



AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Monday, January 12, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Health and Elder Abuse Prevention Committee
<https://cccounty-us.zoom.us/j/83870526995>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 2756 Lily Court, Antioch | 621 Reading Place, Danville | 849 Bridgeway Circle, El Sobrante | 139 Aster Court, Hercules | 2950 Buskirk Avenue, Suite 330 Walnut Creek | 400 El Cerro Blvd. Danville

1:00 Call to Order | Introductions: Dr. Michael Wener, Chair

Roll call (Dixie Peralta)

Approve December 2025 Minutes

Health Meeting Minutes 12-08-25

[26-160](#)

1:10 Member Reports:

- Nutrition – no report
- Elder Wellness & Advocacy Coalition- Cristina
- Medi-Cal- Brian

1:30 Liaisons for Food Security Collaborative and Elder Wellness & Advocacy Coalition (January 12th Meeting, 2:00-3:30 pm)

1:45 Area Plan Update- review of objectives

APU Objectives Draft FY 26-27 Draft_Updated_Planning - edits

[26-161](#)

1:55 Break

2:00 Workgroup Meeting Discussion
• Chair
• Mission
• Change of Meeting Time

2:15 Discussion: Open

2:25 Public Comment

Next proposed Health & Elder Abuse Prevention Committee Meeting:

- Monday, February 9, 2026 1:00pm – 2:30pm

2:30 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

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