:55 Slate of 2025 Officers:

President: Jim Donnelly

Vice President: Lorna Van Ackeren Secretary/Treasurer: Michelle Hayes

10:56 Polling and Election

Close nominations for candidates for ACOA officers for 2025

Motion: Burkhart Second: Kalm

Aye: Benavides, Boaz, Burkhart, Card, Donnelly, Donovan, Evans,

Fowler, Goldhammer, Hayes, Kalm, Kehoe, Kleiner, Krohn, Lang, Lipson, Lopez, Magistrado, Monroy-Dexter, Morisky,

O'Toole, Ortega, Perry, Sakai-Miller, Snyder, Tobey, Uwahemu, Van Ackeren, Wener, Yee, and Juster

Absent: Britz, and Robertson

Result: Passed

Vote to approve the slate of ACOA officers for 2025

Motion: Burkhart Second: Wener

Ave: Benavides, Boaz, Burkhart, Card, Donnelly, Donovan, Evans,

Fowler, Goldhammer, Hayes, Kalm, Kehoe, Kleiner, Krohn, Lang, Lipson, Lopez, Magistrado, Monroy-Dexter, Morisky,

O'Toole, Ortega, Perry, Sakai-Miller, Snyder, Tobey, Uwahemu, Van Ackeren, Wener, Yee, and Juster

Absent: Britz, and Robertson

Result: Passed

10:58 Oath of Office for Officers

The Oath of Office was administered to the new officers by Aging and Adult Services Director Tracy Murray

11:00 Break

11:10 Committee and Workgroup Reports: Chairs

Membership: Julie Ortega/Logan Robertson

Julie reported adding 10 new members, updated interview questions, still needs representatives from the City of Pittsburg, San Pablo, San Ramon and Clayton. Orientation scheduled for January 30th. Thank you Marilyn for becoming Kathryn Monroy-Dexter's buddy

Planning: Candace Evans

On December 5, revisited Ambrose Community Center to bring Information and Resources to the Seniors

Health & Elder Abuse Prevention: Terri Tobey/Michael Wener

Michael reported committee has 7 members, "Aging in Place" brochure being reviewed. Upcoming speakers: Dr. David Padgett – physiatrist, Tom Lang, Alan Goldhammer, and Brian O'Toole

Housing: Kevin Donovan

Next meeting is on Monday, January 13. Presenter will be Joseph Villareal, Director of the County's Housing Authority. Currently presenting the "No Place to Call Home" powerpoint throughout the County to raise awareness of homelessness and the need for more affordable housing.

Legislative: Shirley Krohn

Steve's proposal to the California Senior Legislature (CSL) for Brown Act adjustments is waiting to be picked up by an elected official. Shirley was re-elected to lead the CSL Assemblymembers

Technology: Steve Lipson

The committee talked about Artificial Intelligence (AI). Networking with other support/allies to gain support for Brown Act proposal

Transportation: Jim Donnelly

COVID Impact Survey still needs responses. Accessible advisory council of Contra Costa Transit Authority being formed. Candace will take over as Chair in January

11:25 Treasurer's Report: Candace Evans

Beginning Balance \$450.00; Spent in for October and December meetings \$253.29 Ending Balance \$196.71

11:27 ACOA President's Report: Jill Kleiner

Jill discussed ACOA Training requirements, Committee Assignments, 2024 Annual Report for the Board of Supervisors. Due to four absences in this calendar year, Michael Rigsby was "deemed voluntary resigned".

Thank you to all ACOA members – especially the following long-serving members:

Debbie Card (28 years), Shirley Krohn (20 years), Lorna Van Ackeren (9 years), Jim Donnelly and Brian O'Toole (8 years), Kevin Donovan, Steve Lipson, Dennis Yee, and Jill Kleiner (6 years), and Terri Tobey (5 years)

10.2.2024 Committee Assignments

Attachments: 10.2.2024 Committee Assignments

2024 Annual Report

Attachments: 2024 ACOA Annual Report (consolidated draft) final

11:37 Consent Items:

Approve Bylaws to be presented to Board of Supervisors Approve 2024 Annual Report

