MONTHLY MEETING MINUTES
MENTAL HEALTH COMMISSION (MHC)
April 3rd, 2024 – FINAL

Agenda Item / Discussion	Action /Follow-Up
I. Call to Order / Introductions Cmsr. T. Payne, called the meeting to order @ 4:40pm. <u>Members Present (In-Person):</u> Cmsr. Ken Carlson, District IV Cmsr. Gerthy Loveday Cohen, District III (5:00) *(JC-online) Cmsr. Sani Momoh, District III *(online) Cmsr. Tavane Payne, District IV Cmsr. Vanessa Rodgers, District IV *(JC-online) Cmsr. Barbara Serwin, District II Cmsr. Rhiannon Shires, District II Cmsr. Geri Stern, District I Cmsr. Gina Swirsding, District I *(JC-online) Cmsr. Contesa Tate, District V Cmsr. Jenelle Towle, District IV <u>Members Absent:</u> Chair, Cmsr. Laura Griffin, District V (Ex) <u>Speakers</u> Alex Briscoe, MA, Principal, California Children's Trust (CCT) and BH Advocate Douglas Dunn, NAMI CC Dr. Suzanne Tavano, Director of Behavioral Health Services (BHS) <u>Other Attendees (*in Person):</u> Colleen Awad (Supv. Carlson's ofc)* Brandon Banks, Chief Public Defender* Nicolás E. Barceló, CCHP Medical Director Angela Beck* Jennifer Bruggeman Pete Caldwell* Elaine Cortez-Schroth* Gigi Crowder, NAMI CC John Gallagher Dan Geiger* Susan Horrocks, NAMI CC Angela Pak (Assembly Member Tim Grayson's ofc) Teresa Pasquini Jennifer Quallick (Supv. Andersen's ofc) Marina Ramos, MHSA Advisory Council Lauren Rettagliata Theresa Russell Jamie Schecter Jennifer Tuipulotu Jamie Yan Faurot	Meeting was held at: 1025 Escobar Street, Martinez, CA 94553 and via Zoom platform

II. PUBLIC COMMENT: • (Lauren Rettagliata) SB43(Care Court): Asking the Commission to request an update every six (6) months regarding the preparations being taken to prepare for the upcoming changes and an update from the Public Guardian's office on the number of the people now conserved under LPS, as well as the number of conservators that manage LPS conservatorships. What is the plan to ensure a persons case management is being followed once they are stepped down from conservatorship. Is there a plan to meet the needs for those who do not follow their voluntary treatment plans given in their FSPs (full service partnership), AOT (assisted outpatient treatment) and future Care Court? Too many people are sent back to unsupportive living situations and often left on the street to die 20-30 years before they should. It is a fact that most large counties jails are their largest behavioral health treatment facilities. Then there are the open air asylums found in our urban areas in encampments along our byways and rivers, where those suffering from untreated mental illness live and are preyed upon. We the people of California still have promises to keep. The promise we made when we closed the state hospitals, we would provide treatment and care for the most severely ill in their communities has not been kept. Prop 1 will finally allow us to being to keep these promises. • (Gigi Crowder) I am aware we are in a planning process for many different grants being received. I was hoping this mental health commission can work alongside the individuals building up these planning efforts, making sure all the voices are representative of the county. Sometimes there is an opportunity to reduce health disparities by starting from the very foundation, not coming back later to assess the cultural needs – start from the beginning. We need to address the needs of those who most often use and need to use incompetent to stand trial (IST) support services. Let's put plans in place to ensure we are reflective because we are not right now and it is causing great harm to those communities that are most vulnerable.	
III. COMMISSIONER COMMENTS: • (Cmsr. Stern) Prop 1: Very narrow 'Yes' vote (0.4%, not even a half percent) for the entire state. We must make something happen or in the future this type of bill will not even get that margin. I have contacted Mathew State, Chairman, Department of Psychiatry - UCSF and invited him to speak to the commission. He put me in contact with the chief of psychiatry at UCSF (Daniel Becker, MD) and he will be our guest next month. Anyone with questions or comments regarding how you would like to see inpatient care, utilized with Prop 1 funds, please email Angela (EA) so she can collect the questions and will send to me by April 18th (I have a pre-meeting with Dr. Becker on April 19). He will address those questions, as well as give an overview of what is happening at UCSF and how their inpatient unit works. • (Cmsr. Towle) It seems as though CCC is not using the money optimally that we are receiving and wondering, before we dive into spending Prop 1 funds, are we going to conduct a forensic account to manage better? (T. Payne, Finance committee is working on that). • (Cmsr. Shires) There has been a lot of talk regarding actually doing things, putting things into action. I wanted to share – I was nominated to be a Judge for 'Directing Change' which is an organization (in California) that holds film/art contests for young people to help with suicide prevention, mental health, social justice and more. They create short films and art projects and communicate positive messages to peers and adults in their community to inspire them to take action. I was nominated to be a judge and was privileged to watch 14 films. It is a program, I would like to have someone speak to the MHC on it.	

