


# Forging a Pathway from Prison and Jail to a Health Home

Contra Costa Health  
Re-entry Health Conductors  
Program



# The Re-entry Health Conductor Program Overview



The Re-entry Health Conductor Program is a program of Contra Costa Health and Health Centers. The Re-entry program is a call to action to the county health care system to eliminate health disparities and social inequities among the re-entry population

# Correctional Environments Impacts Health





## Who do we serve:

Returning community members with a chronic illness(es) with special emphasis on those **currently released** from incarceration, adult, men and women, ages 18-100; and those most likely impacted by mass incarceration (African American men).

Returning community members who need a health home and intensive support



# Program Services



**Expert Outreach**



**Assistance with Public  
Benefits (Medi-Cal);  
Medical Appointments**



**Emotional Support  
& Mentorship  
(handholding)**

**Health & Social  
Service Navigation &  
Advocacy**





## What is the Transitions Clinic

Transitions Clinics are a network of community medical clinics, with the largest patient pool of returning community members in the nation. Contra Costa Health Transitions Clinic was established in **2012**.

Transitions Clinics provide transitional care within a primary health/medical home tailored for returning community members with chronic medical conditions.

# R.E.M.E.D.Y Support Group

Re  
Entry  
Making  
Every  
Day  
Yours



# The R.E.M.E.D.Y (re-entry making everyday yours) Support Group

- A safe place to fellowship and have healthy snacks
- 12 -week series – co-facilitated by those with a lived experience of incarceration (curriculum based)
- Graduation
- Group topics focus on Cognitive Restructuring, Character Refinement, and Cultural Realignment





# Program gaps and unmet needs

1. **Expand the Re-entry Program and Transitions Clinic to other CCH health centers**
2. **Increase staff with a (lived experience of incarceration) to the County Health Centers/Transitions Clinic/Conductors Program**

# Re-entry Health Conductors Program/Transitions Clinics are located at the following Health Centers:

Pittsburg Health Center, 2311 Loveridge Rd. Pittsburg- 925 -431 - 2792

West County Health Center, 13601 San Pablo, San Pablo -510 – 231 - 8668