Motion: Fowler Second: Wener

Aye: Benavides, Boaz, Burkhart, Card, Donnelly, Donovan, Evans,

Fowler, Goldhammer, Hayes, Kalm, Kehoe, Kleiner, Krohn, Lang, Lipson, Lopez, Magistrado, Monroy-Dexter, Morisky,

O'Toole, Ortega, Perry, Sakai-Miller, Snyder, Tobey, Uwahemu, Van Ackeren, Wener, Yee, and Juster

Absent: Britz, and Robertson

Result: Passed GEN 9.18.24 DRAFT Bylaws

Attachments: GEN 9.18.24 DRAFT Bylaws

- 11:40 Regional Coalition Update: Debbie Toth
- 11:45 Health Equity Summit Update: Lorna Van Ackeren

Postponed to January

11:50 ACOA Holiday Activity: Marilyn Fowler

Marilyn organized a holiday activity which was enjoyed by the attendees

11:55 Public Comment None

New business for next meeting: Wednesday, January 15, 2025

Legistar instructions

12:00 Adjourn to Potluck
Jill adjourned the meeting at 11:51, passed the gavel to Jim Donnelly

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For additional information contact: Glenda Pacha (925) 655-0772 or gpacha@ehsd.cccounty.us

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CONTRA COSTA COUNTY

1025 ESCOBAR STREET MARTINEZ, CA 94553

Staff Report

File #: 25-177 Agenda Date: 1/16/2025 Agenda #:



Tracy Murray
Director, Aging & Adult Services
Employment and Human Services Department
tmurray@ehsd.cccounty.us

Aging & Adult Services Report

Presentation to the Advisory Council on Aging January 15, 2025

Table of Contents

- Aging in Contra Costa County
- Older Adult Services
- Contra Costa County Master Plan
- Next Steps

Building Brighter Futures Together



Aging in Contra Costa County

Building Brighter Futures Together



Contra Costa County Older Adults

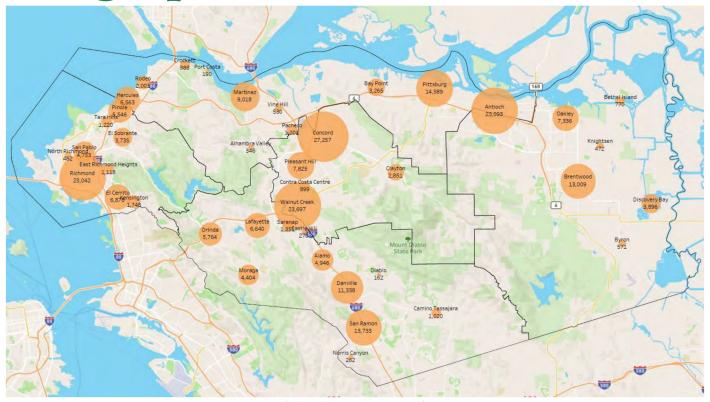
- In 2022, 297,880 (26%) residents were 60 +
- In 2022, 131,067 (44%) of residents 60+ identify as non-white
- In 2022, 86,385 (29%) residents 60+ speak a language other than English at home
- In 2022, 80,406 (27%) residents 60+ with a Disability (compared to 11% overall)
- In 2030, 348,441 (30%) of residents will be 60+
- In 2030, 79,877 (6.8%) of residents will be 80+



Source: CA Department of Aging – Data Dashboard



Geographic Distribution of 60+



CONTRA COSTA COUNTY

EMPLOYMENT & HUMAN SERVICES

Source: 2022 ACS Census 5-Year Estimates, Table S1701

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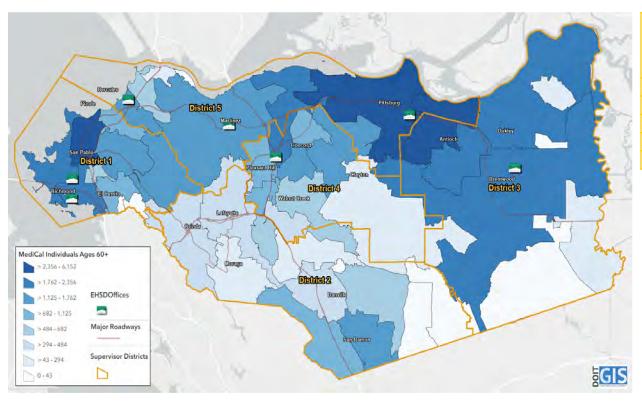
Older Adult Services

