## Contra Costa County Boards & Commissions Submit Date: Sep 11, 2025 **Application Form Profile** Leslie D May First Name Middle Last Name Initial Home Address Suite or Apt CA 94509 Antioch City State Postal Code Primary Phone **Email Address District Locator Tool Resident of Supervisorial District: ☑** District 2 Community Violence Mental Health Solutions Solutions Employer Job Title **Length of Employment** 5 Do you work in Contra Costa County? ⊙ Yes ○ No If Yes, in which District do you work? 2 How long have you lived or worked in Contra Costa County? 12

Are you a veteran of the U.S. Armed Forces?

○ Yes ⊙ No

#### **Board and Interest**

Which Boards would you like to apply for?

African American Holistic Wellness and Resource Hub Transitional Community Advisory **Board: Submitted** 

# **Seat Name** Have you ever attended a meeting of the advisory board for which you are applying? ⊙ Yes ○ No If Yes, how many meetings have you attended? 3 **Education** Select the option that applies to your high school education \* College/ University A Name of College Attended **CSU East Bay Degree Type / Course of Study / Major** Master in Health Care Administration **Degree Awarded?** ⊙ Yes ○ No College/ University B **Name of College Attended CSU East Bay Degree Type / Course of Study / Major** Master in Public Administration **Degree Awarded?** ⊙ Yes ○ No

## College/ University C

Name of College Attended

John F. Kennedy University

**Degree Type / Course of Study / Major** 

Master in Counseling Psychology

Degree Awarded?	
⊙ Yes ○ No	
Other Trainings & Occupational Licenses	
Other Training A	
EMDR	
Certificate Awarded for Training?	
⊙ Yes ♂ No	
Other Training B	
Sexual Assault/Sex Trafficking Survivor Therapyy	
Certificate Awarded for Training?	
⊙ Yes ⊙ No	
Occupational Licenses Completed:	
Qualifications and Volunteer Experience	
Please explain why you would like to serve on this particular board, commitee, or commission.	
I would like to be on this board since the first time it was discussed, while I was a commissioner on the Mental Health Commission. When it came to fruition, I attended meetings virtually and met with Gigi Crowder and Kerby Lynch to discuss plans.	
Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)	
I am a mental health therapist and y former career was a teacher. I live in Antioch and ar aware of the disparities in treatment and equality that African American people experien daily and for decades, especially in Contra Costa County. I would like to be a participant in the healing process and use my many skills to offer solutions proactively.	ce
Upload a Resume	
Would you like to be considered for appointment to other advisory bodies which you may be qualified?	for
e Ves e No	

Do you have any obligations that might affect your attendance at scheduled meetings?

Leslie D May

○ Yes 
 ○ No



Are you currently or have you ever been appointed to a Contra Costa County advisory board?

⊙ Yes ○ No

If Yes, please list the Contra Costa County advisory board(s) on which you are currently serving:

Mental Health Commission

If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:

Mental Health Commission

List any volunteer or community experience, including any advisory boards on which you have served.

NAACP, Reimagine Antioch

#### **Conflict of Interest and Certification**

Do you have a familial or financial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed under the "Important Information" section below or Resolution No. 2021/234)

○ Yes 
 ○ No

If Yes, please identify the nature of the relationship:

Do you have any financial relationships with the County such as grants, contracts, or other economic relationships?

○ Yes ⊙ No

If Yes, please identify the nature of the relationship:

#### **Please Agree with the Following Statement**

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and undersand that all information in this application is publicly accessible. I understand that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

#### ✓ I Agree

#### Important Information

- 1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
- 2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
- 3. Members of certain boards, commissions, and committees may be required to: (1) file a Statement of Economic Interest Form also known as a Form 700, and (2) complete the State Ethics Training Course as required by AB 1234.
- 4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
- 5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
- 6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
- 7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships:
  - (1) Mother, father, son, and daughter;
  - (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter;
  - (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
  - (4) Registered domestic partner, pursuant to California Family Code section 297;
  - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
  - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

## **SUMMARY OF QUALIFICATIONS:**

- Domestic Violence Facilitator certification
- Supervised Visitation and Supervised Exchange Agent
- EMDR certified
- Medicaid CANS/ANSA trained, EPIC, NPI number # 1639584550
- Mobile Notary Public and Loan Document Signing Agent

