

# The Board of Supervisors of Contra Costa County, California

**In the matter of: Recognizing September 2025  
as NATIONAL SUICIDE AWARENESS  
MONTH.**

Resolution No. 2025-304

**WHEREAS**, September is National Suicide Prevention Awareness Month. During this month, mental health professionals and advocates, community-based organizations and partners, survivors and allies, and members of the community promote unity, support, recovery, resilience, and hope in suicide prevention awareness; and

**WHEREAS**, the Substance Abuse and Mental Health Services Administration (SAMHSA) highlight the call to action for evidence-based suicide prevention strategies by connecting individuals and communities to life saving support; and

**WHEREAS**, the theme for 2025 is “Together in Strength, Dignity, Hope, and Purpose”; and

**WHEREAS**, suicide prevention includes understanding risk, providing access to timely and compassionate care, and providing individual support and care; and

**WHEREAS**, the Substance Abuse and Mental Health Services Administration (SAMHSA) recommends elevating and embracing the distinct role and programs of peer-led efforts through connectedness, community, and the decrease of stigma; and

**WHEREAS**, Contra Costa Behavioral Health has promoted and lifted peer support training, internships, education, employment, and services for the past 31 years in collaboration with Contra Costa Health, community-based organizations, and Contra Costa College; and

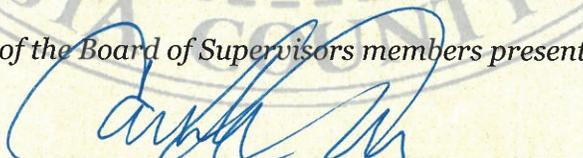
**WHEREAS**, Contra Costa Health continues to strive and provide increased access and visibility to trauma informed and compassionate care, including development and expansion of crisis continuum services like separate adult and youth crisis stabilization units, A3 (Anyone, Anywhere, Anytime), the addition and expansion of behavioral health treatment and housing, upcoming opening of the Oak Grove center which includes Peer Respite, expanded hour drop-in care, and the Miles Hall Crisis Call Center; and

**WHEREAS**, NAMI Contra Costa and other longtime community partners continue their tireless service to provide support groups, free educational programs, community outreach and advocacy for individuals affected by mental illness, their families and the broader community; and

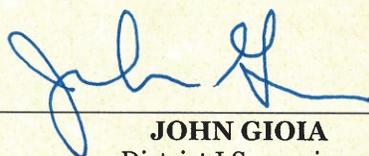
**WHEREAS**, Contra Costa Behavioral Health Transformation responds to the needs and feedback from local community stakeholders to actively and responsibly address and mitigate a distressing trend of increased suicide rates locally and statewide; and

**NOW, THEREFORE, BE IT RESOLVED** that the Board of Supervisors of Contra Costa County does hereby proclaims SEPTEMBER 2025 as *NATION SUICIDE AWARENESS MONTH*, within Contra Costa County.

*PASSED by a unanimous vote of the Board of Supervisors members present this 16<sup>th</sup> day of September 2025.*



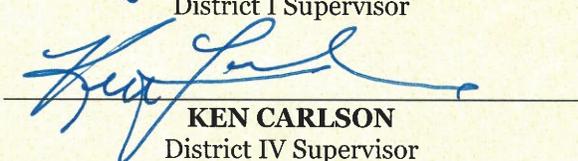
**CANDACE ANDERSEN**  
Chair,  
District II Supervisor



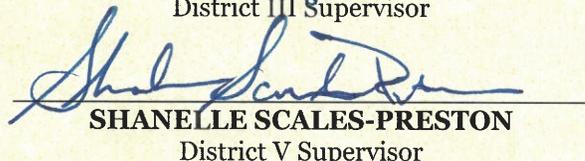
**JOHN GIOIA**  
District I Supervisor



**DIANE BURGIS**  
District III Supervisor



**KEN CARLSON**  
District IV Supervisor



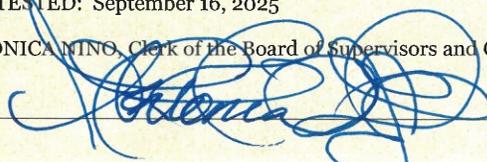
**SHANELLE SCALES-PRESTON**  
District V Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: September 16, 2025

MONICA MINGO, Clerk of the Board of Supervisors and County Administrator

By  , Deputy