



CONTRA COSTA COUNTY

AGENDA

Advisory Council on Aging

Monday, June 9, 2025

1:00 PM

**400 Ellinwood Way, Pleasant Hill, CA
Room 303 (Third Floor)**

Health and Elder Abuse Prevention Committee

Link: [https://cccouny-us.zoom.us/j/82800955881?](https://cccouny-us.zoom.us/j/82800955881?pwd=1bbbru9aoJBhJWlgXUtwTXXopvRV652.1)

**pwd=1bbbru9aoJBhJWlgXUtwTXXopvRV652.1 | Password: 798983 | Dial-In-Number: (214)
765-0478 or (888) 278-0254 | Meeting ID: 828 0095 5881 | Conference code: 3287**

PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above.

Remote attendance of this meeting is being held at the following locations:

2950 Buskirk Ave, Suite 330, Walnut Creek

165 Natalie Drive, Moraga

400 El Cerro Blvd, Danville

2756 Lily Court, Antioch

418 Camelback Rd, Pleasant Hill

1:00 Open Meeting : Mike Wener

Roll Call

1:05 Approve May 2025 Draft Minutes

[25-2153](#)

Attachments: [HL.05.12.25DraftMinutes](#)

1:10 Member Reports:

Nutrition

County Wellness Update - Francisco

Medi-Cal - Brian

1:30 Presentation: Brian O'Toole - Medi-Cal Update

Medi-Cal Presentation

[25-2154](#)**Attachments:** [June Health Group Medi-Cal](#)

2:00 Break

2:05 Discussion: Open

2:10 Area Plan Objectives

Updates

[25-2155](#)**Attachments:** [Area Plan FY 25-26 Goals Objectives](#)

Community Presentations and Tracking

2:20 Public Comment:

Health and Elder Abuse Prevention Committee will recess in July.

The next meeting is scheduled for August 11, 2025, 1:00 pm - 2:30 pm.

2:30 Adjourn:

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 400 Ellinwood Way, Pleasant Hill, Attn: Cristina Ugaitafa during normal business hours.

HOW TO PROVIDE PUBLIC COMMENT: Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Advisory Council on Aging that are not on the agenda, or who wish to comment with respect to an item on the agenda may comment in person, via Zoom, or via call-in. Those participating in person should speak when called upon by the chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing * 9 on their phone. All public comments will be limited to 2 minutes per speaker.

Public comment may be submitted via electronic mail on agenda items at least one full workday prior to the published meeting time at email cugaitafa@ehsd.cccounty.us or by voice at (925) 655-0775. Comments submitted by email or voice mail will be included in the record of the meeting but will not be read or played aloud during the meeting.

For Additional Information Contact: cugaitafa@ehsd.cccounty.us or by voice mail at 925 655-0775.



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 25-2153

Agenda Date: 6/9/2025

Agenda #:



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Monday, May 12, 2025

1:00 PM

**400 Ellinwood Way, Pleasant Hill, CA
Room 303 (Third Floor)**

Health and Elder Abuse Prevention Workgroup

Link: [https://cccounty-us.zoom.us/j/82800955881?](https://cccounty-us.zoom.us/j/82800955881?pwd=1bbbru9aoJBhJWlGxUtwTXXopvRV652.1)

**pwd=1bbbru9aoJBhJWlGxUtwTXXopvRV652.1 | Password: 798983 | Dial-In-Number: (214)
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849 Bridgeway Circle, El Sobrante

2950 Buskirk Ave, Walnut Creek

400 El Cerro Blvd, Danville

1002 Golden Rain Rd, Walnut Creek

2756 Lily Court, Antioch

1133 St Francis Dr, Concord

418 Camelback Rd, Pleasant Hill

1:00 Open Meeting - Meeting was called to order by Terri Tobey at 1:01 pm.

1:02 Roll Call

Present	Alan Goldhammer, Carol Schaefer, Terri Tobey, Dennis Yee, Francisco Benavides, and Michael Wener
Absent	Thomas Lang, Nicola Lopez, and Brian O'Toole
Non-voting	James Donnelly

1:05 Approve April 2025 Draft Minutes

[25-1719](#)

Attachments: [HL.04.14.25DraftMinutes](#)

Motion: Yee

Second: Goldhammer

Aye: Goldhammer, Schaefer, Tobey, Yee, Benavides, and Wener

Absent: Lang, Lopez, and O'Toole

Result:**Passed**

1:10 Member Reports:

Nutrition - No report.

County Wellness Update - Francisco - No report since the last meeting was cancelled. Next meeting is in June.

Medi-Cal - No report.

1:30 Presentation: Elder Abuse Mandated Reporting by Judge Alan Goldhammer. Presentation on mandated reporting that included signs and symptoms of elder abuse and a definition of a mandated reporter.

2:00 Break

2:05 Discussion: Open

Sara Green, new ACOA member, represents the city of Hercules, and is joining the Health and Elder Abuse Prevention Committee.

