



# CONTRA COSTA COUNTY

## AGENDA

### Advisory Council on Aging

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Wednesday, April 16, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill  
Boardroom

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#### General Meeting and Area Agency on Aging Public Hearing

| **Link:** | [https://cccounty-us.zoom.us/j/89014040093?](https://cccounty-us.zoom.us/j/89014040093?pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1)

**pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1 | Password: 484165 | Dial-in: 214 765 0478 or 8882780254 (US Toll Free) | Conference code: 698779 | ID:89**

#### PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 324 El Divisadero Ave., Walnut Creek; 1002 Golden Rain Rd, Walnut Creek; 165 Natalie Dr., Moraga; 2950 Buskirk Ave, Suite 330, Walnut Creek; 14720 Byron Highway, #4, Byron; 26 Orinda Wy., Orinda; 400 El Cerro Blvd., Danville.

10:00 Call to Order/Introductions: Jim Donnelly, ACOA President

10:01 Roll Call

**10:03** Approve March 2025 Draft Agenda

[25-1471](#)

**Attachments:** [GEN 3.19.25 DraftMinutes](#)

10:05 Area Agency on Aging Report:

AAA updates: Alicia Espinoza

RFP 1212 (Organizational Capacity Building) Awardees

[25-1476](#)

**Attachments:** [RFP 1212 - Awardees Chart](#)

RFP 1220 (OAA Title IIIC Senior Nutrition Meal Production) and RFP 1221 (OAA Title IIIC C1 Congregate Meals, C2 Home-Delivered Meals, and Cultural Program)

[25-1473](#)

**Attachments:** [Senior Nutrition Timelines - RFP 1220 + 1221](#)

Age-Friendly Campaign  
Staff Updates

Guaranteed Income (GI) Program presentation: Tracy Murray

[25-1474](#)

**Attachments:** [Guaranteed Income Advisory Council on Aging Rev. 4.10.25](#)

**10:30** Presentation - Tim Haile CCTA ED "Accessible Transportation Efforts"

[25-1475](#)

**Attachments:** [People Centered Mobility](#)

11:00 Break

11:10 ACOA President's Report: Jim Donnelly

11:20 Committee and Workgroup Reports: Chair (3 min each)

Membership: Julie Ortega/Logan Robertson

Planning: Jill Kleiner

Health & Elder Abuse Prevention: Terri Tobey/Michael Wener

Housing: Kevin Donovan

Legislative: Shirley Krohn/Steve Lipson - CA SB239 ] BillTrack 50

Technology: Steve Lipson

Transportation: Candace Evans

11:45 Regional Coalition Update: Debbie Toth

11:50 Consent Item:

Approve Brock Dubbels for Member at Large (MAL) seat.

11:55 Public Comment/Announcements

11:57 New Business for next meeting:

The next meeting is currently scheduled for May 21, 2025 at 10:00 am - 12:00 pm.

12:00 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the county to a majority of members of the committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For additional information contact: Alicia Espinoza (925) 655-0771 or [aespinoza@ehsd.cccounty.us](mailto:aespinoza@ehsd.cccounty.us)

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# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 25-1471  
10:03

**Agenda Date:** 4/17/2025

**Agenda #:**

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# CONTRA COSTA COUNTY

## Committee Meeting Minutes - Draft

### Advisory Council on Aging

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Wednesday, March 19, 2025

10:00 AM

500 Ellinwood Way, Pleasant Hill  
Boardroom

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#### General Meeting and Area Agency on Aging Public Hearing

| **Link:** | [https://ccccounty-us.zoom.us/j/89014040093?](https://ccccounty-us.zoom.us/j/89014040093?pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1)

**pwd=bng3eqDmqbvHLB6wYUsOMaMrKgnvTZ.1 | Password: 484165 | Dial-in: 214 765 0478 or 8882780254 (US Toll Free) | Conference code: 698779 | ID:890**

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10:00 Call to Order and Introductions: Jim Donnelly

10:03 Roll Call

#### **Present**

Francisco Benavides, Roger Boaz, Chalo Buckman, Deborah Card, James Donnelly, Kevin Donovan, Candace Evans, Marilyn Fowler, Alan Goldhammer, Sarah Green, Michelle Hayes, Denise Kalm, Carol Kehoe, Jill Kleiner, Shirley Krohn, Thomas Lang, Nicola Lopez, Lori Magistrado, Kathryn Monroy-Dexter, Julie Ortega, Logan Robertson, Sharon Sakai-Miller, Carol Schaefer, Terri Tobey, Uche Uwahemu, Lorna Van Ackeren, Michael Wener, and Dennis Yee

#### **Absent**

Cate Burkhart, Steve Lipson, Richard Morisky, and Brian O'Toole

10:10 Approve February 2025 minutes

#### **Motion:**

**Kalm**

#### **Second:**

**Fowler**

#### **Aye:**

**Benavides, Boaz, Buckman, Card, Donnelly, Donovan, Evans, Fowler, Goldhammer, Green, Hayes, Kalm, Kehoe, Kleiner, Krohn, Lang, Lopez, Magistrado, Monroy-Dexter, Ortega, Robertson, Schaefer, Tobey, Uwahemu, Wener, and Yee**

**Absent:** Burkhardt, Lipson, Morisky, and O'Toole

**Abstain:** Sakai-Miller, and Van Ackeren

**Result:** Passed

February 2025 Draft Minutes

[25-956](#)

**Attachments:** [GEN 2.19.25 Draft minutes](#)

10:15 PUBLIC HEARING: Area Plan Update 2025/2026: Alicia Espinoza, AAA Program Manager and/or Tracy Murray, Aging and Adult Services Director

Public Hearing was opened at 10:22 am. Tracy Murray, Director of Aging and Adult Services presented the draft 2025-26 Area Plan Update.

(Public Comments will be summarized in the 2025-2026 Area Plan Update document)

The ACOA meeting was reopened at 10:50 am.

Area Plan Update PowerPoint

[25-957](#)

**Attachments:** [Area Plan Update 24-25 Public Hearing PPT final](#)

10:50 Caucus for Representatives to Membership Committee:

The following ACOA members will represent their District on the Membership Committee:

District 1 - Thomas Lang

District 2 - Roger Boaz

District 3 - Kathryn Monroy-Dexter

11:00 Break

11:10 Area Agency on Aging (AAA) Report: Alicia Espinoza, AAA Program Manager and/or Tracy Murray, Aging and Adult Services Director

Measure X RFP - thank you to ACOA members who participated in the evaluation of the bids. We are funding 16 projects. The staff are negotiating contracts now.

