

Application Form

Profile

Nnedi

First Name

Obembe

Last Name

Middle Initial

Home Address

Suite or Apt

Concord

City

CA

State

94521

Postal Code

District Locator Tool

Resident of Supervisorial District:

☒ District 4

Self-employed

Employer

Director

Job Title

Length of Employment

Present

Do you work in Contra Costa County?

☒ Yes ☐ No

If Yes, in which District do you work?

District 4

How long have you lived or worked in Contra Costa County?

9

Are you a veteran of the U.S. Armed Forces?

☐ Yes ☒ No

Board and Interest

Which Boards would you like to apply for?

African American Holistic Wellness and Resource Hub Transitional Community Advisory Board: Submitted

Seat Name

Nnedi Obembe

Have you ever attended a meeting of the advisory board for which you are applying?

☐ Yes ☒ No

If Yes, how many meetings have you attended?

Education

Select the option that applies to your high school education *

☒ High School Diploma

College/ University A

Name of College Attended

University of Windsor

Degree Type / Course of Study / Major

B.Sc

Degree Awarded?

☒ Yes ☐ No

College/ University B

Name of College Attended

Degree Type / Course of Study / Major

Degree Awarded?

☐ Yes ☐ No

College/ University C

Name of College Attended

Degree Type / Course of Study / Major

Degree Awarded?

☐ Yes ☐ No

Other Trainings & Occupational Licenses

Other Training A

Certified Life Coach

Certificate Awarded for Training?

☒ Yes ☐ No

Other Training B

Certified Polysmnographer

Certificate Awarded for Training?

☒ Yes ☐ No

Occupational Licenses Completed:

Qualifications and Volunteer Experience

Please explain why you would like to serve on this particular board, committee, or commission.

As an African American, I'm passionate about the holistic wellness of African Americans. True wellness can only be achieved by recognizing the connection between the physical, mental, emotional, and spiritual wellbeing. We have some basic health issues that uniquely impact the African American population. We can address this and improve the quality of life, as well as the harmony in our communities with this fundamental knowledge. The lack of availability of educational resources that address this, amplifies the impact on underserved communities. I passionately believe that, with the right resources, we can reach these communities and effect change. I'm interested in seeing the community come together to deliberate on strategies to educate, inform and make impact. In this role, I can be the voice that partners in building trust, and making change.

Describe your qualifications for this appointment. (NOTE: you may also include a copy of your resume with this application)

I'm passionate about helping individuals attain a life of fulfillment. Educating and coaching people seems to be one of the strongest ways to reach life's potential. Knowledge that day is power. When achieved, it gives one the power to determine your path. It's not until then can one be held accountable of their actions. Providing the African American population especially the underserved areas with knowledge through available resources will greatly affect the holistic development and wellness. I have worked with the homeless, formerly incarcerated men and women, drug and alcohol recovery homes, those behind bars for a considerable number of years. I am confident that I can partner with other people of like passion to alleviate some of the issues faced by African Americans.

Upload a Resume

Would you like to be considered for appointment to other advisory bodies for which you may be qualified?

☒ Yes ☐ No

Do you have any obligations that might affect your attendance at scheduled meetings?

☐ Yes ☒ No

If Yes, please explain:

Are you currently or have you ever been appointed to a Contra Costa County advisory board?

☐ Yes ☒ No

If Yes, please list the Contra Costa County advisory board(s) on which you are currently serving:

If Yes, please also list the Contra Costa County advisory board(s) on which you have previously served:

List any volunteer or community experience, including any advisory boards on which you have served.

I do spiritual guidance at the juvenile I volunteer at the mens and women's shelter at CityTeam and Covenant House (Youth Shelter) I sit on the board for 3 non-profit organizations (The Purified Mission Church, Pastors Wives' Group and Ife-Global)

Conflict of Interest and Certification

Do you have a familial or financial relationship with a member of the Board of Supervisors? (Please refer to the relationships listed under the "Important Information" section below or Resolution No. 2021/234)

☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

Do you have any financial relationships with the County such as grants, contracts, or other economic relationships?

☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

Please Agree with the Following Statement

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publicly accessible. I understand that misstatements and/or omissions of material fact may cause forfeiture of my rights to serve on a board, committee, or commission in Contra Costa County.

