



AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Monday, February 9, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Health and Elder Abuse Prevention Committee
<https://cccounty-us.zoom.us/j/83870526995>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 111 Civic Drive, Hercules | 2950 Buskirk Avenue, Suite 330 Walnut Creek | 1001 Golden Rain Road, Walnut Creek | 400 El Cerro Blvd. Danville

1:00 Open meeting: Dr. Mike Wener, Chairman

Roll call (Dixie Peralta)
Adopt Today's Agenda

1:05 Approve January 2026 Minutes

Health Committee Meeting Minutes 01-12-26

26-480

1:10 Member Reports:

- Nutrition – no report
- Elder Wellness & Advocacy Coalition- Carol
- Medi-Cal- Brian

1:25 Follow up on liaisons for Food Security Collaborative and Elder Wellness & Advocacy Coalition (January 12th Meeting, 2:00-3:30 pm)

1:35 Area Plan Update Finalized Objectives- Thomas

APU Finalized Objectives

26-481

1:40 Community Presentations- Thomas

- Tracking spreadsheet

Senior Center List | Tracking Spreadsheet

26-482

1:45 Elder Abuse Prevention Materials

- Elder and Dependent Adult Abuse and Neglect- Contra Costa County Adult Protective Services
- Family Justice Center- Alameda County

Elder Abuse Brochure | Family Justice-Alameda Elder Abuse

[26-483](#)

1:55 Break

2:00 Introductions and discussion about presentations- All members

2:20 Discussion: Open

2:25 Public Comment

Next Health & Elder Abuse Prevention Committee Meeting:

- Wednesday, March 9, 2026 1:00pm – 2:30pm

2:30 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-480

Agenda Date: 2/9/2026

Agenda #:

Advisory Council on Aging:

Health Committee Meeting Minutes 01-12-2026



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Monday, January 12, 2026

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room

Health and Elder Abuse Prevention Committee

<https://cccounty-us.zoom.us/j/83870526995>

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 2756 Lily Court, Antioch | 621 Reading Place, Danville | 849 Bridgeway Circle, El Sobrante | 139 Aster Court, Hercules | 2950 Buskirk Avenue, Suite 330 Walnut Creek | 400 El Cerro Blvd. Danville

1:00 Call to Order | Introductions: Dr. Michael Wener, Chair

Roll call (Dixie Peralta)

| | |
|----------------|---|
| Present | Alan Goldhammer, Sarah Green, Thomas Lang, Sharon Maxwell, Brian O'Toole, Carol Schaefer, and Michael Wener |
| Excused | Terri Tobey |
| Absent | Nikki Lopez, and Deborah Wiener |

Approve December 2025 Minutes

| | |
|----------------|---|
| Motion: | Lang |
| Second: | Maxwell |
| Aye: | Goldhammer, Green, Lang, Maxwell, O'Toole, Schaefer, and Wener |
| Absent: | Lopez, and Wiener |
| Result: | Passed |

Health Meeting Minutes 12-08-25

26-160

1:10 Member Reports:

- Nutrition no report (Food Security Collaborative meets when they need to, does not meet regularly) 5-minute report on what's new from Thomas W. – comprehensive summary with/Thomas L. as the committee contact
- Elder Wellness & Advocacy Coalition- see below
- Medi-Cal- Brian- Report from Brian on updates to Medi-Cal

1:30 Liaisons for Food Security Collaborative and Elder Wellness & Advocacy Coalition

- The next Elder and Wellness & Advocacy Coalition meeting is on January 14th Meeting, 2:00-3:30 pm
 - Carol can attend but will not be able to be the liaison if the time of the Health Committee meeting changes
- Food Security Collaborative- Jim can reach out to Caitlin (Thomas L. to follow up)

1:45 Area Plan Update- review of objectives

- Objectives were reviewed and the following changes were made:
 - 1.3 objective- add the start 2024
- 2.3 objective- brochure (change to Continued)
 - Suggestion from Kevin to review Information and Assistance brochures to see what is missing in the Aging in Place brochure
 - Jim asked to have the Aging in Place brochure be resubmitted to him to review
 - Mike can help to review
- 3.4 objective- No changes. Sarah would like to know more about the scheduling of presentations to possibly be more involved. Thomas stated he can take the lead on making a contact list of places where presentations have happened

