



CONTRA COSTA COUNTY

AGENDA

Los Medanos Health Advisory Committee

Tuesday, August 11, 2026

5:00 PM

**Los Medanos Conference Room
2311 Loveridge Rd. Pittsburg, CA 94565**

ZOOM Link:

<https://us02web.zoom.us/j/82859010573>

Agenda Items: Items may be taken out of order based on the business of the day and preference of the Committee

1. Roll Call and Introductions
2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two minutes).
3. RECEIVE and APPROVE LMHAC 5.12.26 Meeting Minutes [26-2356](#)
Attachments: [LMHAC.MeetingMinutes.5.12.26](#)
4. RECEIVE Staff Report on the LMHAC Work Group Updates [26-2357](#)
5. RECEIVE Staff Report LMHA Grant and Garden Program Update [26-2358](#)
Attachments: [August - Los Medanos Quarterly Newsletter](#)
6. RECEIVE LMHA Partner Presentation [26-3296](#)

The next meeting is currently scheduled for September 8, 2026 at 5PM.

Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at Los Medanos Conference Room 2311 Loveridge Rd. Pittsburg, CA 94565, during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact: Denise.Milosevich@cchealth.org



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2356

Agenda Date: 8/11/2026

Agenda #: 3.

Advisory Board: Los Medanos Health Advisory Committee

Subject: RECEIVE and APPROVE LMHAC 5.12.26 Meeting Minutes

Presenter: Denise Milosevich

Contact: Denise.Milosevich@cchealth.org

Information:

County Ordinance requires that each County body keep a record of its meetings. Though the record not need to be verbatim, it must accurately reflect the agenda and the decisions made in the meeting. Attached is the Record of Action for the Los Medanos Health Advisory Committee for May 12th, 2026.

Recommendation(s)/Next Step(s):

RECEIVE and APPROVE LMHAC 5.12.26 Meeting Minutes

CONTRA COSTA COUNTY

*1025 ESCOBAR STREET
MARTINEZ, CA 94553*



Committee Meeting Minutes - Draft

Tuesday, May 12, 2026

5:00 PM

**Los Medanos Conference Room
2311 Loveridge Rd. Pittsburg, CA 94565**

ZOOM Link: <https://us02web.zoom.us/j/82859010573>

Los Medanos Health Advisory Committee

1. Roll Call and Introductions

Present

Dionne Adams, Emily Gerber, Arlene Kobata, Lloyd Mason,
Dennisha Marsh, and Saima Shah

2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two minutes).

No public comment.

3. RECEIVE and APPROVE LMHAC 4.14.26 Meeting Minutes

[26-2079](#)

Attachments: [LMHAC.Meeting Minutes_4.14.26](#)

Minutes approved with minor edits.

The LMHAC Chair, Dennisha Marsh, requested some statements from advisory members be reflected in the minutes. To ensure accurate record-keeping, LMHAC members stated that they will notify staff when they want their individual comments or rationale explicitly noted in the official minutes for record.

This Discussion Item was approved.

Motion: Shah

Second: Mason

4. INTRODUCE: Dionne Adams, Mayor of Pittsburg

[26-2080](#)

Mayor Dionne Adams was introduced and provided an overview of her professional experience in public policy, regulatory practice, inclusion, and regional board service. Mayor Dionne expressed a strong interest in supporting the committee's work through an equity-focused perspective.

This Discussion Item was received.

5. RECEIVE LMHAC Conflict of Interest Form & Policy 2026 Information

[26-2081](#)

Attachments: [LMHAC Conflict of Interest Policy_2026](#)

Erica McWhorter, LMHAC Consultant, introduced a formal policy governing conflict of interests for all LMHAC members to review and provide a signature of understanding to keep on record. The conflict of interest form, a complement to Form 700, is an essential for defining an advisory board overseeing grants ensures impartial, ethical, and transparent decision-making to disclose financial, professional, or personal affiliations. This policy and its process mitigates risks of fraud, protects the organization's reputation, and upholds public trust, essential for compliance with legal regulations. LMHAC members agreed that transparency and clear guidance are essential.

