



CONTRA COSTA COUNTY

AGENDA

Los Medanos Healthcare Operations Committee

Supervisor Shanelle Scales-Preston, Chair
Supervisor Ken Carlson, Vice Chair

Monday, August 3, 2026

10:00 AM

**190 E.4th Street
Pittsburg, CA 94565
2255 Contra Costa Blvd., Ste. 202
Pleasant Hill, CA 94523
Zoom Link:
<https://us02web.zoom.us/j/82410858184>**

The public may attend this meeting in person at either above location. The public may also attend this meeting remotely via Zoom or call-in.

Agenda Items: Items may be taken out of order based on the business of the day and preference of the Committee.

1. Roll Call and Introductions
2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two (2) minutes).
3. RECEIVE and APPROVE LMHOC Meeting Minutes 6.1.2026 [26-3260](#)
Attachments: [LMHOC.Meeting.Minutes.6.1.2026](#)
4. RECEIVE the Staff Report- Los Medanos Health Area Working Groups [26-3261](#)
5. RECEIVE the Staff Report - 2026 LMHA Grant Funded Administration Report [26-3262](#)
Attachments: [July LMHA Connection Community Edition](#)

The next meeting is currently scheduled for October 5, 2026 at 10AM

Adjourn

General Information

This meeting provides reasonable accommodations for persons with disabilities planning to attend a the meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 190 E.4th Street, Pittsburg, Ca 94565 and 2255 Contra Costa Blvd.,Ste. 202 Pleasant Hill, CA 94523, during normal business hours. Staff reports related to items on the agenda are also accessible on line at www.co.contra-costa.ca.us.

HOW TO PROVIDE PUBLIC COMMENT:

Persons who wish to address the Committee during public comment on matters within the jurisdiction of the Committee that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should offer comments when invited by the Committee Chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing *9 on their phones.

Public comments generally will be limited to two (2) minutes per speaker. In the interest of facilitating the business of the Board Committee, the total amount of time that a member of the public may use in addressing the Board Committee on all agenda items is 10 minutes. Your patience is appreciated.

Public comments may also be submitted to Committee staff before the meeting by email or by voicemail. Comments submitted by email or voicemail will be included in the record of the meeting but will not be read or played aloud during the meeting.

For Additional Information Contact: Denise.Milosevich@cchealth.org



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3260

Agenda Date: 8/3/2026

Agenda #: 3.

Advisory Board: The Los Medanos Healthcare Operations Committee
Subject: RECEIVE and APPROVE LMHOC Meeting Minutes 6.1.2026
Presenter: Denise Milosevich
Contact: Denise.Milosevich@cchealth.org

Information:

County Ordinance requires that each County body keep a record of its meeting. Though the record need not be verbatim, it must accurately reflect the agenda and the decisions made in the meeting. Attached is the Record of Action for the Los Medanos Healthcare Operations Committee for June 1, 2026.

Recommendation(s)/Next Step(s):

RECEIVE and APPROVE LMHOC Meeting Minutes 6.1.2026

CONTRA COSTA COUNTY

190 E. 4th Street, Pittsburg, CA 94565 | 2151 Salvio Street, Ste R, Concord



Committee Meeting Minutes - Draft

**Special Meeting
Updated Location**

Monday, June 1, 2026

10:00 AM

800 N. Central Ave.

Glendale, CA 91203

2255 Contra Costa Blvd., Ste. 202

Pleasant Hill, CA 94523

Zoom Link: <https://us02web.zoom.us/j/82410858184>

Los Medanos Healthcare Operations Committee

Supervisor Shanelle Scales-Preston, Chair

Supervisor Ken Carlson, Vice Chair

The public may attend this meeting in person at either above location. The public may also attend this meeting remotely via Zoom or call-in.

Agenda Items: Items may be taken out of order based on the business of the day and preference of the Committee.

1. Roll Call and Introductions

Present: District IV Supervisor Ken Carlson and District V Supervisor Shanelle Scales-Preston

2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two (2) minutes).

No public comment.

3. RECEIVE and APPROVE 4.6.26 Meeting Minutes [26-2298](#)

Attachments: [LMHOC.Meeting.Minutes_4.6.26.FINAL](#)

This Consent Item was approved.

Motion: Scales-Preston

Second: Carlson

4. RECEIVE Staff Report on the LMHAC Work Group Updates [26-2299](#)

This Consent Item was received.