Staffing - we are interviewing candidates for the Senior Staff Assistant position and are approved to hire a Secretary.

## 11:20 Committee and Workgroup Reports (2.5 min): Chairs

Membership: Julie Ortega/Logan Robertson

Currently there are 11 open seats.

Thanks to Thomas, Roger, and Kathryn for joining the Committee.

Planning: Jill Kleiner

Every ACOA committee has goals/objectives in the Area Plan that need to be addressed.

The Committee arranged for re-visits to Focus Group locations (North Richmond and Antioch).

Thanks to Antioch City Council Member Monica Wilson and to ACOA's own Michelle Hays for hosting the events, ACOA members for attendance, and to Cristina & Jenn for their support. We will have one more re-visit at the Monument Crisis Center.

Welcome to our newest Planning Committee member – Chalo Buckman.

Health & Elder Abuse Prevention: Terri Tobey/Michael Wener

At the last meeting, Delinda Brown from Hope Hospice discussed death cafes, end-of-life doula, grief support, and the End of Life Options Act.

Family Caregiver Alliance will present at the next meeting.

Housing: Kevin Donovan

Discussed Master Plan on Aging (MPA) and its Champions.

In 2025, the Committee plans to advocate for State legislation, receive presentations from outside speakers, and continue to present “No Place to Call Home”. Path forward for 2025 –

The Committee heard from Justice in Aging about equity

The Committee presented “No Place to Call Home” in El Cerrito. They will next present at Brentwood, Martinez, and Rossmoor.

Roger Boaz gave background about outreach to Discovery Bay & Byron.

Logan informed the Committee about AB 1074 which expands Home Share programs.

April's presenter will be Gabriel Lemus the MPA Champion for Housing.

Legislative: Shirley Krohn/Steve Lipson - No Report.

Technology: Steve Lipson

Steve is testifying on SB 239 regarding amendments to the Brown Act.

The Committee is currently focusing on sharing AI resources and techniques and updating/refreshing the ACOA webpage to focus recruitment of ACOA members.

Transportation: Candace Evans

BART presented at the last meeting. Improving rider experience, new fare gates, protocol for broken elevators, and senior discounts.

Senior Transportation Workshop – Richmond Commission on Aging – April 3

Next meeting: Mariah Ray, SVP from Glydways

## 11:40 ACOA President's Report - Jim Donnelly

Attended Rossmoor ACOA member recruitment event.

ACOA By-laws approved by Board of Supervisors on Tuesday, 3/17/2025.

Communications with AAA staff should be limited to what is needed.

Eat at a congregate meal site.

## 11:45 Consent Items:

Approval of Area Plan for Fiscal Year 2025/2026

Approval of Sharon Maxwell for MAL seat #8

**Motion:** Wener

**Second:** Evans

**Aye:** Benavides, Boaz, Buckman, Card, Donnelly, Donovan, Evans, Fowler, Green, Hayes, Kalm, Kehoe, Kleiner, Krohn, Lang, Lopez, Magistrado, Monroy-Dexter, Ortega, Robertson, Sakai-Miller, Schaefer, Tobey, Uwahemu, Van Ackeren, Wener, and Yee

**Absent:** Burkhart, Lipson, Morisky, and O'Toole

**Abstain:** Goldhammer

**Result:** Passed

Area Plan Update

[25-958](#)

**Attachments:** [Area Plan 25-26 Update\\_Final Draft](#)

Sharon Maxwell Application

[25-959](#)

**Attachments:** [Maxwell, Sharon \(ACOA\) 01-14-25 Redacted](#)

## 11:48 Regional Coalition Update: Debbie Toth

Focus of Regional Coalition Partnership is on centering the voice of lived experience.

California Collaborative of Long Term Supports and Services is organizing Senior Rally Day (May 6) and Legislative Advocacy Day (May 7).

## 11:56 Public Comment/Announcements

Richmond Senior Transportation Workshop – April 2nd

Richmond Senior Info Health Faire – May 21st

Next Meeting: Wednesday, April 16th, 2025 at 10:00 am - 12:00 pm.

## 12:00 Adjourn

Jim Donnelly adjourned the meeting at 12:00 pm.



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# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 25-1476

**Agenda Date:** 4/17/2025

**Agenda #:**

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**RFP 1212 MX Organizational Capacity Building Awardees**

**\$1.7 million**

<i>Agency</i>	<i>Projects within each Contract</i>	<i>Funded Amount</i>
Contra Costa Senior Legal Services	1. Strategic Planning 2. Communications Consultant 3. Board Training	\$179,998
Choice in Aging	1. Consultant/Equipment 2. Software	\$319,725
Mobility Matters	1. Board Development/Training	\$70,000
West Contra Costa Unified School District	1. Computer Literacy Program 2. Furniture	\$197,296.05
City of Pittsburg	1. Adaptive Sports 2. Senior Programming 3. Equipment	\$183,000
Family Caregiver Alliance	1. Consulting and Technology (Enhancing Equity in Family Caregiver Support)	\$90,000
Front Porch	1. Software/Donor Management	\$119,235
Meals on Wheels Diablo Region (MOWDR)	1. Feasibility Study/Commercial Kitchen	\$215,000
City of Oakley	1. Senior Programming at new senior center	\$194,000
<b>Total Contracted Amount</b>		<b>\$1,568,254.05</b>

**\*Total of 9 contracts including 15 bids**

**\*Contract period is 7/1/25 – 6/30/27**



# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 25-1473

**Agenda Date:** 4/17/2025

**Agenda #:**

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**EMPLOYMENT & HUMAN SERVICES DEPARTMENT  
Aging and Adult Services Bureau  
Area Agency on Aging  
Title III-C Senior Nutrition Meal Production Program**