This Discussion Item was received.

6. CONSIDER LMHAC Budget Policy: Strategic Stewardship Options**[26-2082](#)****Attachments:** [LMHAC Budget Policy Options](#)

Erica McWhorter presented a LMHAC Budget Policy, including strategic stewardship options. As mentioned in its consideration, the purpose of the LMHAC budget policy is to establish a guide and a structure for the LMHA grants administration as part of the improvement and formalization processes for strengthening fiscal stewardship that facilitates transparency and feasibility of tracking LMHA grant funds. Chair Dennisha Marsh, recommended the LMHAC establish a regular financial report to offer LMHAC members opportunities for offering strategic fiscal informed decision making, when necessary. LMHAC member, Mayor Dionne Adams recommended the Red, Amber, Green (RAG) visual management tool to show the health of budget at a glance. RAG functions like a traffic light to indicate whether financial performance is on track (Green), at risk (Amber), or in need of immediate intervention (Red). While there are revenue and fund management options to consider, the LMHAC Budget Policy will provide opportunities to explore other areas such as spend-down mandate and reserve cap strategies, allocation and award limits, and an annual review process to ensure transparency with annual budget alignment and reporting. More discussion of this policy will be addressed in the LMHA Grant Administrative Workshop meetings.

This Discussion Item was received.

7. RECEIVE Staff Report on the 2026-27 grant cycle

[26-2083](#)**Attachments:**[Los Medanos Quarterly Newsletter](#)
[LMHA. Report Template Fillable](#)

LMHA staff, Denise Milosevich, LMHA Program Manager, and Diana Aleman, LMHA Program Coordinator, provided an update on the 2026-27 LMHA grant status sharing that the 30 contracts have been fully executed. Staff continue to provide email reminders and one-on-one technical support to all contractors to aid in their timely invoice submissions for reimbursement retroactive to January 1, 2026. In addition, all contractors have been emailed the reporting requirements, due dates, and the reporting template for the 2026-27 LMHA grant cycle.

To further strengthen communication and partnership with LMHA contractors, LMHA staff have created a quarterly newsletter for them to learn more about program activities, resources, and upcoming reminders and community events. Minor corrections were made to the newsletter, as recommended by the LMHAC, and the revised version will be resent. Recommendations made by Chair Dennisha Marsh was to limit the newsletter to 2-pages.

LMHA staff are working to update the LMHA webpage on the Contra Costa Health website to improve transparency and engagement by adding information about the 26-27 grant awardees, outline of the LMHA community health priorities, the LMHA advisory and operational roles, and the programs resources to the community. Furthermore, to support and highlight community impact, all contractors have been invited to present their program updates, success, and challenges directly to the LMHAC at a regular scheduled meeting. Presentations will be limited to one to two per month to help staff manage meeting time and agenda capacity.

This Discussion Item was received.

Adjourn

The meeting adjourned at 6:01 P.M.

The next meeting is currently scheduled for June 9, 2026 at 5 PM.

This was approved.



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2357

Agenda Date: 8/11/2026

Agenda #: 4.

Advisory Board: Los Medanos Health Advisory Committee

Subject: RECEIVE Staff Report on the LMHAC Work Group Updates

Presenter: Erica McWhorter

Contact: Denise.Milosevich@cchealth.org

Information:

LMHAC Workgroup Updates

Governance & Membership Workgroup: Ensures that LMHAC's governing procedures are relevant, effective, and followed, and supports the full body's lifecycle of membership. (*Emily Gerber, Saima Shah, Dennisha Marsh*)

UPDATE: Consultant Erica McWhorter has updated the governance of the LMHAC to ensure its bylaws are aligned with the county ordinance. A meeting for this workgroup is expected to begin in September with CCH LMHA staff and Erica McWhorter, currently developing policies to be implemented and presented to the LMHAC for review.

