



CONTRA COSTA COUNTY

Committee Meeting Minutes - Final

Advisory Council on Aging

Monday, February 10, 2025

1:00 PM

400 Ellinwood, Pleasant Hill, CA
Room 303

Health Workgroup

Link: <https://cccouny-us.zoom.us/j/82800955881?pwd=1bbbru9aoJBhJWlGxUtwTXXopvRV652.1>
Password: 798983 | **Dial-In-Number:** (214) 765-0478 or (888) 278-0254 | **Meeting ID:** 828 0095 5881 |
Conference code: 698779

PUBLIC ACCESS INSTRUCTIONS:

The public may attend this meeting in person at the posted locations. The public also may attend this meeting remotely via Zoom or call-in. Login information and call-in information is provided above. Remote attendance of this meeting is being held at the following locations: 849 Bridgeway Circle, El Sobrante; 2950 Buskirk Avenue, Suite 330 Walnut Creek; 418 Camelback Road, Pleasant Hill; 1002 Golden Rain Rd, Walnut Creek; 3014 Grey Eagle Drive, Walnut Creek; 165 Natalie Dr., Moraga; 2339 Magnolia Bridge Drive, San Ramon; 1133 St. Francis Drive, Concord;.

1:00 Open Meeting: Terri Tobey
Meeting called to order at 1:00 pm by Terri Tobey.

1:02 Introductions: None.

Roll Call:

Present Francisco Benavides, Alan Goldhammer, Thomas Lang, Brian O'Toole, and Terri Tobey

Absent James Donnelly, Lorna Van Ackeren, Michael Wener, and Dennis Yee

1:05 January 2025 Minutes

Approve January 2025 Minutes

[25-428](#)

Attachments: [hl.01.13.25DraftMinutes](#)

A motion was made by Benavides, seconded by O'Toole, that this item be approved. The motion carried by a unanimous vote.

Motion: Benavides

Second: O'Toole

Aye: Benavides, Goldhammer, Lang, O'Toole, and Tobey

Absent: Donnelly, Van Ackeren, Wener, and Yee

Result: Passed

1:10 Member Reports:

Nutrition

County Wellness Update - Francisco Benavides - No Report

Medi-Cal - Brian O'Toole:

Not much has changed, but expect changes at the Federal level.

Wait and see what Federal government will do and then see what California's reaction will be.

California's response should be within the next two years.

1:30 Presentation: Amber Carroll, Senior Director, Connections Programs

Amber Carroll presented Front Porch Community Services: Creating Community.

There are four major impact areas: Housing, Creative Engagement, Nutrition, and Social Connections.

Front Porch Presentation

[25-451](#)

Attachments: [Advisory Council on Aging - Front Porch Community Services](#)

2:00 Break

2:05 Discussion: Open

Age in Place brochure - Lorna reviewing brochure.

Thomas has a presentation set-up for this year.

Elder abuse and reporting information from Allan to be added to May's agenda.

2:10 Area Plan Update:

Public hearing will be in May.

Area Plan Updates: Review of Health Workgroup objectives

[25-429](#)

Attachments: [APU FY 25-26 Planning 01-23-25 \(003\)](#)

2:20 Public Comment: None.

Next meeting is scheduled for March 10, 2025, 1:00-2:30 PM.

Presentation for March is Death Cafes.

2:30 Adjourn

Meeting adjourned at 2:16 pm.

The Council will provide reasonable accommodations for persons with disabilities planning to attend the Council meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Council less than 96 hours prior to that meeting are available for public inspection at 400 Ellinwood Way, Pleasant Hill attention Cristina Ugaitafa during normal business hours. For Additional Information contact Cristina Ugaitafa at cugaitafa@ehsd.cccounty.us or (925) 655-0775. Staff reports related to items on the agenda are also accessible online at www.contracosta.ca.gov.

HOW TO PROVIDE PUBLIC COMMENT:

Persons who wish to address the Advisory Council on Aging during public comment on matters within the jurisdiction of the Council that are not on the agenda, or who wish to comment with respect to an item on the agenda, may comment in person, via Zoom, or via call-in. Those participating in person should speak when called upon by the chair. Those participating via Zoom should indicate they wish to speak by using the “raise your hand” feature in the Zoom app. Those calling in should indicate they wish to speak by pushing * 9 on their phone. All public comments will be limited to 2 minutes per speaker. For assistance with remote access contact: 925 655-0775

Public comment may be submitted via electronic mail on agenda items at least one full workday prior to the published meeting time at email at cugaitafa@ehsd.cccounty.us or by voice mail at 925 655-0775. Comments submitted by email or voice mail will be included in the record of the meeting but will not be read or played aloud during the meeting.

For Additional Information Contact: cugaitafa@ehsd.cccounty.us or by voice mail at 925 655-0775.