**REQUEST FOR PROPOSAL (RFP) 1220**

**SECTION 2: RFP 1220 TIMELINE**

<u>Event/Location</u>	<u>Date*</u>
RFP Published	March 27, 2025
Question Submittal period Submit questions to: <a href="mailto:contractbid@ehsd.cccounty.us">contractbid@ehsd.cccounty.us</a>	March 28, 2025 through close of Bidder's Conference
<b>Recommended Bidders' Conference</b>	Friday, April 4, 2025 2:00 p.m. – 4:00 p.m. PST
Questions and Answers posted	April 9, 2025
<b>Mandatory Letter of Intent (LOI) to Submit Proposal Due Date. Submit LOI to <a href="mailto:contractbid@ehsd.cccounty.us">contractbid@ehsd.cccounty.us</a></b>	<b>April 14, 2025 by 5:00 p.m. PST</b>
<b>RFP Proposal Response Submission Due Date</b>	<b>Monday, April 21, 2025 By 5:00 p.m. PST – No Exceptions</b>
EHSD Compliance Review and Evaluation	April 22 - 24, 2025
EHSD Fiscal Review and Evaluation	April 25 – May 2, 2025
AAS Bureau Review and Evaluation	May 5 – May 16, 2025
Award Notification	May 19, 2025
Appeal Period (10 business days)	May 19 – June 2, 2025
Contract Negotiation & Processing	June 2025
Board of Supervisors' Authorization of Contracts over \$200,000	June 2025
Projected Contract(s) Start	July 1, 2025



**EMPLOYMENT & HUMAN SERVICES DEPARTMENT**  
**Aging and Adult Services Bureau**  
**Area Agency on Aging**  
**Title III C-1, C-2 and Cultural Program**

**REQUEST FOR PROPOSAL (RFP) 1221**

**SECTION 2: RFP 1221 TIMELINE**

<u>Event/Location</u>	<u>Date*</u>
RFP Published	March 27, 2025
Question Submittal Period Submit questions to: <a href="mailto:contractbid@ehsd.cccounty.us">contractbid@ehsd.cccounty.us</a>	Mar 28, 2025 through close of Bidders' Conference
<b>Recommended Bidders' Conference</b>	<b>Thursday, April 3, 2025</b> <b>2:00 p.m. to 4:00 p.m. PST</b>
Questions and Answers Posted	Tuesday, April 8, 2025
<b>Mandatory Letter of Intent (LOI) to Submit Proposal Due Date. Submit LOI to <a href="mailto:contractbid@ehsd.cccounty.us">contractbid@ehsd.cccounty.us</a></b>	<b>Friday, April 11, 2025</b> <b>by 5:00 p.m. PST</b>
<b>RFP Proposal Response Submission Due Date</b>	<b>Friday, April 18, 2025</b> <b>By 5:00 p.m. PST – No Exceptions</b>
EHSD Compliance Review and Evaluation	April 21 - 23, 2025
EHSD Fiscal Review and Evaluation	April 24 – May 2, 2025
AAS Bureau Review and Evaluation	May 5 – May 16, 2025
Award Notification	May 19, 2025
Appeal Period (10 business days)	May 19 – June 2, 2025
Contract Negotiation & Processing	June 2025
Board of Supervisors' Authorization of Contracts over \$200,000	June 2025
Projected Contract(s) Start	July 1, 2025



# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 25-1474

**Agenda Date:** 4/17/2025

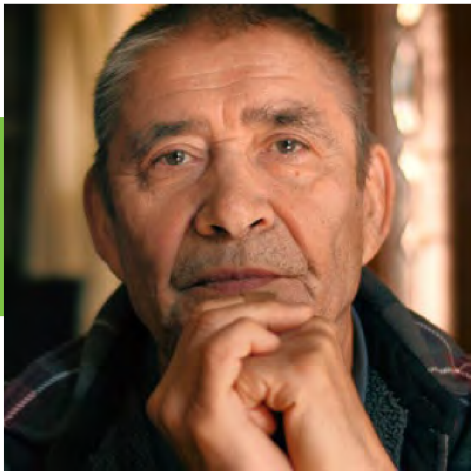
**Agenda #:**

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# Community Input

Contra Costa County Guaranteed Basic Income Program  
Population: Low-income seniors



Tracy Murray  
Director, Aging & Adult Services





# EHSD Outline

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01. Guaranteed Basic Income

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02. Board of Supervisors Action

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03. Proposed Older Adults Program Design

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04. Program Roles and Responsibilities

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05. Evaluation

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09. Tell us!



# Guaranteed Basic Income



Periodic and time-limited

It is a recurring payment, issued regularly for the duration of the program.



Direct cash payment

It is paid in cash directly to the individual, allowing them to use it for what they need.



Guaranteed

It is paid to targeted members of a specific population.



Unconditional

It is provided without a work requirement or any other conditions.

# Board of Supervisors Action

**Date:** October 22, 2024

**Funding:** \$3.25 Million Measure X

**Purpose:** Guaranteed Income Pilot

## **Suggested Populations:**

- Youth transitioning out of foster care
- Unhoused and unstably housed residents
- Families with young children experiencing financial hardship
- Low-income seniors
- Residents returning to the community after incarceration

CONTRA COSTA COUNTY

EMPLOYMENT & HUMAN SERVICES  
*Building Brighter Futures Together*

CCC EHSD Guaranteed Basic Income Presentation, 04/16/25, Slide 4

# Proposed Older Adults Program Design



## Eligibility Criteria

Approximately 30 engaged Adult Protective Services (APS) clients

60+ years of age

Identified housing instability; or

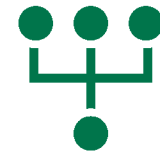
Transitioning out of services provided through Home Safe



## Referral Process

APS

Health, Housing, and Homeless Services (H3)



## Selection Process

Multi-Disciplinary Team



# Proposed Older Adults Program Design

Amount: \$18,000 over an 18-month period (two payment scenarios)

Payment Process: prepaid debit cards

**Scenario 1:** \$1,000/month for 18 months

**Scenario 2:** \$3,000 lump sum payment upfront; \$1,000/month for the first 12 months, gradual payments over final 6 months - \$750 to \$250



# Program Roles & Responsibilities

## Partners

**Employment & Human Services Department (EHSD):** Adult Protective Services

**H3:** Adult Protective Service partner in Home Safe Program

**Choice in Aging:** EHSD/Aging & Adult Services Contractor

## Roles

Refers eligible participants, provides administrative staff support

Refers eligible participants transitioning out of Home Safe

Provides case management



# Evaluation

- Partner: University
- Purpose: Support policy changes to GI on a national scale
- Design: Longitudinal study, tracking intergenerational mobility, sustainable employment, and financial stability
- Data: surveys and data matching



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# Tell us!



