

SMAC Meeting Minutes for June 24, 2019

In Attendance: Rashida Kamara; David Pitman; Jim Donnelly; Elaine Welch; Anthony Macias (AAA staff); Mike Awadalla; Mary Bruns; Peter Engel, CCTA

Members Not Attending: Pete Randazzo, Shirley Krohn, Lorna Van Ackeren, Lisa Hammon, Ken Grey, Ralph Dennis, Rosemary Robles, John Cunningham

Others Attending: Linsey Willis (CCTA)

Call to Order: The meeting was called to order by Mary Bruns at ? am.

Introductions: Introductions were made by all attendees.

Agenda and Minutes: Today's agenda was approved. The minutes were approved by consensus.

Speakers were: CCTA Director of Programs: Peter Engel and CCTA Director of External Affairs Linsey Willis: Linsey can be contacted at lwillis@ccta.net or 925-256-4728.

The background of the current TEP was discussed, beginning with Measure C which mostly went to Transit Operators. The passing of the ADA in 1991 shifted the paradigm some. Measure J was passed in 1984 and was a continuation of Measure C although Nonprofits were also able to be funded through Measure J which sunsets in 2034. Contra Costa has spent most of the capital expenditures, and many projects have been accomplished or are well underway.

The draft of the Transportation Expenditure Plan for the proposed March 2020 sales tax measure was released last week. It will be discussed at the CCTA Board Meeting on August 7, August 14, and August 21. Suggested changes have to be submitted by the August 21 Board Meeting. Now is the time to attend these meetings to advocate for increased funding for accessible transportation for older adults and people with disabilities. There is a pot of money within the TEP that will fund part of the Accessible Transportation Strategic Plan (which has just started) if the Measure passes in March, 2020. By 2030, it is anticipated that 1/3 of the Contra Costa Population will be over age 65.

As individuals, members of SMAC can write letters and show up at these three meetings to advocate for the Transportation Expenditure Plan and the proposed sales tax measure. The TEP contains \$154 million for Accessible Transportation for Older Adults and People with Disabilities, the same amount that was allocated in Measure X.

The Vision Zero Policy's goals are traffic calming to achieve zero fatalities.

Telephone Town Halls are being held to discuss the TEP and sales tax measure.

Agency Updates:

Dave Pitman – The Monument Impact oversight meeting was held to keep the Monument shuttle funded as funding expires in July 2020. A goal is for the bus to stop at the senior center.

Rashida Kamara: The County Connection LINK program is in the early stages of data collection. They are looking into a regional one seat transportation program with Tri Delta, County Connection, and possibly WestCat. They are looking at MOUs and MOOs with their contractors. They are operating a pilot program for Choice in Aging. They are working with TransDev.

There was no Public comment.

Event planning discussion for the ACOA 2020 symposium:

Attendees: Jim Donnelly, Mary Bruns, Anthony Macias, Mike Awadalla, Dave Pitman
Venue, sponsors, and budget were discussed.

Content below carried over from the June meeting.

Venue approx. size 220; Venue cost \$1100 – 1200 rental fee for 8 hours

- Possible locations Shadelands or PH Community Center
- Cost for food, printing, advertising, CCTV
- AAA may have community funds to cover above, EXCEPT for food cost

Proposed dates; Friday, Sept 4; Monday, Sept 7; Friday, Sept 11 or 18

Audience targeted would be the newly retired and caregivers.

Currently, the *proposed* agenda for the event: (also carried over from the June minutes)

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| Topic 1 | Realities of Retirement; <ul style="list-style-type: none">○ Panel Discussion; 20-minute talk / 20-minute questions.○ Possible panel contributors AARP, SCAN, CA Master Plan on Aging, someone to speak about employment for people 65+, wealth management |
| Topic 2 | Reinvent yourself; <ul style="list-style-type: none">○ Motivational – possible speaker could be Dan Ashley |
| Lunch | Video “Need to Get Moving” |
| Topic 3 | How to talk to your Parents / How to care for your Parents <ul style="list-style-type: none">○ Rosemary Robles to talk about “taking the car keys away”○ Jill Henderson to talk about Elder Abuse |

- Lorna Van Ackeren to talk about caregiver issues and resources
- Practice Role Play with Improv

Topic 4 Health and Aging

- Medication Interactions and Over the Counter Drugs
- Dealing with physical and emotional limitations and health issues

Next SMAC meeting is August 26. Jim Donnelly will bring coffee. The speaker is Lisa Hammon from Choice in Aging.

Meeting was adjourned at 11:10?