

# Contra Costa County Alcohol and Other Drugs Advisory Board (925) 335–3307; fax (925) 335–3311

"The mission of the Contra Costa County Alcohol and Other Drugs Advisory Board is to assess family and community needs regarding prevention and treatment of alcohol and other drug-related problems. Resultant findings and recommendations are forwarded to the Health Services Department and the Board of Supervisors. The Board also serves as an advocate for these findings and recommendations to the communities that we serve."

#### This meeting will be held in-person and via Zoom "hybrid" in accordance with AB 2449

#### **AGENDA**

**Programs and Services Committee Meeting** 

<u>Thursday, November 7, 2024</u> 5:00 pm - 6:00 pm

Zoom Link: <a href="https://cchealth.zoom.us/j/96122547722">https://cchealth.zoom.us/j/96122547722</a>

Meeting ID: 961 2254 7722 Dial-in: +1 646 - 518 - 9805

Location for this meeting: 1220 Morello Ave, Suite 101 "AODS Conference Rm," Martinez, CA 94553

District I
Olivia Liou

District 2 Shelley Clark

District 3 Vacant

District 4 Kristin Smith

District 5
Logan Campbell

At- Large Member Vacant

Vacant Roland Fernandez Vacant

Nicole Green Vacant

**At- Large Alternate** 

Vacant Vacant Vacant I. Call to Order. Introductions of Members and Guests.

**Public Comment.** The Public and the Board members may comment on any item of public interest within the jurisdiction of the Alcohol and Other Drugs Advisory Board (AODAB) but not on this agenda. (Maximum three minutes per speaker).

#### III. Old Business

- Finalize Programs and Services Survey, Letter, Dissemination, and Timeline – All\*
- Programs Visits Update Staff/All
- Annual Report to the Board of Supervisors Report Due: Friday, November 8th, 2024 – All\*

#### IV. New Business

- Programs and Services Flyer All\*
- Programs and Services Committee plans for integration of Behavioral Health Board – All

#### V. Goals and Objectives 2024

- Programs and Services Workplan All
- Goals and Objectives/Action Plan for 2024 (consolidate) All\*
- **VI. Public Comment.** The Public and the Board members may comment on any item of public interest within the jurisdiction of the AODAB but not on this agenda. (Maximum three minutes per speaker).

VII. Next Meeting: TBD

\*Indicates Action Item

VIII. Adjourn

AODS will provide reasonable accommodations for persons with disabilities planning to attend the meetings who should contact staff at least 24 hours before the meeting at (925) 335-3307.

The Contra Costa County Alcohol and Other Drugs Advisory Board (AODAB) welcomes and encourages public participation at each meeting. Public comments on the agenda or any item of interest within the jurisdiction of the AODAB are restricted to a maximum of three minutes per speaker. Topics not posted on the agenda may be addressed by the general public, however, California Law prohibits a Board or Commission from taking action on matters which are not on the agenda, unless in specific instances as stated under the Brown Act. Any person wishing to address this Board on matters not posted on the agenda should bring their request to the attention of the Chair, Vice Chair or Staff of the Board. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the staff supporting the AOD Board distributed to a majority of AODAB members less than 96 hours prior to that meeting are available for public inspection at 1220 Morello Ave. Suite 101 Martinez, CA 94553 during normal business hours. For more information, contact Fatima Matal Sol (925) 335-3307.

# Survey to Alcohol and Other Drugs (AOD)/Substance Use Disorder Programs &

Thank you for your interest in participating in the Alcohol and Other Drugs Advisory Board Programs and Services led survey. Your input is vital in helping us understand how various Providers serve the SUD intervention, detox, treatment, and recovery needs of our County's wonderfully diverse communities. This confidential survey is only 20 questions and will take approximately 10-15 minutes to complete.

\* Required

#### **Organization/Entity (Program) Information**

1.	Name of	Organiza	tion/Entit	y (Progra	m) *		

What is the primary focus/missing of your Organization/Entity (Program) *			
3. How many people does your Program serve annually? *			
C Less than 100			
O 100 to 500			
501 to 1,000			
More than 1,000			

### **Services Offered**

4.		,	_	, ,	m(s) or serves? If no, skip	 ,
	O 1	Yes				
	1	No				

5.	com	there any special populations (specific segments) of the munity your program(s) or service(s) are particularly designed to port? Select all that apply. *
		Asian
		African American/Black
		Caucasian
		Formerly Incarcerated Individuals
		Hispanic/Latino/Latinx
		Individuals with Families
		LGBTQ+
		Men
		Native American
		Pacific Islanders
		Residential Treatment
		Transition Aged Youth (TAY)
		Women (generally)
		Women (pregnant/postpartum)
		Youth (under age 18)
		Other (please specify)