#### PROFESSIONAL EXPERIENCE:

## Community Violence Solutions

07/2021-Present

## **Therapist**

- 1. The Sexual Assault Victim Counselor/Crisis Intervention Volunteer will provide coverage to the Contra Costa and Marin Crisis Lines to ensure the provision of intervention services for sexual assault victims in Contra Costa and Marin County.
- 2. These services include crisis intervention on the phone as well as in-person accompaniment at police interviews and medical exams.
- 3. Take calls from clients, accompaniment as necessary (outcalls), documentation of services provided, attendance at monthly in-services, and completion of all appropriate paperwork.
- 4. Provide initial crisis intervention to victims and significant others.
- 5. Provide accompaniment and advocacy during medical exams and police interviews.
- 6. Provide follow-up counseling and advocacy services per RCC protocol.
- 7. Comply with all child and elder abuse reporting laws.

## Youth Homes-Family Pathways

01/2021-05/2021

#### Intensive Care Coordinator/Clinician

- 1. Coordinates the Child and Family Team (CFT) in decision making regarding foster youth,
- 2. Comprehensive mental health assessments,
- 3. Provides individual and family therapy for maintenance of family placement and reunification with families.
- 4. Utilize trauma-informed practices and other treatment practices,
- 5. Work collaboratively with team members,
- 6. Completion of service documentation.

## **Therapist**

- 1. Conduct individual, family, and group therapy with clients in a detoxification and substance abuse program,
- 2. Participate in collaborative treatment with representatives of other agencies,
- 3. Prepares verbal, written, and statistical reports,
- 4. Assess and monitor patients' behaviors while in treatment,
- 5. All other clinical duties working with serious mental health diagnosed, emotionally disturbed, and chemical/alcohol dependent clients.

## Hope Springs Psychotherapy and Consulting

02/2020-09/2020

## Associate Marriage Family Therapist

- 1. Working with clients, diagnosed and undiagnosed, with depressive disorders, anxiety disorders, personality disorders, substance abuse, eating disorders, Gay/Lesbian/Bi-Sexual/Transgender Issues, Victims of Violence/Abuse/Assault/Trauma, and many other issues or Disorders,
- 2. Group Psychotherapy, CBT, DBT, EAP clients,
- 3. Psychological Testing, completing electronic medical records,
- 4. Teletherapy during the current crisis.

#### Sutter Health-Herrick Campus

11/18/2019-01/18/2020

## **Mental Health Specialist**

- 1. This position is responsible for gathering and reporting observational data,
- 2. Providing direct patient care to assigned patients,
- 3. Implementing therapeutic interventions and emotional support for patients during hospitalization on the acute care inpatient services at Alta Bates/Summit Medical Center. In collaboration with the multidisciplinary team,
- 4. Mental Health Specialist develops and implements the program on the unit, leads and/or co-leads groups, participates in the development and implementation of multidisciplinary treatment plans and assists other professionals in providing care to patients on the units,
- 5. Mental Health Specialist participates in the development and implementation of multidisciplinary of multidisciplinary plans and assists other professionals in providing care to patients on the units,
- 6. The Mental Health Specialist acts as a resource and provides clinical guidance to new hires, mental health workers, students, interns, psychiatric technicians and licensed vocational nurses.

#### Telecare HOPE House

06/22/2017-01/09/2018

#### Clinician

- 1. Observes, records and reports member social and psychiatric behavior.
- 2. Completes assessments for assigned members. This includes obtaining necessary data regarding the member's social and psychological history.

- 3. Participates as a team member and provides input via reporting observations, concerns and asking appropriate questions.
- 4. Reviews and implements member service plans.
- 5. Actively facilitates and participates in team meetings and service planning meetings.
- 6. Provides leadership in facilitating the team process.
- 7. Provides 24 on-call (cell phone) coverage as needed.
- 8. Provides education/training to other team members as necessary.
- 9. Assures program options providing a process which offers increasing opportunities for employment, social integration, and independent living.
- 10. Participates actively in maintaining and participating in program activities.
- 11. Participates in the program evaluation process, utilizing results to identify needs, establish goals and directions for future planning.
- 12. Collaborates with Program Director/Administrator to assure program options providing a process which offers increasing opportunities for employment, social integration and independent living.
- 13. Attends and oversees the monthly Utilization Review process.
- 14. Supervise, train and oversee PSC II's in service plans and risk assessments.
- 15. Oversee all referrals to the program.