- Is this the right older adult's population?
- What else should we consider?





# CONTRA COSTA COUNTY

1025 ESCOBAR STREET  
MARTINEZ, CA 94553

## Staff Report

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**File #:** 25-1475  
10:30

**Agenda Date:** 4/17/2025

**Agenda #:**

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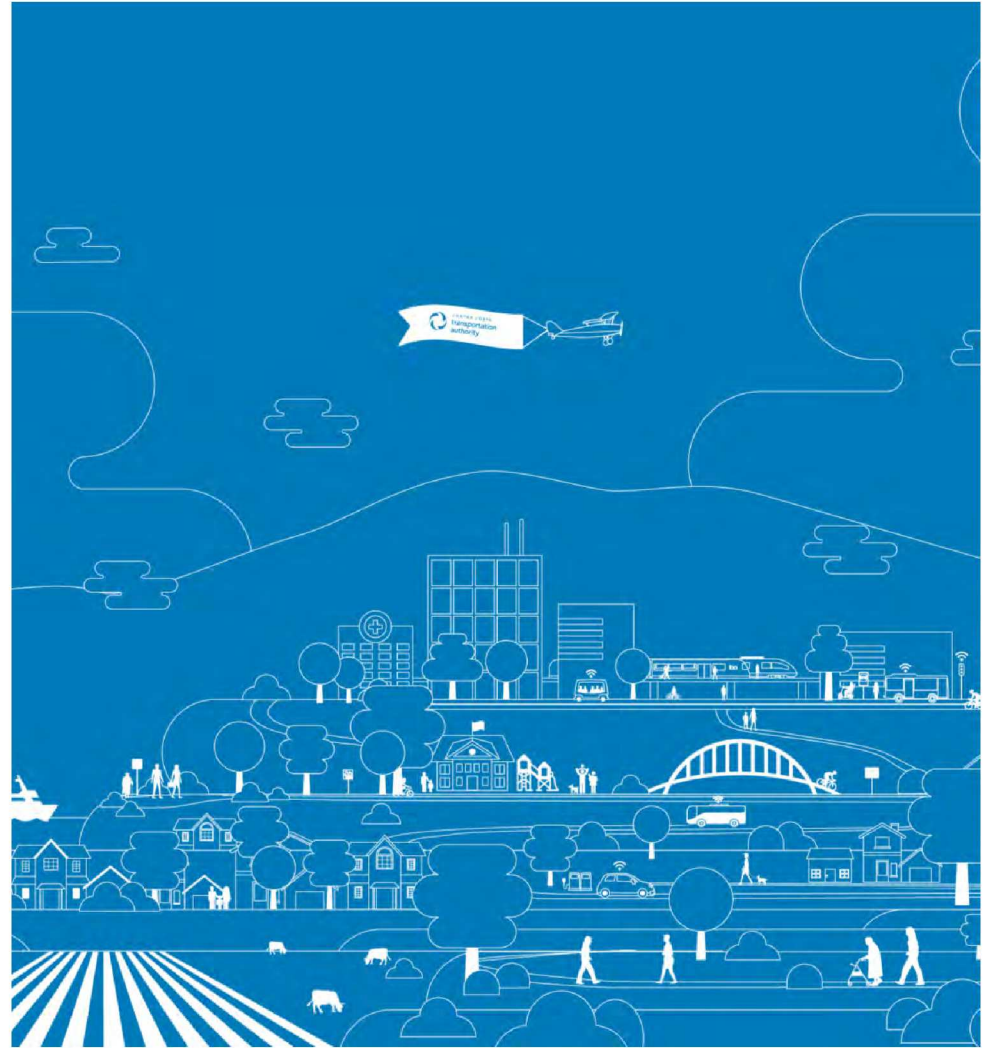


CONTRA COSTA  
transportation  
authority

# People Centered Mobility

Advisory Council on Aging  
April 16, 2025

Timothy Haile  
Executive Director



# Introducing the Contra Costa Transportation Authority

- Formed by voters to manage transportation sales tax program and transportation planning efforts.
- Maintains and improves transportation through infrastructure projects.
- Committed to innovation that enhances mobility, quality of life, and economic vitality in Contra Costa County.



# Our Mission

Enhancing mobility and quality of life in Contra Costa County.



Reduce Traffic  
Congestion



Promote  
Safety



Advance Innovation  
and Technology



Prioritize Accessibility  
and Equity



Protect the  
Environment



Uphold Accountable  
and Transparent  
Government



Stimulate Economic  
Development



Promote and  
Develop Public  
Transportation

# What We Do



## PEDESTRIAN

Improvements to sidewalks, crosswalks, trails, and paths



## LOCAL STREETS

Smooth traffic flow on major roads and make surface improvements such as pothole repairs



## BUSES

Invest in a reliable, comfortable and convenient bus network



## SAFE ROUTES TO SCHOOLS

Focus on programs and projects aimed at bicycle and pedestrian safety for K-12 students



## FERRIES

Expand ferry system by looking to ferries as an alternate commute method between West County and San Francisco



## BICYCLE

Invest in safe routes and infrastructure improvements for bicyclists



## BART

Improve BART service and stations, extend routes and increase parking



## HIGHWAYS

Complete Contra Costa's highway system, and improve air quality and noise protection along corridors



## INNOVATIVE SOLUTIONS

Implement smart transportation infrastructure to reduce congestion and encourage greener travel



## PROGRAMS FOR SENIORS AND DISABLED

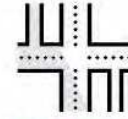
Enhance transit options to improve mobility for seniors and people with disabilities