6. What type of practices or policies does your Organization/Entity (Program) have in place to promote recruitment and retention practices to ensure staff hires that support the diversity of the clients? *	

# Program Details

	Please describe what alcohol and/or other drug intervention, treatment, detox and/or recovery program(s) and/or service(s) your Program offers. *				
8.	Please describe how the alcohol and/or other drug intervention, treatment, detox, and/or recovery program(s) and/or service(s) your Program offers are tailored to the needs of each of the specific community segments you selected in Question 5. *				
9.	If your Program specifically assesses any of your client's needs based on the client's inclusion in a specific community segment you serve, how do you make this assessment? (state "Not Applicable" if you do not make such an assessment). *				

10.		What challenges, if any, does your Program face in offering the program(s) and/or service(s) you outlined in Question 7? *							
11.	bac eco repr	a scale of 1 to 10, how would you rate the variety of diverse kgrounds and identities (e.g., ethnicity, family status, socionomic status) of your client population? (1 is no variety resented and 10 is expansive variety resented)							
	$\bigcirc$	1							
	$\bigcirc$	2							
	$\bigcirc$	3							
	$\bigcirc$	4							
	$\bigcirc$	5							
	$\bigcirc$	6							
	$\bigcirc$	7							
	$\bigcirc$	8							
	$\bigcirc$	9							
	$\bigcirc$	10							

12.	On a scale of 1 to 10, do you feel that your Program's selection of alcohol and other drug intervention, treatment, detox and recovery program(s) and/or service(s) promotes any cross-cultural understanding and collaboration among your Program's counselors? (1 is no understanding/collaboration and 10 is exceptional understanding/collaboration). *
	<u> </u>
	O 2
	<u>4</u>
	<u> </u>
	<u>6</u>
	7
	<u>8</u>
	9
	10
13.	Does your Program offer clients vocational training and/or life skills workshops? If yes, which ones? If not, do you collaborate with any Programs that do? *

# **Outreach and Engagement**

14.	deto	does your Program promote your intervention, treatment, ox, and/or recovery program(s) and/or service(s) to the segments ne community you identified serving in Question 5? Select all the y. *
		Social media
		Community events
		Flyers or posters
		Partnerships with other organizations
		Speaking engagements
		Radio/Television
		Other (please specify)
15.	the s	our experience, what are the most effective ways to engage with segments of the community you identified serving in Question 5, are there any specific offerings/techniques you find most essful)? *

# **Feedback and Improvements**

16.	Do you actively seek feedback from the clients your Program serves regarding your program(s) and/or service(s)? If yes, how do you gather feedback? *				
17.		at, if any, feedback has your Program received from your clients ut your program(s) and/or service(s)? *			
18.		ou feel a sense of belonging and inclusion within your Program or the program(s)/service(s) your Program provides? *			
	$\bigcirc$	Yes, among staff only			
	$\bigcirc$	Yes, among our clients only (as they have expressed)			
	$\bigcirc$	Yes, among both staff and clients			
		No, I do not feel anyone feels belonging/inclusion			

19.	What improvements or changes is your Program considering to specifically better serve the segments of the community you identified serving in Question 5? *
20.	What other suggestions, if any, do you have to help your Program
	better meet the diverse needs of the Contra Costa County community? *

#### **Conclusion**

Thank you for completing our survey. Your responses are crucial for us to understand and improve the effectiveness of substance use disorder programs across Contra Costa County. Please include your contact details below if you wish to provide additional information or have any questions. (Optional)

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# Survey to Community Members and/or Clients %

Thank you for your interest in participating in the Alcohol and Other Drugs Advisory Board Programs and Services led survey. Your feedback is important to us. This survey aims to gather insights on our Alcohol and Other Drugs, intervention, treatment, detox, and recovery programs and how they support our diverse communities within Contra Costa County. The survey will take approximately 5-10 minutes to complete. All responses are confidential.

\* Required

Demographics

1. Which of the following best describes you? Select all that apply. *		
	Asian	
	African American/Black	
	Caucasian	
	Formerly Incarcerated Individuals	
	Hispanic/Latino/Latinx	
	Individuals with Families	
	Individuals in Residential Treatment	
	LGBTQ+	
	Man	
	Native American	
	Pacific Islander	
	Woman (not pregnant or postpartum)	
	Woman (pregnant or postpartum)	
	Youth	
	Prefer not to say	
	Other	

2. What is your age group? *					
$\bigcirc$	Under 18				
	18-24				
$\bigcirc$	25-34				
	35-44				
	45-54				
	55-64				
	65 or older				
3. Are	you married? *				
$\bigcirc$	Yes				
	No				
	Not applicable (for youth)				
4. Do y	ou have children or grandchildren? *				
$\bigcirc$	Yes				
	No				

