



AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Monday, May 11, 2026

1:00 PM

**500 Ellinwood Way, Pleasant Hill, CA.
Corner Conference Room**

Health and Elder Abuse Prevention Committee
<https://cccouny-us.zoom.us/j/83870526995>

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. The public may attend this meeting in person at the above location. ACOA members will also be participating from the following locations: 2950 Buskirk Avenue. Suite 330 Walnut Creek | 400 El Cerro Blvd., Danville | 311 Calle la Mesa, Moraga | 233 Gregory Lane, Pleasant Hill

1:00 Open meeting: Dr. Mike Wener, Chairman

Roll call (Dixie Peralta)

1:05 Approve April 2026 Minutes

Health Committee Meeting Minutes 04-13-26

[26-1896](#)

1:10 Member Reports:

- Nutrition
- Elder Wellness & Advocacy Coalition- Carol
- Medi-Cal- Brian

1:25 Presentation- Dr. Mike Wener, Advance Health Directives forms and Physician Orders for Life-Sustaining Treatment (POLST)

Advance Health Care Directive Form | Physician Orders for Life Sustaining Treatment (POLST)

[26-1897](#)

1:55 Break

2:00 Nutrition Report- Discuss whether to continue to keep as part of member reports

2:15 Community Presentations –

- Tracking

Next Health & Elder Abuse Prevention Committee Meeting: -

Wednesday, June 8, 2026 1:00pm – 2:30pm

2:30 Adjourn

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact:

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