



Contra  
Costa  
County

**Print Form**

Please return completed applications to:  
Clerk of the Board of Supervisors  
1025 Escobar Street, 1st Floor  
Martinez, CA 94553  
or email to: ClerkofTheBoard@cob.cccounty.us

**BOARDS, COMMITTEES, AND COMMISSIONS APPLICATION**

**First Name** Michael **Middle Initial** S **Last Name** Castillo

**Home Address - Street** [redacted] **City** Pleasant Hill **State** CA **Postal Code** 94523

**Primary Phone (best number to reach you)** [redacted] **Email Address** [redacted]

**Resident of Supervisorial District (if out of County, please enter N/A):** yes

**Do you work in Contra Costa County?**  Yes  No **If Yes, in which District do you work?** Martinez

**EDUCATION** Check appropriate box if you possess one of the following:

High School Diploma  CA High School Proficiency Certificate  G.E.D. Certificate

Colleges or Universities Attended	Degree Type/Course of Study/Major	Degree Awarded	
College of Saint Scholastica, Duluth, MN	Doctor of Physical Therapy	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
California State University Stanislaus	Master in Public Administration	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
University of Indianapolis, Indianapolis, IN	Master in Health Science	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

**Other Training Completed:** CA Licensed Physical Therapist **Certificate Awarded for Training?**  
 Yes  No

**Board, Commission, or Committee** NA **Seat Name** NA

**Have you ever attended a meeting of the advisory board for which you are applying?**

Please check one:  Yes  No **If Yes, how many?** [redacted]

**Please explain why you would like to serve on this particular board, committee, or commission.**

I've spent my career in public organizations and private corporations, and I am resolute in offering and volunteering my services to public service. I am passionate with being involved in improving the quality of life and health outcomes for our seniors. I believe that I can effectively direct my energy toward this goal by being a member of this advisory council.

**Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)**

I'm Michael S. Castillo, a proud resident and homeowner in Pleasant Hill. I am confident that my experience, education and background are well suited to be of service to this council. I am 55 years old now and has been in the profession of geriatric care for 33 years. That is how long I've been a physical therapist with national board-certification on geriatrics and neurology. In my career, I've worked in skilled nursing facilities, acute care, inpatient rehab, outpatient and home health, they're all settings affecting the continuum of care and health for adults, up to our community-dwelling seniors. Currently, I work for Kaiser Permanente, one of the county's largest employer as the Diablo Service Area home health rehab manager. The territory encompasses most of Contra Costa county and part of Alameda county. My responsibilities include the leadership, supervision and direction of a professional home health rehab team comprised of physical, occupational therapists and speech language pathologists, in their work in facilitating the rehabilitation of Kaiser Permanente members toward their successful recovery from serious illness.

This team makes the difference between many individuals being able to keep living in their own homes or being forced to abandon the only life and that they've known, and apart from the family and friends that makes it worth living. This is the kind of expertise and commitment that I will bring to the table when I join the council.

Profession and experience aside, my involvement in geriatric care was rooted in something else more personal. I am the only son of my elderly parents. They have been my inspiration since I was a young kid and their values have guided me in my pursuit of profession that will not only make me a success like they are, but to make a positive influence in other people's lives. I've strived hard to live up to the lessons that my parents have imparted in my youth and I developed to become the leader that I am now. This is the kind of passion that I will bring to this council position.

I am looking forward in hearing from your office.

**I am including my resume with this application:**

Please check one:  Yes  No

**I would like to be considered for appointment to other advisory bodies for which I may be qualified.**

Please check one:  Yes  No

**Are you currently or have you ever been appointed to a Contra Costa County advisory board?**

Please check one:  Yes  No

If Yes, please list the Contra Costa County advisory board(s) on which you are **currently** serving:

NA

If Yes, please also list the Contra Costa County advisory board(s) on which you have **previously** served:

NA

**List any volunteer and community experience, including any boards on which you have served.**

Co-Trainer and Educator, Alameda County Adult Day Services Network: Hong Fook- Family Bridges, Inc. Center. January to April 2013, Oakland, CA  
Volunteer guest presenter for San Joaquin County public high schools for Mom-Baby home economics classes. 2006 to 2008.