Building Brighter Futures Together



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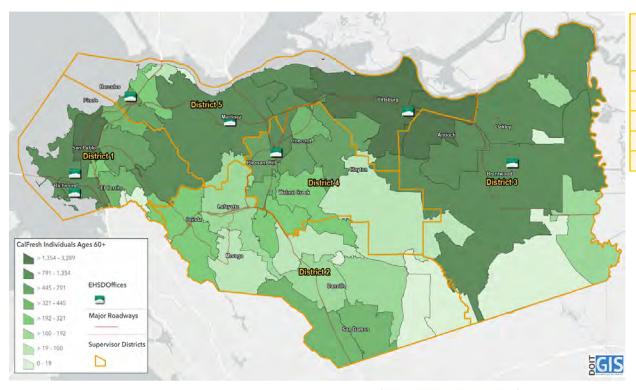
MC beneficiaries that are 60+



District	Supervisor	MediCal 60+
1	John Gioia	11,961
2	Candace Andersen	5,616
3	Diane Burgis	9,445
4	Ken Carlson	8,764
5	Federal D. Glover	11,716



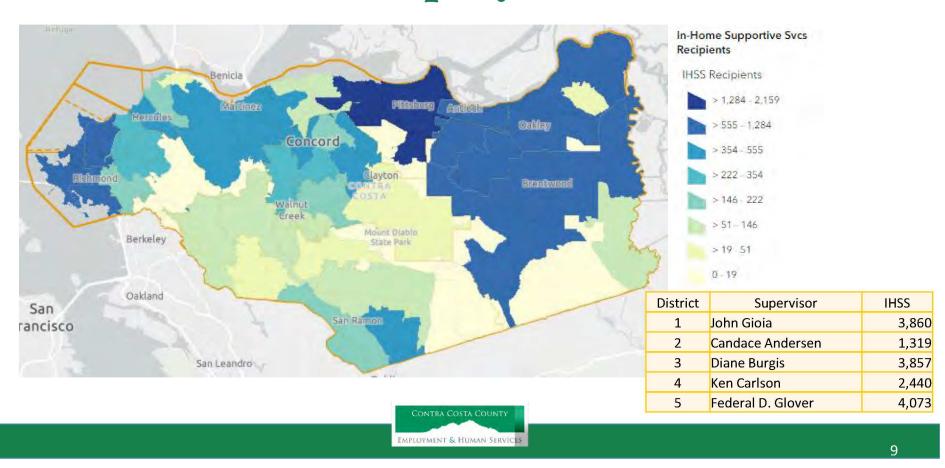
CalFresh beneficiaries that are 60+



District	Supervisor	CalFresh 60+
1	John Gioia	6,491
2	Candace Andersen	1,862
3	Diane Burgis	4,964
4	Ken Carlson	4,088
5	Federal D. Glover	6,575



IHSS Map by District



Aging & Adult Services At A Glance

11,252

Clients served by CBO's working with the AAA & Elder Abuse Program in Fiscal Year (FY) 2023-24

919,117

Meals provided by the Area Agency on Aging in FY 2023-24 454

Average monthly reports of Elder/Dependent Adult Abuse in FY 2023-2024 **904** active Adult Protective Services Cases in June 2024 18,844

Clients served through HICAP and Information & Assistance in FY 2023-24

534

Average monthly applications for General Assistance in FY 2023-24 679 active General Assistance cases in June 2024 452

Average monthly applications for In-Home Supportive Services in FY 2023-24 **15,673** consumers and **14,646** providers in June 2024