2004  
MEASURE J  
PASSED

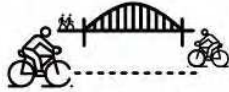


**CALDECOTT TUNNEL**  
fourth bore opens

**I-680  
IMPROVEMENTS**  
express and auxiliary lanes opened



**ROAD WIDENING**  
Kirker Pass Road and Vasco Road

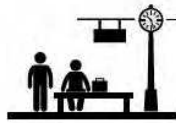


**BICYCLE AND PEDESTRIAN  
IMPROVEMENTS**  
Treat Blvd and San Pablo Dam Road

**HIGHWAY 4  
IMPROVEMENTS**



**BART EXTENSIONS**  
to Pittsburg City Center and Antioch



**TRAIN STATION**  
Richmond

**I-680/SR-4  
IMPROVEMENTS**



**EXPANDED AND  
IMPROVED TRAILS**

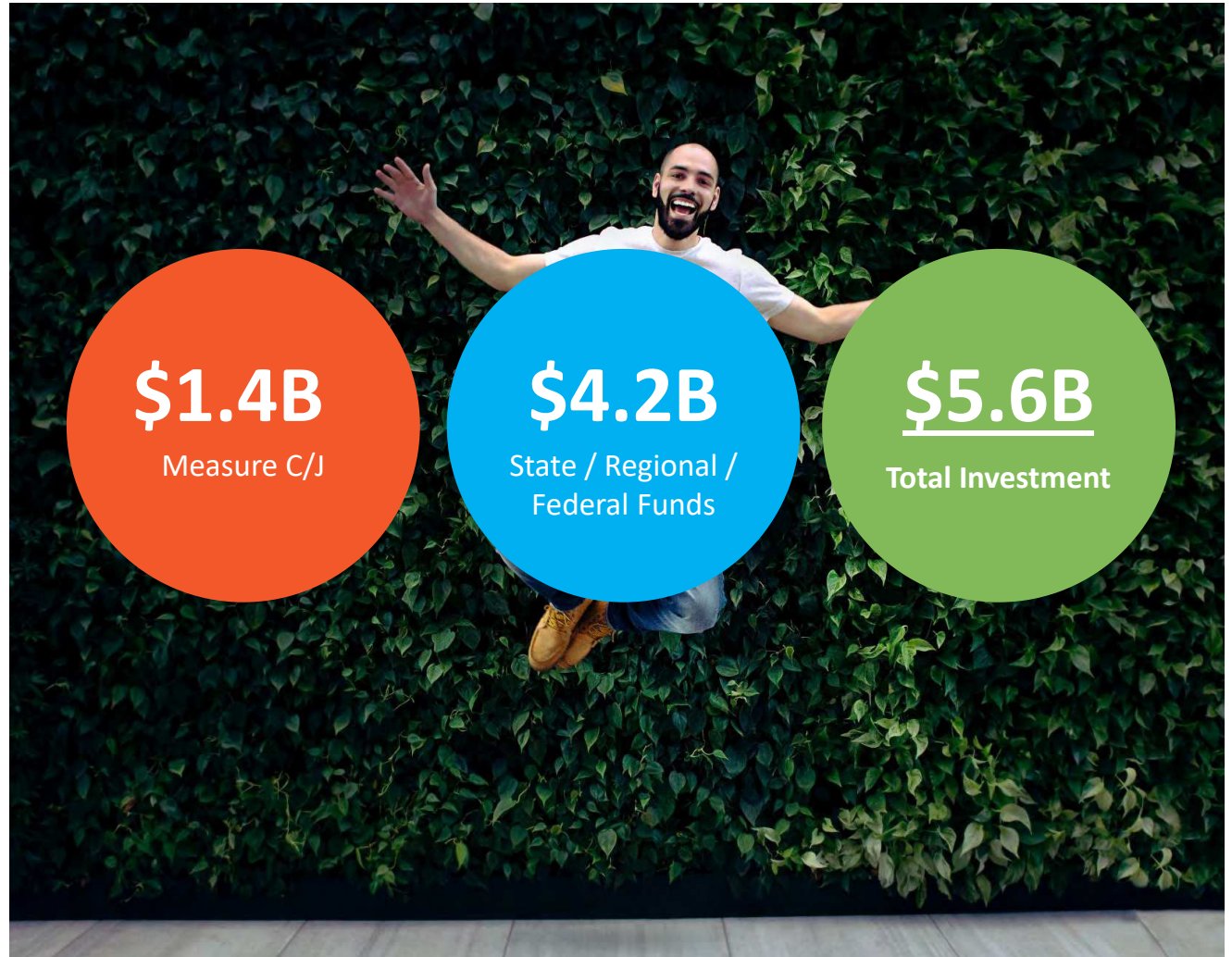
**MORE  
INVESTMENTS  
TO COME**



# Leverage Local Funding

# 3:1

LEVERAGING RATIO





## People Centered Mobility



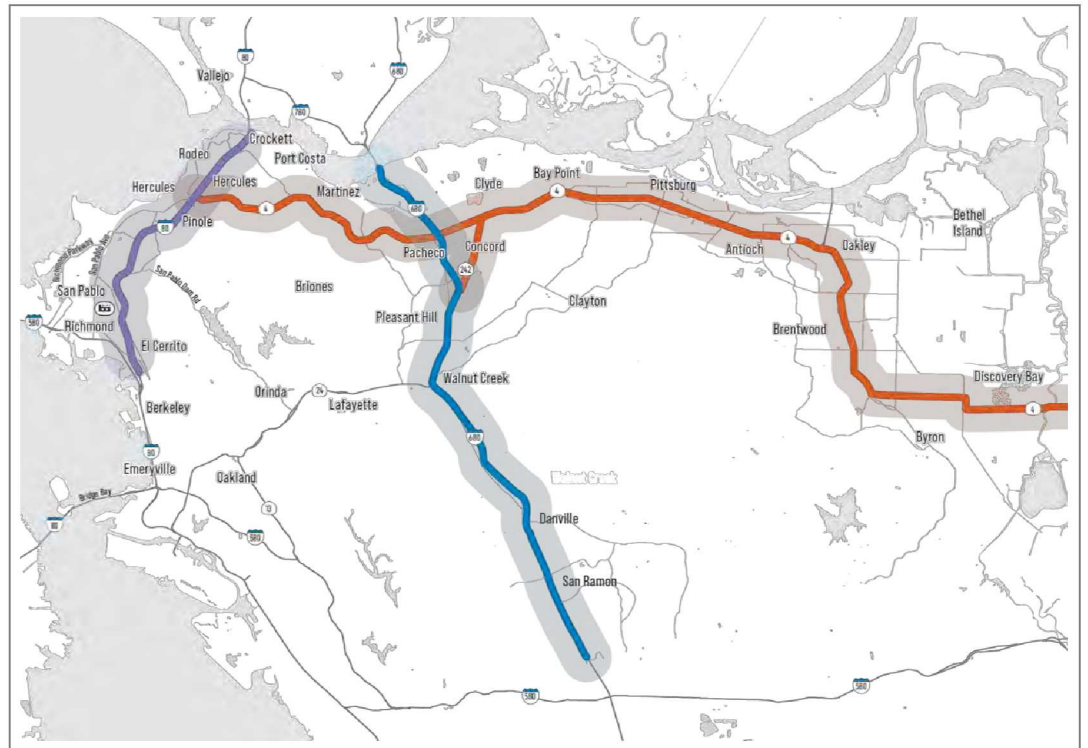
# Access to Reliable Transportation

Representative surveys along our three major corridors found that:

