

AWARDS TO INCREASE AFRICAN AMERICAN HOLISTIC WELLNESS AND RESOURCES (2025)

Priority Service Category	Awardee	Award	Cities Served	Project Description
Maternal/Infant Health	Breast Friends Lactation and Support Services	\$100,000	Richmond, San Pablo, Pittsburg, Antioch	This project will bridge the gap in lactation care for African American pregnant and breastfeeding moms and families, prioritizing breastfeeding education, offering peer support, and addressing health disparities that most impact African American families.
	Black Girls Mental Health Collective Foundation	\$76,000	Richmond, San Pablo, Pittsburg, Antioch, Bay Point	A culturally responsive, trauma-informed program providing perinatal mental health support, maternal health provider training, and community engagement for African American mothers in Contra Costa County to improve mental wellness and reduce health disparities.
Behavioral Health	Healing Spot Counseling Center Inc.	\$76,000	Antioch, Brentwood, Oakley, Discovery Bay, Pittsburg, Bay Point	Healing Spot Counseling Center, Inc. provides culturally responsive mental health services for African American residents who face barriers accessing community support services. The comprehensive approach includes crisis stabilization, individual counseling, and group therapy, delivered by licensed clinicians of color who understand community trauma and needs.
	Equity for Black Women and Girls	\$50,000	Richmond, San Pablo, Hercules, Pittsburg, Antioch, Bay Point	Sister Circles create safe spaces for Black women and girls to connect, share their experiences, and network. They address critical issues such as domestic violence and mental wellness, while fostering support, growth and community. These circles empower participants to heal and face challenges with resilience.
	NAMI Contra Costa	\$50,000	Antioch	The "I'm a Winner!" Program is designed to improve outcomes for African American youth, utilizing a holistic, faith-based, affirmative strategy. Through partnerships with schools and faith centers to address disparities and eliminate the school-to-prison pipeline, the program acknowledges the harm experienced by students and their families and offers empowering tools in a safe environment.
Food/Housing Insecurity	Grace Arms of Antioch	\$76,000	Antioch, Brentwood, Oakley, Pittsburg, Concord	Grace Closet, Pantry and Grace House provides essential services to individuals and families facing financial challenges, homelessness or food insecurity. These programs offer free food, clothing, and a supportive environment for those who are unemployed, underemployed or reliant on government assistance. Grace Closet serves the community bi-weekly, ensuring individuals not only receive basic necessities but also experience dignity and encouragement in difficult times.

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	Genesis Church	\$50,000	Antioch	Genesis Grocery Share Program/Elevate provides fresh produce and groceries the under-resourced residents of Antioch. Groceries are distributed on site every Saturday and are delivered to the elderly on Fridays.
	The Black Neighborhood	\$50,000	Richmond, San Pablo	The Black Neighborhood's Holistic Wellness and Food Security Initiative provides food distribution, trauma-informed healing workshops, and a community conference aimed at enhancing wellness, security, and recovery within African American communities, particularly those impacted by systemic violence and food insecurity in both East and West Contra Costa County.

Community Healing	Healthy Hearts	\$76,000	Pittsburg	The Healthy Hearts Community Healing and Resilience project will provide support for community healing from police trauma and poverty within Pittsburg's El Pueblo housing development, a historically Black underserved community.
	Centered Care Wellness	\$50,000	Antioch	Transforming Chronic Care Management for Veterans through Telehealth Innovation provides veterans with accessible, personalized telehealth services to manage chronic health conditions and improve overall well-being.
	Miles Hall Foundation	\$50,000	Countywide	Miles of Connections, Healing and Belonging Community Outreach Services is a community-building initiative to engage Black residents across Contra Costa County. Leveraging their trusted relationships, the Miles Hall Foundation will foster participation, belonging and healing by promoting all of the African American Wellness Hub's critical services and ensuring the community knows how to access and benefit from them.

Youth Development	1 Hundred Years Project	\$76,000	Richmond, Antioch	1 Hundred Years Enterprise is a credible messenger-led program to support positive youth development among justice-involved African American youth in Contra Costa County. Mentors with lived experience will provide intensive support for 28 youth and their families.
	Genesis Church	\$50,000	Antioch	Peer to Peer Youth Trauma Healing Groups addresses complex trauma inflicted upon African American youth in small healing groups. These facilitated groups provide a safe space of transparency without judgement.
	Improve Your Tomorrow	\$50,000	Brentwood, Pittsburg	Pathways to Success at Liberty and Black Diamond High Schools will deliver culturally responsive mentorship and social emotional learning to empower young Black men. This program fuses academic support, emotional wellness resources, and career guidance to address systemic challenges and build pathways to educational and personal success.