APU Objectives Draft FY 26-27 Draft_Updated_Planning - edits

[26-161](#)

1:55 Break

2:00 Workgroup Meeting Discussion

- Chair- Mike will continue as chair with Thomas as a back-up
- Mission of the committee will be to continue to dissemination information on health/elder abuse
- There was a discussion about changing the meeting time to the morning, but the meeting be kept at same time the afternoon because various
- Cristina to add Community Presentations as an agenda item

2:15 Discussion:

- Cristina will send the contact list of the committee to the members
- Due to the Brown Act, documents can't be distributed at the meeting
 - The Alameda County Family Justice Center document will be added to February agenda
- AARP document isn't available for distribution
- Presentation topics for future meetings
 - Shari – Angela Wright with Wright Wealth Management (with Senior Solutions) presented at a lunch and learn as a speaker on fraud and abuse for elders
 - Sarah- happy to have a discussion about topics of interest to committee with Mike and Thomas and will send topics of interest to Mike, Thomas, and Cristina
 - Alan asked to provide an update on mandated reporting
 - Thomas is developing a presentation on age-related muscle degeneration (sarcopenia) and could present it to the committee in the spring
 - APS presentation
 - Elder abuse and banking

2:25 Public Comment

Next proposed Health & Elder Abuse Prevention Committee Meeting:

- Monday, February 9, 2026 1:00pm – 2:30pm

2:30 Adjourn

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us

DRAFT



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-481

Agenda Date: 2/9/2026

Agenda #:

Advisory Council on Aging:

Area Plan Update Finalized Objectives- Thomas

SECTION 7. AREA PLAN NARRATIVE GOALS & OBJECTIVES

Goal # 1

Goal:

The AAA will support the implementation of the Master Plan for Aging for Contra Costa County by advocating for the availability of resources necessary to successfully and effectively execute the goals, priorities, and strategies established in the Local Playbook.

Rationale:

The AAA has been designated to coordinate the implementation of Contra Costa's Master Plan for Aging Local Playbook. This requires the AAA to partner with the Advisory Council on Aging, the aging and disabilities provider network, and other community stakeholders to successfully and meaningfully implement the Local Playbook's strategies, initiatives, and activities.

| List Objective Number(s) _____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable) | Projected Start and End Dates | Type of Activity and Funding Source ⁶ | Update Status ⁷ |
|--|---|--|----------------------------|
| 1.1 The AAA and ACOA will support the MPA Local Playbook strategy of addressing social isolation and connection by identifying funding source(s) to implement this priority. | 7/1/2024- 6/30/2028 ⁶ | Admin | Continued |
| 1.2 <u>The ACOA Housing Committee will work collaboratively with AAA staff and the Master Plan for Aging (MPA) Local Playbook committee to support the Housing for All Ages & Stages goal, aiming to plan at least one joint meeting each year with the housing champions identified in the MPA. The ACOA Housing Workgroup will support the MPA Local Playbook strategy of promoting awareness of issues facing affordable housing by developing and updating, at least annually, the infographic "No Place to Call Home," which highlights the county's senior housing issues.</u> | 7/1/2026 ⁶⁴ - 6/30/2027 ⁷⁶ | Admin | <u>ContinuedRevised</u> |

| | | | |
|--|-------------------------------------|-------|-----------|
| 1.3 The ACOA Health Workgroup will support the implementation of the MPA Local Playbook to educate seniors about healthcare resources available in the community through distribution of collateral materials. | 7/1/2024- 6/30/202 ⁷⁶ | Admin | Continued |
| 1.4 The ACOA Transportation Workgroup will support the implementation of the MPA Local Playbook strategy for establishing a <u>county-wide</u> <u>country-wide</u> approach to accessible transportation. | 7/1/2024- 6/30/202 ⁶⁷ | Admin | Continued |

Goal:

The AAA will promote the development of age- and disability-friendly communities by advocating for an infrastructure that fully and meaningfully prioritizes the needs of older and disabled adults and those who care for them.