IV. CHAIR COMMENTS/ANNOUNCEMENTS: ➢ Resignation of Pamela Perls ➢ "May is Mental Health Awareness Month" Presentation to the Board of Supervisors (BOS) ➢ Welcome to New Commissioner: Sani Momoh, District III	
V. APPROVE March 6, 2024 Meeting Minutes • March 6, 2024 Minutes reviewed. **Motion:** K. Carlson moved to approve the minutes as is. Seconded by G. Swirsding **Vote: 10-0-0** **Ayes:** K. Carlson, S. Momoh T. Payne, V. Rogers, B. Serwin, R. Shires, G. Stern, G. Swirsding, C. Tate and J. Towle Abstain: N/A	**Agenda and minutes can be found:** https://cchealth.org/mentalhealth/mhc/agendas-minutes.php
VI. RECEIVE Presentation "Navigating an unprecedented reform landscape: Youth mental health systems change in California" ➢ Alex Briscoe, MA, Principal, California Children's Trust (CCT) and Behavioral Health Advocate Please refer to PPT slideshow attachments. Audio transcript can be provided by request. Due to Zoom issues, this presentation is not available on Zoom. **Questions and Comments** • (Cmsr. Stern) Questions regarding the influence of social media. (RESPONSE: Alex Brisco) Between 2009 and 2012, Social media has become pervasive. I will argue that it isn't actually social media but the country in general. Social media has put America in the eyes of kids without any adult to counter and say what is and isn't actually true. The messages of American culture that have been in existence but have not put them unintermediated into the experience of children. Our culture makes people sick. That was the point of my first few slides.	Powerpoint slide show presentations and other voter information attachments for this agenda item were shared to the Mental Health Commission via screen share. Documentation on this agenda item can be found: https://cchealth.org/mentalhealth/mhc/agendas-minutes.php
VII. RECEIVE Presentation "How Proposition 1 will improve our loved one's lives" ➢ **Douglas Dunn, NAMI Contra Costa** Please refer to PPT slideshow attachments and the Zoom recording. **Questions and Comments** • Questions for Mr. Dunn will be emailed for responses.	Powerpoint slide show presentations and other voter information attachments for this agenda item were shared to the Mental Health Commission via screen share. Documentation on this agenda item can be found: https://cchealth.org/mentalhealth/mhc/agendas-minutes.php
VIII. RECEIVE Alcohol and Other Drugs Advisory Board update – Cmsr. Shires: Looking into Alcohol and Tabacco licenses. Focusing on moratoriums because there are more than enough shops. The kids are the population that is abusing these substances. September at Diablo Valley College (DVC) job fair to get young people involved in Mental Health careers including rehab. Coordinating to get organizations to attend and I will update as this gets closer so the commission can set up a table and/or present. The kids are really interested.	

IX. Question and Answer Session with Behavioral Health Services Director, Dr. Suzanne Tavano ➢ Children's Crisis Center Stabilization Unit: Is it open? Dr. Tavano – This will be open the end of April. ➢ Impact of Proposition 1: What to expect moving forward? Dr. Tavano – Unsure about the next month, still analyzing financial data. I thank Doug Dunn for his presentation, he really tried to put it together but stated it was dated financial information from 22/23 and we are already in 23/24. In a couple weeks we will doing a budget presentation to the board for 24/25. I wish we could use historical financial information, but we can't and we have to reconcile with current information for Prop 1. ➢ How will Proposition 1 tie into Care Court? Dr. Tavano – Care Court will intersect with everything we do including parts of the changes with Prop. 1 and it is hard to say how much. Still reconciling how much we are currently investing in the FSPs and if we need to go up or down in that category for the next three-year plan and we are still working through that. If the people participating in Care Court who are MediCAL beneficiaries, will be able to access our full continuum of care. It is not a direct one-to-one relationship with Prop. 1 but similar to all of our other services. Dr. Tavano expressed the new commissioners need to have an overview on CCCBHS (Cmsr. Payne pointed out we will be having a Training / orientation for the new commissioners). <Cmsr. Shires requested written summary>	
X. Adjourned: 6:26pm	ZOOM recording available at: https://zoom.us/rec/share/t-m53VYQuFXeB6hGXqNqTfaMGoW94jDzk7pnNiFF7Yt5WVKps24zlqZ0_cFUcLH5.X05CkHD720HhSrlJ [u15570388.ct.sendgrid.net] Passcode: 6ZxVRe^S