**Do you have a familial relationship with a member of the Board of Supervisors?** (Please refer to the relationships listed under the "Important Information" section below or Resolution No. 2021/234).

Please check one:  Yes  No

If Yes, please identify the nature of the relationship:

NA

**Do you have any financial relationships with the county, such as grants, contracts, or other economic relationships?**

Please check one:  Yes  No

If Yes, please identify the nature of the relationship:

NA

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publicly accessible. I understand and agree that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

Signed:

*Michael S. Castillo*

Date:

9/12/2023

**Submit this application to:** ClerkofTheBoard@cob.cccounty.us **OR** Clerk of the Board  
1025 Escobar Street, 1st Floor  
Martinez, CA 94553

*Questions about this application? Contact the Clerk of the Board at (925) 655-2000 or by email at  
ClerkofTheBoard@cob.cccounty.us*

**Important Information**

1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
3. Members of certain boards, commissions, and committees may be required to: 1) file a Statement of Economic Interest Form also known as a Form 700, and 2) complete the State Ethics Training Course as required by AB 1234.
4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships: (1) Mother, father, son, and daughter; (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter; (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter; (4) Registered domestic partner, pursuant to California Family Code section 297; (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner; (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

# MICHAEL S. CASTILLO, PT, DPT, MHS, MPA, GCS, NCS, COS-C

Pleasant Hill, California

Phone: (925) 713-1111 | Email: [mcastillo@oasiscc.com](mailto:mcastillo@oasiscc.com) | [www.oasiscc.com](http://www.oasiscc.com)

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**Mission:** To lead a more impactful life filled with memorable experiences and authentic joy, that I can be proud to look back on and remember.

**Vision:** To inspire others greatly or simply, either by the way I lead my life or by what I'm trying to achieve, and to do so with integrity and dignity.

## **Education**

- 2018 – 2020 **Graduate, Transitional Doctorate of Physical Therapy (tDPT)**  
The College of Saint Scholastica, Duluth, MN
- 2004 – 2008 **Graduate, Master in Public Administration (MPA)**  
California State University- Stanislaus, Turlock, CA
- 1995 – 1997 **Post-Professional Master of Health Science in Physical Therapy (MHS)**  
University of Indianapolis, Indianapolis, IN
- 1988 – 1990 **Bachelor of Science in Physical Therapy (BSPT)**  
Emilio Aguinaldo College Manila, Manila, Philippines
- 1984 – 1988 **Bachelor of Science in Biology (BS Biology)**  
University of Santo Tomas, Manila, Philippines

## **Fellowships and Awards**

- 2023 – Present: Certified OASIS Specialist- Clinical (COS-C), OASIS Answers, Inc.
- 2014 – Present: Board Certified Neurologic Clinical Specialist (NCS) in Physical Therapy
- 2012-13: Graduate- Kaiser Permanente Neurologic Physical Therapy Residency Program.  
Redwood City, California
- 2012-13: APTA- Acute Care Section 2013 National Research Grant Award, Primary Investigator:  
*The Effect of a Structured Intradialytic Exercise Program on Lower Extremity Function, Fatigue and Quality of Life in Patients on Hemodialysis in an Acute Care Setting: A Pilot Study.*
- 2009 – 2010: KPFH- Manteca Hospital *Butler Service* (Employee-of-the-Year) *Excellence Awardee*
- 2009 – 2010: Kaiser Permanente *Asian Pacific American Heritage Month* (Regional) *Awardee*
- 2000 – Present: Board Certified Geriatric Clinical Specialist (GCS) in Physical Therapy  
American Board of Physical Therapy Specialties
- 2004 – 2006: Member, Specialization Academy of Content Experts (SACE)  
American Board of Physical Therapy Specialties (ABPTS)
- 1994 – Present: NDT – Certified Physical Therapist in the Treatment of Adult Hemiplegia