Rationale:

The continued growth of the older adult population, especially with the oldest of the baby boomers reaching an advanced age of 85 years starting in 2031, calls attention to the need to prioritize and promote age- and disability-friendly Contra Costa communities. A strong infrastructure that includes diverse and reliable funding sources for programs and services and the inclusion and prioritization of older adults, persons with disabilities, and family caregivers in planning, building, and delivering services promote the development of age- and disability-friendly communities. Promoting neighborhood safety, improving the walkability of streets, protecting seniors from falling victims to scams and crime, and keeping essential services, such as housing, transportation, food, medical/dental care, etc., were among the needs mentioned by focus group participants to make communities age- and disability-friendly. Furthermore, making communities as age and disability - friendly as possible while simultaneously leveraging the needs and accessibility of caregiver respite services speaks to servicing the needs at both ends of the spectrum; those of care receivers as they navigate communities that are adapted and those of caregivers as they seek respite.

| List Objective Number(s) _____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable) | Projected Start and End Dates | Type of Activity and Funding Source ⁶ | Update Status ⁷ |
|--|--------------------------------------|--|----------------------------|
| 2.1 The ACOA will participate in the Food Security Collaborative to develop strategies to address the nutritional health of older adults and persons with disabilities in Contra Costa County. | 7/1/2024- 6/30/2026 ⁶ | Admin | Revised Continued |
| 2.2 The ACOA Transportation Workgroup will advocate for older and disabled adults' transportation infrastructure needs by providing at least four informational presentations a year to the community and service providers. | 7/1/2024- 6/30/2026 ⁶⁷ | Admin | Continued |
| 2.3 The ACOA Health Workgroup will work with the AAA to produce and distribute a resource brochure for "Aging in Place" to be distributed to senior populations prioritized in the Older Americans Act. | 7/1/2024- 6/30/2026 | Admin | Continued |

Goal # 3

Goal:

The AAA will improve access to information, assistance, and resources to promote equity and visibility of services among older adults, persons with disabilities, and family caregivers.

Rationale:

Knowledge, awareness, and ability to obtain the services and resources one needs are critical to supporting residents' ability to safely age in place and thrive in Contra Costa. Focus group participants established that for services to be accessible and effective, they must be affordable, available, coordinated, equitable, reliable, seamless, and visible. Furthermore, elevating the visibility of Caregiver Respite services is specifically crucial as caregivers are often dependent on this resource as a sole source for relief from caregiving. Hands-on support is also needed to navigate the service system and enroll in programs.

| List Objective Number(s) _____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable) | Projected Start and End Dates | Type of Activity and Funding Source ⁶ | Update Status ⁷ |
|--|-------------------------------|--|--------------------------------------|
| 3.1 The ACOA and Planning Committee will assist the AAA's Information & Assistance Program in sponsoring and coordinating at least four events to reach populations prioritized in the Older Americans Act to inform older and disabled individuals and caregivers of available programs and services. | 7/1/2024-6/30/2026 | Admin | <u>Completed</u> <u>Continued</u> |
| 3.2 The ACOA Planning Committee will work with the AAA's Information and Assistance Program in translating the County Senior Resource Directory into Simplified Chinese and helping in its distribution in the community. | 7/1/2024-6/30/2025 | Admin | Completed |
| 3.3 The AAA and ACOA Planning Committee will increase access to information about services by creating QR codes for the Senior Resource Directory and the County Guides to expand promotion and reach of these resources in the community. | 7/1/2024-6/30/2025 | Admin | Completed |

