



## AGENDA

### CONTRA COSTA COUNTY Advisory Council on Aging

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**Monday, February 9, 2026**

**1:00 PM**

**500 Ellinwood Way, Pleasant Hill, CA.  
Corner Conference Room**

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**Health and Elder Abuse Prevention Committee**  
**<https://cccouny-us.zoom.us/j/83870526995>**

#### PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 111 Civic Drive, Hercules | 2950 Buskirk Avenue, Suite 330 Walnut Creek | 1001 Golden Rain Road, Walnut Creek | 400 El Cerro Blvd. Danville

1:00 Open meeting: Dr. Mike Wener, Chairman

Roll call (Dixie Peralta)  
Adopt Today's Agenda

1:05 Approve January 2026 Minutes

Health Committee Meeting Minutes 01-12-26

**[26-480](#)**

1:10 Member Reports:

- Nutrition – no report
- Elder Wellness & Advocacy Coalition- Carol
- Medi-Cal- Brian

1:25 Follow up on liaisons for Food Security Collaborative and Elder Wellness & Advocacy Coalition (January 12th Meeting, 2:00-3:30 pm)

1:35 Area Plan Update Finalized Objectives- Thomas

APU Finalized Objectives

**[26-481](#)**

1:40 Community Presentations- Thomas

- Tracking spreadsheet

Senior Center List | Tracking Spreadsheet

**[26-482](#)**

## 1:45 Elder Abuse Prevention Materials

- Elder and Dependent Adult Abuse and Neglect- Contra Costa County Adult Protective Services
- Family Justice Center- Alameda County

Elder Abuse Brochure | Family Justice-Alameda Elder Abuse

[26-483](#)

## 1:55 Break

## 2:00 Introductions and discussion about presentations- All members

## 2:20 Discussion: Open

## 2:25 Public Comment

## Next Health &amp; Elder Abuse Prevention Committee Meeting:

- Wednesday, March 9, 2026 1:00pm – 2:30pm

## 2:30 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at [www.contracosta.ca.gov](http://www.contracosta.ca.gov). If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

## For Additional Information Contact:

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