Sources: RTZ-GetCare, LEAPS, CMIPS,

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Community Service Providers

Alzheimer's Association	J-Sei	
Choice in Aging	Legal Assistance for Seniors	
Community Housing Development Corp.	Meals on Wheels Diablo Region	
Contra Costa Senior Legal Services	Meals on Wheels West Contra Costa	
Contra Costa Crisis Center	Mobility Matters	
Contra Costa Family Justice	Pacific Clinics	
Empowered Aging	Trio Community Meals	
Family Caregiver Alliance	West Contra Costa Unified School District	
Jewish Family & Community Services	West Contra Costa Unified School District	



Source: LEAPS

Contra Costa County Master Plan on Aging

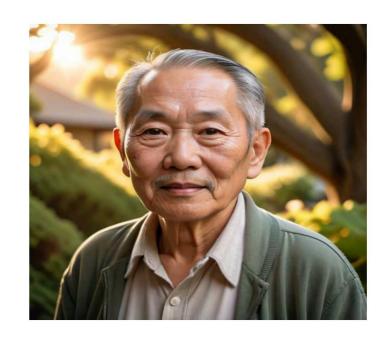


Source: LEAPS

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Master Plan Initiatives

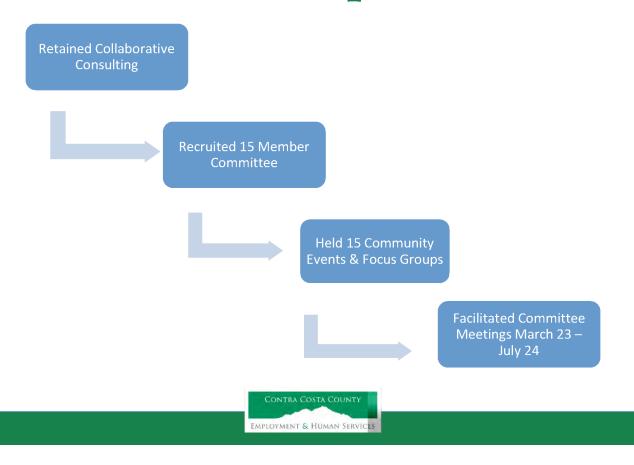
- 2019 Governor Newsom Issued Executive Order calling for the creation of a State Master Plan on Aging
- 2021 California Department of Aging published the Master Plan on Aging
- 2022 Contra Costa County Board of Supervisors authorized Measure X funding to create a local plan
- 2024 Administration on Community Living published a ten-year framework



"Aging is Changing, and it's Changing California" – California Master Plan on Aging



How We Developed this Plan



Committee & Contributors

CBO's

Mercel Amim Susannah Meyer Mariana Moore Susan Rotchy Debbie Toth Elaine Welch

Advisory Council on Aging

Jim Donnelly Kevin Donovan Jill Kleiner Gerald Richards

County Partners

John Cunningham Dr. Sara K. Levin Stephanie Rivera Gilbert Salinas Jamie Schecter

Aging & Adult Services

Alicia Espinoza, Carolyn Foudy, Jennifer Gomes-Figueroa, Jenny Lam, Frank Latcham, Nhang Luong, Patty Lund, Glenda Pacha, Cristina Ugaitafa

Other Contributors

Marketing & Communications Policy & Planning Images generated by OpenArtAI



Stakeholder Input

- 2 Community Events
- 13 Focus Groups
- 417 Community Assessment Surveys completed
- 37 Stakeholder Interviews



Master Plan For Aging Count Me In, Contra Costa!

November 17, 2022



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What we Learned from the Community Assessment Survey

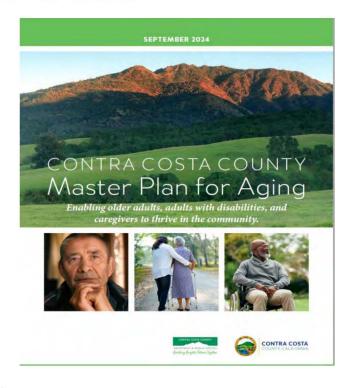
Percent of Responses Rated as Good or Excellent			
Overall quality of life	70%		
Ease of Public Transportation	25%		
Availability of affordable quality healthcare	25%		
Availability of long-term care options	23%		
Cost of Living	13%		
Availability of Affordable Housing	12%		

Source: Community Assessment Survey for Older Adults, November 2023 – 417 respondents