| | | | |
|---|---|--------------|---|
| <p>3.4 The ACOA Health Committee will schedule a minimum of four presentations at monthly meetings delivered by subject matter experts/professionals on topics specific to the MPA's "Health Reimagined" goal to increase awareness about community resources and supports for older adults.</p> | <p>7/1/2024- 6/30/20276</p> | <p>Admin</p> | <p>Continued</p> |
| <p>3.5. The ACOA Housing Workgroup Committee will schedule a minimum of eight presentations by non-profit, government, and private organizations to foster partnerships and learn about housing related programs and policies.</p> | <p>7/1/2024- 6/30/20276</p> | <p>Admin</p> | <p>Continued</p> |
| <p>3.6 The ACOA Housing Committee will work with AAA staff to develop and update outreach materials to help the Contra Costa County community better understand the housing challenges faced by older adults. These materials will be presented to government commissions, city councils, local service groups, and community organizations throughout the County, with the goal of at least six presentations being conducted annually. The ACOA Housing Workgroup will develop outreach materials, including a Power Point presentation, to inform the community about current housing challenges older adults face in Contra Costa County and resources available to help address their needs. The workgroup will conduct at least two educational presentations a year to seniors, service providers, and/or policy makers.</p> | <p>7/1/2024- 6/30/20276</p> | <p>Admin</p> | <p>ContinuedRevised</p> |

| | | | |
|--|-------------------------|-------|-----------|
| 3.7 The ACOA Technology Workgroup Committee will schedule a minimum of four presentations at monthly meetings on topics specific to technology in order to increase awareness of community resources. | 7/1/2024- 6/30/20278 | Admin | Continued |
| 3.8 The ACOA Technology Workgroup Committee will produce at least two infographic documents describing important technology subjects including “Protecting Against Online Scams” and “Artificial Intelligence and Older Adults” and will leverage scheduled AAA outreach events to distribute the information. | 7/1/2024- 6/30/20276 | Admin | Continued |

| | | | |
|---|--------------------|-------|-----------|
| 3.9 The ACOA Legislative Workgroup Committee will track and report at least twice annually to the ACOA and advocate on relevant legislative proposals as they pertain to older adults. | 7/1/2024-6/30/2028 | Admin | Continued |
| 3.10—The AAA and ACOA Health Workgroup Committee will facilitate at least four health related informational presentations including mental health at Contra Costa Senior/Community Centers. | 7/1/2024-6/30/2028 | Admin | Continued |

Goal # 4

Goal:

The AAA will review and update Programs and regulatory requirements to align with the changes in the Older Californians Act and the reauthorized Older Americans Act.

Rationale:

The AAA must prepare for and respond to changes resulting from the reauthorization of the Older Americans Act (OAA) and the modernization of the Older Californians Act (OCA).

Program goals, objectives, and operational activities shall align and comply with the resultant changes in legislation and policy guidelines from the California Department of Aging.

| List Objective Number(s)____ and Objective(s) [Refer to CCR Article 3, Section 7300 (c)] (Priority Service if applicable) | Projected Start and End Dates | Type of Activity and Funding Source ⁶ | Update Status ⁷ |
|--|-------------------------------|--|------------------------------------|
| 4.1 The ACOA and the Planning Committee will assist the AAA, as requested, in their monitoring process of service providers. | 7/1/2024-6/30/2028 | Admin | ContinuedCompleted |

| | | | |
|--|--------------------|-------|-----------|
| 4.2 The ACOA Planning Committee will assist the AAA in reviewing amendments to the OAA, OCA, and other state requirements and support the AAA in ensuring that program policies and procedures are reflective of the changes and implemented by contractors. | 7/1/2024-6/30/2028 | Admin | Continued |
|--|--------------------|-------|-----------|

² Indicate if the objective is Administration (Admin,) Program Development (PD) or Coordination (C). If a PD objective is not completed in the timeline required and is continuing in the following year, provide an update with additional tasks. For program specific goals and objectives please identify service category where applicable.

