

ACOA 2020 Event Committee

Planned Audience: Seniors, Service Providers, Policy Makers, Advocates

Event working title: **Contra Costa Conference on Aging**

Aging in Contra Costa- What's Next?

Preliminary Draft Program

Time	Subject	Potential Speakers	Status
9:30	Registration		
10:00	Opening Remarks	Lorna Van Ackeren-moderator	Confirmed
10:10	Welcome	Tracy Murray/ Susan Frederick	(JRD)
10:20	Caregiver's Perspective	Fiona Ma, State Treasurer	Confirmed
10:40	Elderhood, Redefining Aging	Dr. Aronson, UCSF	Confirmed
11:25	Health & Housing Landscape for Aging in Contra Costa County	Anna Roth, CCHS Lavonna Martin, H3	(DT)
12:15	Lunch, Video, Need to get Moving		
1:00	Realities of Retirement, Financial	Dr. Nari Rhee, UC	Confirmed
1:45	Realities of Retirement, Panel 4 speakers, 5 min each & Questions	Nicole Howell- Moderator	
	Care Giving	Lorna Van Ackeren	Confirmed
	Nutrition	Caitlin Sly, MOWDR	(JRD)
	Socialization	Discovery Center?	(JRD)
	Transportation Q& A	Elaine Welsh	(JRD)
2:20	Navigating the System	Nhang Luong	(AM)
2:25	7 th Inning Stretch	Teri Tobin	Confirmed
2:30	California Master Plan for Aging	Kim McCoy Wade, CDA	Confirmed
3:00	County/State Master Plan Implementation Panel	Moderator??	
	Board of Supervisors	Candace Andersen	(JRD)
	Choice in Aging/Stakeholder Advisory Committee member to Master Plan for Aging	Debbie Toth	Confirmed
	Area Agency on Aging	Laura Cepoi	Confirmed
	California Department on Aging	Kim McCoy Wade	Confirmed
3:40	The Way Forward & Evaluations	Nicole Howell ,Ombudsman	Confirmed
4:00	End		

Potential Co-sponsors: Scan Foundation, Mobility Matters, CoCo Ombudsman, AAA, CDA, MOW, Hillendale Home Services

Milestones

Confirm Main Speakers	March 1
Save the date, postcards/emails (Draft for Review April 13)	April 17
Confirm Balance of Speakers	May 1
Set up tracking for registration	mid-May
Send out Flyers	Early June
Follow up email/postcards	Early June
Presenter's bios due	June 1
Presentations, electronic	ASAP, No later than Aug 7

Conference Handouts

Bags (Provided by AAA) 400

Folders (400)

Program

Presenter Bios.

ACOA Flyer

ACOA Infographics

3 sheets paper for notes

Flash Drives (Provided by the SCAN Foundation)

Presentations

Links to CA Master Plan for Aging

AAA & ACOA Website links

Sponsors links

Other ??

Meals- Lorna

350 box lunches (Provided by other sponsors)

700 small bottles of water (is this enough?) or Pitchers on each table & Glasses??

Breakfast (Fruit, Juice, Bagels, Yogurt, Butter, Cream Cheese, Cups, Saucers, Knives, Forks, Spoons, Napkins) Provided by Hillendale Home Services

Coffee, Hot Water & Tea (Provided by Diablo Valley Foundation for the Aging)

Misc. Items

Stipend for Louise Aronson (provided by SCAN Foundation)

3X5 Cards & pens (20 cards, 4 pens per table) = 800 cards, 150 pens (Check with Glenda re. leftovers from SMAC event)

Publicity by AAA Media representative

CCTV- Check with Gerald

Volunteers