## **Publications and Presentations:**

- Castillo MS. Physical therapy differential diagnosis for a patient with viral central nervous system infection (CNS) in acute care: A case study. *Philippines Journal of Physical Therapy*. Summer 2022.
- 2020 & 2014 : Contributing Author, chapter on “Renal and Urologic Systems” in the 4<sup>th</sup> & 5<sup>th</sup> Eds. of the book, *Pathology: Implications for the Physical Therapist* by Goodman C, et al.
- Lazaro RT and Castillo MS. The effect of a structured intradialytic exercise program on fatigue and quality of life of a patient on hemodialysis in an acute care setting: A case report. *Phys Ther Rehabil*. 2020; 7:6. <http://dx.doi.org/10.7243/2055-2386-7-6>
- Adjunct Faculty, Evidence in Motion (EIM). Louisville, KY. Co-Developer- Balance and Fall Prevention Curriculum.
- Guest Lecturer, Neurologic Exam and Neurologic Screening-PT 201 Patient Management and Assessment. Program curriculum, UCSF/SFSU Department of Physical Therapy. August 9, 2013.
- Co-Presenter, *Evidence-based Interventions in the Management of People with Degenerative Disease of the Nervous System*. Samuel Merritt University, March 23, 2013.

**MICHAEL S. CASTILLO, PT, DPT, MHS, MPA, GCS, NCS, COS-C**  
Pleasant Hill, California

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- Co-Presenter and Co-Author, *I-ACTED: Exercise During Dialysis* webinar. KP Community Benefits Program continuing education seminar series. February 13, 2013.
- Co-Trainer and Educator, *Alameda County Adult Day Services Network: Hong Fook- Family Bridges, Inc. Center*. January to April 2013, Oakland, CA

**Professional Experience**

02/16 – Present KPFH- Martinez Home Health, Martinez, CA

**Home Health Rehab Clinical Services Supervisor**

- Manages a team of PTs/OT/SLPs providing home health services to large diverse demographic population of Kaiser Permanente members.
- Leadership role in the Continuum of Care. Involved in performance improvement efforts, bridging across departments and service lines.
- Involved in quality care, training and development and project management. Working with multiple stakeholders to advance common interests.
- Resource and collaborator with outside agencies and contracts for continuum of care services of Kaiser members.

11/10 – 11/15 KPFH- Walnut Creek Medical Center. Walnut Creek, CA

**Clinical Specialist – Inpatient Physical Therapy**

- Primarily assigned to treat the complex medical cases. Resource person for staff therapists. Project lead for the department's roll out of the peer-to-peer mentoring program. Designated department stroke committee representative. Department CCCE for PT student affiliations.

07/08 – 11/10 KPFH- Manteca Medical Center. Manteca, CA

**Senior Physical Therapist – Inpatient Physical Therapy**

06/01 – 07/08 San Joaquin County General Hospital, French Camp, CA

**Physical Therapist IV – Assistant Department Manager**

- Supervisor and/or preceptor for PTs/OTs/STs, assistants and other para-professional staff. Co-leadership role in the management team for the Therapy Services department of San Joaquin General Hospital (designated County Trauma Center).

05/03 – 11/10 Outreach Therapy Services. Stockton, CA

**Home Health Physical Therapist- Contractual Provider**

- Provided contract Physical Therapy services to Home Health Agencies serving the San Joaquin County area. Developed and coordinated the plan of care for home bound patients and provided case management services as needed.

07/96 – 06/01 Valley Gardens Healthcare and Rehab (Kindred HC), Stockton, CA

**Physical Therapy Supervisor, SNF**

11/95 – 07/96 Crestwood Hampton Rehab and Convalescent Hospital (Aegis HC), Stockton, CA

**Staff Physical Therapist, SNF**

08/93 – 11/95 TravelCare, USA, Houston, TX

**Traveling Home Health and Facility Physical Therapist**

- Provided contract physical therapy services to Home Health agencies and SNFs.

03/92 – 08/93 Chattanooga Rehabilitation Hospital, Chattanooga, TN

**Senior Staff Physical Therapist**

03/91 – 03/92 Tri-County Therapy Services, Inc., McKenzie, TN

**Staff Physical Therapist**

06/90 – 01/91 Emilio Aguinaldo College Manila, Manila, Philippines

**Full-time Faculty and Academic Coordinator of Clinical Education (ACCE)**