**1 out of 4** residents lacked access to reliable transportation

Challenging trips included:

- Spending time with friends or family
- Getting groceries or other essential goods
- Accepting a job or working
- Attending medical appointments



# Access for Seniors and Persons with Disabilities

## Trip Difficulty



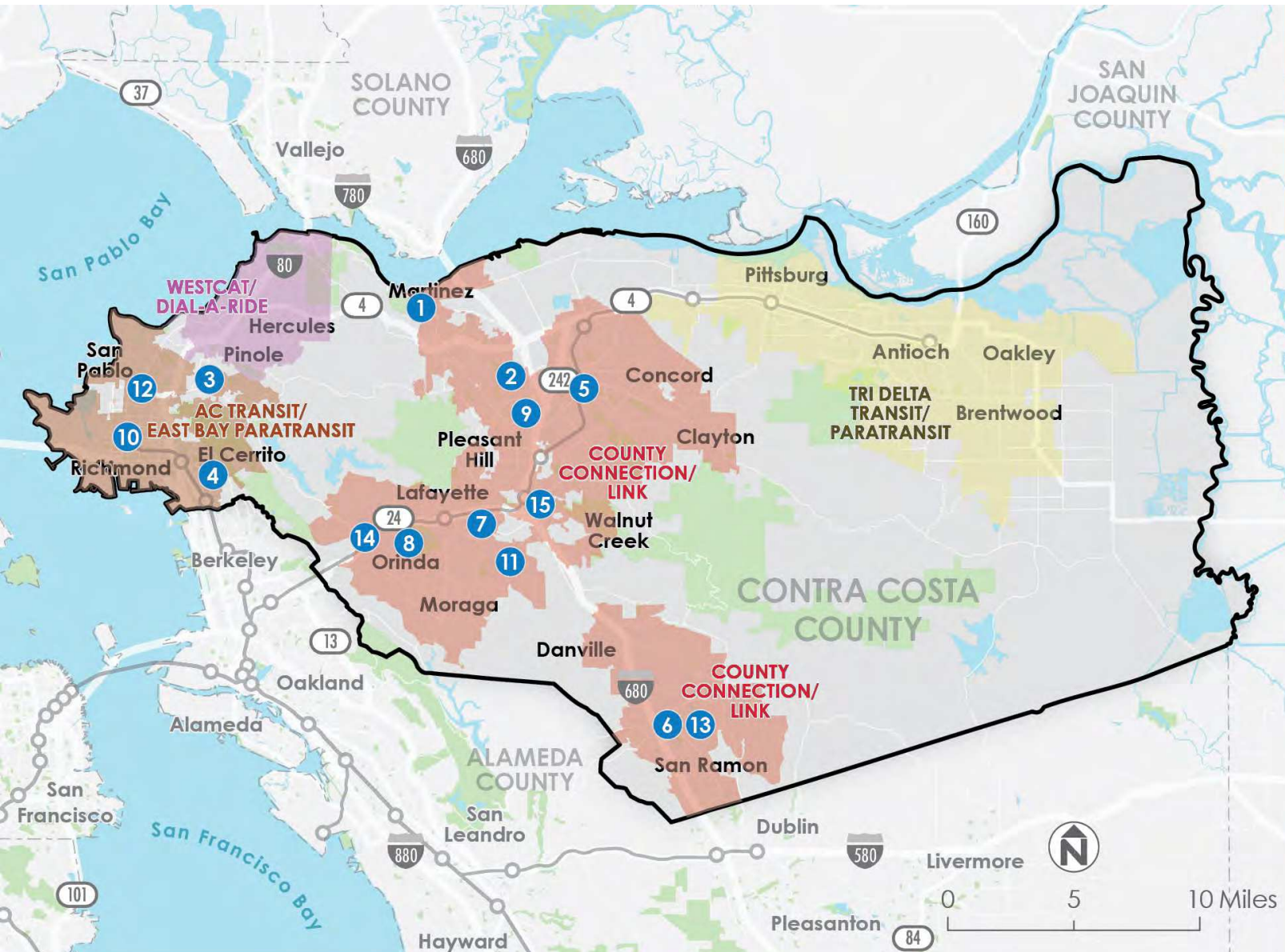
\* Respondents could choose up to three trips that they take most often. Percentages reflect total respondents (1,063) for each trip type.

## Trip Challenges



\* Respondents could choose up to three challenges that they faced most often. Percentages reflect total respondents (1,063) identifying each trip type.