5. RECEIVE Staff Report – 2025-2027 LMHA Grant Administration Update [26-2300](#)

Attachments: [Los Medanos Quarterly Newsletter.Spring.Edition.2026](#)

LMHOC members expressed interest in exploring additional opportunities to strengthen relationships with grant-funded partners and increase awareness of their work within the community. Ideas discussed included developing a short video spotlights featuring funded programs, hosting a networking mixer or resource table event to foster collaboration and partnership among grantees, and creating opportunities for grant recipients to be introduced to and recognized by the Board of Supervisors.

This Discussion Item was received.

The next meeting is currently scheduled for July 6, 2026 at 10 A.M.

Adjourn

The meeting was adjourned at 10:37 AM.

This was approved.

General Information

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For Additional Information Contact: Denise.Milosevich@cchealth.org



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3261

Agenda Date: 8/3/2026

Agenda #: 4.

Advisory Board: The Los Medanos Healthcare Operations Meeting
Subject: RECEIVE the Staff Report- Los Medanos Health Area Working Groups
Presenter: Erica McWhorter and Denise Milosevich
Contact: Denise.Milosevich@cchealth.org

Information:

CCH LMHA staff continues to work with Excelebrate Principal Consultant Erica McWhorter to design and develop the LMHAC Program Administration draft documentation for the following areas:

I. LMHAC Grant Program Administration Update

CCH LMHA staff, in collaboration with Consultant Erica McWhorter, have completed a comprehensive review of the 2022-25 LMHA Grant History Assessment of grant-funded programs to evaluate their performance, assess progress toward intended outcomes, determine responsiveness to community needs, and verify compliance with funding requirements. The 2022-25 LMHA Grant History Assessment Report, prepared by Consultant Erica McWhorter, will determine what has worked well, where improvements are needed, and how future grant funding can better align with the LMHA's health priorities and community needs. In the coming months, it is expected that the report will be presented to the LMHOC first, followed by a presentation to the LMHAC. CCH LMHA staff, in collaboration with Consultant Erica McWhorter, are developing draft LMHA application questions and rubric metrics to be recommended for implementing budget policies, benchmark standards, input from the Grants Administrative Group, and feedback and requests received from the community.

II. LMHAC Workgroup Updates

Governance & Membership Workgroup: Ensures that LMHAC's governing procedures are relevant, effective, and followed, and supports the full body's lifecycle of membership. (*Emily Gerber, Saima Shah, Dennisha Marsh*)

Consultant Erica McWhorter has updated the governance of the LMHAC to ensure its bylaws are aligned with the county ordinance. A meeting for this workgroup is expected to begin in September with CCH LMHA staff and Erica McWhorter, currently developing policies to be implemented and presented to the LMHAC for review.

Grants Administration Workgroup: Supports with planning, implementation, and evaluation of the LMHAC's annual grant competition, ensuring all grant administration aligns with the body's adopted Grant Plan priorities. (*Lloyd Mason, Dennisha Marsh, Arlene Kobata*)

The Grants Administration workgroup met on June 11 and again on July 24th with CCH staff and Erica

McWhorter to review the updated framework for the revised grant administration. These revisions include clearer guidance on how funding priorities should be defined moving forward. Key decision points for a variety of grant cycle options were presented in the workgroup, and the group discussed final recommendations.

Planning Workgroup: Provide focused planning, oversight, and recommendations to the full LMHAC regarding the body's operational improvements and strategic transition. (*Arlene Kobata, Open Seat*)

A meeting for this workgroup has not been scheduled at this time. This workgroup is expected to meet in the Fall of 2026; CCH Data and Evaluation is expected to provide health data to support and integrate recommendations for health priorities for 2026-2028.

Erica McWhorter has updated the LMHAC Handbook with clear areas for feedback and decision-making, which will be presented when the workgroup begins meeting. Recommendations will be presented and shared with the LMHAC.

Recommendation(s)/Next Step(s):

RECEIVE the Staff Report- Los Medanos Health Area Working Groups



CONTRA COSTA COUNTY

1025 ESCOBAR STREET
MARTINEZ, CA 94553

Staff Report

File #: 26-3262

Agenda Date: 8/3/2026

Agenda #: 5.

