



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Monday, April 13, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Health and Elder Abuse Prevention Committee
<https://cccouny-us.zoom.us/j/83870526995>

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 2950 Buskirk Avenue, Suite 330 Walnut Creek | 400 El Cerro Blvd., Danville | 111 Civic Drive, Hercules | 366 Caroni St., Walnut Creek | 130 Linhares Lane, Alamo

1:00 Open meeting: Dr. Mike Wener, Chairman
- Call to Order: The meeting was called to order at 1:03 pm.

Roll call (Dixie Peralta)
Adopt Today's Agenda

Present Holly Frates, Sarah Green, Thomas Lang, Sharon Maxwell, Brian O'Toole, Carol Schaefer, Teresa Wright, Michael Wener, Dennis Yee, and Deborah Wiener

Absent Alan Goldhammer, Nikki Lopez, Terri Tobey, and Susan Wright

1:05 Approve March 2026 Minutes

Motion: Lang

Second: Yee

Aye: Frates, Lang, Maxwell, O'Toole, Schaefer, Wright, Wener, Yee, and Wiener

Absent: Goldhammer, Lopez, Tobey, and Wright

Abstain: Green

Result: Passed

Health Committee Meeting Minutes 03.09.26

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1:10 Member Reports:

- Nutrition- No report

- Elder Wellness & Advocacy Coalition- Carol
 - Meetings are held on the 2nd Wednesday of the month, 2:00-3:30 pm
 - Presentation from Director of Housing Authority, Tony Ucciferri, Deputy Executive Director, Contra Costa Housing Authority, “Housing Programs Overview”
 - There was no meeting in April, so there will be no report for the May meeting
 - Kevin to ask Logan Roberston at ACOA meeting whether vouchers can be used for shared housing and will follow up with Mike

- Medi-Cal- Brian- Brian on updates to Medi-Cal
 - No new developments
 - Gave presentation to Choice in Aging (to caregivers) and the Planning Committee for updates and to discuss whether presentations can be scheduled in the community

1:25 Presentation- Mary Blumberg, Deputy District Attorney, Elder Abuse Unit Supervisor

- Mary Blumberg, Deputy District Attorney, Elder Abuse Unit Supervisor, presented on what is being seen in Contra Costa County related to elder abuse (physical, financial abuse)
 - Elder Abuse Prevention Partnership
 - A future presentation can be from the Federal Government on elder financial abuse (financial abuse where money is going overseas)
- APS MDT Meetings and FAST meetings
 - Mary to send information to Mike about the meetings to be shared with Committee members

1:55 Break

2:00 MPA California Master Plan on Aging Goal 2: Health Reimagined

- Cristina reviewed what’s available for Goal 2 on the MPA at Master Plan for Aging <https://mpa.aging.ca.gov/Goals/2/>

2:15 Community Presentations

- Thomas developed spreadsheets to track presentations- list of who is presenting, when they're presenting, organizations, conflicts of interest
- Spreadsheets were added to the agenda for this meeting
 - Thomas presented the attachments including 1) Invited Speakers to the committee and 2) Senior Center List
 - Invited speakers
 - The spreadsheet can be used to help vet speakers
 - Thomas stated he can go back to fill out the spreadsheet for the past speakers
 - Kevin would like for the invited speakers spreadsheet to go to Exec to standardize presentations
 - Can be used as a reference to bring back speakers in the future
 - Senior Centers list
 - To be used for tracking presentations, for internal ACOA members, or for those outside of ACOA, that would be invited by the committee to present in the community
 - Includes contract information for senior centers for those that would like to schedule presentations
- Cristina shared the scheduled presentations for the year that will take place for future committee meetings
 - May- Richard Leiblich on Reduction, Streamlining, and Optimization of Medications
 - June- Mike Wener, diabetic foot, including evaluation and treatment (The presentation on Advance Care Directives so this would be in a different month)
 - July- no meeting
 - August- Thomas Weisbrich, OAA Nutrition Programs
 - September- Kim Colon, Vestibular Disorders- treatment and symptoms causing vertigo, dizziness, imbalance, and nausea especially in older adults
 - October- Sarah, TBD
 - November- no meeting
 - December- Thomas Lang, sarcopenia

Invited Speaker (tracking) | Senior Center List

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2:20 Discussion:

- Thomas will present on Sarcopenia at Good Table Café, in El Sobrante, at 4:30 pm, on Monday, April 21st, with Dr. Bailey (John Muir)
- Thomas to email flyer to ACOA members
- Kevin would like the presentation offered in Danville

2:25 Public Comment

- Sarah- sales tax measure
 - attended wellness fair on March 31st, at Hercules Senior Center
 - Tabled with Park and Rec and shared information to advocate for County's sales tax measure
- Jim- sales tax measure offsetting the impacts on HR1 on EHSD budget

Next Health & Elder Abuse Prevention Committee Meeting:
- Wednesday, May 11, 2026 1:00pm – 2:30pm

2:30 Adjourn
- Meeting adjourned at 2:40 pm

For Additional Information Contact:
Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us

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