



# CONTRA COSTA COUNTY

## Committee Meeting Minutes - Draft

### Advisory Council on Aging

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Monday, December 8, 2025

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA  
Corner Conference Room

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**Health and Elder Abuse Awareness Committee**  
<https://ccccounty-us.zoom.us/j/83870526995>

#### PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 2756 Lily Court, Antioch | 139 Aster Court, Hercules | 2950 Buskirk Avenue, Suite 330 Walnut Creek

Call to Order | Roll Call | Introductions – Thomas offered to chair since neither co-chair was present. Thomas called the meeting to order at 1:00 pm.

**Present**

Alan Goldhammer, Sarah Green, Thomas Lang, Sharon Maxwell, Brian O'Toole, Dennis Yee, and Deborah Wiener

**Absent**

Nikki Lopez, Carol Schaefer, Terri Tobey, and Michael Wener

Approval of October 13, 2025 Minutes

**Motion:**

**Yee**

**Second:**

**Lang**

**Aye:**

**Goldhammer, Green, Lang, Maxwell, O'Toole, Yee, and Wiener**

**Absent:**

**Lopez, Schaefer, Tobey, and Wener**

**Result:**

**Passed**

**Attachments:**

[Health and Elder Abuse MINUTES 10-13-25 REV](#)

[\*\*25-5191\*\*](#)

1:10 Member Reports:

- Nutrition- No report
- County Wellness- Need ACOA representative. Jim has been attending since 2:00-3:00 pm. Remind ACOA members about the need for a liaison at the January meeting.
- Medi-Cal- Brian- Asset test- redetermination is when assets would be checked by County. Expect not to have too many people to be affected in the County.

1:30 Presentation by Emily Milstein, Contra Costa Senior Legal Services, on program services for older adults, including elder abuse and restraining order for older adults. Flyer for restraining order clinics mentioned. Cristina to send the flyer to members.

Elder Abuse Presentation CCSL

25-5026

Attachments: [Elder Abuse Presentation CCSL](#)

2:00 Annual Committee Report: Review Progress

- Approved at Executive Committee meeting.

2:00 Area Plan Update/Community Tracking:

- Thomas will review the objectives, get input from Mike and Terri, and will get back to the Committee in a way that doesn't violate Brown Act.

2:00 Name Change:

- Dixie to check to see when the name change was brought up in Exec.
- If committees not named in the bylaws, the change would go before Exec for a vote, and then to the full body.
- Table and discuss this at a later time.

2:05 Break

2:10 Committee Chairs

- Thomas is willing to be chair. Ask for a co-chair. Sarah- not ready to commit, but open to conversation. Nomination to move forward to Exec.

**Motion:**

**Green**

**Second:**

**O'Toole**

**Aye:**

**Goldhammer, Green, Lang, Maxwell, O'Toole, Yee, and Wiener**

**Absent:**

**Lopez, Schaefer, Tobey, and Wener**

**Result:**

**Passed**

2:15 Discussion: Open

- None

HEAP Objectives 12\_04\_25

25-5032

Attachments:

[HEAP Objectives 12\\_04\\_25](#)

## 2:20 Community Presentation and Tracking

- Reminder to the committee members to keep track of the presentation that they provide in the community so they can be counted in the year-end report.

## 2:25 Public Comment

- Thomas presented two presentations in November (Lake Ridge Athletic Club- 50 people) second presentation at Concord Senior Center (30 people)
  - Good Table Café- pay what you're able to- have lecture area in building, was going to present there and would like to help them with grants
  - He would like to continue osteoporosis presentations and start sarcopenia presentations

Next Health & Elder Abuse Awareness Committee Meeting:

- Monday, January 12, 2026, 1:00pm – 2:30pm

2:30 Meeting adjourned at 2:33 pm.

For Additional Information Contact:

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