



# CONTRA COSTA COUNTY

## AGENDA - PUBLISHED

### Advisory Council on Aging

---

**Monday, December 8, 2025**

**1:00 PM**

**500 Ellinwood Way, Pleasant Hill, CA  
Corner Conference Room**

---

**Health and Elder Abuse Awareness Committee**  
**<https://cccouny-us.zoom.us/j/83870526995>**

#### PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 2756 Lily Court, Antioch | 139 Aster Court, Hercules | 2950 Buskirk Avenue, Suite 330 Walnut Creek

1:00 Call to Order | Roll Call | Introductions – Michael Wener

Approval of October 13, 2025 Minutes

Health and Elder Abuse MINUTES 10-13-25 REV

**[25-5191](#)**

**Attachments:** [Health and Elder Abuse MINUTES 10-13-25 REV](#)

1:10 Member Reports:

- Nutrition: no report
- County Wellness Update: Cristina Ugaitafa
- Medi-Cal: Brian O'Toole

1:30 Presentation “Elder Abuse Signs and Legal Remedies”, presented by Emily Milstein, Staff Attorney with Contra Costa Senior Legal Services

Elder Abuse Presentation CCSL

**[25-5026](#)**

**Attachments:** [Elder Abuse Presentation CCSL](#)

2:00 Annual Committee Report: Review Progress

2:05 Break

2:10 Committee Chairs

2:15 Discussion: Open

2:20 Area Plan Update/Community Presentation and Tracking

HEAP Objectives 12\_04\_25

[25-5032](#)

**Attachments:** [HEAP Objectives 12\\_04\\_25](#)

2:25 Public Comment

Next Health & Elder Abuse Awareness Committee Meeting:

- Monday, January 12, 2026, 1:00pm – 2:30pm

2:30 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at [www.contracosta.ca.gov](http://www.contracosta.ca.gov). If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or [cugaitafa@ehsd.cccounty.us](mailto:cugaitafa@ehsd.cccounty.us)