Elements of the Plan

- Why & how we developed the Plan
- What we learned from the research
- How we are going to act:
 - √ 6 Goals
 - √ 44 Strategies
- How we will oversee the plan
 - ✓ Lead agencies
 - ✓ Champions
 - ✓ Area Agency on Aging coordinating effort





The Framework for Action

Goals	Number of Strategies
Transportation	5
Housing for All Ages & Stages	6
Health Reimagined	8
Equity & Inclusion, not Isolation	6
Caregiving that Works	6
Affordable Aging	13
Total	44



Transportation Goal

As noted in the 2021 Accessible Transportation Strategic plan, the most reported (29%) challenge was feeling safe while travelling.

Strategies:

- Establish a countywide approach to developing accessible transportation policies
- Expand transportation services to improve accessibility and availability
- Launch a countywide, cross-sector trip planning platform with information on subsidies and the amount of walking involved





Housing for all Ages & Stages

19,521 Contra Costa County older adults are on waitlists for affordable housing.

Strategies:

- Increase collaboration between service providers for older adults and homelessness shelters
- Bolster prevention services that keep older adults from becoming unhoused
- Increase affordable housing units that have onsite supportive services





Health Re-imagined

In 2020, 21% of civilians in Contra Costa County lived in a primary care shortage Medical Service Study Area

Strategies:

- Develop a campaign and toolkit of resources to standardize and increase the practice of discussing end of life care
- Improve and expand healthcare services for those experiencing homelessness
- Advocate for policy changes that encourage and/or require medical schools and training to incorporate age-friendly geriatric care

Source: Master Plan for Aging Data Dashboard





Equity & Inclusion, not Isolation

Social Isolation is associated with a 50% increased of dementia and 32% increase for stroke.

Strategies:

- Address the challenges in assessing and using technology by providing education, training & support programs
- Increase funding for and availability of programs that address social connection
- Provide ongoing support to meet the needs of older adults and adults with disabilities who are at risk of or are experiencing abuse and neglect

Source: National Academies of Science





Caregiving that works

70% of adults 65 years and older will need some form of caregiving support.

Strategies:

- Develop strategies to raise awareness and improve navigation of the resources available to caregivers
- Expand caregiver services and supports to meet the needs of the caregiver and people they care for
- Expand caregiver respite support programs



Source: Pew Research Center



Affording Aging

60% of older adults spend more than 30% of their income on housing, and 20% receive public benefits

Strategies:

- Expand the number of home delivered and congregate meals
- Advocate for increased funding for services for those not eligible for means tested programs
- Increase participation in the CalFresh benefit program and advocate to increase minimum CalFresh benefit

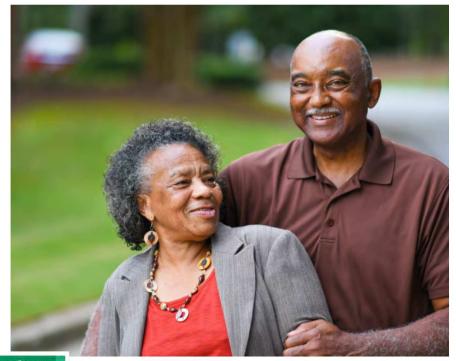


Source: Pew Research Center



Next Steps

- AAA Convenes
 Implementation Committee
- Champions establish teams
- AAA coordinates quarterly updates
- AAA publishes yearly report





Lead Agencies and Champions

Goal	Lead Agency(s)	Champion
Transportation	Department of Conservation Development; Contra Costa Transportation Authority	John Cunningham Rashida Kamara
Housing for all Ages & Stages	Contra Costa Health, H3; Contra Costa County Department of Conservation & Development	Jamie Schecter Gabriel Lemus
Health Re-imagined	Contra Costa Health	Dr. Sara K. Levin
Equity & Inclusion, not Isolation	Employment & Human Services Department; Office of Racial Equity & Social Justice	Tracy Murray Kendra Carr
Caregiving that Works	Employment & Human Services Department	Tracy Murray
Affording Aging	EHSD Choice in Aging	Tracy Murray Debbie Toth

EMPLOYMENT & HUMAN SERVICES

Questions and Feedback



