



Meeting Minutes

CONTRA COSTA COUNTY Behavioral Health Board

Wednesday, October 1, 2025

4:30 PM

1025 Escobar Street, Martinez |

<https://cchealth.zoom.us/j/99553669464> | +1 646

518 9805 US Meeting ID: 995 5366 9464

The public may attend this meeting in person at either above location. The public may also attend this meeting remotely via Zoom or call-in.

Agenda Items: Items may be taken out of order based on the business of the day and preference of the Board.

1. Roll Call and Introductions

Supervisor Carlson called the meeting to order at 4:30 p.m.

Former Board member Shelley Clark was acknowledged for her service and participation on the Behavioral Health Board.

Present Anthony Arias, Y'Anad Burrell, Ken Carlson, Roland Fernandez, Laura Griffin, Anya Gupta, Rebecca Harper, Candace Hendra, Avery Gould, Max Sala, and Jenelle Towle

Absent Candace Andersen, Logan Campbell, Sani Momoh, Alexander Quintero, and Dhoryan Rizo

2. Public comment on any item under the jurisdiction of the Board and not on this agenda (speakers may be limited to two minutes).

One public comment was received.

3. RECEIVE and APPROVE the Meeting Minutes from the September 3, 2025 Behavioral Health Board meeting, with any necessary corrections

There were no requests for public comment.

A motion was made by Hendra, seconded by Towle, that this item be approved.

Motion: Hendra

Second: Towle

Aye: Arias, Burrell, Carlson, Fernandez, Griffin, Gupta, Harper, Hendra, Gould, Sala, and Towle

Absent: Andersen, Campbell, Momoh, Quintero, and Rizo

Result: Passed

4. DISCUSS selection of speaker for draft bylaws presentation at upcoming Family and Human Services Committee meeting

Gupta volunteered to present the draft set of bylaws at the upcoming Family and Human Services Committee meeting on October 13.

There were no requests for public comment.

5. RECEIVE presentation on the 2025-2026 Mental Health Services Act (MHSA) Three Year Plan Update

Speaker(s): Windy Taylor, MBA, MA, APCC, Adam Down, MPA, Suzanne Tavano, PhD

There were no requests for public comment.

A motion was made by Hendra, seconded by Gupta, that this item be forwarded to Family and Human Services Committee for recommendation to the Board of Supervisors for approval.

Motion: Hendra

Second: Gupta

Aye: Arias, Burrell, Carlson, Fernandez, Griffin, Gupta, Harper, Hendra, Gould, Sala, and Towle

Absent: Andersen, Campbell, Momoh, Quintero, and Rizo

Result: Passed

6. RECEIVE presentation on the Behavioral Health Transformation Implementation Plan

Speaker(s): Steve Hahn-Smith, PhD, Suzanne Tavano, PhD

There were no requests for public comment.

7. RECEIVE presentation on the First Hope program of Contra Costa Health

Speaker(s): Jude Leung, PhD, Marcela Avila-Mendoza, LMFT, Ken Underwood, LMFT

There were no requests for public comment.

The next meeting is currently scheduled for November 5, 2025 at 4:30 PM.

Adjourn

Meeting was adjourned at 6:10 p.m.

General Information

The Behavioral Health Board will provide reasonable accommodations for persons with disabilities planning to attend the Board meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Board less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Suite 200, Martinez, CA 94553, during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact: Daniel Colin (Daniel.Colin@cchealth.org)