³ Use for the Area Plan Updates to indicate if the objective is New, Continued, Revised, Completed, or Delete



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-482

Agenda Date: 2/9/2026

Agenda #:

Advisory Council on Aging:

Community Presentations- Thomas

- Tracking spreadsheet

| Center | Contact | Email |
|---|--------------------|--|
| El Cerrito Senior Center | Carol Kehoe | CarolKehoe@yahoo.com |
| Alcosta Senior & Community Center/San Ramon | Suzy Chow | schow@sanramon.ca.gov |
| Concord Senior Center | Habad Ahmad | habad.ahmad@cityofconcord.org |
| The Good Table/El Sobrante CA | Rev Melinda McLain | melinda@the-good-table.org |
| Sakura Kai (Japanese-American Senior Org) | Joyce Kawahata | joycka@yahoo.com |
| Lafayette Senior Services | Molly Cohen | MCohen@ci.lafayette.ca.us |



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-483

Agenda Date: 2/9/2026

Agenda #:

Advisory Council on Aging:

Elder Abuse Prevention Materials

- Elder and Dependent Adult Abuse and Neglect- Contra Costa County Adult Protective Services
- Family Justice Center- Alameda County

Connect

Many elderly live alone. Social interaction and communication is helpful for improving mental health and reducing the risk of abuse or neglect. Resources for connecting:

- Institute on Aging Friendship Line
(800) 971-0016
- Meals on Wheels **(925) 937-8311**
- Contra Costa Information and Assistance Helpline **(800) 510-2020**



Report abuse and neglect

Emergency – **Call 911**

Adult Protective Services (APS) **(877) 839-4347**

APS investigates abuse and neglect cases among elders 65+ and dependent adults 18-64 who have a physical and or mental limitation

Mandated Reporters www.reporttoaps.org

Ombudsman Services of Contra Costa, Solano and Alameda **(925) 685-2070**



Contra Costa County
Adult Protective Services
Aging & Adult Services

A Bureau of the Employment & Human Services Department

www.ehsd.org

Phone (925) 602-4179 • Toll-Free 1-877-839-4347



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Funding for the Elder Justice Program of Contra Costa County is made possible through the United States Department of Justice, Victims of Crime Act, 2018-VA-GX-0029.



A close-up photograph of an elderly man and a younger woman smiling. The man has white hair and wrinkles, and the woman has blonde hair. The background is a soft-focus outdoor scene.

Elder and Dependent Adult Abuse and Neglect

Adult Protective Services

Contra Costa County
Aging & Adult Services

A Bureau of the Employment & Human Services Department

Elder abuse is more common than you may think

In California, there are an estimated 202,549 cases of reported elder and dependent adult abuse PER YEAR. Contra Costa County receives more than 4,000 of these reports. Financial abuse, mental abuse and neglect are most prevalent in the County.

California recognizes nine types of victimization:

1. Self-Neglect – Refusal or failure to provide him/herself with adequate food, water, clothing, shelter, personal hygiene, medication (when indicated), or take safety precautions.

2. Physical Abuse – Using physical force that may result in bodily injury, physical pain, or impairment; or any non-accidental physical injury to an adult.

3. Neglect by Others – Failure to provide the basic care or services necessary to maintain the health and safety of an adult, whether done actively or passively.

4. Sexual Abuse – Sexual contact with a non-consenting adult or with one considered incapable of consenting.

5. Financial Abuse – The illegal or unethical exploitation and/or use of an elder's funds, property, or other assets.

Typical scams targeting elders:

- Announcement of a “prize” won, but must pay money and/or use gift cards to claim
- Phony charities/lottery scams
- Grandparent scams
- Social Security Income (SSI) or IRS phone call scams
- COVID-19 scams



6. Mental Abuse – Verbal or emotional abuse includes threatening physical harm or causing significant emotional harm to an adult through the use of derogatory or inappropriate names, insults, verbal assaults, profanity, or ridicule, harassment, coercion, intimidation, humiliation, mental cruelty, or inappropriate sexual comments.

7. Abandonment – Someone responsible for caring for an elder or dependent adult deserts or willfully forsakes him/her.

8. Isolation – Preventing an elder or dependent adult from receiving mail, telephone calls, or visitors.

9. Abduction – Removing an elder or dependent adult who does not have capacity to consent from the state, and restraining him or her from returning.