Grants Administration Workgroup: Supports with planning, implementation, and evaluation of the LMHAC's annual grant competition, ensuring all grant administration aligns with the body's adopted Grant Plan priorities. (*Lloyd Mason, Dennisha Marsh, Arlene Kobata*)

UPDATE: The Grants Administration workgroup met on June 11 and again on July 24th with CCH staff and Erica McWhorter to review the updated framework for the revised grant administration. These revisions include clearer guidance on how funding priorities should be defined moving forward. Key decision points for a variety of grant cycle options were presented in the workgroup, and the group discussed final recommendations.

Planning Workgroup: Provide focused planning, oversight, and recommendations to the full LMHAC regarding the body's operational improvements and strategic transition. (*Arlene Kobata, Open Seat*)

UPDATE: A meeting for this workgroup has not been scheduled at this time. This workgroup is expected to meet in the Fall of 2026; CCH Data and Evaluation is expected to provide health data to support and integrate recommendations for health priorities for 2026-2028.

Erica McWhorter has updated the LMHAC Handbook with clear areas for feedback and decision-making, which will be presented when the workgroup begins meeting. Recommendations will be presented and shared with the LMHAC.

Recommendation(s)/Next Step(s):

RECEIVE Staff Report on the LMHAC Work Group Updates



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-2358

Agenda Date: 8/11/2026

Agenda #: 5.

Advisory Board: Los Medanos Health Advisory Committee

Subject: RECEIVE Staff Report LMHA Grant and Garden Program Update

Presenter: Denise Milosevich and Diana Aleman

Contact: Denise.Milosevich@cchealth.org

Information:

2026 LMHA Program Grant Administration Update

LMHA Program achieved a high rate (90%) of timely mid-year report submissions from LMHA contractors. Ongoing technical assistance, regular communication, and clear reporting guidance contributed to improved compliance and provided valuable data to monitor program progress and outcomes. Below are a few examples of LMHA-funded programs that have made a significant difference in improving health outcomes and making an overall impact on communities.

LMHA Health Priorities: Partner Funded Outcome and Impact Report (6-months)

Healthcare Access

St. Vincent de Paul Free Medical Clinic provided 372 uninsured patients with *574 free medical visits* and 1,770 free ancillary services such as labs, diagnostics, prescriptions, and medical supplies.

United Latino Voices (ULV) assisted 148 Bay Point residents with Medi-Cal and Basic Health Plan enrollment, renewals, and healthcare navigation, improving access to care for immigrant families.

Opportunity Junction's Health Career Pathway Program trained Certified Nursing Assistants (CNA) and Medical Assistants (MA), helping 64 participants gain the skills needed to enter high-demand healthcare jobs, thereby expanding the local healthcare workforce and improving community access to qualified providers.

Hijas del Campo's Community Health Worker supported farmworker families with Medi-Cal, Contra Costa Basic Health Plan, and CalFresh enrollment and renewals, improving access to health insurance and preventing lapses in coverage.

Mental Health

Family Justice Center - TeleHealth supported survivors with access to trauma and psychiatric telehealth care, including emergency evaluations and follow-up support.

Monument Impact - Mentas Positivas en Acción (MPA) - Delivered 8 weeks of culturally responsive, trauma-informed mental health group sessions in Spanish, helping Latino participants build emotional regulation, mindfulness, coping skills, problem-solving abilities, and resilience.

Cypress Resilience Project delivered skills-based mental health trainings (Mental Health First Aid, QPR suicide-prevention, A.I.D.), equipping 48 participants from local community organizations to recognize early signs of mental distress and respond safely and effectively.