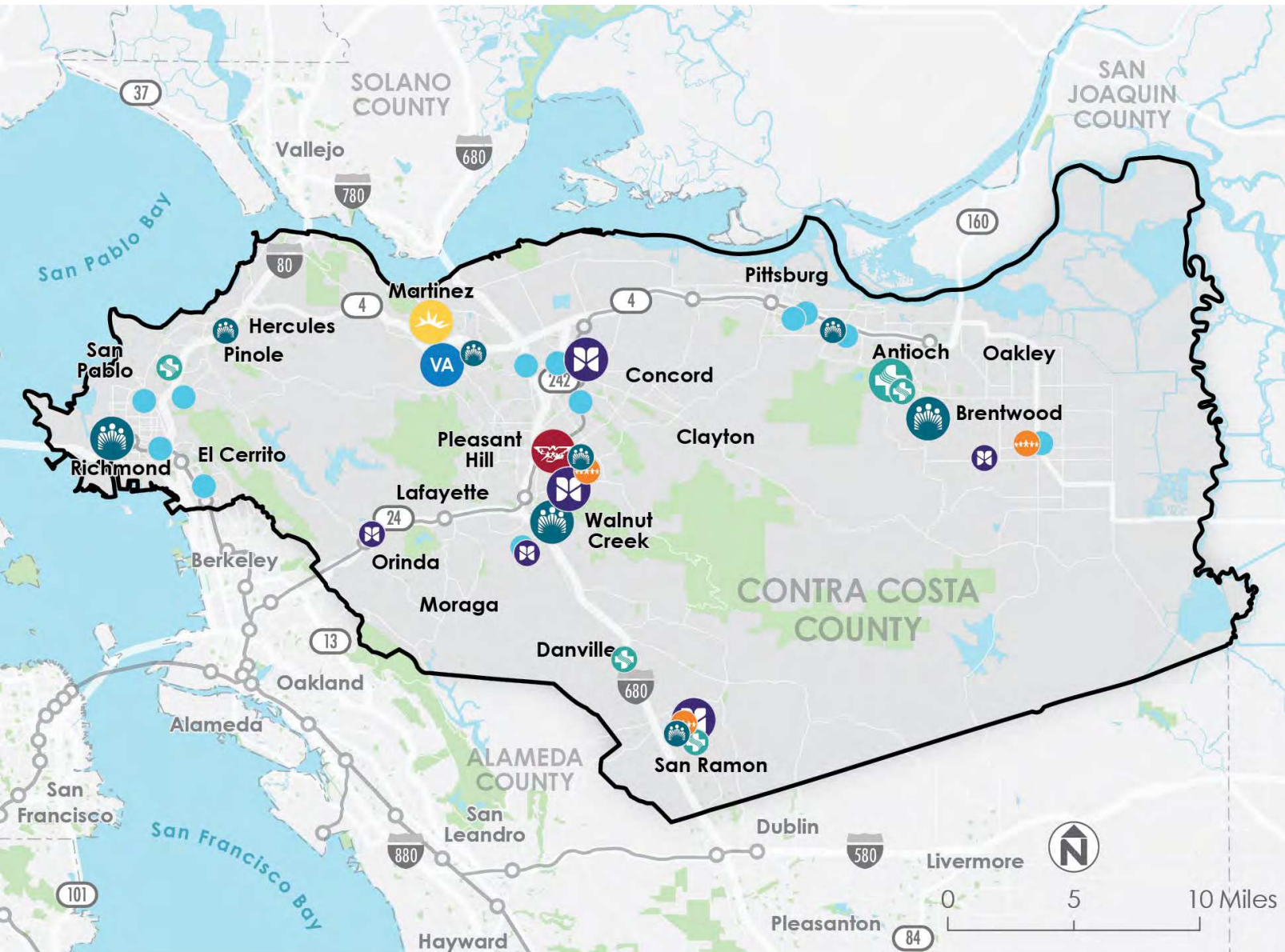
# Community-Based Transportation Programs



- 1 Arc Contra Costa (Martinez)
- 2 Choice in Aging (Pleasant Hill)
- 3 Centers for Elders Independence (El Sobrante)
- 4 El Cerrito Easy Ride
- 5 Get Around Taxi Program (Concord)
- 6 Go San Ramon!
- 7 Mobility Matters (Countywide)
- 8 Lamorinda Spirit Van
- 9 Pleasant Hill Senior Van Service
- 10 R-Transit (Richmond)
- 11 Rossmoor Dial-a-Bus
- 12 San Pablo Senior Transportation
- 13 Senior Express Van (San Ramon)
- 14 Seniors Around Town (Orinda)
- 15 Walnut Creek Senior's Club Mini-Bus

○ BART





# Medical Facilities

-  Kaiser Permanente
-  John Muir Health
-  Sutter Health
-  La Clinica
-  Contra Costa Regional Medical Center
-  VA Medical Center
-  UCSF Benioff Children's Hospital
-  Dialysis Clinic
-  Major medical facility
-  Clinic or small medical facility
-  BART

# MOBILITY FOR ALL

## Accessible Transportation Strategic Plan

### TRANSPORTATION NEEDS AND GAPS

The project team's review of existing conditions and survey data identified key needs and gaps in accessible transportation in Contra Costa County. These include:



**New Funding** – Grants are sometimes available for planning and pilots, but all recommendations will require new sustainable funding



**Safety** – Many respondents feel unsafe while traveling



**Volunteer Driving Programs** – Additional volunteers are needed, with more reliable funding to increase capacity



**Medical Access** – The Regional Medical Center and VA Medical Center in Martinez need reliable access throughout the county



**Quality of Life Visits** – Consumers have difficulty making quality-of-life essential trips to visit friends and family, the senior center, and church



**Service Coordination** – Accessible services need improved coordination because they are siloed between agencies, cities, and non-profit organizations

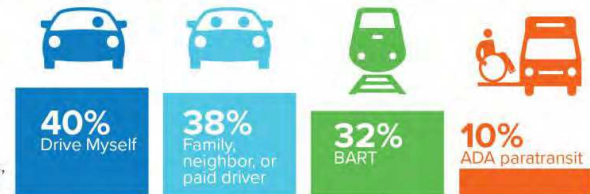
### SURVEY RESULTS

#### Trip Destinations and Challenges

An online survey provided insight into how respondents get where they are going, where they go, and what factors complicate their trips.

#### Mode to Destination

Trips were most commonly made by solo drivers, followed by those driven by a family, neighbor or paid helper. BART was used by about a third of respondents, with ADA paratransit utilized by 10% of the entire survey sample.



\* Respondents could choose as many modes as they used. Percentages reflect total respondents (1,063) selecting a particular mode they used.

#### Destinations

The top destination was medical appointments, with grocery/drugstore shopping in second place. Senior Center trips and non-medical appointments each accounted for an 8% share of destinations.



\* Respondents could choose up to three trips that they take most often. Percentages reflect total respondents (1,063) identifying each trip type.

# Possible Programs

- Mobility Management
- One-call, one-click
- Travel training
- Means-based fare subsidy program
- One seat ride
- ADA paratransit support
- Intercity trip program
- Volunteer driver and door-thru-door program
- Community outreach and engagement



# One Seat Ride

**ONE SEAT**  
REGIONAL  
RIDE



 CITY OF SAN PABLO  
SENIOR AND DISABLED TRANSPORTATION

Do you live in the 94806 Zip Code?