Goals and objectives for the workgroup to be reviewed at the June meeting. Cristina to resend to members.

2:10 Community Presentations, Tracking, etc.

Kevin gave a presentation about housing at Rossmoor.

Lorna had a presentation on April 14th. She'll send the presentation information to Mike.

2:20 Public Comment - None.

Next proposed meeting is Monday, June 9, 2025, 1:00 pm -2:30 pm.

The presentation will be on Medi-Cal by Brian O'Tool, ESQ., from the Law Offices of Brian O'Toole.

2:30 Adjourn - Meeting adjourned at 2:01 pm.

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CONTRA COSTA COUNTY

Staff Report

1025 ESCOBAR STREET
MARTINEZ, CA 94553

File #: 25-2154

Agenda Date: 6/9/2025

Agenda #:

Medi-Cal Review

June 2025

Calmatters.org's recent articles do a great job of detailing the (proposed) future of Medi-Cal eligibility rules and the unfortunate consequences for various communities, including the elderly and disabled.

<https://calmatters.org/health/2025/05/medi-cal-assets-newsom-health-insurance/>
<https://calmatters.org/health/2025/05/governor-budget-medi-cal-funds-womens-reproductive-care/>
<https://calmatters.org/health/2025/05/newsom-freeze-medi-cal-undocumented-immigrants/>

The goal is to reduce the number of Medi-Cal recipients and to reduce the ongoing expenditures associated with current recipients.

- More difficult eligibility rules → more complicated strategies to navigate around the rules → more Special Needs Trusts and “stacked gifting” strategies designed by lawyers.
- Those who can afford it, will pay the lawyers. Those who can't or won't pay the lawyers will likely lose Medi-Cal coverage until they are “poor enough” to qualify.

Big picture:

- 1) Reductions in Medi-Cal and Medicaid severely stress health care services in rural and economically challenged areas.**
- 2) Programs that aim to assist the elderly to age in place (and out of Skilled Nursing Facilities) are the most likely to be suffer budget cuts, e.g. In Home Support Services, PACE, Assisted Living Waiver.**
- 3) County Medi-Cal Offices will be inundated with additional responsibilities to review asset information for applications and redetermination – delays in process documentation should be expected.**



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 25-2155

Agenda Date: 6/9/2025

Agenda #:

SECTION 7. AREA PLAN NARRATIVE GOALS & OBJECTIVES

Goal # 1

Goal:

The AAA will support the implementation of the Master Plan for Aging for Contra Costa County by advocating for the availability of resources necessary to successfully and effectively execute the goals, priorities, and strategies established in the Local Playbook.

Rationale:

The AAA has been designated to coordinate the implementation of Contra Costa's Master Plan for Aging Local Playbook. This requires the AAA to partner with the Advisory Council on Aging, the aging and disabilities provider network, and other community stakeholders to successfully and meaningfully implement the Local Playbook's strategies, initiatives, and activities.

List Objective Number(s) _____and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source⁶	Update Status⁷
1.1 The AAA and ACOA will support the MPA Local Playbook strategy of addressing social isolation and connection by identifying funding source(s) to implement this priority.	7/1/2024- 6/30/2026	Admin	Continued
1.2 The ACOA Housing Workgroup will support the MPA Local Playbook strategy of promoting awareness of issues facing affordable housing by developing and updating, at least annually, the infographic "No Place to Call Home," which highlights the county's senior housing issues.	7/1/2024- 6/30/2026	Admin	Continued

1.3 The ACOA Health Workgroup will support the implementation of the MPA Local Playbook to educate seniors about healthcare resources available in the community through distribution of collateral materials.	7/1/2024-6/30/2026	Admin	Continued
1.4 The ACOA Transportation Workgroup will support the implementation of the MPA Local Playbook strategy for establishing a county wide approach to accessible transportation.	7/1/2024-6/30/2026	Admin	Continued

Goal # 2

Goal:

The AAA will promote the development of age- and disability-friendly communities by advocating for an infrastructure that fully and meaningfully prioritizes the needs of older and disabled adults and those who care for them.

Rationale:

The continued growth of the older adult population, especially with the oldest of the baby boomers reaching advanced age of 85 years starting in 2031, calls attention to the need to prioritize and promote age- and disability-friendly Contra Costa communities. A strong infrastructure that includes diverse and reliable funding sources for programs and services and the inclusion and prioritization of older adults, persons with disabilities, and family caregivers in planning, building, and delivering services promote the development of age- and disability-friendly communities. Promoting neighborhood safety, improving the walkability of streets, protecting seniors from falling victims to scams and crime, and keeping essential services, such as housing, transportation, food, medical/dental care, etc., were among the needs mentioned by focus group participants to make communities age- and disability-friendly. Furthermore, making communities as age and disability - friendly as possible while simultaneously leveraging the needs and accessibility of caregiver respite services speaks to servicing the needs at both ends of the spectrum; those of care receivers as they navigate communities that are adapted and those of caregivers as they seek respite.

