



CONTRA COSTA COUNTY

Committee Meeting Minutes - Final

Advisory Council on Aging

Monday, April 14, 2025

1:00 PM

**400 Ellinwood, Pleasant Hill, CA
Room 303 (Third Floor)**

Health Workgroup

Link: <https://cccounty-us.zoom.us/j/82800955881?pwd=1bbu9aoJBhJWIgXUtwTXXopvRV652.1>
| Password: 798983 **| Dial-In-Number:** (214) 765-0478 or (888) 278-0254 **| Meeting ID:** 828 0095 5881
| Conference code: 32877987

PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 849 Bridgeway Circle, El Sobrante; 2950 Buskirk Avenue, Suite 330, Walnut Creek; 1002 Golden Rain Road, Walnut Creek; 3014 Grey Eagle Drive, Walnut Creek.

1:00 Open Meeting: Terri Tobey called the meeting to order at 1:06 pm.

Roll Call

| | |
|-------------------|---|
| Present | Alan Goldhammer, Sarah Green, Thomas Lang, Brian O'Toole, Terri Tobey, and Dennis Yee |
| Absent | Lorna Van Ackeren, and Michael Wener |
| Non-voting | James Donnelly |

1:05 Approve March 2025 Draft Minutes

HL.03.10.25DraftMinutes

[25-1320](#)

Attachments: [HL.03.10.25DraftMinutes](#)

Motion: Yee

Second: Goldhammer

Aye: Goldhammer, Green, Lang, O'Toole, Tobey, and Yee

Absent: Van Ackeren, and Wener

Result: Passed

1:10 Member Reports:

Nutrition - No report

County Wellness Update - No report

Medi-Cal:

The Federal government pays about 50% for Medi-Cal.

Expect cuts through funding for support for services.

States will have to choose which programs to close or have general funds pay for services that will be cut.

Pace of change is unprecedented.

Sarah is sharing information from Justice in Aging, including their suit against the Social Security Administration.

1:30 Presentation: Christina Irving, Community Engagement Coordinator, Family Caregiver Alliance presented on the services they provide (presentation attached with agenda)

FCA started as a task force in San Francisco in 1975.

Contracted through Contra Costa County for the Family Caregiver Program.

Presentation shown was attached with April agenda.

Questions:

Retreats - Staff hope to increase them, usually once in the year in different countries.

Assessment - use validated research tools, dementia behaviors, caregiver's health (better or worse), implement Sarah Burton scale, legal planning, to determine need.

Contracts with Beacon, Accent Care, and a few other for respite.

What happens with family disputes during assessment? How often does this happen?

Answer: Occasionally offer medication if the family can't address the issue on their own. Doesn't happen too often.

Is medical training offered? Answer: No. FCA has how-to-videos. Also help caregivers to get the training that they need through the care recipients' medical provider.

What is done with the cases of suspected abuse/neglect? Answer: Doesn't happen too often. If abuse is happening, as mandated reporters, FCA will report it to Adult Protective Services.

Where do classes take place? Answer: Most are virtual because this is what caregivers prefer.

FCA link shared during the meeting: "Services By State - Family Caregiver Alliance".

FCA Presentation

[25-1321](#)

Attachments:

[FCA Overview - professionals](#)

2:00 Break

2:05 Discussion:
Discussion about workgroup membership.

Concern about changes at the federal level that affects programs, including dismantling of the Administration of Community Living and the changes at Health and Human Services, that is deciding where OAA will be placed.

Legal Assistance for Seniors 19th Conference on Elder Abuse on May 20, 2025, 9:00 am-5:00 pm. The website that will provide any interested party more information is <https://www.lashicap.org/19th-conference-on-elder-abuse/>

2:10 Community Presentations, Tracking, etc.

Data tracking for the end of the year report - Terri needs brief description of the presentation and who was the audience.

Thomas - Presentation opportunity with Good Table, in El Sobrante, that is starting a health workgroup - There's a tabling opportunity at the Farmers' Market to share information - Jim to check with Alicia about ACOA promotional material.

2:20 Public Comment: None.

2:25 Next Proposed Meeting is Monday, May 12, 2025, 1:00-2:30 PM.

Next presentation will be on Medi-Cal by Brian O'Toole, Esq. from the Law Offices of Brian O'Toole.

2:30 Adjourn - Meeting adjourned at 2:31 pm.

The Council will provide reasonable accommodations for persons with disabilities planning to attend the Council meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Council less than 96 hours prior to that meeting are available for public inspection at 400 Ellinwood Way, Pleasant Hill attention Cristina Ugaitafa during normal business hours.

HOW TO PROVIDE PUBLIC COMMENT:

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Council that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should speak when called upon by the chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing * 9 on their phone. All public comments will be limited to 2 minutes per speaker. For assistance with remote access contact: 925 655-0775.

Public comment may be submitted via electronic mail on agenda items at least one full workday prior to the published meeting time at email at cugaitafa@ehsd.cccounty.us or by voice mail at 925 655-0775. Comments submitted by email or voice mail will be included in the record of the meeting but will not be read or played aloud during the meeting.

For Additional Information contact Cristina Ugaitafa at cugaitafa@ehsd.cccounty.us or (925) 655-0775.