- Removal from California
- Restraint from Returning
- Lacks capacity to consent to removal or restraint

Some signs of abuse and neglect

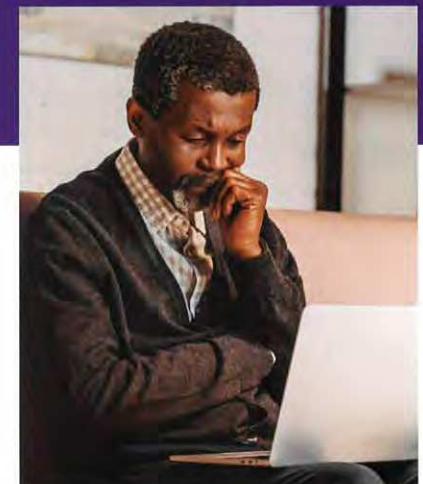
- Lack of adequate food and water
- Dirty clothing and changes in personal hygiene
- Bills not paid
- New credit cards and increased cash withdrawals
- Unusual purchases by caregiver
- Bruises, black eyes, welts
- Sudden change in behavior
- Derogatory or inappropriate names, insults, profanity or ridicule
- Unusual bruising on thighs and chest
- Unexplained sexually transmitted diseases

Visit https://bit.ly/ElderAbuse_NeglectSigns to learn more.



Prevention

- Report suspected abuse and neglect.
- Be aware of types of elder and dependent adult abuse.
- Check on your elderly and dependent adult neighbors, friends and family.
- Support community agencies and organizations coordinating to serve the elderly and dependent adult population, and their caregivers.





Select Page



Elder & Dependent Adult Abuse

The abuse of any person aged 65 or older is considered to be elder abuse while the abuse of a dependent adult between 18 and 64 years of age is considered to be dependent adult abuse. Older and dependent adults experience crimes that can happen to anyone, but crimes against these groups have harsher penalties.

- *The State Bar of California. (2007).*

What Should I Know About Elder Abuse?

Key topics:

- What is Elder and Dependent Adult Abuse?
- Forms of Abuse
- Who is Required Report Abuse
- Resources & More Information

What is Elder and Dependent Adult Abuse?

ADULT ABUSE

As with other forms of abuse, the abuse of older individuals and dependent adults involves tactics of power and control. These acts fall into the categories of physical, psychological, financial, and neglect. The abuse of any person aged 65 or older is considered to be elder abuse while the abuse of a dependent adult between 18 and 64 years of age is considered to be dependent adult abuse. Older and dependent adults experience crimes that can happen to anyone, but crimes against these groups have harsher penalties.

*The State Bar of California. (2007).
What Should I Know About Elder Abuse?*

Forms of Abuse

PHYSICAL ABUSE

Physical abuse involves the non-accidental injury, pain or impairment to an elder or dependent adult. The inappropriate use of drugs, restraints and confinement also constitutes physical abuse. [Read more.](#)

Some possible signs of physical abuse of an elderly person or dependent adult include bruises, welts, loss of weight, dehydration or malnourishment and an injury that does not seem to fit its explanation (Elder Abuse Prevention) [1].

FINANCIAL ABUSE

Financial abuse is a form of abuse commonly associated with older adults. Financial abuse occurs when a person's finances are improperly used. [Read more.](#)

Some clues that an elder or dependent adult may be experiencing financial abuse include checks with signatures that do not match the signature of the elder or dependent adult; having unpaid bills, when someone is responsible for paying the bills; and missing personal belongings (Elder Abuse Prevention) [1].



Other signs of possible financial abuse include a recent reverse mortgage, purchase of annuity and the refinancing of a home (D. Aindow, personal communication, 2009)

EMOTIONAL ABUSE

Emotional abuse includes verbal assaults, threats and intimidation. It also can involve subjecting an elder or dependent adult to serious emotional distress and fear. [Read More.](#)

As with physical abuse, emotional abuse is an intentional and deliberate act on the part of another person to impose mental suffering on an elder or dependent adult (Elder Abuse Prevention) [1].



