



AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Tuesday, April 7, 2026

10:00 AM

500 Ellinwood Way, Pleasant Hill, CA
Corner Conference Room

Planning Committee

<https://cccounty-us.zoom.us/j/81809281017>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above.

10:00 Welcome, Announcements, Roll call – Jill Kleiner

10:05 Approval of March 2026 Minutes

Planning Committee Meeting Minutes 03.03.26

[26-1331](#)

10:10 Updates from Area Agency on Aging- Cristina Ugaitafa

- AAA Manager position vacancy
- IIIB RFP
- Initial results of CDA monitoring visit

10:30 Brian O’Toole, Esq. - Medi-Cal Review 2026

2026 ACOA Medi-Cal Seminar

[26-1332](#)

10:55 Discuss Community Based Outreach Sessions – Debbie Card

- Updates on scheduling I&A Focus Group Revisit for Danville (Sept 2026)
- Other potential topics – changes for Medicaid

11:10 Break

11:20 Status of CBO site visits

- Q2 2026: MOWDR May 22nd at 2:00 pm
- Discuss Q3 potential sites: PACE/CEI, Trinity Center

11:40 Area Plan Update 2026/2027

- August General Meeting: ACOA progress on 2026/2027 objectives

11:50 Public Comment

Next Planning Committee Meeting:

- Tuesday, May 5, 2026, 10:00AM – 12:00PM

12:00 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-1331

Agenda Date: 4/7/2026

Agenda #:

Advisory Council on Aging:

Planning Committee Meeting Minutes 03-03-2026



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Tuesday, March 3, 2026

10:00 AM

500 Ellinwood Way, Pleasant Hill, CA
Corner Conference Room

Planning Committee

<https://cccouny-us.zoom.us/j/81809281017>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 28 Orinda Way, Orinda

10:00 Welcome, Announcements, Roll call – Jill Kleiner

Present Chalo Buckman, Deborah Card, Kevin Donovan, Jill Kleiner,
Richard Morisky, and Dennis Yee

Absent Cesar Court, and Candace Evans

10:03 Approval of February 2026 Meeting Minutes

Motion: Card

Second: Buckman

Aye: Buckman, Card, Donovan, Kleiner, Morisky, and Yee

Absent: Court, and Evans

Result: Passed

Planning Committee Meeting Minutes 02-03-26

[26-842](#)

10:10 Updates from Area Agency on Aging- Cristina Ugaitafa

- Staffing – Program Manager position has been posted
- RFP for IIIB will be released
 - Will need assistance with evaluation panels
 - Expect several proposals
 - BidNet email was sent by Glenda about needing to register for submitting and reviewing of proposals
- Monitoring schedule has been established with CDA Monitoring of the Advisory Body on March 16th at 9:30 am- Jill and Kevin will participate in the meeting

10:40 Community Based Outreach Sessions – Debbie Card

- Updates on scheduling I&A Focus Group Revisit for Danville (September 2026) for a 45-minute session, scheduling happening with Nhang
- ACOA Technology group wants to work with County Health for older adult community education
- Other potential topics – changes for Medicaid
 - At ACOA General meeting in February Dr. Colfax addressed projections with Medi-Cal changes
 - Suggestion to have Dr. Colfax come back in September for an update
 - Debbie reached out to Community Health Worker that could speak to Medi-Cal changes
 - Jim to reach out to Brian O'Toole to give Medi-Cal changes in the Health and Elder Abuse Prevention Committee
 - Committee goal about the subject is still to get the information to the community
 - Next steps- have someone present in Planning to be more informed
 - Contra Costa Health Plan (Dr. Colfax) would be a good partner
 - Committee can provide outlets for presentations
 - Kevin to have Justice in Aging present at Housing Committee, may decide to have the presentation also for the Planning Committee
 - Can also reach out to someone in EHSD, as this might be an easier partnership because of being internal

11:00 Break

11:10 Status of CBO site visits

- Q1 2026: TRIO visits on February 24th and 25th, from 10:00-11:00 am – debrief on tours
 - Everyone was impressed and enjoyed the tours.
 - Question about whether food served for the tasting is representative of what is served at Congregate sites
 - Cristina to submit an article for EHSD submission
 - Choose pictures from each day and also one with food
- Q2 2026: MOWDR, pending new site finished, which is expected in March
 - Plan for May meeting
 - Jim reached out to David Linell about future May meeting
 - Jill to follow-up with to David to schedule visit
- Decide which place to visit for the third quarter
 - Discuss potential sites: PACE/CEI, Trinity Center at next meeting
- For a future meeting, discuss which organizations can present at ACOA Planning or General meeting

11:40 Area Plan Update 2026/2027

- 3/18/26: AAA conducts Public Hearing to approve Area Plan update
- Mid-year timing for ACOA progress, by Committee chairs, on 2026/2027 objectives at ACOA General for August

11:50 Public Comment

- Question asked about any updates on the Master Plan on Aging
 - Cristina to check with Tracy if MPA updates can be given at Planning Committee meetings

Next Planning Committee Meeting:

- Tuesday, April 7, 2026, 10:00AM – 12:00PM

12:00 Adjourn

- Meeting adjourned at 11:47 am

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-1332

Agenda Date: 4/7/2026

Agenda #:

Advisory Council on Aging:

2026 ACOA Med-Cal Seminar

Medi-Cal Review 2026

April 7, 2026

Medi-Cal (Medicaid) is a program that can be used to supplement your Medicare benefits.

Eligibility

As a Medicare recipient, becoming eligible for Medi-Cal requires passing “The Asset Test.”

For an Individual - **\$130,000.00**

If married, the spouse may have an additional \$162,660.00, a total of **\$292,660.00**

Your residence and retirement accounts may be exempted from the above calculation.

Various documents must be submitted to establish the exemptions and Spousal Allocation.

Share of Cost

Once approved for Community Based Medi-Cal Services, you are provided a Share of Cost – a monthly deductible for Medi-Cal services.

If less than \$1,801.00/month – \$0.00 Share of Cost

If over \$1,801.00/month – You keep the first \$600.00, the remainder is your Share of Cost

If married, we can often navigate the Share of Cost rules to segregate income for the “healthy spouse” and acquire \$0.00 Share of Cost for the Medi-Cal spouse.

Recovery

Medi-Cal can only “recover” against your estate when your estate goes through a formal probate. Use a living trust to avoid probate and avoid Medi-Cal Recovery.

Programs

In Home Support Services (IHSS) – helps pay for a caretaker in your home.

Program for All-Inclusive Care for the Elderly (PACE) – Center for Elders Independence (CEI) is the PACE provider in Contra Costa. They provide comprehensive health services from a Concord facility.

Assisted Living Waiver (ALW) – A program that helps pay for assisted living for seniors that would otherwise require skilled nursing care. Long waitlist. You must be \$0.00 Share of Cost.

Long-Term Care/Skilled Nursing Care – Medicare only covers 100 days of Skilled Nursing (days 1-20 are free of charge, days 21-100 have a daily copay). If there is no other choice but a long-term stay at Skilled Nursing, then most people use Medi-Cal to offset the very high costs.