



## AGENDA - PUBLISHED

### CONTRA COSTA COUNTY Mental Health Commission

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Wednesday, May 1, 2024

4:30 PM

1025 Escobar Street, Martinez

<https://zoom.us/j/5437776481>

Meeting number: 543 777 6481 | Call in:  
1 669 900 6833 | Access code: 543 777  
6481

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The Committee will provide reasonable accommodations for persons with disabilities planning to attend the Committee meetings. Contact the staff person listed below at least 72 hours before the meeting. Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Committee less than 96 hours prior to that meeting are available for public inspection at 1025 Escobar Street, Martinez, during normal business hours. Staff reports related to items on the agenda are also accessible on line at [www.contracosta.ca.gov](http://www.contracosta.ca.gov). Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.

For Additional Information Contact: Angela Beck, MHC Executive Asst. @ 925/313-9553

- I. Call to order, Roll Call and Introductions
- II. Public comments on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two minutes).  
  
In accordance with the Brown Act, if a member of the public addresses an item not on the agenda, no response, discussion, or action on the item will occur, except for the purpose of clarification.
- III. Commissioner comments on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to two minutes).
- IV. Chair Comments and Announcements  
\* Mental Health Commission Training & Orientation scheduled for June 5th (3:00pm)
- V. APPROVE the April 3, 2024 Mental Health Commission (MHC) Meeting Minutes
- VI. RECEIVE Presentation from Athenian School Student, Eme Williams, author of [24-1245](#)  
"The Art of Mindfulness"

**Attachments:** [Atta\\_Art of Mindfulness - CCMHC May presentation.pptx](#)

- VII. RECEIVE Presentation on the Continuum of Care in the Community and the model of care at Langley Porter Psychiatric Hospital, SF by Dr. Daniel Becker, MD, Vice Chair of Adults Services, UCSF [24-1246](#)

**Attachments:** [AttB\\_Questions for Dr. Becker](#)

- VIII. UPDATE on Proposition 1 and the MHC changes effective January 1, 2025
- IX. UPDATE on the presentation to the Board of Supervisors (BoS) in May on Mental Health Awareness Month
- X. RECEIVE 2024 MHC Committee Goals/Action Items
- \* Justice Systems Committee – Cmsr. Tavane Payne (Interim Chair)
  - \* MHC Finance Committee – Cmsr. Tavane Payne
  - \* Quality of Care Committee – Cmsr. Barbara Serwin

- XI. VOTE on 2024 MHC revised By-Laws edited by County Counsel [24-1247](#)

**Attachments:** [AttC\\_Proposed MHC Bylaw Changes\\_County Counsel edits](#)

- XII. VOTE for Vice Chair ~ Nominees: [24-1248](#)
- \* Commissioner Tavane Payne
  - \* Commissioner Rhiannon Shires

**Attachments:** [AttD\\_Election Slate for MHC Vice-Chair\\_May 2024](#)

The next meeting is currently scheduled for Wednesday, June 5th @ 4:30pm.

- XIII. ADJOURN