

# The Board of Supervisors of Contra Costa County, California

**In the matter of: Recognizing May 2024 as  
Older Americans Month.**

Resolution No. 2024-195

**WHEREAS**, the 2024 theme is *Powered by Connection*, which recognizes the profound impact that meaningful relationships and social connections have on our health and well-being; and

**WHEREAS**, a time to recognize older Americans' contributions, highlight aging trends, and reaffirm commitments to serving the older adults in our communities; and

**WHEREAS**, we connect older adults with local services, such as transportation, that can help them overcome obstacles to achieving or maintaining meaningful relationships; and

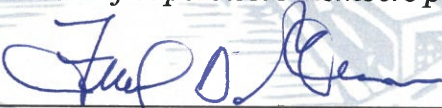
**WHEREAS**, promoting resources that help older adults engage, like community events, social clubs, and volunteer opportunities; and

**WHEREAS**, sharing facts about the mental, physical, and emotional health benefits of social connection and how it contributes to overall well-being; and

**WHEREAS**, we inspire older adults to share what connection means to them on social media using the hashtag #PoweredByConnection; and

**NOW, THEREFORE, BE IT RESOLVED** that the Board of Supervisors of Contra Costa County does hereby recognizes May 2024 as Older Americans Month.

*PASSED by a unanimous vote of the Board of Supervisors members present this 4<sup>th</sup> day of June 2024.*



**FEDERAL D. GLOVER**  
Chair,  
District V Supervisor



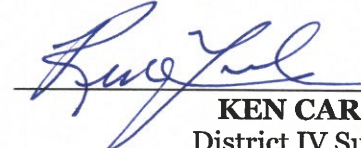
**JOHN GIOIA**  
District I Supervisor



**CANDACE ANDERSEN**  
District II Supervisor



**DIANE BURGIS**  
District III Supervisor



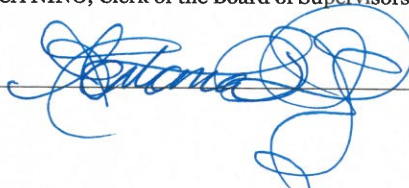
**KEN CARLSON**  
District IV Supervisor



I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown:

ATTESTED: June 4, 2024

MONICA NINO, Clerk of the Board of Supervisors and County Administrator

By , Deputy