

FACT Mid-Year Report
July 1, 2024 – December 31, 2024

GENERAL INFORMATION

1. Agency Name: Contra Costa Interfaith Transitional Housing, DBA Hope Solutions
2. FACT Program Name: Youth Enrichment Services for Homeless and Poverty Impacted Families
3. Report completed by:

Name: Beth Limberg, PhD

Title: Director of Clinical and Support Services
4. Date submitted: 2/28/2025

SERVICES PROVIDED AND ACTIVITIES CONDUCTED

FACT Services Provided and Activities Conducted	
Service Delivery Goals - Objectives as outlined in contract	Service Delivery Results - Progress To Date
Parenting/Life Skills Education Support: Coordinate and provide 7 eight-week sessions of parenting groups to a minimum of 50 families annually. <ul style="list-style-type: none">• At least 75% of parents with an open CFS case will reunify with or maintain custody of their children• 80% of families will show improvement on Parental Stress Index (PSI) after attending group	29 sessions delivered (~64 hours) 91 unduplicated parents served 80% (4/5) of CSF-involved families have maintained custody Measured annually (in April)
Case Management/Early Intervention Services: Provide services to a minimum of 118 families with an estimated combined total of 3,000 service hours annually. <ul style="list-style-type: none">• 90% of families will retain safe, permanent housing• 90% of families referred to eviction prevention will retain housing• At least 85% of families will maintain or improve their Self Sufficiency Matrix (SSM) score in categories of mental health, substance use, and family relations at level of stable or higher	174 families served (233 unduplicated residents) 1516 service hours provided 98% families retained housing (272 of 274) 97% families w/eviction prevention retained housing (58/60) Measured annually (in April)

Youth Enrichment/Academic Support: Provide 1,860 hours of social/emotional and academic support services annually for 95 unduplicated children at three 3 site-based youth enrichment centers. <ul style="list-style-type: none"> • At least 80% of youth will achieve at least 4 California Academic benchmarks in math • At least 80% of K-5 children will show at least one year's progress on their reading level on the San Diego Quick 	<p>Across 3 sites: 840 hours provided (300 hours of afterschool + 540 hours of afterschool programming) 84 unduplicated youth served</p> <p>Measured annually (in April)</p> <p>Measured annually (in April)</p>
Social and Emotional Skills Building: Provide 40 hours of social and emotional skill building group activities at each of the three centers to at least 50 youth for a total of 120 hours annually. <ul style="list-style-type: none"> • At least 80% of children and youth will demonstrate increased sense of competence and mastery of social skills as measured by the Piers Harris Self-Concept Scale • At least 75% of youth participating in mental health services will maintain or improve their scores in the Piers Harris Self Esteem Assessment (incorporated above) 	<p>39 hours of social skills groups provided 99 unduplicated youth served</p> <p>Measured annually (in April)</p>
Educational Advocacy: Provide at least 600 hours annually of family advocacy to 30 families. Advocacy will include coaching parents and communicating with teachers, principals, and other school staff so that support for youth and parents is effective. <ul style="list-style-type: none"> • At least 80% of parents receiving educational advocacy coaching will report feeling more capable of accessing the educational system and advocating for their child 	<p>197 hours provided 76 unduplicated families served</p> <p>Measured annually (in April)</p>
Public Presentations: Deliver 5 1-hour public policy presentations annually to state legislators, academic audiences, conference attendees, and/ or service providers to shape public conversations and influence legislation, policy and funding to end homelessness in the County.	<p>0 presentations completed</p>

NUMBER OF CHILDREN AND FAMILIES SERVED

CLIENTS BY RACE AND ETHNICITY	# Served to Date	% of Overall # Served
Caucasian	30	14.7%
Latino/ Hispanic	89	44.3%
Black or African American	74	36.8%
Asian	0	0%
Native American/ Alaskan Native	2	1%
Native Hawaiian or Other Pacific Islander	0	0%

Multiracial or Biracial	5	2.5%
Other (describe)	1 Middle Eastern	<1%
Total Clients	201	

FAMILIES BY AREA OF THE COUNTY	Projected # to be served under contract	# Served to Date
East County		72
Central County		77
West County		0
Total Families	118	149

NARRATIVE

A narrative on progress towards contract outcomes, what contributed to your success, issues in meeting obligations, suggestions for improvement, and any success/individual stories that you wish to highlight. Format is up to each agency (could be charts and graphs, summarized data, narrative, etc...).

The first half of FY24-25 has been filled with activities to support children, families, and community. Academic enrichment has included 4 weeks of summer camp at 3 sites, field trips to the zoo and to the Lawrence Hall of Science, and afterschool tutoring during the school year. Families across sites were supported in preparing for school with enrollment events and backpack give-aways. Social activities happen weekly with Fun Fridays and our Reading Rocks programs, monthly with Double Digits (10 year-olds and older), and quarterly KidFest events.

Family events during the first half of the year included pumpkin carving, holiday parties, and resident dinners (including a multicultural potluck) at each of our 4 sites. Families also participated in both our Spirit of Giving campaign (gifts for our children and families) and Be a Santa to a Senior campaign (for families to support seniors in their communities). Parents engaged in community café groups, voter registration activities, Cooking Matters (with their children), and special groups designed by occupational therapy students from Samuel Merritt University.

These activities continue to build community at each of our sites, but we are also experiencing struggles to meet the needs of all of our residents. We are seeing more intense mental health and substance use challenges at all of our sites and limited community resources to manage them. We collaborate with our partners and have added some services internally to address some of the challenging behaviors. We've added a Wellness team, for example, consisting of a mental health clinician and 3 peer support specialists. We have increased our eviction prevention efforts agency-wide. We are training our staff in working with individuals in altered states (whether substance induces or SMI). Even so, these the increase in intensity of needs can be daunting.

The work we do is rewarding, however, and we are honored to see so many of the families we work with grow and thrive. This work is beautifully supported by this FACT grant, and for this we are incredibly grateful. Thank you.