5.	5. What ages are your children/grandchildren (select all that apply)? *					
		Not applicable				
		0 to 5 years old				
		6 to 10 years old				
		11 to 15 years old				
		16 to 18 years old				
		19 to 24 years old				
		25 years or older				
6.	Doy	our children/grandchildren live with you? *				
	$\bigcirc$	Yes				
	$\bigcirc$	No				
	$\bigcirc$	Not applicable				
7.	Do y	ou currently reside in Contra Costa County? *				
	$\bigcirc$	Yes				
		No				

### **Awareness and Accessibility**

8.	inte	ore today, were you aware of any alcohol or other drug, rvention, detox, treatment, or recovery programs or services red within Contra Costa County? *
	$\bigcirc$	Yes
	$\bigcirc$	No
9.		did you hear about the programs or services you noted in stion 8? Select all that apply. *
		Social media
		Friends or family
		Community events
		Flyers or posters
		Website
		Other

10.	10. If you learned about the programs or services via the Contra Contra County website, how easy was it to navigate the site to find the information you needed? *					
	$\bigcirc$	Very easy				
	$\bigcirc$	Somewhat easy				
	$\bigcirc$	Neither easy nor difficult				
	$\bigcirc$	Somewhat difficult				
	$\bigcirc$	Very difficult				

# **Program Evaluation**

11.	drug	e you or someone you know participated in any alcohol or other intervention, treatment, detox, or recovery programs or ices offered within Contra Costa County? *
	$\bigcirc$	Yes
	$\bigcirc$	Yes, someone I know has
	$\bigcirc$	No
12.	How	did you gain access to these programs? Select all that apply. *
		Self-referred
		Referred through legal process (e.g., court, probation, jail services)
		Access Line
		Medical provider
		Other

13.	in Q of th	king about the community group(s) you identified belonging to question 1, how would you rate the inclusivity/welcoming nature ne program you participate/participated in? (1 is not usive/welcoming and 10 is very inclusive/welcoming) *
	$\bigcirc$	1
	$\bigcirc$	2
	$\bigcirc$	3
	$\bigcirc$	4
	$\bigcirc$	5
	$\bigcirc$	6
	$\bigcirc$	7
	$\bigcirc$	8
	$\bigcirc$	9
	$\bigcirc$	10
14.	prog	at types of intervention, detox, treatment, or recovery grams/services do you think are essential, <i>specifically</i> for the nmunity group(s) you identified in Question 1 (demographics ion), if any? *

	Do you feel that diversity (e.g., diverse ethnic, socio-economic, and experiential backgrounds) among the staff in the program or service you participate/participated in, is/was important in your recovery journey? *
	Yes
	○ No
16.	If you answered Yes to Question 15, why do you feel diversity in the program staff is/was important in your recovery journey? *
17.	Do you feel that a sense of inclusion (e.g., a sense that you belong
	based on your diverse ethnic, socio-economic, and experiential background) in your program is/was important in your recovery journey? *
	Yes
	○ No
18.	While participating in your program/service, did you experience discrimination based on the community group(s) you identified belonging to in Question 1 (Demographics)? If so, how? *

19.	On a scale of 1-5, how much do you think the programs/services you are in/have participated in promote a culture of including diverse backgrounds and experiences in your recovery journey? (1 is not at all and 5 is definitely do) *
	<u> </u>
	<u>2</u>
	<u> </u>
	<u> </u>
	<u> </u>
20.	Have you observed/experienced any barriers to accessing resources when attempting to access any alcohol or other drugs intervention, detox, treatment, or recovery programs/services in Contra Costa County, if so, please explain? *

# **Suggestions for Improvement**

21.	What improvements would you suggest to make our programs/services more accessible and supportive for YOU and/or the community group(s) you identified belonging to in Question 1 (demographics)? *						
22.	Would you be interested in participating in future programs or events that are tailored specifically to the community group(s) you identified belonging to in Question 1? *						
	Yes						
	○ No						
23.	Please share any other comments, questions, or concerns you want to share with us. *						

#### Conclusion

Thank you for taking the time to complete our survey. Your feedback is invaluable in helping to improve our alcohol and other drug intervention, detox, treatment, and recovery programs. If you are interested in staying updated on our programs and initiatives, please leave your email address below. (Optional)

24.	Email				

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# Alcohol and Other Drugs Advisory Board Programs and Services Committee Survey

As part of our ongoing pledge to ensure your efforts continue to succeed in meeting the diverse needs of our community, we are conducting a set of provider-client evaluative surveys. Our aim is to assess the impact and success of our initiatives and your work.

# Survey to Programs