Advisory Board: The Los Medanos Healthcare Operations Committee

Subject: RECEIVE the Staff Report - 2026 LMHA Grant Funded Administration Report

Presenter: Denise Milosevich

Contact: Denise.Milosevich@cchealth.org

Information:

2026 LMHA Program Grant Administration Update

LMHA Program achieved a high rate (90%) of timely mid-year report submissions from LMHA contractors. Ongoing technical assistance, regular communication, and clear reporting guidance contributed to improved compliance and provided valuable data to monitor program progress and outcomes. Below are a few examples of LMHA-funded programs that have made a significant difference in improving health outcomes and making an overall impact on communities.

LMHA Health Priorities: Partner Funded Outcome and Impact Report (6-months)

Healthcare Access

St. Vincent de Paul Free Medical Clinic provided 372 uninsured patients with *574 free medical visits* and 1,770 free ancillary services such as labs, diagnostics, prescriptions, and medical supplies.

United Latino Voices (ULV) assisted 148 Bay Point residents with Medi-Cal and Basic Health Plan enrollment, renewals, and healthcare navigation, improving access to care for immigrant families.

Opportunity Junction's Health Career Pathway Program trained Certified Nursing Assistants (CNA) and Medical Assistants (MA), helping 64 participants gain the skills needed to enter high-demand healthcare jobs, thereby expanding the local healthcare workforce and improving community access to qualified providers.

Hijas del Campo's Community Health Worker supported farmworker families with Medi-Cal, Contra Costa Basic Health Plan, and CalFresh enrollment and renewals, improving access to health insurance and preventing lapses in coverage.

Mental Health

Family Justice Center - TeleHealth supported survivors with access to trauma and psychiatric telehealth care, including emergency evaluations and follow-up support.

Monument Impact - Mentas Positivas en Acción (MPA) - Delivered 8 weeks of culturally responsive, trauma-informed mental health group sessions in Spanish, helping Latino participants build emotional regulation, mindfulness, coping skills, problem-solving abilities, and resilience.

Cypress Resilience Project delivered skills-based mental health trainings (Mental Health First Aid, QPR suicide-prevention, A.I.D.), equipping 48 participants from local community organizations to recognize early signs of mental distress and respond safely and effectively.

Full Circle of Choices - BE WELL Initiative provided bilingual, peer-led mental wellness education to 32 community members and distributed 27 bilingual Mental Wellness Kits with regulation tools and personalized action plans, strengthening participants' coping skills and emotional resilience

Chronic Disease

St. Vincent de Paul RotaCare Free Clinic delivered diabetes, hypertension, and asthma education to 98 patients and provided free diagnostic and treatment supplies (e.g., glucometers).

Healthy Hearts Institute distributed 675 lbs of fresh produce and provided nutrition education, helping families improve diet quality and reduce chronic disease risk.

The Bay Compassion - Compassion Health Initiative launched the Healthy Life Food Pantry, a 12-week "Food Is Medicine" program for individuals with diabetes and chronic conditions, providing weekly nutrition classes, healthy meals, and take-home groceries focused on blood-sugar control.

Unhoused Support

The Bay Compassion Clean Start Homeless Outreach provided 1,056 hot showers to unhoused residents in Bay Point and Pittsburg, plus 390 sets of clean clothing, hygiene supplies, food, and care navigation - serving 206 unique individuals experiencing homelessness.

Substance Use

Ujima Family Recovery Services - Youth Substance Use Prevention Program Conducted 84 outreach activities, strengthening referral pathways with schools, youth-serving organizations, and behavioral health providers to identify adolescents showing early signs of risky substance use.

Reported LMHA-Funded Challenges: Several organizations noted broad challenges adapting to new federal requirements for Medicaid and changes in reporting and compliance expectations, which created added workload during a period of limited staff capacity. Agencies facing staff shortages found it difficult to balance everyday operations with new Medicaid administrative demands, which in turn affected their ability to maintain consistent outreach and gather reliable data. Many programs also indicated a need for clearer guidance and support to navigate these changes, particularly as they worked with partners experiencing similar constraints. Overall, the reports reflect a sector managing evolving expectations while contending with resource limitations and operational barriers. While most contractors submitted reports on time, 3 organizations did not submit their mid-year report by the deadline, requiring additional follow-up and technical assistance to obtain the required information and ensure compliance with grant reporting requirements.