Full Circle of Choices - BE WELL Initiative provided bilingual, peer-led mental wellness education to 32 community members and distributed 27 bilingual Mental Wellness Kits with regulation tools and personalized action plans, strengthening participants' coping skills and emotional resilience

Chronic Disease

St. Vincent de Paul RotaCare Free Clinic delivered diabetes, hypertension, and asthma education to 98 patients and provided free diagnostic and treatment supplies (e.g., glucometers).

Healthy Hearts Institute distributed 675 lbs of fresh produce and provided nutrition education, helping families improve diet quality and reduce chronic disease risk.

The Bay Compassion - Compassion Health Initiative launched the Healthy Life Food Pantry, a 12-week “Food Is Medicine” program for individuals with diabetes and chronic conditions, providing weekly nutrition classes, healthy meals, and take-home groceries focused on blood-sugar control.

Unhoused Support

The Bay Compassion Clean Start Homeless Outreach provided 1,056 hot showers to unhoused residents in Bay Point and Pittsburg, plus 390 sets of clean clothing, hygiene supplies, food, and care navigation - serving 206 unique individuals experiencing homelessness.

Substance Use

Ujima Family Recovery Services - Youth Substance Use Prevention Program Conducted 84 outreach activities, strengthening referral pathways with schools, youth-serving organizations, and behavioral health providers to identify adolescents showing early signs of risky substance use.

Reported LMHA-Funded Challenges: Several organizations noted broad challenges adapting to new federal requirements for Medicaid and changes in reporting and compliance expectations, which created added workload during a period of limited staff capacity. Agencies facing staff shortages found it difficult to balance everyday operations with new Medicaid administrative demands, which in turn affected their ability to maintain consistent outreach and gather reliable data. Many programs also indicated a need for clearer guidance and support to navigate these changes, particularly as they worked with partners experiencing similar constraints. Overall, the reports reflect a sector managing evolving expectations while contending with resource limitations and operational barriers. While most contractors submitted reports on time, 3 organizations did not submit their mid-year report by the deadline, requiring additional follow-up and technical assistance to obtain the required information and ensure compliance with grant reporting requirements.

2026 LMHA Grant Fiscal Administration 6-Month Update

LMHA Fiscal Update: 2026 LMHA 6-month fiscal summary of grant funds is as follows:

Total Year 2026 LMHA Budget Reserves-5 % of total budget \$1.7000,000 Amount Reserved: \$85,000	2026 Total Awarded \$1,417,000.00 per year
6-Month Amount Invoiced	23% or (\$328,570.67)
Pending Amount Invoices (<i>Not Yet Paid</i>)	9 % or (\$132,114.43)
Remaining Balance of the LMHA Budget	67% or (\$956,314.57) (includes unpaid invoices)
% Spent Down (of total LMHA budget)	32.51% or (\$460,685.10 has been spent)
Fiscal Status	On Track

Projected Year-End Balance	Expenditures are below the expected spending pace, with 32% of the annual budget expended and 68% remaining. Staff will continue to monitor spending to ensure planned program activities are implemented, and funds are utilized appropriately by the end of the fiscal year.
Notes: Five organizations have begun programming activities but have not yet submitted reimbursement requests, resulting in no funds being drawn down to date. Contributing factors include shifts in program management, pending budget adjustment requests, or the use of other funding sources before accessing these grant funds.	

CCH staff continue to provide one-on-one technical assistance with invoice preparation and the required supporting documentation.

LMHA Grantee Engagement and Garden Updates

In June and July, CCH staff distributed a monthly *LMHA Community Newsletter* for sharing upcoming community resources and local networking opportunities for the LMHA contractors. Additionally, the *August Los Medanos Health Area Connection Newsletter*, distributed quarterly, continues to keep contractors updated with upcoming reminders, local community events, and spotlights LMHA-funded programs to showcase their work within the community. The Los Medanos Community Garden continues to run smoothly and foster a collaborative, welcoming environment. This season, gardeners participated in two successful community workdays focused on cleaning and maintaining shared spaces. UC Master Gardeners have been hosting monthly educational workshops every fourth Saturday from April through September, offering hands-on learning opportunities open to the public. While the garden has experienced some minor theft, leadership has taken steps to improve safety, including removing an old deck due to rotting wood and potential hazards. Overall, the garden remains active, engaged, and committed to maintaining a safe and supportive space for all gardeners.