☒ I Agree

Important Information

1. This application and any attachments you provide to it is a public document and is subject to the California Public Records Act (CA Government Code §6250-6270).
2. All members of appointed bodies are required to take the advisory body training provided by Contra Costa County.
3. Members of certain boards, commissions, and committees may be required to: (1) file a Statement of Economic Interest Form also known as a Form 700, and (2) complete the State Ethics Training Course as required by AB 1234.
4. Meetings may be held in various locations and some locations may not be accessible by public transportation.
5. Meeting dates and times are subject to change and may occur up to two (2) days per month.
6. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.
7. As indicated in Board Resolution 2021/234, a person will not be eligible for appointment if he/she is related to a Board of Supervisors' member in any of the following relationships:
 - (1) Mother, father, son, and daughter;
 - (2) Brother, sister, grandmother, grandfather, grandson, and granddaughter;
 - (3) Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
 - (4) Registered domestic partner, pursuant to California Family Code section 297;
 - (5) The relatives, as defined in 1 and 2 above, for a registered domestic partner;
 - (6) Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

Contact



(LinkedIn)

Top Skills

Home Care

Long-term Care

Personal Care Services

Certifications

Marriage Mentor and Relation Coach

Licensed Polysomnographic
Technologist

Educator Certificate (Secondary and
Elementary)

Registered Polysomnographic
Technologist (RPSGT)

Nnedi Obembe

Founder & Director

Concord, California, United States

Summary

Passionate, visionary. An educator who is deliberate in investing in the lives of others by building, elevating and developing strong leaders and visionaries.

Experience

Notton LLC

2 years 9 months

Parent Educator

January 2024 - Present (1 year 9 months)

Walnut Creek, California, United States

Educating parents on techniques to redirect youth/children's behavior for positive outcome. Help parents and families to bring joy into parenting. Partnering with parents to create a healthy atmosphere for their children/youth to grow physically and emotionally. I help parents from all walks of life. Parents from stable homes to re-entry facilities for formerly incarcerated individuals, drug and alcohol recovery homes, transitioning homes, homeless shelters, etc. I also run workshops at our community centers, local colleges (DVC), etc.

MASTER LIFE COACH/YOUTH GENERATION COACH

January 2023 - Present (2 years 9 months)

Walnut Creek, California, United States

Provide coaching services to enable the growth and development of coachees/mentees at various stages of life. Coaching support focused on discovering purpose and developing clear goals, objectives, and achievable milestones. Our coaching process focuses on all ages including individuals from re-entry facilities, drug and alcohol recovery homes, transitioning homes, homeless shelters, etc. I also run workshops at our community centers, local colleges (DVC), etc.

Notton Staffing Agency

Founder & Director

October 2018 - Present (7 years)

Walnut Creek, California, United States

Work with assisted living and memory care facilities to support the staffing needs of their communities. Meeting the needs of the communities by providing quality staffing and assisted in re-entry of formerly incarcerated men and women into the workforce.

Notton Home Care Services and Staffing

Founder & Director

2018 - 2021 (3 years)

Concord, California, United States

Administer program to provide high-quality home care services. Plan and coordinate all activities which may include home helpers, respite care, transportation and staffing. Responsible for strategic planning and profitability, and accountable for all operations and programs. Ensure services are in compliance with professional standards and state regulatory requirements. Oversees staff development and training and matching clients with the right caregiver based on their experience and skills. Work with assisted living facilities to staff them with the needs of the communities.

King's Valley Christian School

2 years

Middle School Science Teacher

2017 - 2018 (1 year)

Concord, California, United States

Instructed science to classes ranging from Grade 6 to 8. Students were led in different science projects and laboratory experiments to broaden their views of science. Incorporated digital technology for learning and software applications such as google earth, google classroom to a daily teaching schedule. Adhere to school policies and procedures regarding student discipline.

Substitute Teacher

2016 - 2017 (1 year)

Walnut Creek, California, United States

Instructed students in various subjects based on existing lesson plans to students while encouraging students to learn and participate. Worked with different grade levels.

Contra Costa Sleep Center

Registered Polysomnographic Technologist

2013 - 2016 (3 years)

Walnut Creek, California, United States

Performed sleep studies following polysomnographic procedures, recorded sleep scores, prepared and calibrated equipment. Gathered and reviewed patient information in compliance with the laws, regulations, certification, and AASM standards of conduct. Trained new technicians on procedures and processes.

Pfizer

Purification and Separation Specialist

2006 - 2007 (1 year)

Ann Arbor, Michigan, United States

Analyzed various research drugs to assess the similarities of the compounds. Processed samples to purify them for further testing.

Accurate Analytical Testing LLC

Chemical Analyst

2005 - 2006 (1 year)

Romulus, Michigan, United States

Performed metal testing on water, soil, air, and dust samples. Also carried out different chemical methods on samples to detect the presence of lead.

Women's Enterprise and Skills Training

Employment Counselor

2004 - 2005 (1 year)

Windsor, Ontario, Canada

Taught job development courses and strategies to job seekers. Counseled clients on career preparation, developed action plans to help with making career decisions. Coordinated job placement and internship for clients.

St. Clair College

Faculty

2003 - 2005 (2 years)

Windsor, Ontario, Canada

Instructed dental and pharmacy students in Chemistry and Biology. Provided students with practical hands-on laboratory material to support classroom instruction. Prepared lecture material for classroom instruction. Also provided extended office hours for further guidance to students.

Education

University of Windsor

