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AGENDA

CONTRA COSTA COUNTY Advisory Council on Aging

Monday, October 13, 2025

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA Corner Conference Room

Health and Elder Abuse Prevention Committee https://cccounty-us.zoom.us/j/83870526995

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above.ACOA members will also be participating from the following locations: 130 Linhares Lane, Alamo CA 94507 | 400 El Cerro Danville, CA | 849 Bridgeway Circle El Sobrante CA | 116 Raven Road, Orinda, CA 94563 | 2950 Buskirk Avenue, Suite 330 Walnut Creek, CA 94597

1:00 Open meeting: Mike Wener

Roll call

Adopt Today's Agenda

Approve September 2025 Minutes

Health 09-08-25 DRAFT Minutes

25-4277

Attachments: Health 09-08-25 DRAFT Minutes

- 1:10 Member Reports:
 - Nutrition
 - County Wellness Update
 - Medi-Cal Brian
- 1:30 Annual Committee Report: Review Progress
- 2:00 Break
- 2:05 Committee Name
- 2:10 Committee chairs
- 2:15 Discussion: Open

- 2:20 Community Presentations and Tracking
- 2:25 Public Comment
- 2:30 Adjourn- Next Proposed Meeting is October 13, 2025, 1:00-2:30 PM

The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 500 Ellinwood Way, Pleasant Hill during normal business hours. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov. If the Zoom connection malfunctions for any reason, the meeting may be paused while a fix is attempted. If the connection is not reestablished, the committee will continue the meeting in person without remote access. Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact: Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us



CONTRA COSTA COUNTY

1025 ESCOBAR STREET MARTINEZ, CA 94553

Staff Report

File #: 25-4277 Agenda Date: 10/13/2025 Agenda #:



CONTRA COSTA COUNTY

Committee Meeting Minutes - Draft

Advisory Council on Aging

Monday, September 8, 2025

1:00 PM

500 Ellinwood Way, Pleasant Hill, CA. Corner Conference Room (1st Floor)

Health and Elder Abuse Prevention Committee https://cccounty-us.zoom.us/j/83870526995

PUBLIC ACCESS AND PUBLIC COMMENT INSTRUCTIONS:

The public may attend this meeting in person at the above location. The public may also attend this meeting remotely via webinar. Login information is provided above. ACOA members will also be participating from the following locations: 849 Bridgeway Circle, ElSobrante CA | 2950 Buskirk Avenue, Suite 330 Walnut Creek, CA | 418 Camelback Road, Pleasant Hill,CA | 400 El Cerro Blvd., Danville, CA; | 1002 Golden Rain Road, Walnut Creek, CA | 2756 Lily Court, Antioch CA |1133 St. Francis Drive, Concord, CA

1:00 Roll Call and Introductions - Mike called the meeting to order at 1:25 pm.

Present Alan Goldhammer, Sarah Green, Thomas Lang, Brian O'Toole,

Michael Wener, and Dennis Yee

Absent Nikki Lopez, and Carol Schaefer

Approval of Today's Agenda

Motion: Green Second: Lang

Aye: Goldhammer, Green, Lang, O'Toole, Wener, and Yee

Absent: Lopez, and Schaefer

Result: Passed

Approve June 2025 Minutes

Motion: Goldhammer

Second: Yee

Aye: Goldhammer, Green, Lang, O'Toole, Wener, and Yee

Absent: Lopez, and Schaefer

Result: Passed

HL.06.09.25Draftminutes 25-3487

Attachments: HL.06.09.25DraftMinutes

Member reports:

- Nutrition: no report
- County Wellness discussion item: no report
- Medi-Cal- Brian
 Asset limit test coming back and will be a big lift for the County administratively
- 1:30 Presentation: Denise Kalm will present "Dignity in Dying, a Real-Life Experience" (Biased opinion on Dignity in Dying, and Contra Costa Crisis Center- screwed up her group and would like to see their funding cut)
- 2:00 Break
- 2:05 Discussion: Open
 - Mike is Vice-president of ACOA, is looking for a chair of the Health and Elder Abuse Committee- would like to be informed before December 1st
 - County Wellness liaison- wait until January to proceed
 - Possibly review goals and objectives for the workgroup to be reviewed at the October meeting- Cristina to check in with Terri.
 - Sarah stated that Town Hall listening sessions happening for district funds
- 2:20 Public Comment

None

2:30 Adjournment/Next Meeting:

Meeting adjourned at 2:01 pm. Next meeting is on Monday, October 13th, from 1:00 pm – 2:30 pm. Presentation TBD.

For Additional Information Contact:

Cristina Ugaitafa at 925 655-0775 or cugaitafa@ehsd.cccounty.us