2026 LMHA Grant Fiscal Administration 6-Month Update

LMHA Fiscal Update: 2026 LMHA 6-month fiscal summary of grant funds is as follows:

Total Year 2026 LMHA Budget Reserves-5 % of total budget \$1.7000,000 Amount Reserved: \$85,000	2026 Total Awarded \$1,417,000.00 per year
6-Month Amount Invoiced	23% or (\$328,570.67)
Pending Amount Invoices <i>(Not Yet Paid)</i>	9 % or (\$132,114.43)
Remaining Balance of the LMHA Budget	67% or (\$956,314.57) (includes unpaid invoices)
% Spent Down (of total LMHA budget)	32.51% or (\$460,685.10 has been spent)
Fiscal Status	On Track
Projected Year-End Balance	Expenditures are below the expected spending pace, with 32% of the annual budget expended and 68% remaining. Staff will continue to monitor spending to ensure planned program activities are implemented, and funds are utilized appropriately by the end of the fiscal year.
Notes: Five organizations have begun program activities but have not yet submitted reimbursement requests, resulting in no funds being drawn down to date. Contributing factors include shifts in program management, pending budget adjustment requests, or the use of other funding sources before accessing these grant funds.	

CCH staff continue to provide one-on-one technical assistance with invoice preparation and the required supporting documentation.

LMHA Grantee Engagement and Garden Updates

In June and July, CCH staff distributed a monthly *LMHA Community Newsletter* for sharing upcoming community resources and local networking opportunities for the LMHA contractors. Additionally, the *August Los Medanos Health Area Connection Newsletter*, distributed quarterly, continues to keep contractors updated with upcoming reminders, local community events, and spotlights LMHA-funded programs to showcase their work within the community.

The Los Medanos Community Garden continues to run smoothly and foster a collaborative, welcoming environment. This season, gardeners participated in two successful community workdays focused on cleaning and maintaining shared spaces. UC Master Gardeners have been hosting monthly educational workshops every fourth Saturday from April through September, offering hands-on learning opportunities open to the public. While the garden has experienced some minor theft, leadership has taken steps to improve safety, including removing an old deck due to rotting wood and potential hazards. Overall, the garden remains active, engaged, and committed to maintaining a safe and supportive space for all gardeners.

SAVE THE DATE! The Los Medanos Health Area Grantee Poster Showcase is tentatively scheduled for **October 15, 2026, from 10 am-2 pm**. The goal of the showcase is to highlight LMHA grantee programs, share program outcomes, foster collaboration, and demonstrate the community impact of LMHA's grant-funded projects. The Los Medanos Community Garden will also be open for a guided tour to learn more about its programs, features, and community impact while exploring how the space promotes health, education, and community engagement.

Recommendation(s)/Next Step(s):

RECEIVE the Staff Report - 2026 LMHA Grant Funded Administration Report

LOS MEDANOS HEALTH AREA CONNECTION

COMMUNITY EDITION

JULY 2026

SUMMER HAS ARRIVED

As we welcome the sunny days of July, we're excited for a season filled with new opportunities to gather, connect, and continue our shared progress. This month also brings the 250th anniversary of Independence Day—a meaningful moment of reflection for communities across the nation. Wishing everyone a healthy and vibrant start to the summer season!

ACKNOWLEDGEMENTS



As we move into July, we'd like to reflect and honor two important June celebrations: **Pride Month** and **Juneteenth**. Each serves as a powerful reminder of the continued work toward equality, inclusion, and collective progress.



UPCOMING COMMUNITY EVENT

Supervisor Shanelle Scales-Preston Presents:

Bay Point Community Resource Fair

Location: Ambrose Community Center, 3105 Willow Pass Rd, Bay Point

When: Saturday, July 25 | 10 AM - 2 PM

Tabling & Volunteer Opportunities are Available

For more information: [Info flyer here](#)

SHAPE FUTURE TRANSPORTATION IN CONTRA COSTA!

The Contra Costa Transportation Authority (CCTA) delivers countywide transportation improvements, including smarter roads, street repairs, bike and pedestrian overcrossings, and safer routes to school. This summer, CCTA is partnering with **Full Circle of Choices** to hear from people who live, work, study, and travel in the county.



Take the CCTA Summer Listening Survey
for a chance to win one of five
\$100 Visa gift cards.



REMINDER: MID-YEAR PROGRESS REPORT DUE

A reminder that the LMHA **Mid-Year Report is due on July 15**. This report helps us capture progress, highlight accomplishments, and identify any support you may need for the remainder of the year. Please be sure to use the [template provided](#) when completing your submission.