List Objective Number(s) _____and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding	Update Status ⁷
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		Source⁶	
1.1 The ACOA Transportation Workgroup will support the implementation of the MPA Local Playbook strategy for establishing a county-wide approach to accessible transportation.	7/1/2024-6/30/2026	Admin	Revised
1.2 The ACOA Transportation Workgroup will advocate for older and disabled adults' transportation infrastructure needs by providing at least four informational presentations a year to the community and service providers.	7/1/2024-6/30/2026	Admin	Continued
1.3 The ACOA Health Workgroup will work with the AAA to produce and distribute a resource brochure for "Aging in Place" to be distributed to senior populations prioritized in the Older Americans Act.	7/1/2024-6/30/2026	Admin	Continued

Goal # 3

Goal:

The AAA will improve access to information, assistance, and resources to promote equity and visibility of services among older adults, persons with disabilities, and family caregivers.

Rationale:

Knowledge, awareness, and ability to obtain the services and resources one needs are critical to supporting residents' ability to safely age in place and thrive in Contra Costa. Focus group participants established that for services to be accessible and effective, they must be affordable, available, coordinated, equitable, reliable, seamless, and visible. Furthermore, elevating the visibility of Caregiver Respite services is specifically crucial as caregivers are often dependent on this resource as a sole source for relief from caregiving. Hands-on support is also needed to navigate the service system and enroll in programs.

List Objective Number(s) _____and Objective(s) [Refer to CCR Article 3, Section 7300 (c)]	Projected Start and End Dates	Type of Activity and	Update Status⁷
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(Priority Service if applicable)		Funding Source⁶	
2.1 The ACOA and Planning Committee will assist the AAA's Information & Assistance Program in sponsoring and coordinating at least four events to reach populations prioritized in the Older Americans Act to inform older and disabled individuals and caregivers of available programs and services.	7/1/2024-6/30/2026	Admin	Continued
2.2 The ACOA Planning Committee will work with the AAA's Information and Assistance Program in translating the County Senior Resource Directory into Simplified Chinese and helping in its distribution in the community.	7/1/2024-6/30/2025	Admin	Completed
2.3 The AAA and ACOA Planning Committee will increase access to information about services by creating QR codes for the Senior Resource Directory and the County Guides to expand promotion and reach of these resources in the community.	7/1/2024-6/30/2025	Admin	Completed
2.4 The ACOA Health Workgroup will schedule a minimum of four presentations at monthly meetings delivered by subject matter experts/professionals on topics specific to the MPA's "Health Reimagined" goal to increase awareness about community resources and supports for older adults.	7/1/2024-6/30/2026	Admin	Continued
2.5 The ACOA Housing Workgroup will schedule a minimum of eight presentations by non-profit, government, and private organizations to foster partnerships and learn about	7/1/2024-6/30/2026	Admin	Continued

housing related programs and policies.			
2.6 The ACOA Housing Workgroup will develop outreach materials, including a Power Point presentation, to inform the community about current housing challenges older adults face in Contra Costa County and resources available to help address their needs. The workgroup will conduct at least two educational presentations a year to seniors, service providers, and/or policy makers.	7/1/2024-6/30/2026	Admin	Continued
2.7 The ACOA Technology Workgroup will schedule a minimum of four presentations at monthly on topics specific to technology in order to increase awareness of community resources.	7/1/2024-6/30/2028	Admin	Continued
2.8 The ACOA Technology Workgroup will produce at least two infographic documents describing important technology subjects including “Protecting Against Online Scams” and “Artificial Intelligence and Older Adults” and will leverage scheduled AAA outreach events to distribute the information.	7/1/2024-6/30/2026	Admin	Continued
2.9 The ACOA Legislative Workgroup will track and report at least twice annually to the ACOA and advocate on relevant legislative proposals as they pertain to older adults.	7/1/2024-6/30/2028	Admin	Continued

2.10 The AAA and ACOA Health Workgroup will facilitate at least four health related informational presentations including mental health at Contra Costa Senior/Community Centers.	7/1/2024-6/30/2028	Admin	Continued
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Goal # 4

Goal:

The AAA will review and update Programs and regulatory requirements to align with the changes in the Older Californians Act and the reauthorized Older Americans Act.

Rationale:

The AAA must prepare for and respond to changes resulting from the reauthorization of the Older Americans Act (OAA) and the modernization of the Older Californians Act (OCA). Program goals, objectives, and operational activities shall align and comply with the resultant changes in legislation and policy guidelines from the California Department of Aging.

List Objective Number(s) _____and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable)	Projected Start and End Dates	Type of Activity and Funding Source⁶	Update Status⁷
4.1 The ACOA and the Planning Committee will assist the AAA, as requested, in their monitoring process of service providers.	7/1/2024-6/30/2028	Admin	Continued
4.2 The ACOA Planning Committee will assist the AAA in reviewing amendments to the OAA, OCA, and other state requirements and support the AAA in ensuring that program policies and procedures are reflective of the changes and implemented by contractors.	7/1/2024-6/30/2028	Admin	Continued