#### Bonita House-Casa Ubuntu

#### 09/2016-06/16/2017

## Case Manager-Mental Health Practitioner

- 1. Perform Case Management and stage-based dual diagnosis treatment services including integrated assessment, relapse prevention, crisis intervention, social skills training.
- 2. Utilize Solution Focused Brief therapy.
- 3. Conduct outreach to engage clients and enlist family support
- 4. Provide psychoeducation, skills-building, and linkages to community supports.
- 5. Maintain appropriate Medi-Cal clinical documentation.
- 6. Performs duties of mental health and substance abuse counselor in Day Rehab program. As a member of the clinical team, coordinates treatment and services for adults who have a psychiatric disability or who have co-occurring disorders, provides ongoing assessment, counseling and intervention; establishes linkages and acts as a service broker to meet clients' comprehensive needs.
- 7. Provides crisis management services as needed.
- 8. Responsible for planning and facilitating a variety of treatment groups in the Day Rehab program.
- 9. Conducts intake interviews as assigned that include community liaison functions, clinical assessments, and written documentation.
- 10. Additional clinical responsibilities include formulating individual treatment plans for a client caseload and providing case management services; assisting in clinical staff meetings; participating in individual supervision and group supervision; and acting as a liaison with other mental health agencies.
- 11. Documentation responsibilities include writing weekly progress notes. It is a requirement of the position that client charts be maintained in a timely way per regulatory standards.

- 12. Responsible for monitoring compliance with state and county licensing/certification requirements and specific on-site program operations as assigned.
- 13. Participate in planning and conducting occasional outings and holiday events.
- 14. Supervises administrative team and ISS team (5 employees) to ensure smooth operation of program during Program Director's absence.

## ASPIRE Golden State Preparatory Academy

02/2016-09/2016

#### Mental Health Counselor

- 1. Provide individual and group services to children that emphasize improved educational performance and/or conduct.
- 2. Screen and evaluate referred children including selecting appropriate instruments, administering tests, observations, and writing reports which state the evaluation findings and provide educational program recommendations.
- 3. Participate as a member of the IEP team, contributing evaluation findings and collaborating with all members of the team to develop education plans.
- 4. Collaborate with school staff around RtI implementation, Student Study Team meetings, and Aspire Crisis planning.
- 5. Consult with parents, teachers, and other staff regarding any accommodations and/or modifications needed for a specific child.

## Lincoln Child Center-HOPE Program

09/2014-01/29/2015

#### Clinician in Practicum

- 1. Provided psychotherapy services to school-based youth in court schools.
- 2. Completed mental health progress notes on client database.
- 3. Met with Supervisor each week for training and supervision.
- 4. Screened and intake responsibilities.
- 5. Completed MediCal billing forms for submission to the state.
- 6. Assessed clients for emergency intervention.

## John F. Kennedy Community Counseling Center

03/2014-03/28/2015

#### Clinician in Practicum

- 1. Provided psychotherapy services the individuals, couples, families, and groups.
- 2. Completed therapeutic reports to meet guidelines of the Board of Behavioral Sciences
- 3. Participated in Didactic training with supervisor and therapists.
- 4. Participated in Community Operational Treatment meetings weekly.
- 5. Screening/intake of prospective clients over-the-phone
- 6. Collection of fees at the reception desk

Institute for the Advanced Study of Black Family Life and Culture, Oakland, CA

09/2001 - 9/2002

## Data Testing Specialist/Public Relations Manager

- 1. Worked for a SAMSHA funded **HIV/AIDS** project which targeted the low socioeconomic African American female population of West Oakland
- 2 Performed administrative policy analysis, legislative analysis, economic analysis, budgetary analysis, complex financial/fiscal analysis and reporting, development/administration and management of contractual agreements and grants.
- **3** Maintained strict confidentiality, supervising data management and quality control procedures, serving as trainer and evaluator, and **case management**

### **EDUCATION:**

California State University East Bay; Hayward, CA.

• Masters in Public Administration March 2009 • Masters in Health Care Administration June 2007 • Bachelor of Science in Psychology, Minor in Statistics September 2005

John F. Kennedy University; Pleasant Hill, CA.

• Masters in Clinical Counseling June 2015 • Certification in Professional Clinical Counseling June 2015

#### PROFESSIONAL AFFILIATIONS:

Commissioner for Contra Costa County Mental Health Commission, Current Disaster Healthcare Volunteers of California (DHV)

Past Commissioner of the Human Services Advisory Board; City of Livermore

Past Commissioner of EOPS/CARE Advisory Board Member, Chabot-Las Positas College District

Pi Alpha Alpha Honor Society, past President

American Association of Anger Management Providers

CAMFT/AAMFT

Supervised Visitation and Exchange Network-Agent