ABUSE OR NEGLECT BY CAREGIVER

Elder and dependent adults may also experience abuse or neglect by their caregiver. Some signs that may indicate possible abuse are when a caregiver displays aggressive behavior toward an elder or dependent adult, is unwilling to cooperate with other service providers in planning for care, or when there are conflicting reports of an incident by family, friends or the victim. An elder or dependent adult may be neglected by a caregiver if they are not receiving adequate health care, have unattended rashes, bedsores or lice, or are not properly clothed (Elder Abuse Prevention) [1].

SELF-NEGLECT

Aside from neglect from an elderly or dependent adult's caregiver, an elderly or dependent adult may also experience self-neglect. This involves refusing medical or personal care or not attending to one's own needs. [Read More.](#)



While it may not necessarily be a crime to neglect oneself, it is a red flag that an elder or dependent adult may need a higher level of care.

[1] *Elder Abuse Prevention. n.d. Information and Resource Guide. (pamphlet).*

Who is required to report elder and dependent adult abuse?

The mistreatment of any individual is cause for concern in any community, but with regards to elder and dependent adult abuse, certain individuals are required by law to report the suspected abuse or neglect of elderly and dependent adults.



According to California Welfare and Institutions Code Section 15630, mandated reporters of elder and dependent adult abuse include staff of a public or private facility that provides services to elder or dependent adults, clergy members, health practitioners, and others. [Read More.](#)

You can also report elder and dependent adult abuse to your local police department.

In addition, employees of financial institutions are required to report suspected financial abuse (The State Bar of California, 2007) [1].

REPORT SUSPECTED ELDER OR DEPENDENT ADULT ABUSE IN ALAMEDA COUNTY

- Alameda County Social Services Agency

Phone: (510) 577-3500 or 1-866-Call APS (follow cues)

Website: Alamedacountysocialservices.org

- District Attorney's Elder Abuse Unit

Phone: (510) 569-9281

- Ombudsman

For suspected abuse in a nursing home or residential care.

Phone: (510) 638-6878

- **California Mandatory Reporting Requirements Regarding Elders/Disabled – RAINN**

[California Elder Mandatory Reporting \(PDF\)](#)

[1] The State Bar of California. (2007). What Should I Know About Elder Abuse? (pamphlet).

Resources & More Information

LEGAL ASSISTANCE FOR SENIORS

Educating seniors, providers and caregivers throughout Alameda County on Medicare, related health insurance issues and various legal subjects. Can assist with stay away orders.

Phone: (510) 832-3040

SENIOR INFORMATION & ASSISTANCE (THROUGHOUT CA)

Phone: (800) 510-2020

POWER AND CONTROL WHEEL FOR OLDER PEOPLE

The Power and Control Wheel for Older People provides examples of what abuse can look like with elder individuals.

[A Citizen's Guide to Preventing & Reporting Elder Abuse](#)

An informational booklet that describes the nature of elder abuse, tips for prevention and provides information on how to report suspected abuse.

For information about abuse in nursing homes:

[Nursinghomeabusecenter.com/resources/gbt/](https://nursinghomeabusecenter.com/resources/gbt/)



CONTACT US

ALAMEDA COUNTY FAMILY JUSTICE CENTER

470 27th Street
Oakland, CA 94612
(510) 267-8800
Ask.FJC@acgov.org

ACFJC IS A DIVISION OF ALAMEDA
COUNTY DISTRICT ATTORNEY'S OFFICE

QUICK LINKS

[Get Help](#)
[What is Domestic Violence?](#)
[Alameda County Resource Guide](#)
[Text-To-911](#)
[Legal Advice Clinic](#)

RELATED WEBSITES

[Alameda County Office of the District Attorney](#)
[Law Enforcement](#)

[At School](#)[CALICO](#)[ProtectCAKids.org](#)

Office of the Alameda County District Attorney

1225 Fallon Street

Oakland, CA 94612

(510) 272-6222

Multi-Language options

English



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