SAVE THE DATE! The Los Medanos Health Area Grantee Poster Showcase is tentatively scheduled for **October 15, 2026, from 10 am-2 pm**. The goal of the showcase is to highlight LMHA grantee programs, share program outcomes, foster collaboration, and demonstrate the community impact of LMHA's grant-funded projects. The Los Medanos Community Garden will also be open for a guided tour to learn more about its programs, features, and community impact while exploring how the space promotes health, education, and community engagement.

Recommendation(s)/Next Step(s):

RECEIVE Staff Report LMHA Grant and Garden Program Update



LOS MEDANOS HEALTH AREA CONNECTION Newsletter

WELCOME TO AUGUST

Welcome to the SECOND Quarterly Edition of the Los Medanos Health Area Connection Newsletter. August brings meaningful moments for our community, including **Breastfeeding World Week** and **National Night Out**, both celebrating connection, support, and coming together as a community.

In this Summer Term edition, we're excited to highlight two of our grantee programs: **Opportunity Junction** and **White Pony Express**. Their dedication and impact continue to shine, and we're proud to share their work with you. We hope you enjoy this month's updates and stories. Thank you for being part of our LHMA community!

PROGRAM UPDATES & REMINDERS

We're excited to share that our 2026 presenter calendar is now fully booked, and we've already begun scheduling presentations for 2027. A special thank-you to **Gigi Crowder**, **Luis Marroquin from NAMI Contra Costa**, and **Nick Wilson from Loaves and Fishes** for kicking off our July presentations. In August we welcome Barb Hunt from St Vincent de Paul - RotaCare Free Clinic and Pittsburg & Bay Point Food Pantries.

Your organization is invited to be featured in our next newsletter, and you're welcome to share your work at an upcoming Advisory Committee meeting. If you're interested, please email us for details—we'd be happy to highlight your work.

UPCOMING COMMUNITY EVENTS

Concord National Night Out

Date: Tuesday, August 4th

Location: Concord Library
2900 Salvio St, Concord

Time: 5:00PM - 7:00PM

Concord WIC World Breastfeeding Week Celebration

Date: Wednesday, August 5th

Location: 2727 Systron Drive, Concord

Time: 1:00PM - 3:00PM

Pittsburg National Night Out

Date: Tuesday, August 4th

Location: Small World Park
2551 Harbor St, Pittsburg

Time: 4:00PM - 8:00PM

San Pablo WIC World Breastfeeding Week Celebration

Date: Friday, August 7th

Location: 501 Gateway Ave, San Pablo

Time: 1:30PM - 3:30PM



Certified Nurse Assistant Program



Opportunity Junction's (OJ) Certified Nursing Assistant (CNA) program offers motivated job seekers the opportunity to enter the healthcare field, earn a higher wage, and access pathways to greater economic success – all at no cost to them.

The program includes 12 weeks of CNA training, career skills training, hands-on clinical experience, and job placement assistance.

[Apply here](#). Next Class Start on September 8, 2026

Ryan's path toward becoming an Occupational Therapist began in 2023 when he enrolled in Opportunity Junction's CNA program, funded in part by the Los Medanos Health Area. At the time, he was earning minimum wage in retail and searching for stability and a meaningful career. With tuition, materials, meals, and other essentials covered, Ryan was able to focus fully on his training. Beyond clinical skills, he gained confidence, financial literacy, and professional tools that set him apart. *"The program gave me so much more than a traditional program could have,"* he shared.

