

Background

The Contra Costa County Advisory Council on Aging (ACOA) facilitates countywide planning, cooperation and coordination for individuals and groups interested in improving and developing services and opportunities for older residents. The ACOA provides leadership and advocacy on behalf of older persons and serves as a channel of communication and information on aging issues. The ACOA, whose members are appointed by the Board of Supervisors, is advisory to the Board and to the Area Agency on Aging.

The ACOA is one facet of the Area Agency on Aging (AAA) or Planning Services Area 7 (PSA 7) in California. There are 33 PSAs in the state. The California Department on Aging in Sacramento administers the Older Americans Act (OAA) throughout the state through the PSAs. Area Agencies on Aging are mandated by the OAA.

Roles of the ACOA are:

- 1. *Planning and Evaluation*
- 2. *Communication, Education and Information*
- 3. *Initiate, Monitor and Support Legislation Affecting the Aging Population*
- 4. *Advisory to the Area Agency on Aging*

1 in 5 residents of Contra Costa County are aged 60 and over

The ACOA meets ten times/year on the third Wednesday of the month from 9:30 a.m. until 11:30 a.m. at 500 Ellinwood Way, Board Rooms A&B, in Pleasant Hill. The Council recesses in either July or August and in November each year.

The ACOA complies with the Brown Act (open meeting law) and/or County of Contra Costa regulations applicable to advisory boards. The ACOA welcomes guests to attend any ACOA, committee or work group meetings. A three-minute public comment allocation is set aside at each ACOA meeting.

Work Groups

(Open membership)

- *Elder Abuse Prevention*
- *Health*
- *Housing*
- *Legislative*
- *Transportation*

Committees

(membership restricted to ACOA members)

- *Executive*
- *Planning*
- *Membership/Nominating*

ACOA Achievements Highlights

Senior Transportation Forum

Elder Abuse Prevention Presentations

Stroke Prevention Awareness

STEMI Heart Protocol

‘Nosy Neighbor’ Campaign

Healthy Nutrition

Shared Housing Program

Older Adult / Disabled Adult Legislative Advocacy

Annual Senior Programs Reviews

Older Driver Safety Clinics

Disaster Preparedness Presentations

Contra Costa County Advisory Council on Aging is appointed by the Board of Supervisors to advise the Area Agency on Aging on all matters related to the development and administration of the annual Area Agency Plan and operations conducted thereunder, in accordance with mandates from the Older Americans Act. Any comments or recommendations made by the council or its individual members do not represent the official position of the County or any of its officers.

Photo: East Face of Mt. Diablo
looking across Marsh Creek Reservoir

ADVISORY COUNCIL ON AGING
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**Contra Costa County
Advisory Council on Aging**