**One-Seat Ride Shuttle from San Pablo Senior Center to Martinez Medical Center**

*\$5 one-way  
Attendants ride for free  
Available three days a week*

*Reduced fares available.  
Please call to see if you qualify.*



**Apply today!**

**Tuesday-Wednesday-Thursday**  
**Do you need a ride to the Martinez Medical Center?**  
*If so, register today!*

For more information:  
Call 510-215-3095  
Or email: [paratransit@sanpabloca.gov](mailto:paratransit@sanpabloca.gov)

 SAN PABLO COUNTY  
transportation  
authority

# Low Income Fare Equity (LIFE)



## Low Income Fare Equity (LIFE) Fare subsidy program

**Subsidize Your Dial**  
Do you qualify as a low-  
resident of Contra Costa

\* Low Income = less than 30% of area median income; call 510-724-3331 ext 113



**Riders using WestCAT Dial-A-Ride  
may be eligible for FREE Rides!**

The LIFE Program is paid for by Contra Costa County Measure X Funding

**For more information:**  
Call 510-724-3331 ext 113  
Or email: [Life@westcat.org](mailto:Life@westcat.org)



NEW

## Everybody Loves a Free Ride

ADA paratransit riders using Tri Delta Transit services  
may be eligible for FREE paratransit rides!



## The East County Ticket Program

Households eligible for assistance programs should  
call 211 in Contra Costa County to see if they qualify

If information is needed in another language, please  
contact 1-925-754-6622.

如果需要其他語言的信息，請聯繫 1-925-754-6622。

Kung kailangan ng impormasyon sa ibang wika,  
mangyaring makipag-ugnayan sa 1-925-754-6622.

This Program is paid for by Contra Costa County Measure X Funding;  
Low Income = less than 30% of area median income.

Pilot program lasts Apr-Sep 2023 or until program funds are expended







# Paratransit Low Income Fare Equity (LIFE) Program





Get Ready to Ride

# Try Travel Training!



CONTRA COSTA  
transportation  
authority

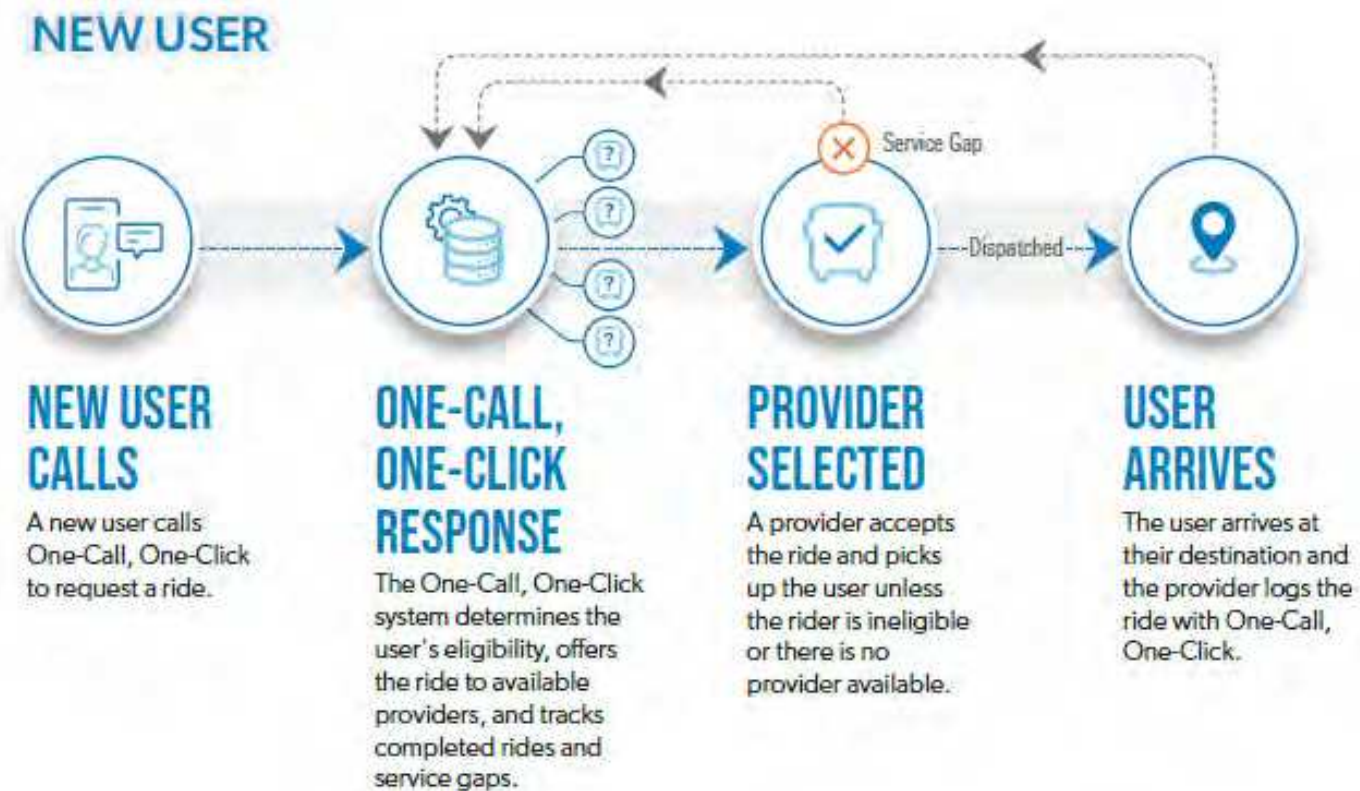


# PRESTO Autonomous Shuttle Pilots

Bishop Ranch | Rossmoor | Martinez



# One-Call, One-Click



# Building a Transportation Plan from the Ground Up

## CCTA's Process

- Updated Every 4-5 Years
- Documents the Authority's Goals, Vision, and Strategies
- Action Plans are Developed by the Regional Committees
- Includes 10- and 20-Year Financially Constrained Project Lists



RTPC = Regional Transportation Planning Committee

# Four principles will guide the CTP and Business Plan







## We're Active in Our Community

- Community events
- Social media
- Public input websites
- Public meetings
- Surveys and polls





## We have a podcast!

Learn more about CCTA's innovative work.

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[ccta.net/about-us/on-the-patio-podcast](http://ccta.net/about-us/on-the-patio-podcast)



# 2025

*redefining*

# MOBILITY SUMMIT



**April 22**

Be there.

# Thank you!

**Timothy Haile**  
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