After graduating, Ryan secured a full-time CNA role with a starting wage 23% higher than his previous job. More importantly, he found purpose. *"Being there for my patients every day is a very important role. The work is very fulfilling to me,"* he said. Today, Ryan is pursuing a degree in Kinesiology and is on track to graduate in 2027. His journey demonstrates how access to affordable healthcare training, mental health and confidence-building supports, and pathways to stable employment can transform individual lives and strengthen the community.

Opportunity Junction's Healthcare Career Pathway aims to build a diverse, patient-centered healthcare workforce in Contra Costa County. By increasing access to healthcare training and connecting residents to stable, higher-wage employment, the program directly advances several Los Medanos Health Area priority health areas, including expanding access to care, supporting mental well-being, and improving long-term economic and community stability.

For additional information about Opportunity Junction's Programs, visit their website:

<https://opportunityjunction.org/>



The **White Pony Express (WPE) Food Rescue Program** continues to be a vital lifeline for families across Contra Costa County, providing a logistics-driven solution to hunger while preventing food waste. Operating seven days a week, WPE recovers the equivalent of more than 11,000 healthy meals every day, delivering fresh, high-quality food to 144 nonprofits countywide—always free of charge and with no questions asked.



In Pittsburg and Bay Point, WPE delivers directly to 19 nonprofit partners, making fresh food accessible where it's needed most.

The impact in the Los Medanos community has grown significantly: In the first half of 2026 alone, WPE delivered over 450,000 pounds of nutrient-dense food—more than ever before—as demand for healthy food continues to rise.

Volunteers carefully inspect all donated food, tailor deliveries to match each organization's cultural and dietary needs and provide same-day refrigerated delivery. As one School Pantry Coordinator shared, *"Meat, bread, produce, eggs—there is such a variety that we receive through White Pony Express. The food is fresh and it's such high quality. A lot of it is organic and healthy. We are seeing more struggles for families these days, with inflation and high food prices. We are very grateful for our partnership with White Pony Express."*

WPE also supports students and families year-round through its School Pantry Program, keeping distribution sites open throughout the summer so children continue to have access to fresh food outside of the academic year. Their work reinforces the belief that nourishment is foundational to stability. As another pantry coordinator stated, *"Food access supports stability—whether families are unhoused, temporarily housed, or living on the edge of financial crisis."*

With safety-net funding diminishing and community need continuing to grow, WPE's role in the Los Medanos community has never been more essential. Every pound of food recovered and delivered is an investment in the health, dignity, and future of neighbors in Pittsburg and Bay Point. White Pony Express remains wholeheartedly committed to showing up every day for those who rely on them.

For additional information about WPE visit their website: <https://whiteponyexpress.org/>



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3296

Agenda Date: 8/11/2026

Agenda #: 6.

Advisory Board: Los Medanos Health Advisory Board

Subject: RECEIVE LMHA Partner Presentation

Presenter: Barbara Hunt, St. Vincent de Paul

Contact: Denise.Milosevich@cchealth.org

Information:

LMHA funded partners are invited to share with the LMHAC their programs, accomplishments, and impact of their work within the LMHA community. These presentations provide an opportunity to learn about innovative initiatives, celebrate successes, and gain insight into how collaborative partnerships are addressing community needs and advancing the LMHA's health priorities.

Presenter:

St. Vincent de Paul will present an overview of their "RotaCare Free Clinic" and "Food Pantries" funded projects.

The presentation is presented by Barbara Hunt and will highlight St. Vincent de Paul's RotaCare Free Clinic, highlighting achievements in providing no-cost medical care to uninsured and under-resourced community members. Barbara will share updates on patient outreach, service capacity, and the clinic's ongoing impact on community health. Barbara will also report on the St. Vincent de Paul Free Food Pantries, summarizing current progress in delivering essential nutrition support to local families. Her update will cover distribution trends, community reach, and efforts to meet growing food security needs across the region.

Recommendation(s)/Next Step(s):

RECEIVE LMHA Partner Presentation